



23 August 2019

Grade 4- Grade 5
Learning Enrichment Activity Program (LEAP)
- Registration Form

Dear Parents

Attached to this letter is an outline of the Semester 1 activities being offered **to you** and **your child** as part of LEAP. Learning Enrichment Activities Program (LEAP) is an after-school program that provides quality co-curricular activities in **Arts, Sports, Technology, Languages, Academic Learning** and **Service** to our **Primary** and **Secondary students, parents** and **other adults** from 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after-school activities that operate on a semester basis.

LEAP (Semester 1) will begin 2 September 2019 and finish on 29 November 2019 (13 WEEKS unless stated otherwise).

Sessions are **3:10 - 4:00 pm** for Primary and **3:40 - 4:30 pm** for Secondary (**unless stated otherwise**).

Objectives:

1. To complement students, parents and other adults' daily schooling
2. To expand and enrich student interests
3. To provide teacher and student mentorship
4. To create foundational skills for students
5. To build alternative learning communities
6. To develop creativity
7. To have fun

NEXT STEPS

1. *Please read over the activities being offered to you and your child's particular grade.*
2. *Discuss this with your child and make a plan for the week.*
3. **Complete the signup form.**
4. **Take to the Finance Office for payment. This constitutes your booking.**
5. Please note:
 - a. There is a minimum of 5 students per activity (unless specified).
 - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).



- c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.
- d. Students **must** be **picked up promptly** after their LEAP classes. Students who are **NOT regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardians cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. On discipline, all students are expected to adhere to the school values and guidelines at all times. Any consistent behavioural problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.

If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at hannah.gaffney@nisc.edu.kh

Key information:

- **Registration:** Opens 26-30 August 2019
- **Location of registration:** Finance Office
- **LEAP Coordinator:** Ms Hannah
- **Start date:** 2 September 2019
- **End date:** 29 November 2019 (*may vary depending on the day of the particular activity*)
- **Time:** 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary)
- **Cost of each activity:** varies depending on the particular activity -- see list



Please complete the following information:

Student Name:	Grade:
Bus rider: Please encircle which applies	YES NO
Parent Name:	
Parent email:	Tel:
Name of activity : (Mon)	Cost : \$
Name of activity : (Tues)	Cost : \$
Name of activity : (Wed)	Cost : \$
Name of activity : (Thurs)	Cost : \$
Name of activity : (Fri)	Cost : \$
Total costs:	
Parent Signature:	



Grade 4- Grade 5

Activities available:

	Monday	Tuesday	Wednesday	Thursday	Friday
Category					
ARTS	Dance Company Recorder and Flute Club Cooking Club Cats Choreography Cross stitch and knitting	Ballet Primary Hip Hop (Boys only)	Rainbow Clay Art	Cats; The Musical Community Choir	Dance Company
SPORTS	SEA Games		SEA Games Mixed Touch	Football	Tennis
ACADEMIC	Maths Problem Solving	Debate Team			
SERVICE		Basic First Aid Level 2	Basic First Aid Level 1		
TECHNOLOGY			STEAM Art and Engineering	Robotics Creative Automation (Grade 5 only)	
LANGUAGES	Khmer Beginner		Spanish for Beginners		
PARENTS AND FAMILIES		Friendly Football	Little Nagas Playgroup	Fun Tennis Inquiry, for Parents!	Little Nagas Playgroup Zumba



ACTIVITY DESCRIPTION

Dance Company 3.40-5pm

Meeting twice weekly the Dance Company will work on conditioning for dancers, learn basic ballet technique and create and perform their own choreography.

(10 weeks)

Teacher: Mr. Alan	Day: Monday	Venue: Dance Studio	No. of Students: Min. 5 Max 15	Cost: \$35
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Recorder and Flute Club



This year, we are opening up the club to invite those who want to practice the flute as well. Students in grade 4 and 5 learn the flute in music class, so it is those grades that the flute option is available to. The recorder is open to those in the younger grades and it is a great beginning wind instrument and is lots of fun for more advanced students too. It's easier to start than the flute or clarinet and you can get to interesting music quickly. If your child needs a recorder, Ms. Jenn is happy to coordinate getting you two to make sure that they are the right kind of recorder. The flute will be provided for in school use only. In the Recorder and flute club, we will play games, learn songs, and get to add in some other instruments as well, such as the piano and xylophones.

(10 weeks)

Teacher: Ms. Jen	Day: Monday	Venue: 3314	No. of Students: Min. 5 Max 15	Cost: FREE
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Primary Cooking

Each week we will cook or bake something new, there will be a variety of sweet and savory options over the course. Students will also have the opportunity to create their own recipe journal.

(10 weeks)

Teacher: Ms. Lovell	Day: Monday	Venue: Primary Staff Room	No. of Students: Min. 5 Max 12	Cost: \$58
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CATS Choreography

Do you love to dance? Would you like the opportunity to see your work performed in front of an audience? Do you feel you have strong leadership skills? Well, this is the course for you. As part of this intensive leadership program, you will create and teach the choreography for our upcoming primary production of CATS. For middle school students, you will also receive CAS credit for your participation in this program.

(10 weeks)

Teacher: Mr. Craig	Day: Monday	Venue: 3211	No. of Students: Min. 5 Max 10	Cost: FREE
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Cross Stitch and Knitting Club

Cross stitch and Knitting club is a great place to start if you're looking to learn hand stitching. Ms. Rebecca has taught many people how to stitch and is a patient teacher. Each student will choose a design that interests them and will have a project to take home when our time together is over.

(10 weeks)

Teacher: Ms. Rebecca	Day: Monday	Venue: Room 2201	No. of Students: Min. 5 Max	Cost: FREE
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SEA Games

SouthEast Asia Games is Tee-Ball and Basketball Team for grade 4 & 5 students. This team will train two days a week to prepare for the SEA Games competition in Ho Chi Minh City in December 2019. This competition will be against 9 other Nord Anglia Schools and be an excellent way for our athletes to begin to enter the world of competitive team sports. Everyone is welcome to join, no prior experience in either sport is required.

(10 weeks)

Teacher: Ms. Emma and Mr. K	Day: Monday & Wednesday	Venue: School Field	No. of Students: Min. 12 Max 30	Cost: FREE
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Mixed Touch

KAMPUCHEA BALOPP (KB) has been providing sports access to NGO's, organisations and international schools for over 6 years in Cambodia. KB uses sport as a tool of social inclusion and education for children. Through sport, children are able to build self-confidence, develop physical well-being, and are able to develop important human qualities that sport promotes. For Northbridge's LEAP component, KB provides a structured program for TOUCH, a fast-growing sport in Asia that is easy to pick up and allows girls and boys to play together due to its non-contact nature. A fast, fun and agile game, TOUCH is a great team sport and will provide many health benefits and important sporting synergy to the students under the program.

Requirements- Students need to wear sports clothes and trainers, and have water. Sunscreen and a hat (sports cap) are recommended.

(10 weeks)

Teacher: Kampuchea Baloop	Day: Wednesday	Venue: NISC Field	No. of Students: Min. 5 Max. 15	Cost: \$70
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Football Club

Football is for boys and girls from Grade 3 - 5. The training will culminate in entry to a tournament in November for the Grade 4 and 5 children and another possible tournament in December for Grade 3 - 5 children. Children of all levels are welcome to join the club and will learn basic skills and team roles. We hope to enter more than one team to the tournaments and we are looking for commitment and desire to become a better player. Above all, we want children to enjoy playing and enjoy being part of the team. Club will be from 3.10 to 4.30 every Thursday after school on the football pitches.



(11 weeks)

Teacher: Mr. Gwilym	Day: Thursday (until 4.30)	Venue: School Field	No. of Students: Min. 5 Max 10	Cost: FREE
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Maths Problem Solving

In this club you will be required to work closely with other students to create, act and think in order to solve problems!

(10 weeks)

Teacher: Ms. James	Day: Monday	Venue: 3116	No. of Students: Min. 5 Max 15	Cost: FREE
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Khmer Beginner

Khmer beginner is run to support students in building their foundation in reading and writing in Khmer.

(10 weeks)

Teacher: Ms. Peaheng	Day: Monday	Venue: 3201	No. of Students: Min. 5 Max 7	Cost: FREE
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Dance: Ballet

The CSTD Classical Ballet syllabus is based on all the pedagogy of technique, musicality and artistry. Pre ballet offers an introduction to the joy of ballet. Dancers will improve their posture, develop their poise and coordination, and will have refined quality and control of their body through the discipline of ballet technique.

(9 weeks)

Teacher: Advance Learning Academy	Day: Tuesday	Venue: Studio	No. of Students: Min. 5 Max. 15	Cost: \$108
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Primary Hip Hop- Boys Only

Learn more about the world of Hip Hop, develop your style, learn a ton of new moves and get ready to battle, this club is open to all.

(9 weeks)

Teacher: Mr. Alan	Day: Tuesday	Venue: Dance Studio	No. of Students: Min. 5 Max 15	Cost: \$32
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Debate Club

This club is for training in debating, a key academic skill which can also be applied to home and public situations. The club focuses on; effective preparation and research strategies,



selecting and dividing points to between group members, supporting speaking points with evidence and facts, rebuttal tactics and much more.... we plan to enter all participants into next years' Scholars Cup competition, where you'll be able to compete against schools across the country and maybe even the globe if successful.

(10 weeks)

Teacher: Mr. Sam	Day: Tuesday	Venue: 2204	No. of Students: Min. 5 Max 20	Cost: FREE
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Basic First Aid (Level 2)

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(9 weeks)

Teacher: Nurse Cherry	Day: Tuesday	Venue: School Clinic	No. of Students: Min. 5 Max 10	Cost: \$26
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Friendly Football

Open to all staff and parents (men and women), come and join in a fun 7-aside football kick about every Tuesday after school from 4pm-5.30pm, held on Northbridge's green, grass pitches. A great way to enjoy football in a social setting, all abilities welcome.

Teacher: Mr. Simon	Day: Tuesday, 4pm-5.30pm	Venue: Football Field	No. of Students: N/A	Cost: FREE
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Rainbow Clay Art



This activity specialises in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.



(10 weeks)

Teacher: Ouk Daraphea	Day: Wednesday	Venue: Room 2202	No. of Students: Min. 3 Max. 12	Cost: \$138
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SEA Games

SouthEast Asia Games is Tee-Ball and Basketball Team for grade 4 & 5 students. This team will train two days a week to prepare for the SEA Games competition in Ho Chi Minh City in December 2019. This competition will be against 9 other Nord Anglia Schools and be an excellent way for our athletes to begin



to enter the world of competitive team sports. Everyone is welcome to join, no prior experience in either sport is required.

(10 weeks)

Teacher: Ms. Emma and Mr. K	Day: Monday & Wednesday	Venue: School Field	No. of Students: Min. 12 Max 30	Cost: FREE
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Basic First Aid (Level 1)

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(10 weeks)

Teacher: Nurse Cherry	Day: Wednesday	Venue: School Clinic	No. of Students: Min. 5 Max 10	Cost: \$35
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STEAM Art and Engineering

STEAM- Art and Engineering Class is created to provide opportunities for students to learn and develop foundation of skills (fine motor skills, problem-solving skills, concentration skills, team work, grit, communication skills), boost creativity and mental well-being in a collaborative learning-friendly environment through the combination of art and engineering. They will be instructed in the beginning and the task is to build, explore, and put together the pieces of materials, as mentioned below, to create a cool structure or building which provides a fun and creative learning environment and freedom to explore their talents, and interest. Famous buildings and masterpieces from around the world will be used as an example to show the students and which in turn at the end of each session, they will build a masterpiece of their own which boosts their self-confidence and give them a sense of achievement and "can-do" attitude.

(10 weeks)

Teacher: Fluke Bankarawat	Day: Wednesday	Venue: Makerspace	No. of Students: Min. 5 Max. 12	Cost: \$175
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Spanish for Beginners

Hola!

If you want to learn to communicate in the second most spoken language in the world, this is your chance! In this club you will learn some important, basic spanish expressions in a fun way. You will learn how to greet others, introduce yourself, express yours tastes and preferences, vocabulary and grammar, and, above all, start to have contact with the spanish language and the latin culture. At the end of this club, you'll want to learn more and more!!! Puedes hacerlo!!! Vamooooos!

(10 weeks)

Teacher: Ms. Ximena	Day: Wednesday	Venue: Room 2205	No. of Students: Min. 5 Max. 7	Cost: \$120
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Little Nagas Playgroup

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

(12 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Kiri	Wednesday, 8am-10am	Early Learning	Max 12	\$750 per semester

CATS; The Musical

Do you enjoy singing and dancing? Would you like to perform on stage in front of an audience who is there just to see you? Well, this is the course for you. This year, we will be performing the world famous Broadway musical CATS. If you'd like to challenge yourself to perform as part of an amazing musical, then we'd love to have you. During this LEAP program, we will work to learn and practice the songs and dances for our primary musical. We hope that you will join us.

(11 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Mr. Craig	Thursday	3211	Min. 5 Max 40	FREE

Community Choir

This year, the greater NISC community, including parents and staff, are invited to join our students singing in the choir! Beginner singers are most welcome - no prior experience necessary. It will be a great way to meet other members of our community while making music together. This is also a SA/CAS opportunity for secondary students who are willing to be a mentor to our young singers.

(11 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Ms. Jen	Thursday- finishes at 4.15	3114	Min. 5	FREE

Football Club

Football is for boys and girls from Grade 3 - 5. The training will culminate in entry to a tournament in November for the Grade 4 and 5 children and another possible tournament in December for Grade 3 - 5 children. Children of all levels are welcome to join the club and will learn basic skills and team roles. We hope to enter more than one team to the tournaments and we are looking for commitment and desire to become a better player. Above all, we want children to enjoy playing and enjoy being part of the team. Club will be from 3.10 to 4.30 every Thursday after school on the football pitches.

(11 weeks)

Teacher:	Day:	Venue:	No. of Students:	Cost:
Mr. Gwilym	Thursday (until	School Field	Min. 5 Max 10	FREE



4.30)			
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ROBOTICS: MRT3 (Senior Robotics)

MRT 3 curriculum is supporting students to learn essential STEM (Science, Technology, Engineering and Math) concepts. The curriculum includes the assembly process and its scientific principles help students to understand easily. It has hands-on activities that will help students to understand mechanical and structural principles.

(10 weeks)

Teacher: Advance Learning Academy	Day: Thursday	Venue: 3201	No. of Students: Min. 5 Max. 15	Cost: \$176
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Creative Automation- Grade 5 only

Creative Automation Class is an industrial 4.0-ready-project-based programme created for students who are passionate about codings, robots, and machine learning, intend to create a functional robots, or/and have fun exploring the possibilities and capabilities of the robots can do either to accomplish their personal goals or to provide solutions to social problems that they have interest by heart. They will be introduced to, practice and test with electrical components and devices, and coding lessons that will be applied into the functions of the robots.

(11 weeks)

Teacher: Fluke Bankarawat	Day: Thursday- 3.40-4.30	Venue: Computer Room	No. of Students: Min. 4 Max. 12	Cost: \$276
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Fun Tennis

Open to all staff and parents (men and women), come and join in fun tennis every Thursday after school from 4pm-5.30pm, held in the Sports Hall. A great way to enjoy tennis in a social setting, all abilities welcome.

Teacher: Mr. Simon	Day: Thursday, 4pm-5.30pm	Venue: Sports Hall	No. of Students: N/A	Cost: FREE
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English Inquiry, for Parents!

This club aims to give parents the necessary skills to seek information in a formal/informal setting. Areas of focus will be: How to ask specific questions, expanding, follow up questions, responding to answers, and more.

(11 weeks)

Teacher: Mr Sam	Day: Thursday	Venue: Room 2204	No. of Students: Min. 5 Max 15	Cost: \$38
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Dance Company 3.40-5pm

Meeting twice weekly the Dance Company will work on conditioning for dancers, learn basic ballet technique and create and perform their own choreography.

(10 weeks)

Teacher: Mr. Alan	Day: Friday	Venue: Dance Studio	No. of Students: Min. 5 Max 15	Cost: \$35
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Tennis

This course is designed for beginners, new players to the game of tennis who want to learn the basics of the game. We will develop the ABC's of tennis: agility, balance, and hand-eye coordination of the students, while also covering basic racket handling skills.

Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia.

Requirements: comfortable activewear and proper white sole running shoes.



Teacher: Mr. Phalkun	Day: Friday	Venue: NISC Tennis Court	No. of Students: Min. 4 Max. 8 per coach	Cost: \$100
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Little Nagas Playgroup

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

(12 weeks)

Teacher: Ms. Kiri	Day: Friday, 8am-10am	Venue: Early Learning	No. of Students: Max 12	Cost: \$750 per semester
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Zumba for Parents and other Adults

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise.



Requirements: Comfortable active dance clothes.

(10 weeks)

Teacher: Advanced Learning Academy	Day: Friday 8:00-9:00	Venue: Primary Cafeteria	No. of Students: Min. 5	Cost: \$8 per session
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Swim Team- Calling all swimmers!

We are looking for children interested in joining our Nagas competitive swim team. We have 3 swimming



groups, gold silver and bronze. **Below are the requirements for each group.**

Swim Team - All year for both primary and secondary currently teams are split:

Gold (50m in 40sec or less in all strokes),

Silver (50m in less than 1 min in at-least 3 strokes)

Bronze (25m without stopping in freestyle)

If you are interested in improving your swimming, having fun and competing against other athletes at swim meets, please come to a practice.

Gold: Mon - Friday (6:15 - 7:15 am).

Silver: Mon and Thurs (3:00 - 4:00)

Bronze: Tuesday (3:00 - 4:00)



LEAP Programme Calendar Semester 1

August						Week 1					Week 2					Week 3									
						12	13	14	15	16	19	20	21	22	23	26	27	28	29	30					
Sep	Week 4					Week 5					Week 6					Week 7					Week 8				
	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30				
Oct	Week 8					Week 9					Week 10					Week 11					Week 12				
		1	2	3	4	7	8	9	10	11	14	15	16	17	18	21	22	23	24	25	28	29	30	31	
Nov	Week 12					Week 13					Week 14					Week 15					Week 16				
					1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29
Dec	Week 17					Week 18																			
	2	3	4	5	6	9	10	11	12	13															

Gray - No School

School Holidays- 23-27 September

Commemoration of the King's Father- 15 October

PD Day no students in school- 8 November

Water Festival- 11-13 November