




THE BRITISH SCHOOL
OF TASHKENT
A NORD ANGLIA EDUCATION SCHOOL

A photograph of three children in school uniforms. A boy in the background is smiling and has his arms around two other children. In the foreground, a boy and a girl are smiling at the camera. The boy is wearing a white shirt and a dark vest with a blue stripe. The girl is wearing a white shirt and a dark vest. A teal text box is overlaid on the bottom right of the image.

*Education
Outside of the
Curriculum*

Secondary

- 3. Arabic**
- 4. Art**
- 5. Badminton**
- 6. Cheerleading**
- 7. Chess**
- 8. Classical Studie**
- 9. Design & Technology**
- 10. Duke Of Edinburgh
(Years 10 to 13)**
- 11. Environmental**
- 12. Funkdelic Orchestra**
- 13. MFL**
- 14. Mindfulness Club**
- 15. MUN**
- 16. Robotics (Beginners)**
- 17. Robotics (Advanced)**
- 18. Russian**
- 19. Sports Programmes**
- 20. Table Tennis**
- 21. Ukuleles**
- 22. Yoga**

Primary Kalandar Campus

- 23. Arts & Crafts (Years 3 & 4)**
- 24. Arts & Crafts (Years 5 & 6)**
- 25. Chess**
- 26. Choir**
- 27. Dance**
- 28. Football**
- 29. Fun With English**
- 30. Global Campus Challenges**
- 31. IT Club (Robotics) Years 5 & 6**
- 32. IT Club Years 3 & 4**
- 33. MFL (Years 5 & 6)**
- 34. Mindfulness Colouring**
- 35. Reading Club**
- 36. Russian**
- 37. Sports Programmes
Years 4, 5 & 6**
- 38. Yoga**

Primary Sayram Campus

- 39. Arts & Crafts**
- 40. Dance**
- 41. Football**
- 42. Fun With Science**
- 43. IT Club / Global Campus**
- 44. Young Voices**
- 45. Mixed Martial Arts**

Arabic



Mr. Nouredine

A Modern Standard Arabic beginner course covering; reading and writing in Arabic script, grammar fundamentals, everyday conversation and listening-comprehension skills. This course will take students from a beginner level to intermediate level. This is accomplished by focusing on the critical elements and structure of the language.

Art



Ms. Guzal

BST Art Club promotes creativity, imagination and art production. We focus on materials and projects that are beyond what you would do in a regular art class. Students are able to experiment with various art materials in a personalised, open and exploratory manner. Students work on projects that involve various techniques in drawing and painting, various crafts, and mixed media.

Badminton



Mr. Andrew

BST offers a relaxed badminton programme where students are able to integrate with each other, learn to officiate as well as improve their skills as they play within, and across, their age groups. No prior knowledge is necessary but being able to serve and receive already will greatly increase students' enjoyment and progress.

Cheerleading



**Ms. Gulmira
& Ms. Vazira**

Cheerleading club is a team-based sport involving elements of dance and acrobatics. Students can strengthen their muscles, increase flexibility and keep themselves both physically and mentally healthy. The main purpose of those involved in this club is to encourage and support our teams at sport events.

Chess



Mr. Charles

BST Chess Club is an excellent place to challenge your brain in a relaxing, focused environment. The centuries-old strategy game, which finds its roots in the Indian subcontinent in 600 AD, aids the development of a wide variety of cognitive processes, including: attention focusing, pattern recognition, visualisation, spatial awareness, calculation, abstract reasoning, and time management. Our chess club is open to all secondary students, regardless of ability or experience. We regularly host Round-robin and Swiss tournaments, and we hope to complement our across-the-board offering with regular online tournaments in future. Join us for a couple of rounds and fall in love with the symmetry and precision of the 'Game of Kings'!

Classical Studies



Mr. Stassi

In Classics, we learn the preliminary elements of Latin, the base language of the European language family and the language of Law and Medicine. We also look at the Culture, History and political development of Ancient Greece and Rome.



Design & Technology



Mr. Nicholas

Design and Technology Club is a fantastic opportunity for students of all abilities to develop their practical, creative, and critical-thinking skills. They will discover workshop safety and best practice, manufacturing skills and how to realise a design project, from having the basic idea through to constructing the finished product. No prior workshop experience is necessary, but enthusiasm and an enquiring mind are definitely required! Come along and find out what you are capable of - you might just surprise yourself!

Duke Of Edinburgh (Years 10 to 13)



**Ms. Stephanie, Ms. Mrunal,
Mr. Aaron & Mr. Frederick**

Transforming young people's lives. Open to all backgrounds, cultures and abilities, a DofE Award can be a game-changer, raising young people's aspirations and opening doors to employment whilst bringing together communities. A life-changing experience. A fun time with friends. An opportunity to discover new interests and talents. A tool to develop essential skills for life and work. A recognised mark of achievement. Respected by employers.

The DofE is many things to many people, supporting generations to navigate adult life successfully. Any young person can do their DofE, regardless of ability, gender, background or location. Achieving an Award isn't a competition or about being first. It's all about setting personal challenges and pushing personal boundaries.

Environmental



**Mr. Abdul Sami,
Dr. Kieran & Ms. Gulnora**

Environment Club is currently focusing on establishing a recycling system for school plastic waste. Year 8 students have started an Evergreen Initiative involving recycling and community service. We have a plot of ground next to the STEAM building, where we will plant and grow a range of flowers and vegetables in the Spring for harvest during the Summer Term.

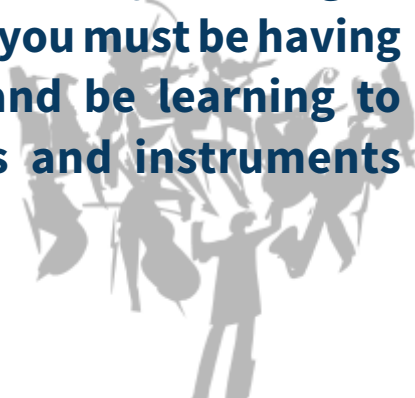


Funkdelic Orchestra



**Ms. Alison,
Mr. Simon & Mr. Maks**

Come and "Funk it up" by playing a range of funky and jazzy music. The Orchestra is open to anyone who is already learning to play an instrument (i.e. you must be having instrumental lessons and be learning to read music). All levels and instruments welcome.



MFL

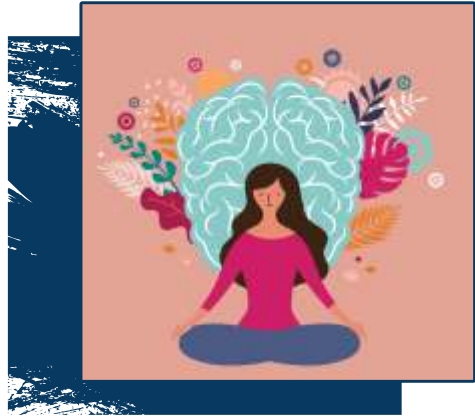


**Mr. Simon L.
& Ms. Cynthia**



There are two MFL clubs in secondary school. Tuesday is dedicated to French and Friday to beginners' Spanish (greetings, introductions, numbers, colours etc). In the French club we have been using a fun video series to pick out, and practise key vocabulary and structures. It is also an opportunity for students who are already studying French to consolidate their knowledge and practise what they have been doing in class. This is usually attended by students from Year 10 and above.

Mindfulness Club



Ms. Wendy

Mindfulness Club will provide an opportunity for students to focus on their own health and mental wellbeing by taking part in a wide range of relaxing and reflective activities. Mindfulness activities help us to 'rewire' our brains to find better and new ways to handle stress and emotions as well as increasing our focus.

MUN



Mr. Alex & Ms. Lindi Vosloo

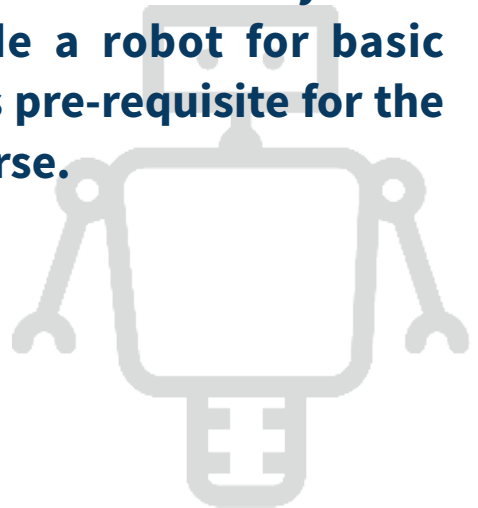
Model United Nations gets students to consider and debate the real issues facing this world by simulating the United Nations. Students are assigned countries that they have to research and develop policy positions for. We attend a number of conferences each year with students from other schools (Note: Most conferences are online during this period, and students will only be entered into inter-school conferences once they have demonstrated that they can take on the challenge).

Robotics (Beginners)

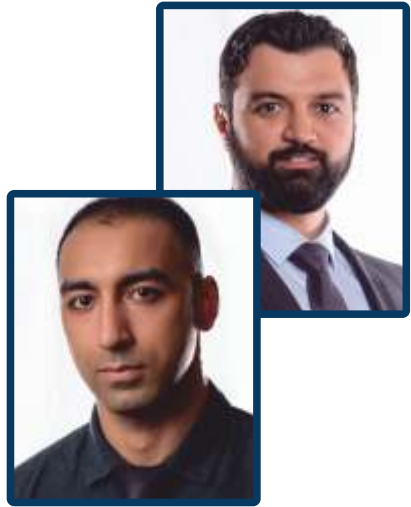


**Mr. Jeyhun
& Mr. Shakeel**

In the Beginners Course we teach students a basic understanding of Robotics. They learn how to build and code a robot for basic missions. This course is pre-requisite for the Advanced Robotics Course.



Robotics (Advanced)

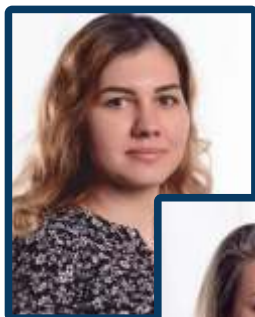


**Mr. Jeyhun
& Mr. Shakeel**

After successful completion of the Beginners Course, successful students start to prepare for International Robotics Olympiads, such as World Robot Olympiad, First LEGO League, Genius, etc.



Russian



**Ms. Nadejda
& Ms. Valeriya**

Russian club - (literature according to the school curriculum): we watch films, fairy tales, epics, fables, discuss them, carry out written assignments on the topics covered.



Sports Programmes



Mr. Andrew

BST runs three core sports in four age groups for both boys and girls over the course of the year.

Season one is Football for our U19's and U15's, Volleyball for our U13's and Basketball for our Yr4-6's. Season two is Basketball for everyone. Season three is Volleyball for our U19's and U15's, Football for our U13's and Yr4-6's. Each season has a structure of friendly competitions against other schools local to Tashkent and ends in a Tournament at the end of the season. The Sports Programme philosophy is that all students are welcome to train with the Lions, all will receive game time (where fixtures permit), and the most competitive team will be taken to the final tournament.

Beyond the core sports, there is an ever increasing opportunity to represent BST in one off sports events such as Swimming, Cross-Country running, Athletics, Badminton and Table-Tennis.

Table Tennis



**Mr. Melvin
& Mr. Simon P.**

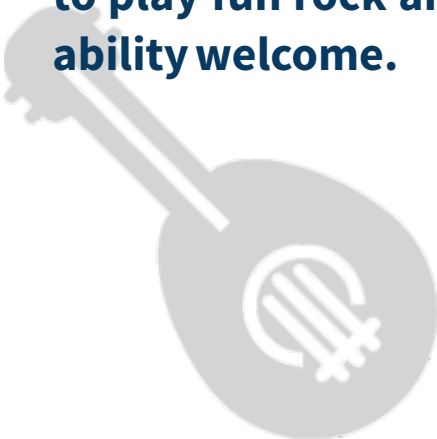
The Guinness Book of World Record's longest table-tennis rally is 8 hours and 40 minutes done by father and son Peter and Daniel Ives of England. The rally lasted 32,000 total hits. Do you think you could beat this?! The health benefits of playing this sport are huge. It has been called the best brain sport on KQED, CBS, and other news outlets. According to research, this sport activates more parts of the brain than any other sport. Doctors have recommended table-tennis to elderly patients to battle mental diseases such as Alzheimer's and dementia. Come and play and help Mr Melvin and Mr Porter fight off dementia!

Ukuleles

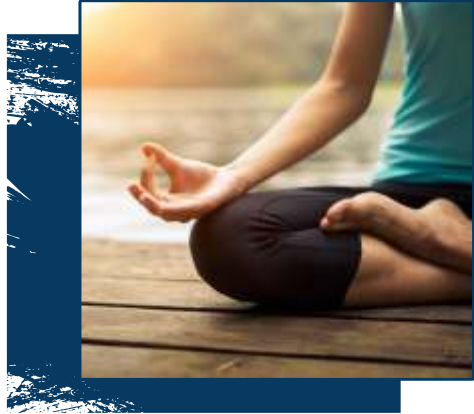


**Ms. Alison
& Mr. Maks**

Come and learn to play the ukulele. We provide you with a school ukulele and learn to play fun rock and pop songs. All levels of ability welcome.

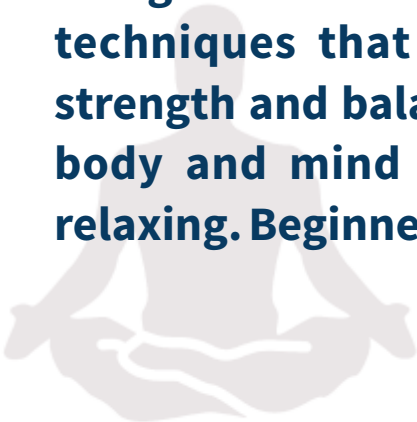


Yoga



Ms. Alice

Yoga Club is run for student and staff well-being. In this hour we practise flow yoga techniques that help to build flexibility, strength and balance. This perfect blend of body and mind is both invigorating and relaxing. Beginners are welcome.



Arts & Crafts (Years 3 & 4)



Ms. Viktoriya & Ms. Makshuda

Are you passionate about art? Do you want a creative challenge? When we're exposed to remarkable artworks or have opportunities to create, we find that art is crucial to individual growth and development and can even impact our health. We believe that learning how to draw, paint, craft, or just appreciate the works made by others can help us become not just happier and healthier, but also better people.

In our Arts & Crafts club, we teach children how to hold the brush, pencil and scissors correctly. The goal is to teach how to depict objects of complex shapes, to understand the constructive structure of the form, internal space and imaginative thinking, to teach how to use the visual means of drawing and painting, using different materials.

Arts & Crafts (Years 5 & 6)



**Ms. Nafisa
& Ms. Anna**

Our Arts & Crafts club is a fun way for students to learn and make interesting art projects. This will help them to be more creative and innovative. Students will not only develop their fine motor skills, but also boost their confidence through amazing accomplishments. Children have the opportunity to use a variety of materials to create 2D and 3D pieces of artwork from painting to collage, from designing to crafting and others. Activities are linked to the school events and topics they are learning during the various lessons, seasons and more. Please come along and enjoy with us!

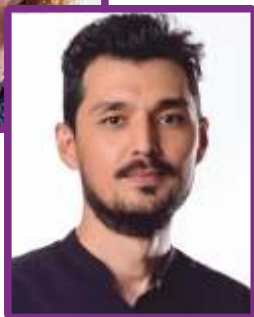
Chess



**Mr. Liam
& Ms. Aynagul**

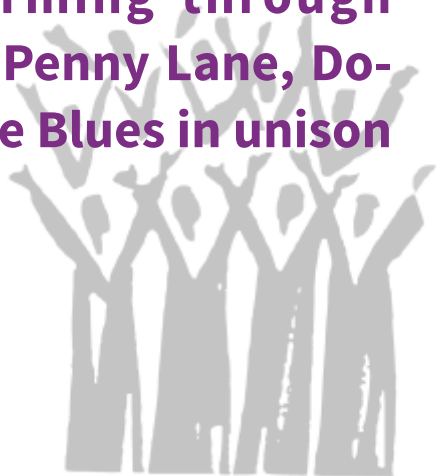
Chess is exercise for the brain! It's great for concentration, problem-solving and creative thinking. At EOC chess club, everyone is welcome, from complete beginners who want to practise to confident players looking for a more challenging game.

Choir



**Ms. Alison
& Mr. Maks**

Everyone can sing! Come along and gain confidence in performing through singing fun songs like Penny Lane, Do-Re-Mi and Teach me the Blues in unison and 2-parts.



Dance



**Ms. Komila,
Ms. Gulmira Y. & Ms. Vazira**



There are physical benefits of partaking in dance classes as a child. Through dance, children develop a greater range of movement whilst developing the ability to work within different spaces.



Football



(Years 3 & 4)
Ms. Gulmira B.
& Mr. Chris

(Years 5 & 6)
Mr. Stephen &
Ms. Rachel W.



Football is the most popular sport in the world, watched and played by millions. This club will focus on fitness work and the improvement of basic skills such as passing, shooting, dribbling and ball control. The session will end with a short competitive game. No matter your ability, this club is fun and can help you develop. Come and join us!

Fun With English



**Ms. Deborah
& Ms. Leman**



If you are looking for fun activities to help build your understanding and use of English, this is the club for you! We will play a range of speaking and listening games and activities as well as work in small teams to build up your English confidence.

Global Campus Challenges



**Ms. Madelyn, Ms. Stacy
& Ms. Rachel W.**

This is a club where the Global Campus website is utilised, as students move through different topic-specific Elements Projects with the goal of uploading their work to the site for display upon completion. Individual projects may be based on science, culture, literature, or social studies. Students participating are able to increase their understanding in various subject areas while working through the same material as children at other Nord Anglia schools across the globe.

IT Club (Robotics) Years 5 & 6

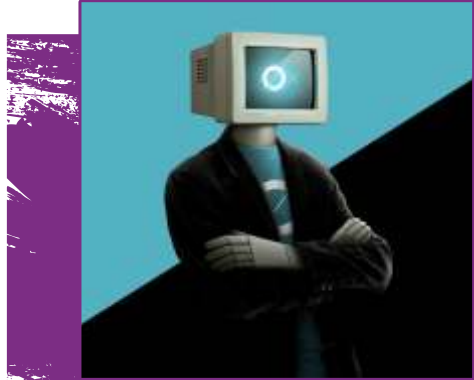


**Ms. Kay-Leigh
& Ms. Nusrat**

**"Creativity is intelligence having fun" –
Albert Einstein**

WeDo 2.0 enhances pupils' curiosity and skills in computing and science. We provide an easy-to-use programming environment and teach the curriculum which covers life, physical, earth, and space sciences, as well as engineering.

IT Club Years 3 & 4



**Ms. Kay-Leigh
& Ms. Nusrat**

Digital games are an effective tool to enhance students' social, emotional and cognitive learning. In ICT club, students will focus on Minecraft Educational edition, which will help them to enhance creativity, problem solving skills, self-direction, collaboration, survival and other life skills. We believe it's absolutely possible to develop cognitive skills while having fun.

MFL (Years 5 & 6)



**Mr. Simon L.
& Ms Cynthia**

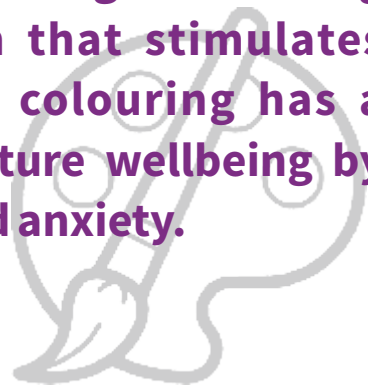
The primary MFL club introduces students in a fun and informal way to new languages. New vocabulary is introduced and reinforced using video, songs and games. In the session we will learn basic Spanish and Italian together, using a variety of online songs and resources. Students decide between themselves what they want to learn and we then look for resources together online. This shows them the endless potential for discovering language resources and becoming independent language learners.

Mindfulness Colouring



**Ms. Gulmira Y.
& Ms. Shakhnoza**

Colouring can be an effective way of helping with the physical and psychological wellness of children. Colouring is a relaxing form of self-expression that stimulates creativity. Mindfulness colouring has a range of benefits to nurture wellbeing by reducing stress, anger and anxiety.

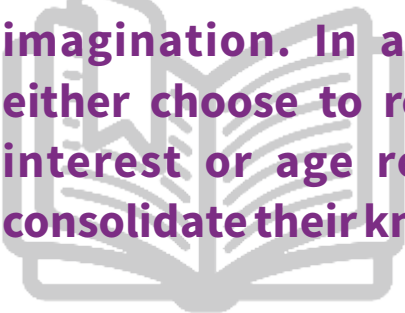


Reading Club



**Ms. Vazira
& Ms. Shakhnoza**

Reading club is a great chance to exercise BST students' comprehension and analytical abilities, to broaden their horizons and vocabulary bank as well as imagination. In addition, they can also either choose to read their own books of interest or age related books that will consolidate their knowledge.



Russian



**Ms. Aziza
& Ms. Dilnoza**

The Russian Language club is divided in to groups depending on the ability of the students. We enrich our vocabulary by memorising new words and we perform various written tasks to consolidate the topics covered. We read and review Russian folk tales for the development of oral speech.



Sports Programmes Years 4, 5 & 6



Mr. Andrew

BST runs three core sports in four age groups for both boys and girls over the course of the year.

Season one is Football for our U19's and U15's, Volleyball for our U13's and Basketball for our Yr4-6's. Season two is Basketball for everyone. Season three is Volleyball for our U19's and U15's, Football for our U13's and Yr4-6's. Each season has a structure of friendly competitions against other schools local to Tashkent and ends in a Tournament at the end of the season. The Sports Programme philosophy is that all students are welcome to train with the Lions, all will receive game time (where fixtures permit), and the most competitive team will be taken to the final tournament.

Beyond the core sports, there is an ever increasing opportunity to represent BST in one off sports events such as Swimming, Cross-Country running, Athletics, Badminton and Table-Tennis.

Yoga



Ms. Stacy

In 'Kids Yoga' we will be learning how to do fun yoga poses. This will improve your balance, strength, and endurance. Yoga can also improve focus, memory, self-esteem, and academic performance, and can even reduce anxiety and stress. Plus we will listen to fun music and complete yoga challenges.

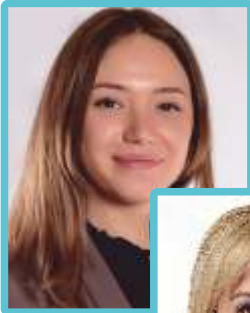
Arts & Crafts



**Ms. Laetitia
& Ms. Jakhona**

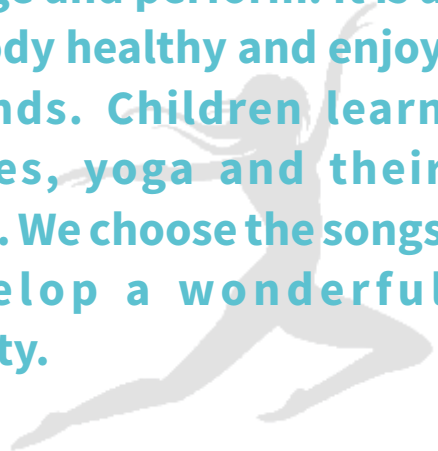
Arts and craft projects can engage kids and nurture their creativity. It helps in the physical and social development of children. Most arts and craft projects involve moving their hands and fingers. These movements involve fine motor skills and improve the overall muscle strength and control over movements. Arts and craft often require keen hand-eye coordination. Starting at an early stage will only make it better. The more the children practise, the better their eye-hand coordination. Interacting with other students with the same interests gives the students the opportunity to socialise and build friendships.

Dance

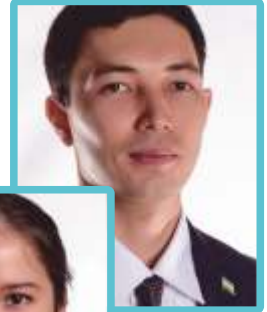


**Ms. Nodira
& Ms. Shakhnoza**

Dance club is teaching children not to be scared to stand on stage and perform. It is a fun way to keep the body healthy and enjoy time with your friends. Children learn breathing techniques, yoga and their favourite dance moves. We choose the songs together and develop a wonderful atmosphere of creativity.



Football



**Mr. Khamidulla
& Ms. Zarina**

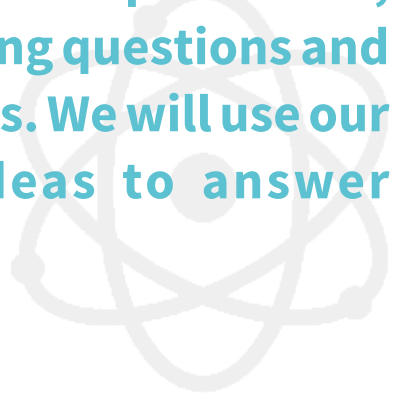
Football is one of the most popular games played around the world and is enjoyed amongst our children at school too. As we know, football is an interesting game played between two teams consisting of 11 players each. Here in school we run a football club two times a week. Playing football is more interesting than watching the match. It also helps to keep our body healthy.

Fun With Science



Ms. Feruza

Fun with Science club will excite the children about science. We will learn great fun facts, simple experiments, observing and answering questions and performing simple tests. We will use our observations and ideas to answer questions.



IT Club / Global Campus



**Mr. Harry
& Ms. Emma**

Develop your ICT skills with a range of fun computer-based activities! Together we will learn the important skills of typing on the keyboard, using the Internet safely and accessing our favourite resources on Global Campus. Earn digital (and physical) badges for your achievements as we explore the digital world of computing!

Young Voices



**Ms. Darya
& Ms. Thena**

Through our singing lessons, children will learn to listen to their own voice so they can learn to sing in pitch - they will grow confident in their skills, which will only encourage them to sing more! Singing helps to practise proper diction with an emphasis on vowel pronunciation. We will sing their favourite songs in English from multiple genres and styles of vocal music. Singing songs is the best practise in memorisation of words and tunes.

Mixed Martial Arts



**Mr. Boris
& Ms. Galina**

The non-contact Martial Arts club includes elements of imitative wu-shu or kung-fu (dragon, tiger, monkey) styles. General physical training contains elements of acrobatics and self-belay including sambo, judo and other types of wrestling as well as techniques included in parkour and street tracing (overcoming obstacles, etc.). Striking technique contains the study of punches and kicks from Japanese and Okinawan schools of karate-do (Shotokan, Goju Ryu, Wado-ryu).

The variety of styles gives the child not only universal training, but also the ability to quickly adapt to any situation, and to choose their own direction or style in the future.

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THE BRITISH SCHOOL OF TASHKENT

A NORD ANGLIA EDUCATION SCHOOL

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