

READY FOR A GREAT DAY AT SCHOOL?

Your simple checklist for a fantastic day...

1. ☒



Find your study space.

Well-lit. Peaceful and quiet.
Hard surface.

2. ☒



Got everything you need?

Laptop or tablet. Virtual School login details.
Pen, paper and other materials.

3. ☒



Stick to a daily routine

Set mealtimes. Take breaks.
Daily movement/exercise.

4. ☒



Make time to socialise.

Chat to your friends.
Work and learn collaboratively.
Share ideas.

5. ☒



Help is at hand.

Real-time support in lessons.
Email your teacher at any time.
Revision help from your parents.

6. ☒



Most importantly... reward yourself!

You're working really hard and you're
doing great – you've earned it.