



Activities Booklet

Term 3 / 2017 - 2018



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL



Welcome to your Activities booklet for Term 3/2017-2018

Extra-Curricular Activities (ECAs) are an integral part of the education offered at BIS HCMC and provide our students with learning opportunities which impact positively on many facets of their development, including academic progress.

There is an extensive range of ECAs on offer with over one hundred different activities to choose from each week at the BIS Secondary Campus. After a relaxing Easter break, students can look forward to the ECAs getting underway after the first week back and it is the perfect opportunity to try something new or different.

CAS at BIS

Creativity, Activity and Service are the three strands of CAS which are often interwoven through the activities. Originating from the International Baccalaureate they set out to challenge our students to show initiative, perseverance and to develop skills such as collaboration, problem solving and decision making. In making selections we encourage students to take part in at least one activity in each of the three areas below for a balanced experience.

- Creativity** The arts, music, languages and other experiences that involve creative thinking.
- Activity** Physical exertion contributing to a healthy lifestyle (previously Action)
- Service** Any collaborative and reciprocal community engagement in response to an authentic need.

With many choices centring around creativity, activity and community service this term, students will have the opportunity to join music activities such as the **Chamber Choir** and/or **Orchestra**. There is also the **Concert Band, Jazz Band, Male Vocal Group, Brass Club** and not to mention, the **Senior and Junior School of Rock!** For the thespians, there are numerous activities including **LAMBDA Acting** and **LAMDA Reading for Performance**. Students who are artistically minded can take advantage of the **Art Mentoring Workshops** to learn more about the various art techniques. This term we will also offer an intriguing new club, **Maths and Art**, where students will use maths concepts and techniques, as well as, their own creativity and imagination, to produce pieces of work for display. A new activity being introduced this term is the opportunity to learn how to be a **Sound and Lighting Technician** for performing arts shows.

Students can help to create a space to relax in by taking part in the **Garden Project** and see their ideas and handiwork transform the area. Alternatively, students can hit the streets and start the morning off with the **Running Club**. Aside from all the more traditional sports activities such as **basketball, swimming, netball** and **football**, on offer in Term 3 will be **Touch Rugby, Ice Skating, Golf, Kickboxing** and **Football Goal Keeper Training**. Many of our ECAs focus on reaching out to our local community such as, visits to the Thien Phuoc Home for Children with Disability where students provide fun and games as part of the **Helping Hands at Thien Phuoc Club**. Students can also **Teach English at Huynh Van Ngoi School** or make visits to the **Children Cancer Wards**.

The aims of our extracurricular activities (ECAs) at BIS, HCMC are:

- To give all students a wide range of enjoyable and challenging experiences above and beyond the timetabled curriculum
- Allow competitive teams, drama companies and music ensembles to reach high standards of team/group and personal performance
- Provide opportunities for students to aspire to elements of the school's mission statement
- To continue to develop our involvement in community projects
- To offer a balance of endeavour and provide the framework for the IB CAS programme

Activity dates for Term 3, 2017-18

Start: **Monday 14th May 2018**

End: **Sunday 24th June 2018**

ECAs may run before lessons and during lunchtimes, however, the majority are scheduled after lessons. There are two sessions each afternoon with a five-minute change-over period (2:50pm – 3:50pm and 3:55pm – 4:55pm). If activities finish beyond these times information is detailed in the booklet.

Note: Any students participating in ECAs from 3:55pm will need to arrange their own transport home and should consider this before selection.

Paid Activities

There are a number of paid activities that students can sign up for. All of the information regarding these is detailed in the online activities booklet. If a student has selected a paid activity, an e-mail confirming their choice will be sent to both the student and their parents.

The payment deadline for all paid clubs is Friday 13th April 2018.

On-line ECA Selection – using CHQ

Activities need to be selected using the online CHQ system. Students will be able to see updates and changes to their approved activities through their on-line CHQ homepage. Both the students and their parents will also receive notification when accepted for participation in an ECA.

For the majority of ECAs, the online system (CHQ) will randomly allocate students to each ECA. It is not a first-come-first-served system, and this could mean that students may not always get their first choice activity.



There are some exceptions to this rule as detailed below:

Sports:

If the number of students for any sports activity is greater than the maximum capacity, students will undergo a trial and be notified of this during their first session. This may mean that a student could initially be accepted for the ECA but possibly removed after the trial.

The PE department will endeavour to run a parallel programme for the same age group but in the form of a recreational club. We will try and make this at the same time as the squad club but due to facility purposes this may not always be possible. If a student has a poor trial or significantly improves their skill level, the squad coach will be able to assess the student and potentially accept them into the squad at a later time.

Drama:

Students who are taking a LAMDA exam will continue with the same LAMDA ECA that they signed up for in term 2 (if they would like to change this please see Ms Sargent.)

Music:

All music ECAs carry on from Term 2. Selection will be automatic and therefore **no CHQ sign-up is required**. Please see the appropriate teacher if you wish to join or leave any music ECA.

Wishing you all a wonderful third term.

Ms Tracey Brownrigg

Co-Curricular Coordinator

Tracey.Brownrigg@bisvietnam.com



Guidelines for students using CHQ

Monday 26th March at 3pm

Students will be able to sign up on CHQ (for Term 3 activities)

The activities booklet will be updated and available on the school website (link below) <http://www.nordangliaeducation.com/our-schools/vietnam/ho-chi-minh-city/bis/our-students/clubs-and-activities/an-phu-secondary-campus-clubs-and-activities>

Friday 30th March at 3pm

Selection on CHQ will close

Friday 6th April

Students (& parents) to be notified of their chosen ECAs on CHQ.

Notifications for paid clubs will be sent prior to this to enable earlier payments

CHQ has been set up for you to use on a daily basis to select and track all your chosen activities.

Please follow the instructions below to log on and select your desired activities/paid clubs:

To access the BIS CHQ portal please click on the following link

<https://seasia.mychq.net/Login.aspx?Y2x1Yj0wMzky-tJBRd%2fDelyY%3d>

You can also access CHQ from a link on the school website (www.bisvietnam.com). Scroll down to the end of the main page to the "Useful Links" section.

Log in to CHQ using the same account you use when logging in to your school computer/laptop except without "bisvietnam.net". i.e. your username e.g "pnguyen4" and your current Password

Should you have any questions please contact tracey.brownrigg@bisvietnam.com

How to select your activities/paid clubs:

Step 1: From the Home Page under **My Activities 2017-2018 Term 3** click **View/Manage/Submit Activity Choices**

Step 2: For each activity/paid club add a different number e.g. Monday: Football club **add 1**, Wednesday: Board Games **add 2** then **3, 4, 5** etc. to all other clubs you would like to participate in.

The **SAVE** button will appear to the right of the activity list click **SAVE**

Step 3: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 4: To cancel a selection after submitting add a 0 to the Desired box then save and submit

Step 5: From the Home Page **My Activities 2017-2018 Term 3** you will be able to see which clubs you have been accepted into/denied from by Friday 6th April 2018. If you click onto **My Schedule** for week beginning Monday 14th May 2018, you can check your weekly club timetable.

Try to make sure you have a range of activities which allow you to develop physically, creatively as well as socially.



MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ACT - Act to Change Together</u>	Y9 - Y13	14:50 - 15:50	20	Seo Young Jung (12/130) Khanh Minh Nguyen (12/13T) Supervised by Ms Geok Lan Ker	Room 127	Service and Creativity	Both	This club is suitable for anyone who is interested in running fun activities and campaigns in school to raise funds for the Children's Cancer Wards.
<u>AP2 Development Swimming Squad</u>	Y7 - Y13	14:50 - 15:50	24	Mr Vinh Nguyen	Swimming Pool	Action	Both	This is a selective squad for those who are not successful in gaining entry to the AP2 Red Squad, but still make selection criteria for squad representation. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	16:00 - 17:30	30	Mr Huy Dat Nguyen Mr Vinh Nguyen Mr Minh Triet Pham	Swimming Pool	Action	Both	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Chemistry Club</u>	Y10 - Y13	14:50 - 15:50	20	Tom Lee Eunice Choi Supervised by Mr Stuart Pine	Science Lab	Creativity	Both	<p>The rationale behind the creation of the club is that there is a lack of opportunity for BIS students to actively engage in experimental Science outside their classrooms.</p> <p>In the club, the students will be given a scientific problem to investigate, and they will need have to research and plan an experiment in order to solve the problem in the most efficient way possible.</p> <p>This club will broaden students' scientific knowledge, allowing them to learn and absorb knowledge outside the education curriculum. Furthermore, this club will challenge students to come up with a creative solution problems which will improve their problems solving abilities and their practical skills.</p>
<u>Chess Club</u>	Y7 - Y13	14:50 - 15:50	14	Win Dang Hi Leung Aryan Johari Supervised by Mr Mathew Coughlin	Room 226	Creativity	Both	Chess club is a place for you can come and play chess for fun. Chess club is open to people of every skill level.
<u>Dragons' Den</u>	Y10	12:40 - 13:20	20	Mr Vinton Shine	Room 220	Creativity	Both	Dragons' Den preparation
<u>Golf</u>	Y7 - Y13	14:50 - 17:00	12	Ms Jane Hall Mr Ben Sillitoe	Him Lam	Paid Activities	Both	<p>This programme will take place at Him Lam Driving Range.</p> <p>Students will be required to bring their own golf clubs or can rent them at the range. The lessons will contain a basic introduction to golf, preparing to hit, grip, posture and stance, correct grip, full swing, video camera analysis, putting, chipping & bunker play.</p> <p>PAID ACTIVITY (see paid activities notes at the bottom)</p>
<u>GreenR Minds</u>	Y7 - Y13	12:40 - 13:20	26	Annie Joshi & Victoria Fethke Supervised by Mr Pedro Roman & Ms Silvia Torta	Room 224	Service and Creativity	Both	GreenR and Green Minds join forces for those passionate about creating a more sustainable BIS. We plan on not only implementing creative and proactive measures to improve BIS's impact on the environment but also educating students and staff about issues pertaining to the environment.

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Helping Hands at Thien Phuoc Club</u>	Y7 - Y13	14:50 - 17:30	25	Ms Linda Breard Ms Chau Duong Mr Timothy English Ms Ines Zhang	Thien Phuoc Orphanage	Service and Creativity	Both	Twice Monthly only - as it is a long club session when we go. Come and visit our friends at Thien Phuoc Home for Children with Disability. They so look forward to our visits, and give as much as they get. Activities are fun and simple - starting from just smiling and hugging through to anything from drawing and music to playing in the brilliant soft playroom BIS built has there. For more information check out our website: http://helpinghands.bisvietnam.net
<u>Junior School of Rock</u>	Y7 - Y9	14:50 - 15:50	20	Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>KS3 Drama Club</u>	Y7 - Y9	14:50 - 15:50	20	Ms Shirley Smith	Room 209	Creativity	Both	KS3 Drama Club is an opportunity to learn new skills and exercises, as well as to create innovative and student inspired performances.
<u>Mai Am Club</u>	Y11 - Y13	14:50 - 15:50	10	Mr Mark Jones	Room 301	Service and Creativity	Both	Help the boys from Mai Am Shelter improve their English skills through games and activities.
<u>Male Vocal Group</u>	Y7 - Y13	12:45 - 13:15	N/A	Mr Ian Alexander Ms Emma Husband Ms Keziah Jacombs	Room 202	Creativity	Boys	Exciting new repertoire for any male students who enjoy singing. For those interested/or involved in bands this will help in your vocal development.
<u>Project Impact</u>	Y9 - Y12	14:50 - 15:50	25	Ashley Krairojananan & Thu Nguyen Mrs Daphnee Deleporte	Room 121	Service and Creativity	Both	A non-profit student volunteer group where students are given an opportunity to get creative and support Binh Loi Social Centre, an organization supporting street children in Saigon, by raising awareness and funds for the cause.
<u>Richard Soriano Volleyball Club</u>	Y10 - Y12	17:00 - 18:00	60	Mr Richard Soriano	Primary Sportshall	Action	Both	This is an extension programme to further develop students' Volleyball skills and understanding of game situations.
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7 - Y9	17:00 - 18:30	20	Mr Matthew O'Brien	Big Field	Paid Activities	Boys	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Big Field	Paid Activities	Boys	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Rubik's Cube Club</u>	Y7 - Y13	14:50 - 15:50	15	Mr Pedro Roman	Room 224	Creativity	Both	Do you know how to solve a Rubik's cube? Join and improve your skills. You don't know how to? Join and learn from scratch.
<u>Senior School of Rock</u>	Y10 - Y13	15:50 - 16:50	8	Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>Softball</u>	Y7 - Y13	15:55 - 16:55	24	Mr Richard Soriano Mr Tuan Vuong	Secondary Field	Action	Both	Come to learn the basics of Softball or just play for fun. This session is aimed at playing Softball with your friends in a fun and none competitive environment.

MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Sound and Lighting Tech</u>	Y7 - Y13	14:50 - 15:50	8	Mr Ian Alexander Mr Jed Skoreyko	Auditorium	Paid Activities	Both	Sound Engineer, Jed Skoreysky, will be teaching all you need to know in order to run the sound and lighting desk for a show or an event. Sessions will include: - How to set up the equipment - How to use both an analogue and a digital mixing desk - How to mix sound effectively - Microphone use and how to set them up effectively - Lighting rigs and programming the lighting desk and all tech related to the performing arts
<u>Study Support Group</u>	Y7 - Y13	14:50 - 15:50	30	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support for or clarification of any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teacher's expectations of particular homework and assignments.
<u>TEDx</u>	Y10 - Y13	14:50 - 15:50	30	Mr James Goundry Ms An Gulinck Ms Rebecca Kerr	Room 123	Creativity	Both	This club is for students who want to put together the programme for an official TEDx conference at BIS. We need student speakers, as well as artists, musicians, graphic designers, photographers, organisers and marketing enthusiasts. You can take part in a specific aspect of the conference, or choose to join the organising team that will be responsible for the conference throughout the year.
<u>U14 Badminton Squad</u>	Y7 - Y9	15:55 - 16:55	24	Ms Laura Gallagher	Primary Sportshall	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U14 Girls Volleyball Squad</u>	Y7 - Y9	15:55 - 16:55	24	Ms Stephanie Webb	Outside Courts	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U19 Recreational Volleyball</u>	Y10 - Y13	14:50 - 15:50	24	Mr Andy Luke	Outdoor Courts	Action	Both	Come to learn the basics of volleyball or just play for fun. This session is aimed at playing volleyball with your friends in a fun and non-competitive environment.
<u>Yoga</u>	Y7 - Y13	14:50 - 15:50	16	TDT	Room 208	Paid Activities	Both	TDT will be offering a Yoga session to improve flexibility, strength and stress relief to our students. PAID ACTIVITY (see paid activities notes at the bottom)

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>AP1 Maths Tutoring Club</u>	Y9 - Y12	14:50 - 15:50	15	JiMin Oh Supervised by Mr Greg Wilde (AP1)	AP1 Classroom	Service	Both	AP1 Maths Tutoring club is an extra curricular activity for students who are interested in helping students in younger years by supporting them with solving past SAT papers and other worksheets. Anyone who is confident in maths and enthusiastic about it is welcome to join! This will go on your record as service activities which may be helpful for your CV in the future. (Sufficient level of fluency in English is required in order to provide accurate explanation of various mathematical problems)
<u>AP2 Production-A View from the Bridge</u>	Y9, 10 & Y12	14:50 - 15:50	15	Ms Jess Bostock Miss Sian Davies	Room 209	Creativity	Both	For the Literature production this year, students from Year 9 and Year 10 will be taking on the challenge of performing Arthur Miller's tragedy set in Brooklyn in the 1950s: Eddie Carbone, a man heavily concerned with his pride and respect, struggles to keep control of the world he's created when he is jolted by the arrival of his wife's Italian cousins searching for a place to stay. It's a play about love, suspicion, betrayal and loyalty; one of Miller's most successful plays.
<u>Basketball</u>	Y7 - Y13	14:50 - 15:50	20	SSA	Secondary Outside courts	Paid Activities	Both	PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Brass Club</u>	Y7 - Y9	12:40 - 13:20	15	Ms Keziah Jacombs	Room 202	Creativity	Both	An opportunity for year 7-9 students to continue building on their trumpet and trombone skills.
<u>Build a Bridge</u>	Y12	12:35 - 13:15	10	Bin Pham Ishan Dane Supervised by Ms Cathy Tang Hales	Room 221	Service and Creativity	Both	The aim of our club is to create lasting connections between other international schools who have the means to implement a change within the rural communities of Vietnam. This will include creating awareness of the dire situations in these regions and selling products/merchandise in order to raise money for the construction of safe and helpful bridges that will allow the rural population to re-establish their towns and parishes and provide safe passage for young children to go to school.
<u>Chamber Choir</u>	Y7 - Y13	12:40 - 13:20	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	This activity is by audition only. An exciting new repertoire for a busy programme of events this term, including the vibrant school performances and other external events. The Chamber Choir works on developing your voice, as you learn challenging harmonies and how to blend your voice as a group. From demanding classical choral music to 'Pitch Perfect' Acapella, this group highlights some of our elite singers!
<u>Chamber Orchestra</u>	Y7 - Y13	14:50 - 15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	An auditioned Orchestra with repertoire for a busy programme of events this term, including the vibrant school performances. This orchestra is a challenge and performs some adventurous material. Come on, push yourselves! Audition only.
<u>Concert Band</u>	Y7-Y13	14:50 - 15:50	N/A	Mr Ian Alexander Ms Shirley Smith Ms Keziah Jacombs	Room 209	Creativity	Both	The concert band is a band for all woodwind, brass and percussion players. Both the music and the atmosphere will be fun as you practice a real mix of music ready for performances in various venues this year.
<u>Cricket</u>	Y7 - Y13	15:55 - 16:55	60	Mr Steve Whiteley Mr Mark Jones	Big Football Field	Action	Both	Come learn the basics of cricket or just play for fun. This session is aimed at playing cricket with your friends in a fun and none competitive environment.
<u>Club CURE (Conservation of Underwater Reefs Effort)</u>	Y7 - Y13	12:40 - 13:20	15	Sagarika Mangal Supervised by Lois Topping	Room 411	Service	Both	This club is an initiative to help our underwater reefs and sea life, and works in partnership with PADI (Professional Association of Diving Instructors). In the club we will be doing a variety of activities such as expanding an artificial reef and possibly sinking a ship to form a new wreck. Please keep in mind that you do NOT need to be a certified scuba diver to join the club. Non scuba divers can help in activities such as raising awareness in local communities and fundraising, as well as beach clean-ups. We will likely be going on a trip in October for those who are interested.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Just Dance</u>	Y7 - Y13	14:50 - 15:50	15	Ana Samudio Sofia Graves Supervised by Ms Daphnee Deleporte	Room 121	Creativity	Both	This activity will give students from different dancing backgrounds the opportunity to come together and enjoy the awesome competition of Just Dance. Because it is a competition which is open, not only to experienced dancers but even to those who have never danced in their lives, we would like to encourage students to join us - you may simply want to participate because you enjoy dancing, or perhaps you would like to develop basic skills such as coordination or rhythm. We look forward to seeing you there!
<u>Kick Boxing</u>	Y7 - Y13	15:55 - 16:55	16	Mr Mike Sherry	Room 208	Paid Activities	Both	Thai Boxing is known as the art of 8 limbs; learn how to punch, kick, knee and elbow an opponent in a safe and controlled environment. Come and learn a new skill that improves your fitness and self-defence skills. PAID ACTIVITY (see paid activities notes at the bottom)
<u>LAMDA Acting</u>	Y7 - Y13	15.50 - 16.50	30	Ms Cat Sargent Mrs Anne Marie Astley	Room 209	Creativity	Both	This club is for anyone who would like to take a LAMDA acting exam in term 3. LAMDA exams are an internationally recognised qualification, and helps you develop confidence and presentation skills as well as being also a lot of fun. The LAMDA exams are fee paying and we expect students involved in this club to take exams at the end of term 3. For more information please speak to your Drama teacher.
<u>LAMDA Reading for Performance</u>	Y7 - Y13	14:50 - 15:50	10	Miss Sian Davies	Room 323	Creativity	Both	This year, LAMDA reading for performance is open to all year groups. The qualification requires you to select readings from prose and poetry, perform them before an external examiner, and link them with statements you will need to memorise. There is a fee attached to taking the exam. As there is a maximum limit of 10 students, if oversubscribed, auditions will be held. No prior experience necessary.
<u>Learn to Swim BEG-INTER</u>	Y7 - Y13	14:50 - 15:50	24	Mr Triet Pham	Swimming Pool	Action	Both	A swimming programme designed improve technique and stamina in the water in preparation for the swimming squad or to get better at swimming.
<u>Rounders</u>	Y7 - Y13	14:50 - 15:50	24	Mr Phil Husband Ms Laura Gallagher	Secondary Field	Action	Both	Come and learn the basics of Rounders or just play for fun. This session is aimed at playing Rounders with your friends in a fun and none competitive environment.
<u>RSFA Performance Programme - U14-19 Girls Football</u>	Y7 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Big Field	Paid Activities	Girls	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10 - Y13	17:00 - 18:30	20	Mr Matthew O'Brien	Big Field	Paid Activities	Boys	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Snake Byte App Development</u>	Y9 - Y12	12:50 - 13:20	10	Ms Claire Easter	Room 111	Service and Creativity	Both	Development time for the OUCRU App. By invitation only.
<u>String Ensemble</u>	Y7 - Y13	14:50 - 15:50	N/A	Mr Ian Alexander Ms Emma Husband Ms Keziah Jacombs	Room 202	Creativity	Both	This is for any student who plays a string instrument. Performing new repertoire for a busy programme of events this year. Training you up to be part of our Chamber Orchestra.
<u>String Quartets</u>	Y7 - Y13	12:45 - 13:15	N/A	Mr Ian Alexander Ms Emma Husband Ms Keziah Jacombs	Room 212	Creativity	Both	String instruments playing Classical music - all violins, violas and cellos welcome.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Study Support Group</u>	Y7 - Y13	14:50 - 15:50	30	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teachers' expectations of particular homework and assignments.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Animal Care</u>	Y7 - Y13	14:50 - 15:50	20	Jenny Lee (12N) Supervised by Ms Claire Easter	Room 110	Service and Creativity	Both	This club is to create awareness of animal rights & rescue happening in Vietnam and raise donations for charity.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06:00 - 07:30	30	Mr Huy Dat Nguyen Mr Vinh Nguyen Mr Minh Triet Pham	Swimming Pool	Action	Both	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Art and Craft</u>	Y7 - Y9	14:50 - 15:50	15	Seo Young PARK (9V) Young Sun CHO (9S) Supervised by Mr Will Li	Room 128	Creativity	Both	This club will allow students to enjoy creative art and craft sessions. We will share ideas and make our own wonderful pieces of art. This club also fabulous for relieving stress!
<u>Art Mentoring Workshops</u>	Y7 - Y13	14:50 - 15:50	N/A	Mr Richard Harper Ms Nicola Tingey	Room 309	Creativity	Both	A student led afterschool club that focuses on teaching and helping students who take Art. Students who are struggling or are interested in learning more about Art techniques. We also want to help the IGCSE Art students who might be having trouble or not understanding coursework and those who have Art in mind as one of their intended subjects to take for IB.
<u>Board Games</u>	Y7 - Y11	12:40 - 13:20	30	Ms Linda Breard Ms Bee Smith	Room 408	Creativity	Both	Come and challenge your peers! Get a "Ticket To Ride" to find the "Cluedo" and get the "Monopoly" on winning. Use your "Cranium" to "Articulate" to the "King of Tokyo" how to "Dixit". Don't let anyone "Block us" you from joining this fun and relaxing club!
<u>Children's Cancer Ward Visits - Binh Thanh</u>	Y10 - Y13	14:50 - 16:30	20	Ms Kim McWilliam Mr Robbie Alexander	Oncology hospital in Binh Thanh District	Service and Creativity	Both	Weekly planning and activities to support the lives of the children and their families of the HCMC Cancer ward in Binh Thanh.
<u>Children's Cancer Ward Visits - District 2</u>	Y10 - Y13	14:50 - 16:30	26	Mr Robert Brownrigg Ms Bee Smith	Benh Vien Quan 2, 130 Le Van Thinh street Binh Trung Tây Ward, District 2	Service and Creativity	Both	Weekly planning and activities to support the lives of the children and their families of the HCMC Cancer ward in the Hospital in District 2.
<u>Choir</u>	Y7 - Y13	12:40 - 13:20	130	Mr Ian Alexander Mrs Frances Amos Mrs Emma Husband Ms Keziah Jacombs	Auditorium	Creativity	Both	If you enjoy singing and want to know how to develop your skills, learn with a big group of people and have fun doing it come along to Choir on Thursday lunchtimes. This term our repertoire will range from pop to rock, from jazz right through to classical.
<u>Christina Noble Swimming Club</u>	Y9 - Y13	14:50 - 16:30	10	Mrs Nesta Lanyon-Jones Mr Gavin Donnelly Mr Andy Bligh	Early Years and Infant Campus	Service and Creativity	Both	If you're a confident swimmer in years 10-13, teach someone else the essential life skill of being able to swim! This fantastic club involves working with students from the Christina Noble Foundation, an organisation which works with disadvantaged young people across the city.
<u>Community Committee</u>	Y12	12:40 - 13:15	N/A	Trinh Vo 12A Supervised by Ms Cathy Tang-Hales	Room 221	Service and Creativity	Both	This club is a committee of students who plan and organise community activities including the Go Vap orphanage visits. They are responsible for advertising trips as well as carefully selecting the activities we do.
<u>CrossFit Thao Dien</u>	Y7 - Y13	14:50 - 16:00	20	Ms Danielle Fountain	CrossFit Thao Dien, 3 Lê Văn Miếu, Thảo Điền, Quận 2, Hồ Chí Minh	Paid Activities	Both	CrossFit is the revolutionary fitness programme taking the world by storm, and is now in Thao Dien! CrossFit creates healthy people by making exercise fun, teaching excellent mechanics, and catering for everyone. With the support of the coaches you will learn how to move efficiently, better understand exercise physiology, practice a huge variety of skills and movements, and get a great workout - all in one hour. You don't need to be sporty or fit, you just need an open mind and a 'can do' attitude. This ECA is the only opportunity in Vietnam for young people to try CrossFit! PAID ACTIVITY (see paid activities notes at the bottom)
<u>Design and Technology Club</u>	Y7 - Y13	14:50 - 15:50	20	Mr James Chandler	Room 306	Creativity	Both	Are you interested in design and technology? Would you like to design and build interactive displays around the school? If so then this club is for you! The first project involves assembling marble runs to go on the wall, followed by train tracks and hopefully even a fish tank display!

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Drama Theory support</u>	Y11	15:55 - 16:55	35	Ms Cat Sargent Mrs Anne Marie Astley	Room 210	Creativity	Both	A support session for year 11 students in advance of their exams.
<u>Economic History</u>	Y13	14:50 - 15:50	20	Mr Vinton Shine	Room 220	Creativity	Both	Economic History
<u>F1 in Schools Club</u>	Y10 - Y13	14:50 - 15:50	12	Mr Chris Diver Mr Greg Roberts	326, Mac Suite	Creativity	Both	Manage your own Formula 1 team and design, manufacture and race your own car.
<u>Gardening Club</u>	Y7 - Y12	14:40 - 15:50	20	Ms Clover Sharman	BIS Garden	Service and Creativity	Both	Make a green space for everyone to enjoy – join the Gardening Club & help the BIS Garden grow!
<u>Global Goals Project</u>	Y7 - Y13	14:50 - 15:50	20	Ms Lauren Binnington	Study room	Service and Creativity	Both	The Global Goals Project is an opportunity to further develop your participation in the United Nation's Sustainable Development Goals and to start to make a difference. We are planning an awareness campaign focused on Global Goal 4: Quality Education, and we will prepare for the Global Issues Network Conference in March.
<u>Historical War Games Club</u>	Y7 - Y13	14:50 - 15:50	25	Rodrigo Heran Balbuena Supervised by Mr James Goundry	Room 525	Creativity	Both	Unleash your inner Rommel and defend the D-Day beaches. Outdo Monty and capture that elusive bridge. Emulate Zhukov and sweep the Hun from Stalingrad. As the club expands, new historical eras will be added.
<u>Ice Skating</u>	Y7 - Y13	14:40 - 16:30	13	Mr Ian Young	Vincom Thao Dien	Paid Activities	Both	This club gives students the opportunity to learn how to ice skate or practice their ice skating ability. The basics of ice skating will be addressed, including forwards and backwards skating, as well as stopping and turning. It is not a figure skating club. It is a paid club and will be held at the skating rink at Vincom Megamall. There will be a need to rent ice skating and safety equipment (which is mandatory), however, you may bring your own skates if you have them. PAID ACTIVITY (see paid activities notes at the bottom)
<u>International Award Bronze</u>	Y10	12:40 - 13:20	25	Mr Alex Essery Mr James Quarrington Mr Mark Jones	Room 405	Action and Creativity	Both	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it!
<u>LAMDA Acting</u>	Y7 - Y13	14:50 - 15:50	30	Ms Cat Sargent Ms Shirley Smith	Room 209 & Room 210	Creativity	Both	This club is for anyone who would like to take a LAMDA acting exam in term 3. LAMDA exams are an internationally recognised qualification, and helps you develop confidence and presentation skills, as well as being a lot of fun. The LAMDA exams are fee paying and we expect students involved in this club to take exams at the end of term 3. For more information please speak to your Drama teacher.
<u>Learn to Swim INTER-ADV</u>	Y7 - Y13	15:50 - 15:50	24	Mr Vinh Nguyen	Swimming Pool	Action	Both	A swimming programme designed improve technique and stamina in the water in preparation for the swimming squad or just to get better at swimming.
<u>Practical Science Club</u>	Y6 - Y9	14:50 - 15:50	18	Mr David Gould Mr Stuart Pine Ms Hayley Wedlake	Room 413	Service and Creativity	Both	Do you enjoy the practical in your Science lessons? Do you want to do more? Join the Practical Science Club. We will be designing and carrying out scientific investigations and entering your project into the Saigon International Schools Science Fair.
<u>Richard Soriano Junior Basketball</u>	Y7 - Y9	16:00 - 17:00	60	Mr Richard Soriano	Primary Sportshall	Action	Both	This is an extension programme to further develop students' basketball skills and understanding of game situations.
<u>Richard Soriano Senior Basketball</u>	Y10 - Y13	17:00 - 18:00	60	Mr Richard Soriano	Primary Sportshall	Action	Both	This is an extension programme to further develop students' basketball skills and understanding of game situations.
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7 - Y9	17:00 - 18:30	20	Mr Matthew O'Brien	Big Field	Paid Activities	Boys	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>RSFA Performance Programme - U14-19 Girls Football</u>	Y7 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Big Field	Paid Activities	Girls	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Pottery Class</u>	Y7	14:40 - 16:30	6	Ms Lisa Auligny	No. 16, Street 43, Thao Dien	Paid Activities	Both	Learn basic ceramic techniques including the use of the hand wheel as you create beautiful bowls and dishes. PAID ACTIVITY (see paid activities notes at the bottom)
<u>Science Movie Club</u>	Y7 - Y13	14:50 - 15:50	20	Mr Waqaaz Shah	Room 411	Creativity	Both	Watch the latest series of Discovery Channel's "Extreme Engineering" & BBC "Horizon", All with a Scientific twist. Come up to 411 to relax and chill out and be visually entertained. Bring a drink!
<u>Short Stories</u>	Y7 - Y9	12:40 - 13:20	10	Mrs. Rachael Lowry	Room 526	Creativity	Both	This is a club for students who love reading and writing short stories. We will look at range of awesome short stories and work out why they are so good. Then you will get to plan and write your own short story, of any genre, with a chance to showcase them and win a special prize for the one voted as the best short story!
<u>Study Support Group</u>	Y7 - Y13	14:50 - 15:50	30	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teachers' expectations of particular homework and assignments.
<u>The Role-Playing Group</u>	Y7 - Y13	14:50 - 15:50	15	Agraj Joshi (9C) Supervised by Mr Thomas Zehmeister	Room 109	Creativity	Both	Role-playing is about getting creative and making your friends endure the insanity that is your imagination. Be a game master and control the story as you like. Will you be benevolent and kind, or cruel and unrelenting? Or be a character, making good (or bad) choices and let circumstance and dice make a mockery of your efforts!
<u>U14 Girls Volleyball Squad</u>	Y7 - Y9	15:55 - 16:55	24	Ms Stephanie Webb	Outside Courts	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>U14-19 Boys Basketball Recreational</u>	Y7 - Y13	15:55 - 16:55	24	Mr James Goundry	Outdoor Court	Action	Boys	Come learn the basics of basketball or just play for fun. This session is aimed at playing basketball with your friends in a fun and non-competitive environment.
<u>U14-19 Girls Basketball Recreational</u>	Y7 - Y13	14:50 - 15:50	24	Ms Silvia Torta	Outdoor Court	Action	Girls	Come learn the basics of basketball or just play for fun. This session is aimed at playing basketball with your friends in a fun and non-competitive environment.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ABRSM Theory Club</u>	Y7 - Y13	12:40 - 13:20	15	Mr Ian Alexander Ms Keziah Jacombs	Room 202	Creativity	Both	All students welcome. A session to help prepare for your theory grades. Remember you need to take grade 5 theory to take grade 6-8 practical ABRSM exams.
<u>AP2 Production-A View from the Bridge</u>	Y9, 10 & Y12	14:50 - 15:50	15	Ms Jess Bostock Miss Sian Davies	Theatre	Creativity	Both	For the Literature production this year, students from Year 9 and Year 10 will be taking on the challenge of performing Arthur Miller's tragedy set in Brooklyn in the 1950s: Eddie Carbone, a man heavily concerned with his pride and respect, struggles to keep control of the world he's created when he is jolted by the arrival of his wife's Italian cousins searching for a place to stay. It's a play about love, suspicion, betrayal and loyalty; one of Miller's most successful plays.
<u>Atramento (Journalism Club)</u>	Y7 - Y10 & Y12	14:50 - 15:50	25	Bao Ngoc Nguyen Adira Rajesh 8B Supervised by Ms Lucy Croft	Room 322	Creativity	Both	Are you a budding writer, photographer, or artist? Have you got a million interests and stories you want to tell? Then let your creativity flourish through the world of publication through Atramento, BIS' Journalism Club. Dive deep into your interests whether it be travel, creative writing, the arts, food, or anything under the sun. Engage in lively discussions with fellow club members. Improve your writing and communication skills. Tell the world the stories you've been itching to tell. (You may even get to see your work in print for Atramento's next issue, coming soon!)
<u>BIS Model United Nations</u>	Y8 - Y13	14:50 - 15:50	90	Ms Gemma Archer Miss Lauren Binnington Mr Stuart Elliott Mr Timothy English Mr Daniel Gamwell	Room 109 & 110	Creativity	Both	The Model United Nations is a simulation of the real UN general assembly and other legislative councils. It involves debating wide ranging issues, and offers the opportunity to take part in academic conferences in Seoul, Hanoi and here in Ho Chi Minh City. Sharpen your debate and speaking skills at MUN.
<u>Book Club</u>	Y7 - Y9	14:50 - 15:50	20	Ms Samantha Mackenzie	Library	Creativity	Both	For students who love reading and want to talk about the books they have read. Will also include activities such as creating posters and mind maps about books, compiling suggested reading lists for different year groups, and promoting reading across both school sites.
<u>Classic Literature Book Club</u>	Y9 - Y13	12:45 - 13:15	12	Ms Anita Curley	Room 324	Creativity	Both	If you enjoy reading and chatting about great stories in a relaxed and informal group, then the Classical Literature Club is for you. We very much read for pleasure and discuss our reading in a supportive and inclusive setting. You can choose the Classical texts to be read if you like, and you can bring your lunch too!
<u>Computer Programming Club</u>	Y9 - Y13	14:50 - 15:50	20	Jongbin Won (12/13M) Supervised by Mr Thomas Zehmeister	Room 111	Creativity	Both	This term will be focused on building useful applications with the skills you are going to learn. Preferably you should have knowledge on the syntax of a programming language so we can dive right into building projects, however, if you prefer to pursue an individual interest in the scope of the club this will also be possible. Regardless, a rewarding experience for anyone interested and dedicated.
<u>Dragons' Den</u>	Y10	12:40 - 13:20	20	Mr Vinton Shine	Room 220	Creativity	Both	Dragons' Den preparation
<u>Engineering Masters</u>	Y11 - Y12	14:50 - 15:50	15	Led by Joseph SHIN and Minji Seo Supervised by Mr Andy Luke	Room 409	Creativity	Both	This ECA invites students to participate in activities which require some knowledge of physics in order to design various objects/devices and test them. A few of the activities that have been planned are making rockets, designing the most stable barges and much more! This ECA is an opportunity for students who wish to pursue an engineering course to have a pre-taste of what it is like to work as an engineer. It is also open to any students who enjoy making things in general. Don't hesitate to join us even if you are not confident in physics or in designing things – it will be a fun semester and you will learn as you go!
<u>Fantasy Football</u>	Y7 - Y13	14:50 - 15:50	16	Mr Owen Lewis	Room 426	Creativity	Both	Season-long competition requiring a laptop - pick a squad of English Premiership footballers within a given budget. Your team scores points according to how they perform in real life.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Film Critiques Club	Y7 - Y13	14:50 - 15:50	20	Thisawin Dang (12B) Abhishek Patki (12O) Jonathan Le (12H) Supervised by Mr James Quarrington	Room 521	Creativity	Both	This club is for students who love films. In this club, we will be watching a variety of different films throughout the years. After watching the films students will discuss a variety of issues, and topics regarding the film they have watched. It is a relaxing club, and can act as a stress reliever for students as they can come enjoy an afternoon watching and talking about different films.
Fitness at Nutrifort	Y9 - Y13	14:50 - 16:00	20	Mr Jim Dace	NuTriFort Dist. 2	Paid Activities	Both	Ideal for students who are fit and active, this ECA will include circuit training, kick-boxing, spinning, TRX and weight training. Nutrifort trainers will lead these fun sessions and push you to complete a challenging workout. Get fitter during your ECA time! PAID ACTIVITY (see paid activities notes at the bottom)
Football Goalkeeper Training	Y7 - Y13	15:55 - 16:55	12	Mr Matthew O'Brien	Secondary Field	Action	Both	Come and learn the technical and tactical skills of being a goalkeeper. From shot stopping, to throwing and catching, to delivery with the feet, improve your skills in the hardest position on the pitch
Global Politics	Y10 - Y13	12:40 - 13:20	21	Mr James Goundry	Room 525	Creativity	Both	Come and discuss / analyse global political developments. What drives politics and international relations in the 21st century?!
Irish Folk	Y7 - Y13	12:40 - 13:20	N/A	Mr Ian Alexander Ms Emma Husband Ms Keziah Jacombs	Room 212	Creativity	Both	An instrumental folk group for violins, flutes, guitars and percussion players that focuses on traditional music from Ireland and Scotland.
Jazz Band	Y7 - Y13	14:50 - 15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	An opportunity to play some of the classic jazz, funk and blues charts. Saxophone Brass and Rhythm section players.
Knit and Natter	Y7 - Y13	14:50 - 15:50	24	Ms Claire Easter Ms Jodie Westwood	Room 122	Creativity	Both	Knit and Natter welcomes new, improving and expert knitters. Returning knitters may wish to branch out from the beginner scarves and hats to the small scale toys and puppet projects on offer and learn how to purl stitch, cable, increase and decrease and follow patterns. Beginner knitters are very welcome, along with those that want to continue to develop their skills and have fun clicking, clacking and chatting. A small charge will be made for consumables (needles and wool) this year, or you can supply your own.
LAMDA Acting	Y7 - Y13	14:50 - 15:50	10	Ms Cat Sargent Mrs Anne Marie Astley	Room 209	Creativity	Both	This club is for anyone who would like to take a LAMDA acting exam in term 3. LAMDA exams are an internationally recognised qualification, and helps you develop confidence and presentation skills, as well as being a lot of fun. The LAMDA exams are fee paying and we expect students involved in this club to take exams at the end of term 3. For more information please speak to your Drama teacher.
Language Club for Bilingual and Vietnamese Students	Y7-Y13	14:50 - 15:50	N/A	Ms Mai Le	Room 108	Creativity	Both	This club will help students to improve their language skills in both speaking and writing areas
Maths and Art	Y7 - Y13	14:50 - 15:50	15	Mr Simon Williams	Room 425	Creativity	Both	Use maths concepts and techniques and your own creativity and imagination to produce pieces of work for display or to take home to keep.
Medicine Society	Y11 - Y13	14:50 - 15:50	N/A	Dr Suzanne Mincher Mr Nathan Mountford	Room 304	Creativity	Both	Preparation for Year 11, Year 12 and Year 13 students considering Medicine, Veterinary or Dentistry at University.
Netball	Y7 - Y13	14:50 - 15:50	40	Dr Sue Heatherley Ms Camilla Rudin Ms Hayley Wedlake	Outdoor courts	Action	Both	Come learn the basics of netball or just play for fun. This session is aimed at playing Netball with your friends in a fun and non competitive environment.
Study Support Group	Y7 - Y13	14:50 - 15:50	30	Mrs Yvonne Cullen Mrs Christine Laddaran Mr Mark Spalton Mr Ian Young	Room 501	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes as well as the teachers' expectations of particular homework and assignments.

THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>The Caterers Academy</u> <u>Cookery Class</u>	Y7 - Y9	14:50 - 15:50	12	Ms Rebecca Morgan- Director, The Caterers Academy	Canteen	Paid Activities	Both	The Caterers Academy is a hands on cooking program which will give students the opportunity to learn valuable life skills through the art of preparing food. You will not only be taught a repertoire of both savoury and sweet recipes but you will be encouraged to work in teams, use basic maths skills and increase your common sense, all in a FUN and EDIBLE way!!! You will take home what you have cooked in the class and at the end of the season you will receive a cookbook which contains all the recipes you would have mastered. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>The Vietnamese</u> <u>Boardgames</u>	Y7 - Y9	14:50 - 15:50	10	Mr Toan Nguyen	Room 103	Creativity	Both	KS3 students will have the opportunity to learn to play a few of the popular Vietnamese boardgames such as are " lo to" " cờ triệu phú" " cờ tỷ phú" and to compare them to the boardgames played in their home countries.
<u>U14 Boys Squad Volleyball</u>	Y7 - Y9	15:55 - 16:55	24	Mr Jonny McLoughlin	Outside Courts	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.

FRIDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>AP2 Development Swimming Squad</u>	Y7 - Y13	14:50 - 15:50	24	Mr Vinh Nguyen	Swimming Pool	Action	Both	This is a selective squad for those who are not successful in gaining entry to the AP2 Red Squad, but still make selection criteria for squad representation. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>AP2 Red Swimming Squad</u>	Y7 - Y13	06:00 - 07:30	30	Mr Huy Dat Nguyen Mr Vinh Nguyen Mr Minh Triet Pham	Swimming Pool	Action	Both	This is a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential.
<u>Dumbledore's Army (Fandom Club)</u>	Y7 - Y13	12:40 - 13:20	20	Sebastian Miranda Supervised by Mr Rick Jackson	Room 301	Creativity	Both	Dumbledore's Army is where we go on Friday lunchtime to have fun with other people that have a weird obsession with the wizarding world of Harry Potter. Dumbledore's army is a place where both book and movie Harry Potter fans may come to form part of theme based activities including quidditch and house competitions. We will together discuss the different books, movies and characters present while finding new and fun ways to share our appreciation of the different houses. We all love it because it is a way of expressing our inner craziness and obsessions and we know you will love it too!
<u>Events Committee</u>	Y12 - Y13	12:40 - 13:20	10	Ms Jessica Bostock Ms Nesta Lanyon-Jones	Room 221	Creativity	Both	A sixth form committee that organises and runs whole school events
<u>Student Maths Leaders</u>	Y7 - Y13	12:45 - 13:15	10	Mr Ben Sillitoe	Room 424	Action and Creativity	Both	Organise and run both fun and engaging maths-related activities for our younger students
<u>Touch Rugby</u>	Y7 - Y13	14:50 - 15:50	24	Mr Andy Luke	Secondary Field	Action	Both	Come and learn the basics of Touch Rugby or just play for fun. This session is aimed at playing Touch Rugby with your friends in a fun and none competitive environment.

SATURDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7 - Y9	10:30 - 12:30	20	Mr Matthew O'Brien	Big Field	Paid Activities	Boys	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U14-19 Girls Football</u>	Y7 - Y13	10:30 - 12:30	20	Mr Matthew O'Brien	Big Field	Paid Activities	Girls	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10 - Y13	10:30 - 12:30	20	Mr Matthew O'Brien	Big Field	Paid Activities	Boys	RSFA Performance Programme. This is an elite football session aimed at providing a professional academy experience to the best footballers in the school. This will include two evenings and one weekend session, as well as numerous matches, trial games and entry into football competitions. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)

PAID ACTIVITY NOTES - Administration

DAY	ACTIVITY	TIME	Administration Notes
Monday	Golf	14:50 - 17:00	Starts: Monday 14th May Ends: Monday 18th June 315,000 VND per week x 6 weeks = 1,890,000 VND Plus cost of bus 800,000 VND Total Cost: 2,690,000 VND The bus cost is a return trip from BIS to the driving range. Payment deadline for all clubs is Friday 13th April 2018.
Monday	RSFA Performance Programme - U14 Boys Football	17:00 - 18:30	Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week) For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week) Payment deadline for all clubs is Friday 13th April 2018.
Monday	RSFA Performance Programme - U19 Boys Football	18:15 - 19:45	Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week) For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week) Payment deadline for all clubs is Friday 13th April 2018.
Monday	Sound and Lighting Tech	14:50 - 15:50	Starts: Monday 14th May Ends: Monday 18th June 150,000 VND per week x 6 weeks = 900,000 VND. Total Cost: 900,000 VND Payment deadline for all clubs is Friday 13th April 2018.
Monday	Yoga	15.55 - 16.55	Starts: Monday 14th May Ends: Monday 18th June 175,000 VND per week x 6 weeks = 1,050,000 VND Total cost: 1,050,000 VND Payment deadline for all clubs is Friday 13th April 2018.
Tuesday	Basketball	14:50 - 15:50	Starts: Tuesday 15th May Ends: Tuesday 19th June 180,000 VND per week x 6 weeks = 1,080,000 VND. Total cost: 1,080,000 VND Payment deadline for all clubs is Friday 13th April 2018.
Tuesday	Kick Boxing	15.55 - 16.55	Starts: Tuesday 15th May Ends: Tuesday 19th June 175,000 VND per week X 6 weeks = 1,050,000 VND Total cost: 1,050,000 VND Payment deadline for all clubs is Friday 13th April 2018.
Tuesday	RSFA Performance Programme - U19 Boys Football	17:00 - 18:30	Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week) For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week) Payment deadline for all clubs is Friday 13th April 2018.
Tuesday	RSFA Performance Programme - U14-19 Girls Football	18:15 - 19:45	Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week) For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week) Payment deadline for all clubs is Friday 13th April 2018.
Wednesday	CrossFit Thao Dien	14:50 - 16:00	Starts: Wednesday 16th May Ends: Wednesday 20th June 250,000 VND per week x 6 weeks = 1,500,000 VND Total cost: 1,500,000 VND Payment deadline for all clubs is Friday 13th April 2018.

PAID ACTIVITY NOTES - Administration

Wednesday	Ice Skating	14:50 - 16:30	<p>Starts: Wednesday 16th May Ends: Wednesday 20th June</p> <p>275,000 VND per week x 6 weeks = 1,650,000 VND Plus cost of the bus of 800,000 VND Total cost: 2,450,000 VND The bus cost is a return trip from BIS to the Vincom Mall.</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Wednesday	Pottery Class	14:50 - 16:30	<p>Starts: Wednesday 16th May Ends: Wednesday 20th June</p> <p>275,000 VND per week x 6 weeks = VND Total cost: 1,650,000 VND (Includes all equipment and materials)</p> <p>Plus cost of the bus of 800,000 VND Total cost: 2,450,000 VND The bus cost is a return trip from BIS to the Pottery Studio at No. 16, Street 43, Thao Dien</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Wednesday	RSFA Performance Programme - U14 Boys Football	17:00 - 18:30	<p>Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June</p> <p>For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week)</p> <p>For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week)</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Wednesday	RSFA Performance Programme - U14-19 Girls Football	18:15 - 19:45	<p>Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June</p> <p>For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week)</p> <p>For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week)</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Thursday	Fitness at Nutrifort	15:00 - 16:00 Depart at 14:50	<p>Starts: Thursday 17th May Ends: Thursday 21st June</p> <p>50,000 VND per week x 6 weeks = 300,000 VND Total Cost: 300,000 VND A free one way bus will be provided by school. Students must make own arrangements for transport home. Note: Members of Nutrifort will be FREE of charge</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Thursday	The Caterers Academy Cookery Class	14:50 - 15:50	<p>Starts: Thursday 17th May Ends: Thursday 21st June</p> <p>270,000 VND per week x 6 weeks = 1,620,000 VND Total cost: 1,620,000 VND (Includes all equipment, ingredients and cookbook)</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Saturday	RSFA Performance Programme - U14 Boys Football	10:30 - 12:30	<p>Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June</p> <p>For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week)</p> <p>For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week)</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Saturday	RSFA Performance Programme - U19 Boys Football	10:30 - 12:30	<p>Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June</p> <p>For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week)</p> <p>For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week)</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>
Saturday	RSFA Performance Programme - U14-19 Girls Football	10:30 - 12:30	<p>Starts: Week beginning Monday 14th May Ends: Week beginning Monday 18th June</p> <p>For returning players 3,500,000 (3 Times a Week) 2,350,000 (2 Times a Week) 1,200,000 (Once a week)</p> <p>For new players 5,450,000 (3 Times a Week) 3,650,000 (2 Times a Week) 1,850,000 (Once a week)</p> <p>Payment deadline for all clubs is Friday 13th April 2018.</p>