



NORD ANGLIA  
INTERNATIONAL SCHOOL  
DUBAI

## Secondary Weekly Sporting Achievements

27.09.18



### NAS SPORTS HOUSE POINTS

1<sup>st</sup> = 20points  
2<sup>nd</sup> = 15 points  
3<sup>rd</sup> = 10 points  
4<sup>th</sup> = 5 points



Scorpions	Falcons	Leopards	Vipers

We have had an amazing start to the term in both curriculum lessons and after school training. So many students have attended trials, squad training and strength and conditioning sessions. I would like to congratulate all students for their hard work, commitment and attendance and we as a whole department encourage this positive attitude to continue. We look forward to the football and swim leagues starting next week and wish all students the best of luck.

“You’re never a loser until you quite trying”

**Mrs. Chaters (Head of Secondary PE)**

## Secondary Netball Training @ NAS Dubai

We have had an amazing turnout for secondary netball on Wednesday after school. We are looking forward to this term and developing players across the whole secondary school. Training will be every week on a Wednesday on the new courts from 3.30-4.30pm

Strength and conditioning has been a huge success so far and we are delighted with the turnout. Well done to all students.

**Mrs. Chaters and Miss Fisher (Secondary Netball)**



## Secondary Basketball

Basketball has kicked off to a great start to the season with some amazing games being played by the girls and boys at senior levels and getting some great wins.

**Mr. Gilpin (Secondary Basketball Coach)**

### U19 Girls @ Away vs Raffles World Academy

For the first time since opening NAS Dubai has entered an U19 Girls Basketball squad into the DASSA league. With only one short practice under their belts the girls traveled to Raffles World Academy for their first game of the season. The final score came out in favour of Raffles however the game itself was one of the most exciting that I've coached – EVER! The lead changed throughout the game and with less than ten seconds to play we were down by two points. A thrilling steal and brilliant pass for an easy two tied the game to send it into overtime. Unfortunately Raffles came away with the win but I could not have been more pleased with the spirit and determination the girls displayed.



## U19 Boys @ Home vs Dubai College B

The U19 boys came away with their first victory of the year in a thrilling game against the B squad from Dubai College. The lead went back and forth but the boys were able to hang on into the final play of the game – finishing with a 39-36 victory. Well played and congratulations to the U19 Boys Basketball team for securing the first every victory for U19 league sports at NAS Dubai.



## U16 Girls – Home vs DIA/Home vs Gems World Academy

The U16 girls walked away with two convincing victories over DIA and Gems World Academy. With a great mix of experienced players and eager newcomers to the sport the girls have shown great teamwork and effort over the past two weeks.

There are challenges to come ahead and I'm looking forward to see how this team rises to them. Great work girls!



## U16 Boys – Home vs Greenfield Community School

The U16 boys played a tough squad from GCS on Wednesday. With very little practice time under their belts the boys did well to hang on through the first quarter of play. Unfortunately the squad from GCS used one of our favorite tactics, the 1-3-1 zone defense, against us and it proved to be too much to overcome. I'm looking forward to seeing this team come together as the season progresses. Well done boys!



## Secondary Touch Rugby Training @ NAS Dubai

We had a great first session of touch rugby this morning with around 20 pupils attending. We completed some passing and defending drills and played some matches. All pupils from secondary school are welcome to join us on the pitches every Thursday 6:45-7:30am.

Miss Fisher and Mrs Britton



## Frederico Al Rifai (Y7 LEL)

Congratulations to Federico Al Rifai Y7 LEL

### **Achievements so far:**

- Captain of the Racing Team that won the Emirates School Championship (ESKC) 2018, Junior Category with 3 Podiums and 2 Round wins.
- 3rd at Ramadan Challenge 2018, Junior Category.
- 16 Podiums in the Sodi World Series (SWS) Championship U.A.E. 2018, Junior Category.
- 2 Podiums in IAME Championship Cadet 2018, Novice Category.





# **SECONDARY HOUSE FITNESS CHALLENGE**



**Inviting All Secondary Students,  
Teachers & Parents!**

**20 Minute Fitness & Fun Session**



**Earn House Points  
Biggest House turn out wins!**

**Thursday 1st November  
7:15am - 7:35am • Sports Hall**



Students & adults wear House shirts  
or colors. For more info contact:  
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