



NORD ANGLIA  
INTERNATIONAL SCHOOL  
DUBAI

## Secondary Weekly Sporting Achievements

18.10.18



### NAS SPORTS HOUSE POINTS

1<sup>st</sup> = 20points  
2<sup>nd</sup> = 15 points  
3<sup>rd</sup> = 10 points  
4<sup>th</sup> = 5 points



**Scorpions** **Falcons** **Leopards** **Vipers**

Sport and fixtures in secondary have got off to a great start this year with the basketball, football and swimming teams competing against other schools in Dubai. A few special mentions I would like to make are to the students who represented NAS in the swim team. In the relay gala at DESC and the NAS gala we came 1<sup>st</sup> and all swimmers performed well. The basketball has also got off to a flying start with some great wins across all age groups. The NAS Ski Squad competed in the first round of the interschool ski competition.

Reminder – Any squad players to attend Strength and Conditioning sessions.

Sunday, Tuesday & Thursday mornings 6.45-7.30am

Up and coming events – The 30/30 fitness challenge and house fitness competition will take place after half term.

**Mrs. Chaters (Head of Secondary PE)**

## Secondary Netball Training @ NAS Dubai

We have had an amazing turnout for secondary netball on Wednesday after school. We are looking forward to this term and developing players across the whole secondary school. Training will be every week on a Wednesday on the new courts from 3.30-4.30pm

Strength and conditioning has been a huge success so far and we are delighted with the turnout. Well done to all students.

**Mrs. Chaters and Miss Fisher  
(Secondary Netball)**



## U16 Girls Football vs GEMS Founders @ NAS Dubai

The U16 girl's football team dominated the game and scored in the first half against GEMS Founders school. The girls were unlucky to concede in the second half and came away a little disappointed not to win. The team is looking strong and looking forward to the next match. Final score 1-1.

**Mr. Collin (Head of PE)**





## U16 Girls Football vs Cambridge International @ NAS Dubai

First game of the season for the U16 girl's football team. A challenging game but NAS were brilliant with Darcy dominating play. NAS were in control for the game and the score line flattered the other team. NAS 3-2 winners against Cambridge international school.

**Mr. Collin (Head of PE)**



## Girls Touch Rugby 7's Tournament @ DESC

Well done to all girls in the U15 Touch Rugby team who competed at DESC on Tuesday evening. This was our first tournament of the year and wow the girls did well!!!

We played 4 matches and finished in 5<sup>th</sup> position overall. We beat EC 5- 2 and WSO 3-1. We lost to JESS 2-0 and DC 4-2. In all games our defensive pressure was fantastic and our 3 man drives in attack were brilliant. Grace and Charlotte set up some good plays in the middle to score the tries with help from all players. Overall, I was so impressed with their standard of play, their team work and effort throughout the evening.

Well done!!

**Miss Fisher (PE Teacher)**



## U14 Girls football vs EIS Meadows @ EIS Meadows

The U14 girl's football squad travelled to EISM for their first match of the season. The girls finished the first half with an impressive 2-0 lead. A strong EISM fought back to finish on a 3-3 draw. A very impressive start to the season and I hope the encouragement and determination of the girls continues throughout.

Player of the match: Alex McGarry

**Miss Lea (Secondary Girls Football)**





## U14 Boys Football vs DESC @ NAS Dubai

On Tuesday afternoon the Year 9 boys football team hosted DESC in what would be turn out to be a thrilling first game of the season. Now in division 1 the boys got off to a dream start going 2 goals up with Arda and Antek scoring well taken goals. However DESC came back and turned the game on its head with 2 quick fire goals of their own. With the match in the balance Mateo burst down the right wing and scored a fantastic goal straight into the top corner. Once again DESC came back and the score was level at 3-3 at half time. With 10 minutes to go and the game poised at 4-4 DESC were able to sneak a couple more goals to take victory but nothing can be taken from the superb efforts of our boys and we take plenty of positives into our next league fixture after half term.

Final score NAS 4 – DESC 6

**Mr. Smith (PE Teacher)**





## U15 Boys Football vs Deira International @ NAS Dubai

The year 10 football team made an excellent start to the season with a 2-1 win. Aaron made a great run down the left flank to open the scoring. The game was quite tight in the first half. Joseph scored the second to put us in a better position but Deira International quickly responded to leave the last 15 minutes in a nail biting finish. NAS held the lead well with some fantastic tackles and saves. Well done!

**Mr. Khadir (PE Teacher)**



## U12 Boys Football vs Jebel Ali School @ NAS Dubai

The year 7 kicked off the season with an exceptional performance against Jebel Ali School. The match was tightly contested with NAS leading twice only to succumb to Jebel Ali School's attack. The game ended 2-2 with goals from Arjun and Imran. What a game!

**Mr. Smith and Mr. Khadir (PE Teachers)**





# **SECONDARY HOUSE FITNESS CHALLENGE**



**Inviting All Secondary Students,  
Teachers & Parents!**

**20 Minute Fitness & Fun Session**



**Earn House Points  
Biggest House turn out wins!**

**Thursday 1st November  
7:15am - 7:35am • Sports Hall**



Students & adults wear House shirts  
or colors. For more info contact:  
[Emily.Fisher@nasdubai.ae](mailto:Emily.Fisher@nasdubai.ae)