

# Secondary Weekly

# **Sporting Achievements**

24.01.18



## NAS SPORTS HOUSE POINTS

- 1<sup>st</sup> = 20points
- $2^{nd} = 15$  points
- 3<sup>rd</sup> = 10 points
- $4^{\text{th}} = 5 \text{ points}$



Scorpions	Falcons	Leopards	Vipers

## **Outstanding highlights this week**

- The U15 Netball team came 3<sup>rd</sup> place in the BSME Netball, playing in Abu Dhabi. Alex Craig in year 9 won player of the tournament which was a huge achievement.
- Congratulations to Kai Smith (Year 9) who has been invited to join the UAE u19 training squad in preparation for the u19 ICC World Cup Qualifiers. His performances in the National Academy league have warranted inclusion in the squad. A huge well done from the NAS PE department.
- Secondary Sports Day Save the Date: <u>Thursday 14<sup>th</sup> February 2019 (8am-2pm)</u>

## Mrs. Chaters (Head of Secondary PE)

## U15 BSME Netball in Abu Dhabi

#### Friday 18<sup>th</sup> and Saturday 19<sup>th</sup> January.

Congratulations to all the U15 girls that went to Abu Dhabi to represent NAS in netball for the BSME games. What an amazing weekend of netball. The girls made a great start to the tournament winning their first 4 matches of the competition convincingly playing some of the best netball I have seen them play as a team. They came out in every match fighting to win and truly played their hearts out. The final game of the first day to BSAK we led throughout, but unfortunately lost in the last quarter with a final score of 11-9. We came 2<sup>nd</sup> in the group overall after day 1.

Day 2 the first match we won, which meant we played a team in the next round that we had already beaten in the pool stages, The Kuwait School, however they came out fighting and we lost this game which meant we came 3<sup>rd</sup> overall in the whole competition. Every player need a special mention for the sportsmanship and commitment, but I would like to make a special mention to Scarlett. They have trained together since last year and have developed and grown as individual players and as a team. I am very proud of them all. Abigail Edmonstone led the team as the captain in this competition and she was superb.

A special mention for a truly talented player Alex Craig who was nominated in 5 matches as player of the match which meant she won Player of the Tournament.

#### Mrs. Chaters and Mrs. Brown (PE Teachers)







## U13A Netball vs Dubai College @ Dubai College

The U13A netball team fought in a tough second match against a strong Dubai College team. All the girls continued to play throughout the duration of the game but unfortunately Dubai College took in the game in the third quarter. A strong defense meant a lot of turn over balls we were just unable to capitalize on them.

Congratulations to our captain and player of the match: Charlotte Rodsjo

**Miss Lea (PE Teacher)** 



#### U13B Netball vs Ajman Academy @ Ajman Academy

The U13B team travelled to Ajman Academy and won their 2<sup>nd</sup> league game. Mrs. Barnes and Miss Brett were delighted with the team's performance, reporting that the team really improved in every quarter and demonstrated great improvements from last week's game. The final score was NAS 11 AA 8. Congratulations to Natalie Parker who got Player of the Match.

Miss Brett and Mrs. Barnes (U13 Netball Coaches)



### DASSA U12 and U14 Swim Championships @ Hamdan

On Thursday 17 January twenty NAS Dubai students represented their school at the DASSA U12 and U14 Swim Finals held at the Hamdan Sports Complex from 9.00 a.m. until 2.30 p.m. This was the final event for the U12 and U14 Secondary swimmers whose efforts were outstanding and many were rewarded with a Personal Best. The DASSA U16 and U18 Swim Finals will be held on 31 January at the Hamdan Sports Complex.

#### Coach Ray and Tracey (NAS Swimming Coaches)









## DASSA Secondary Cross Country Relay @ Rashid School

The secondary cross-country team participated in a combined 4km relay race in teams of 4 last Monday at Rashid School for boys. All teams performed well together and should be proud. Results are shown below:

Boys Year 7/8 A Team 7<sup>th</sup> out of 21 Boys Year 7/8 B Team 14<sup>th</sup> out of 21 Girls Year 9/10 A Team 9<sup>th</sup> out of 13 Boys Year 9/10 A Team 5<sup>th</sup> out of 23 Boys Year 9/10 B Team 7<sup>th</sup> out of 23 A special mention to Harissa, a year 7 who participated in the year 9/10 team and

participated in the year 9/10 team and performed really well. Cross country training to continue every Thursday 6:45am.



#### Mr. Khadir (PE Teacher)





#### U16C Netball vs Kings Al Barsha @ Kings Barsha

Well done to the girls who played against Kings Al Barsha on Sunday. It was a tough game against their A team. The girls did fantastic and never gave up against them! I am looking forward to our next game!

Player of the Match: Keelin Usher

#### **Miss Fisher (PE Teacher)**



## U12 Rugby vs JESS Ranches @ JESS

NAS under 12 Rugby team had a very tough day as they travelled to face JESS A Team. The boys tried their best from start to finish and as the game went on they improved in both attack and defense! Some brilliant tackling from several of the boys and the forwards scrummaging practice seemed to be paying off! Well done boys, MOM William Wade who only started rugby this morning and played like a natural!

Man of the Match – William Wade.

Mr. Gairn (PE Teacher)

#### U16 Rugby vs JESS Ranches @ NAS Dubai

The Under 16 boys played a well drilled JESS aside this week! There was a vast improvement on last week with far better defense and some well worked moved from the backs!

Aaran Khele scored a very good try for the team but MOM for the boys was Kush Kandhari with a fantastic performance at scrum half!

Mr. Gairn (PE Teacher)

