



SICHUAN: LAND OF PLENTY

OCTOBER 14-18 2019

PREPARED BY THE HUTONG
BRITISH SCHOOL OF BEIJING SHUYNi



THE BRITISH SCHOOL
OF BEIJING, SHUYNi
A NORD ANGLIA EDUCATION SCHOOL

DESTINATION: SICHUAN 四川

PROGRAM DESTINATIONS AT A GLANCE:

The Hutong's Sichuan program aims to give participants a chance to experience multiple areas of the land of plenty. We will therefore be visiting the following locations.

CHENGDU CITY 成都

Colloquially known as the “Country of Heaven”, Chengdu is a bustling city, rich in culture and an activity. It is a city known for its leisurely lifestyle and incredible food. With the help of our good friends at Chengdu Food tours, we will take time to immerse ourselves in this amazing city.

DUJIANGYAN 都江堰

A short distance outside Chengdu, Dujiangyan is home to two incredible Unesco World Heritage sites, Qingchengshan and the Dujiangyan Irrigation System. The former is one of China's four sacred Taoist mountains, while the latter has kept the region safe from flooding and provided irrigation for crops for millennia. Dujiangyan is the gateway to western Sichuan, and its starkly different views from the bustling Chengdu city will help us prepare for the stunning scenes yet to come in Wenchuan and beyond.

WENCHUAN 汶川县;

Located in the beautiful mountainous Aba Prefecture in North Western Sichuan, Wenchuan offers us a glimpse at another side of Sichuan, one of rugged landscapes, tiny villages, and ethnic minorities. Wenchuan was also the epicenter of the devastating 2008 Sichuan earthquake, though it is hardly visible today through incredible infrastructure and tourism development



ITINERARY & DAILY SCHEDULE

Meals provided indicated in schedule as Breakfast (B), Lunch (L), and Dinner (D)

DAY	LOCATION	ACTIVITIES
Day 1 Monday October 14	Chengdu Accommodation: Holiday Inn Express Gulou Meals: D Transportation: Bus, Walking	Afternoon Arrive in Chengdu Introduction to Chengdu Chengdu Chill Challenge Evening Hotel Check-In Welcome Hot Pot Dinner Opening Reflections
Day 2 Tuesday October 15	Chengdu Accommodation: Holiday Inn Express Gulou Meals: <i>B, L, D</i> Transportation: Bus, Walking	Morning Breakfast Visit with Chengdu Huiling Center Adults With Special Needs Service Learning Reflection Afternoon Lunch Visit to the Chengdu Research Base of Giant Panda Breeding Evening Sichuan Dinner Story Reflections
Day 3 Wednesday October 16	Chengdu - Dujiangyan Accommodation: DJY Holiday Inn Center Meals: <i>B, L, D</i> Transportation: Bus, Walking	Morning Breakfast Morning Exercises and Mahjong Workshop Bus Transfer to Dujiangyan Afternoon Lunch Check in Exploration of Dujiangyan Irrigation Project Introduction to Taoist Culture and Nature Walk Evening Group Dinner Reflections

ITINERARY & DAILY SCHEDULE

Meals provided indicated in schedule as Breakfast (B), Lunch (L), and Dinner (D)

DAY	LOCATION	ACTIVITIES
Day 4 Thursday, October 17	Dujiangyan - Wenchuan Accommodation: Taoping Erma Renjia Guesthouse Meals: <i>B, L, D</i> Transportation: Bus, Walking	Morning Breakfast Transfer to Wenchuan Exploration of first Qiang stone village Afternoon Lunch at Local Homestay Exploration of second Qiang stone village (Rotations) Tourism Development Comparison Activity Evening Check-in to Guesthouse Local Qiang Dinner Tourism Development Stakeholder Debate
Day 5 Friday, October 18	Wenchuan - Chengdu Accommodation: N/A Meals: <i>B, L</i> Transportation: Bus, Walking	Morning Breakfast at Guesthouse Final Activity and Reflections Transfer back to Chengdu Afternoon Lunch Flight back to Beijing

TRIP LEADERS



SEAN WILDE

Sean fell in love with China when he first came to Beijing to study as a senior in High school, and has never looked back. Since then he has lived in Chengdu, Singapore, Wenzhou and finally Shanghai, where he is now based full time working with the Hutong's program development team. A hotel and tourism management major, Sean is dedicated to creating zany and original content for Hutong programs as well as opening up yet-un-scoped regions for future adventures. When he is not out blazing the trails with his team, you can find him at home recording rock and roll tunes, trying to do yoga, or sipping tasty coffees at any of Shanghai's best roasters.



LILY WU

Lily comes from Datong, lived for ten years in Xi'an, and before relocating to Suzhou with her husband and 5-year old daughter. While she's been partnering with The Hutong since 2014, Lily has been a professional tour guide since 2006, so she is an incredible wealth of knowledge and insight into Chinese history and culture. Lily likes kids, travelling - and travelling with kids.

ACCOMMODATION INFORMATION

CHENGDU HOTEL

Holiday Inn Express Chengdu Gulou

Chinese name: 成都鼓楼智选假日酒店

Address: 72 Daqiang W St, Qingyang Qu, Chengdu Shi, Sichuan, China

Chinese address: 四川省成都市青羊区大墙西街72号

Tel Number: +86 28 8678 5666

DUJIANGYAN HOTEL

Hotel Name: Holiday Inn Express Dujiangyan Downtown 都江堰中心假日酒店

Address: No 2 Dujiangyan Avenue, Dujiangyan

Chinese address: 都江堰市都江堰大道2号

Tel Number: +86 800 315 2621

WENCHUAN GUESTHOUSE

Hotel Name: Er Ma Ren Jia Guesthouse 尔玛人家客栈

Address: Taoping Qiang Zhai #119, Er Ma Ren Jia

Chinese address: 桃坪羌寨尔玛人家119号

Tel Number: +86 13990430916

CLIMATE AND PACKING LIST

CITY	MONTH	AVERAGE HIGH	AVERAGE LOW
Chengdu / Wenchuan	October	21°C/ 70°F - 19°/ 67°	15°C / 59°F - 11°/ 53°

October is actually the prime month to visit Chengdu as the weather is perfect for walking and outdoor activities, with an average daily temperature of 17°C. Visitors should note that the variation in temperature during the day and night can be quite substantial, especially in mountainous areas like Wenchuan and Dujiangyan, so pack accordingly. It won't rain often in October, but make sure to bring proper rain gear just in case!

In October, Wenchuan has an average high of 19°C and a low of 11°C. There will be strong sun during the days and colder nights.

Many of the activities will take place outdoors and it is important to bring comfortable, breathable clothes, layers for chilly evenings, and appropriate rain gear. There is no need to bring any formal wear. Please keep packing to a minimum, and do not bring unnecessary items.

RECOMMENDED BAGS

- 1x large backpack (Medium size is sufficient 35L-50L)
- 1x smaller day pack (to carry your water bottle, notebook, extra layer, camera)

RECOMMENDED CLOTHING

- 3x pair of long trousers
- 2x pair of comfortable shorts
- 3x long-sleeve, breathable shirts
- 4x t-shirts
- 3x fleece/vest/jumper/hoodie/sweatshirt
- 1x breathable waterproof jacket or poncho
- 7x underwear
- 7x socks

- 1x sunhat/cap
- 1x pair of comfortable walking/sports shoes
- 1x pair of hiking shoes/or boots, or shoes with a very strong tread
- 1x pair of comfortable sandals
- 1x warm sleeping clothes

RECOMMENDED TOILETRIES

- Sunscreen
- Toothpaste and Toothbrush, Toiletries
- Any required medication
- Antibacterial hand gel
- Wet wipes
- 1x Towel

OTHER RECOMMENDED ITEMS

- Sunglasses
- Torch/headlight (if walking in the evenings)
- Pens & Notebook/Sketchpad
- Camera
- Big Water Bottle (at least 750ml)

REMINDERS

- **Passport!**
 - **Pocket Money**
- This is not intended to be an exhaustive list, please use your own judgment when packing. **PLEASE KEEP PACKING TO A MINIMUM!**

PROGRAM EXPECTATIONS

Our Mission at The Hutong is to provide exceptional cultural experiences, in a fun, learning environment. In order to get the most out of our programs it is important that you are clear about our expectations, both for ourselves and of you. Our expectations are born out of our core values:

EMBRACE DIVERSITY

Our Expectations for Ourselves: We try to broaden our minds by engaging with new perspectives and actively learning from others.

Our Expectations of You: There is no doubt that on this program you will encounter something that is “different”. Whether it be different types of food, clothes, people, traditions, language or even toilets. The idea of the program is for you to EXPERIENCE new things, even if they are unpleasant. What we expect is that you approach these situations with a positive outlook and an open mind. Remember; don’t judge a book by its cover!

BE A GOOD EGG!

Our Expectations for Ourselves: We try our hardest to be honest, outgoing, and 100% reliable.

Our Expectations of You: Rule #1 with us is that everyone on our programs respects one another and those around them at all times. This includes not only those who are on the program, but also the local people we may encounter through our program.

LIGHT A SPARK!

Our Expectations for Ourselves: We love what we do and are happy to show you different places and things. We are incredibly passionate about China and we want our enthusiasm to light a spark!

Our Expectations of You: Pleasing everyone all the time is impossible. Yet, when you are inspired about a particular place or activity, you help get your peers inspired too! Moreover, even if something isn’t for you, approach whatever it is with curiosity and an open mind. Keep in mind, one spark can start a prairie fire.

GO THE EXTRA “LI” (MILE)

Our Expectations for Ourselves: We constantly try to deliver more than what is expected and go the extra mile.

Our Expectations of You: You are responsible for yourself and your own possessions. That being said, we ask that you please help each other. Whether it be picking up something someone has left behind, carrying someone’s bag when they are struggling, or offering to help the program leaders and teachers.

SEEK CHALLENGE!

Our Expectations for Ourselves: We try to view problems as opportunities to work together and keep learning.

Our Expectations of You: There is no doubt that you will be challenged at some point. Whether it be challenged using a squatty toilet, eating food that looks funny, speaking to strangers, walking long distances, or climbing a mountain. Like us, rather than complain, view the problem as an opportunity to learn and experience something different.

SMILE MORE!

Our Expectations for Ourselves: We love to have fun, laugh a lot and take time to play.

Our Expectations of You: We will have the maximum amount of fun allowable by law. Please bring your sense of humor!

ABOUT THE HUTONG



At The Hutong, we offer a range of interactive, educational, unique, and fun activities to students and school groups of all different ages. Our interactive programs are designed to broaden participants' understanding of Chinese culture and allow them to experience an authentic side of China. We aim to adapt our programs and work closely with schools and teachers to create customized cultural activities for various Grade Levels and subject areas. By incorporating grade and subject-specific learning targets into the design of our onsite and offsite excursions, The Hutong strives to offer top-notch activities that are engaging and relevant.

Combining our staff's expertise in both tourism and education, we have been running unique and creative study tours to off-the-beaten-track destinations since 2009, with thorough professionalism and maintaining an impeccable safety record. We aim to broaden students' horizons by exposing them to memorable experiences throughout China. Our typical educational tours focus on a combination of cultural immersion and outdoor education. We place an important emphasis on experiential learning. We do not just visit tourist spots, but we experience the places we visit and take a step deeper. The majority of our team has a background in both travel and education and this is where we look to excel.

Each year we expand our destinations and topics. Our goal is to work closely with schools to incorporate their curriculum and learning objectives in our educational travels, and give the students and staff exceptional experiences. The Hutong is happy to propose customized offsite programs that build upon the units of inquiry taught in your school.

The Hutong places particular emphasis on experiential learning, and works increasingly to give its students the opportunity to service the communities they visit. Students who attend Hutong trips engage with global issues by collaborating to plan and execute community service programs. They leave the trip with a renewed sense of their strengths and abilities, as well as a more solid understanding of ethical tourism and global development.