



12 March 2014

RE: FOBISIA U11 GAMES TERM 3- TRAINING INFORMATION

Dear Parents and Guardians,

As Term 3 approaches we will be making some small changes to the training schedule for our U11 FOBISIA athletes.

Athletics training will mainly take part during the children's physical education lessons as the whole of year 4, 5 and 6 will begin a new unit of work in this area. The FOBISIA students will be trained separately to their normal PE class. Should any pupils wish to join the athletics ECA which is included in the ECA programme, they are welcome to sign up via the ECA process.

Football sessions will continue to be held on Wednesdays between 3:30pm and 4:30pm. We urge those children who have not yet attended this excellent coaching session to do so in Term 3, as the focus will be on how each of the teams work together.

T-ball sessions will continue to be held on Mondays for year 5 and 6 and Thursdays for year 4. These sessions will be between 3:30pm and 4:30pm.

Swimming for all students attending FOBISIA is very important and it is for this reason we have made available a number of slots for the pupils to attend. All students attending the games must try to attend one session a week although in order to be competitive in Beijing those who are part of the swimming team should make every effort to get to more than one session a week.

Summary of training sessions available:

Monday

Year 5 and 6 T-ball 3:30pm – 4:30pm (please register through the ECA sign up process)

Year 4 swimming 3:30pm – 4:30pm (please register through the ECA sign up process)

Year 6 swimming 4:30pm – 5:30pm (please register by emailing Mr Hitchings)

Tuesday

Year 4, 5 and 6 swimming 7:10am-8:10am (please register by emailing Mr Hitchings)

Year 5 and 6 Swimming 3:30pm – 4:30pm (please register through the ECA sign up process)

Wednesday

Year 4, 5 and 6 Football 3:30pm -4:30pm (please register through the ECA sign up process)

Year 4, 5 and 6 Swimming 4:30pm-5:30pm (please register by emailing Mr Hitchings)

Thursday

Year 4 T-ball 3:30pm – 4:30 pm (please register through the ECA sign up process)

THE BRITISH INTERNATIONAL SCHOOL

Puxi, Shanghai



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In order to ensure all students are correctly registered into the right group, please sign up to these ECA's through the ECA sign up process unless stipulated above,

If you have any further questions or concerns regarding this trip, please feel free to contact me at t-hitchings@bisspuxi.com

Warmest regards,

Thomas Hitchings