



**Nord Anglia International School Lunch Menu
October 27th - November 28th**

| | | Monday 27/10/2014 | Tuesday 28/10/2014 | Wednesday 29/10/2014 | Thursday 30/10/2014 | Friday 31/10/2014 |
|-------------|---|---|---|--|---------------------------------------|---|
| Main Course | A | Braised Chicken with Pomodoro, Penne Pasta | Beef Stew, Rice | Grilled Pork Chop with Apple Sauce, Farfalle Pasta | (V) Mix Vegetable Fried Rice | Chicken A La King, Penne Pasta |
| | B | German Potato Salad | Roast Pork Loin Panini Sandwich | Smoked Salmon, Apple & Celery Salad | Roast Beef Sandwich | Smoked Turkey Breast & Peach Salad |
| | | 11/03/2014 | 11/04/2014 | 11/05/2014 | 11/06/2014 | 11/07/2014 |
| Main Course | A | Baked Sole Fish, Mushroom Marinara Sauce with Rice | (V) Stir Fry Noodles, Mushroom & Vegetables | Beef Stroganoff with Fettuccini Pasta | Chicken Provencal with Mix Brown Rice | Poach Fish, Caper Cream Sauce with Farfalle Pasta |
| | B | Gammom Ham & Cheese Sandwich | Chicken & Pineapple Salad | Smoked Turkey Breast Panini Sandwich | Roast Beef Salad | Salami & Cheese sandwich |
| | | 11/10/2014 | 11/11/2014 | 11/12/2014 | 13/11/2014 | 14/11/2014 |
| Main Course | A | (V) Indian Vegetable Curry with Rice | Tuna in Cream Sauce, Macaroni Pasta | Teriyaki Chicken with Rice | Spaghetti Bolognese | Shanghai Style Pork Chop with Rice |
| | B | Smoked Salmon, Romaine Salad | Pork Loin & Swiss Cheese Sandwich | Pineapple & Ham Salad | Roast Beef, English Mustard Sandwich | Chicken Caesar Salad |
| | | 17/11/2014 | 18/11/2014 | 19/11/2014 | 20/11/2014 | 21/11/2014 |
| Main Course | A | (V) Ratatouille with Penne Pasta | BBQ Pork (HK Style) with Rice | Chicken with Spinach Cream Sauce, Spaghetti | Beef Rendang with Rice | Mixed Seafood In Alfredo Sauce, Farfalle Pasta |
| | B | Gammom Ham & Cheese Sandwich | Roast Beef & Potato Salad | Smoked Salmon, Avocado Sandwich | Tandoori Chicken Salad | BBQ Pork sandwich |
| | | 24/11/2014 | 25/11/2014 | 26/11/2014 | 27/11/2014 | 28/11/2014 |
| Main Course | A | (V) Assorted Tofu, Eggplant in Oyster Sauce with Rice | Pan Seared Sole Fish in Tomato Sauce, Spaghetti | Pork Cutlet, Japanese Curry with Rice | Tandoori Chicken with Naan Bread | Curry Beef with Rice |
| | B | Salami Milano Sandwich | (V) Fusili Pesto with Semi Dried Tomato | Chicken Breast & Feta Cheese Sandwich | Ham & Corn Salad | Beef Pastrami Sandwich |

Please Note:

- Each lunch choice includes a bottle of water.
- Please choose (tick) **ONE** lunch option (A or B) for each day.
- The price for each lunch option is \$29 per day. There are 25 days within this order period.

Payment Details:

- Please make a crossed cheque payable to : **Sodexo (HK) Ltd.**
- The total amount payable is HKD\$725.00 (25days x \$29).
- Please write your child's name, class and a contact phone number at the back of the cheque.
- Please return the form to the on-site Unit Manager or class teacher by **Friday 17 October 2014**.

For all enquires, please email: unit.nais.hk@sodexo.com

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|---------------------|
| Student Name: _____ |
| Class: _____ |

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| Parent Contact Number: _____ |
| Contact Email Address: _____ |
| Cheque Number: _____ |