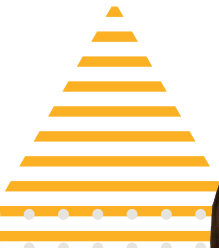


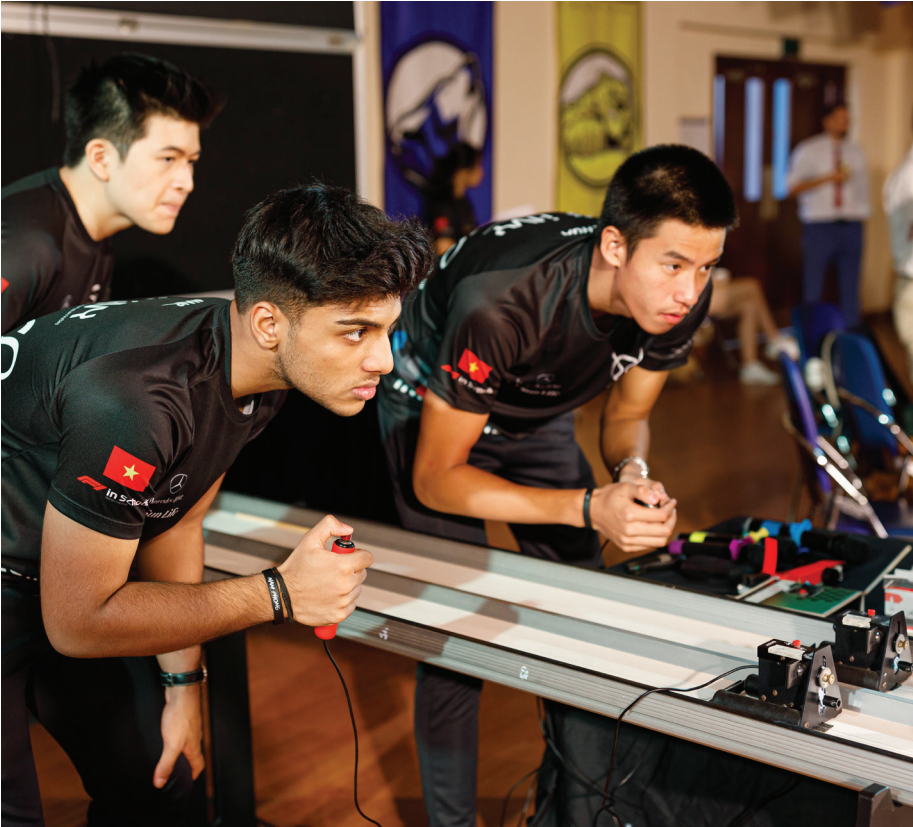


BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL



Co-Curricular Activities

Term 2 / 2020 - 2021



Technology



Music



Creativity



Community Engagement



Sport

Art



Co-Curricular Activities Booklet

Term 2, 2020-2021

Co-Curricular Activities (CCAs) are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which impact positively on many facets of their development, including academic progress.

There is an extensive range of CCAs to choose from each week at the BIS Secondary Campus with over one hundred different activities on offer. We would like to challenge and encourage students to explore some of the exciting new activities being introduced in Term 2. From our specialist external providers there are opportunities to join the **Crazy Coriander Chefs Table** as well as the **Still Life Painting Workshop** where you will be given an **introduction to oil painting**. Students in Key Stage 5 will be able to gain a deeper understanding of both themselves and others by mastering important communication skills which will be presented in **Developing a Global Mind Set to Improve Cross Cultural Communication**. In addition to the many popular musical options continuing from last term, our Music Department will be offering a **Music Technology Club** for students interested in music recording, how to work on a DAW (Logic ProX) and mixing techniques, recording and microphone techniques, synthesis and sampling. You may also want to look out for some fascinating new **student-led activities** such as **Chains for Change** where you will not only learn the art of designing and making your own jewellery but will also be able to make an important contribution to one of the school's community partners by selling your creations to raise money for them.

In Term 2, we will also be introducing **Cross-Campus – Student Leadership Clubs** which will provide students with an opportunity to lead weekly activities aimed at enriching the Junior Campus and Early Years & Infant Campus CCA programme, and for senior students to mentor their younger peers.

Whether you enjoy art, music, drama, sport, languages, solving mathematical or scientific problems, helping disadvantaged groups, competing in the Duke of Edinburgh International Award, or just wanting to try something new, there should be a club available for you.

Paid Activities

There are a number of paid activities that students can sign up for such as Broadway Jazz, GymKraft Competitive Gymnastics, RSFA Performance Programme, Vertical Academy Rock Climbing and many others. These are provided by external individuals and organisations with all information about them detailed in the online activities booklet.

If a student has selected a paid activity, an email confirming their choice will be sent to both the student and their parents. **The payment deadline for all paid clubs is Wednesday, 20th January 2021.**

Activity dates for Term 2, 2020-21:

Start:	Non-Paid CCAs PAID CCAs	Monday 25th January 2021 Monday 22nd February 2021
Half Term:	Saturday 6th February to Sunday 21st February 2021 (No activities will run)	
End:	Non-Paid CCAs PAID CCAs	Sunday 4th April 2021 Sunday 18th April 2021

CCAs may run before lessons and during lunchtimes, however, the majority are scheduled after lessons. There are two sessions each afternoon with a five-minute change-over period (2:50pm – 3:50pm and 3:55pm – 4:55pm). If activities finish beyond these times information is detailed in the booklet.

Note: Any students participating in CCAs from 3:55pm will need to arrange their own transport home and should consider this before selection.

The aims of our Co-Curricular activities (CCAs) at BIS, HCMC are:

- To provide a wide range of enjoyable and challenging experiences above and beyond the timetabled curriculum
- To allow competitive teams, drama companies and music ensembles to reach high standards of team/group and personal performance
- To provide opportunities for students to aspire to elements of the school's mission statement
- To continue to develop our involvement in community work
- To offer a balance of endeavour which provides the framework for the IBDP CAS Programme

CAS at BIS

Creativity, Activity and Service are woven throughout the Co-Curricular Activities. Originating from the International Baccalaureate Programme they set out to challenge our students to show initiative and perseverance as well as to develop skills such as collaboration, problem solving and decision making. For a balanced experience, we encourage students to take part in at least one of each of the three areas below:

- **Creativity:** The arts, music, languages and other experiences that involve creative thinking.
- **Activity:** Physical exertion contributing to a healthy lifestyle.
- **Service:** Any collaborative and reciprocal community engagement in response to an authentic need.

On-line CCA Selection – using CHQ

Activities need to be selected using the online CHQ system. Please see the next page for further instructions.

You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Both the student and their parents will also receive notification when accepted for participation in an CCA.

For the majority of CCAs, the online system (CHQ) will randomly allocate students to each CCA. As it is not a first come first served system, you may not always get your first choice activity.

There are some exceptions to this rule as detailed below:

Sports

If the number of students for any sports activity is greater than the maximum capacity, students will undergo a trial and be notified of this during their first session. This may mean that you could initially be accepted for the CCA but possibly removed after the trial.

The PE department will endeavour to run a parallel programme during the same session for the same age group but in the form of a recreational club. Therefore, if a student has a poor trial or significantly improves their skill level, then the squad coach will be able to assess the student and potentially accept them into the squad at a later time.

Please note that:

- As competitive Sport runs as seasons and not terms (Sep - Nov, Nov - Feb, Feb - May and then May-June), some of the clubs which have started in September will stop in November whilst others may start in November and span over into Term 2.

Drama

Please note that you are not able to join school productions this term as they have already been cast, but if you are interested in getting involved in Drama then please speak to your Drama teacher about other opportunities.

Wishing you all a wonderful second term.



Ms Tracey Brownrigg
Co-Curricular Coordinator and Community Service Manager
Tracey.Brownrigg@bisvietnam.com

Co-Curricular Activities Booklet

Term 2, 2020-2021

Monday 7th December at 5pm **Students will be able to sign up on CHQ** (for Term 2 activities)

The activities booklet will be updated and available on the school website (link below)

html: <https://www.nordangliaeducation.com/our-schools/vietnam/ho-chi-minh-city/bis/our-students/clubs-and-activities/secondary-campus-clubs-and-activities>

Friday 11th December at 5pm **Selection on CHQ will close**

Monday 4th January 2021 **Students and parents to be notified of their chosen CCAs on CHQ.**

Notifications for paid clubs will also be sent.

CHQ has been set up for you to use on a daily basis to select and track all your chosen activities.

Please follow the instructions below to log on and select your desired activities/paid clubs:

To access the BIS CHQ portal please click on the following link:

<https://seasia.mychq.net/Login.aspx?Y2x1Yj0wMzky-tJBRd%2fDelyY%3d>

You can also access CHQ from a link on the school website (www.bisvietnam.com). Scroll down to the end of the main page to the “Useful Links” section.

Log in to CHQ using the same Windows account you use when logging in to your school computer/laptop. Your User Name and Password are the same as the ones used to log in at school e.g. “*John.Smith*” and your Password

Should you have any issues please contact tracey.brownrigg@bisvietnam.com

How to select your activities/paid clubs:

- **Step 1:** From the Home Page under **My Activities 2020-2021 Term 2** click **View/Manage/Submit Activity Choices**
- **Step 2:** For each activity/paid club add a different number e.g. Monday: Football club **add 1**, Wednesday: Board Games **add 2** then **3, 4, 5** etc. to all other clubs you would like to participate in.
The **SAVE** button will appear to the right of the activity list click **SAVE**
- **Step 3:** Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.
- **Step 4:** To cancel a selection after submitting add a **0** to the desired box then save and submit
- **Step 5:** From the Home Page **My Activities 2020-2021 Term 2** you will be able to see which clubs you have been accepted into/denied from by Monday 4th January 2021. If you click onto **My Schedule** for week beginning Monday 25th January 2021, you can check your weekly club timetable.

Try to make sure you have a range of activities which allow you to develop physically, creatively as well as socially.



Season Sports Information

The PE and Sport programmes at BIS are structured to fit with the seasons of the SISAC competitions and are therefore not offered as termly activities.

This allows double training sessions throughout the week for our competitive teams and stops the dead-time experienced with students not attending clubs after the City Championships have finished.

When in the off season, we still provide one training session per week to prepare for the upcoming season in that sport. In that sports season, we expect people who are serious about playing in the school teams to attend both training sessions in the week.

Term 1 Season 1 Beginning September > Beginning November	Term 1-2 Season 2 Beginning November > Beginning February	Term 2-3 Season 3 Beginning February > End May
U19 Volleyball U13 and U15 Basketball U19 Table Tennis U13-19 Cross Country	U19 Basketball U13 and U15 Football U19 Badminton U13 and U15 Table Tennis U13-19 Swimming (beginning of December)	U13 and U15 Volleyball U13 and U15 Badminton U19 Football (end of Apr) U13-19 Athletics (end of Feb) U13 FOBISIA (end of Mar)

Recreational sessions and Paid Clubs will still take place weekly throughout the entire year, signing up at the start of each term.

Clubs that are termly			
Club	Term 1	Term 2	Term 3
Red Swim Squad	4 sessions per week	Choice of 5 sessions per week	Choice of 5 sessions per week
Development Swim Squad	2 sessions per week	Choice of 5 sessions per week	Choice of 5 sessions per week
Paul Sadler Learn to Swim Beg-Inter	1 session per week	1 session per week	1 session per week
Paul Sadler Learn to Swim Inter-Adv	1 session per week	1 session per week	1 session per week
Recreational Netball	1 session per week	1 session per week	1 session per week
Recreational Basketball	1 session per week	1 session per week	1 session per week
Richard Soriano Volleyball	1 session per week	1 session per week	1 session per week
Richard Soriano U14 Basketball	1 session per week	1 session per week	1 session per week
Richard Soriano U19 Basketball	1 session per week	1 session per week	1 session per week
ALL PAID CLUBS	1+ session(s) per week	1+ session(s) per week	1+ session(s) per week

Please take a careful look at the table(s) below which outlines when the sports are in/out of season. There will be some occasions where you will have to sign up in September for a club that does not start until November. Please keep this in mind when signing up for other non-sport related clubs at that time that last from September until December.

Clubs that are seasonal – By Season			
Club	Term 1	Term 2	Term 3
U13 and U15 Football Pre- Season	1 session per week	n/a	n/a
U19 Basketball Pre-Season	1 session per week	n/a	n/a
U19 Badminton Pre-Season	1 session per week	n/a	n/a
U13 - U19 Cross Country Squad	1 session per week	n/a	n/a
U19 Table Tennis Squad	1 session per week	n/a	n/a
U13-15 Basketball Squad	2 sessions per week	n/a	n/a
U19 Volleyball Squad	2 sessions per week	n/a	n/a
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a

Clubs that are seasonal – By Season			
Club	Term 1	Term 2	Term 3
U13-19 Athletics Squad	2 session per week	2 session per week	n/a
U13 and U15 Badminton Pre-season	n/a	1 session per week	n/a
U19 Football Pre-Season	n/a	1 session per week	n/a
U13 and U15 Volleyball Pre-season	n/a	1 session per week	n/a
U13 and U15 Table Tennis Squad	n/a	1 session per week	n/a
U13 and U15 Football Squad	n/a	2 session per week	n/a
U19 Badminton Squad	n/a	2 session per week	n/a
U19 Basketball Squad	n/a	2 sessions per week	n/a
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week
U13 and U15 Badminton Squad	n/a	n/a	2 sessions per week
U13 and U15 Volleyball Squad	n/a	n/a	2 sessions per week
U19 Football Squad	n/a	n/a	2 sessions per week
Recreational Cricket	n/a	n/a	1 session May >Jun
Recreational Softball	n/a	n/a	1 session May >Jun
Recreational Touch Rugby	n/a	n/a	1 session May >Jun

Clubs that are seasonal – By Sport			
Club	Term 1	Term 2	Term 3
U13-19 Athletics Squad	2 sessions per week	2 sessions per week	n/a
U13 and U15 Badminton Pre-season	n/a	1 session per week	n/a
U13 and U15 Badminton Squad	n/a	n/a	2 sessions per week
U19 Badminton Pre-season	1 session per week	n/a	n/a
U19 Badminton Squad	n/a	2 sessions per week	n/a
U13 and U15 Basketball Squad	2 sessions per week	n/a	n/a
U19 Basketball Pre-Season	1 session per week	n/a	n/a
U19 Basketball Squad	n/a	2 sessions per week	n/a
U13-19 Cross Country Squad	1 session per week	n/a	n/a
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a
U13 and U15 Football Pre-Season	1 session per week	n/a	n/a
U13 and U15 Football Squad	n/a	2 sessions per week	n/a
U19 Football Pre-season	n/a	1 session per week	n/a
U19 Football Squad	n/a	n/a	2 sessions per week
U13 and U15 Table Tennis Squad	n/a	1 session per week	n/a
U19 Table Tennis Squad	1 session per week	n/a	n/a
U13 and U15 Volleyball Pre-Season	n/a	1 session per week	n/a
U13 and U15 Volleyball Squad	n/a	n/a	2 sessions per week
U19 Volleyball Squad	2 sessions per week	n/a	n/a
Recreational Cricket	n/a	n/a	1 session May >Jun
Recreational Softball	n/a	n/a	1 session May >Jun
Recreational Touch Rugby	n/a	n/a	1 session May >Jun

MONDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Ash Ball</u>	Year 10 Year 11, Year 12, Year 13	12:45	13:15	24	Dhiren Ramesh, Gary Pham, Mr Phil Husband	Secondary Sports Hall	Secondary Activity	Mixed	Come to learn a variation of ' Free for all Dodgeball' that incorporates individual and team play.*This CCA will run from January until April.
<u>Binh An Club</u>	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	18	Mr Kenny Thomas	The Curve	Secondary Service	Mixed	The Binh An Club is a mostly student lead club that supports a group of approximately 10 orphaned boys with their English through interactive activities, quizzes, games and any other activities which encourages them to communicate in English.
<u>CLEANUPD2</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:30	13:20	20	Miss Lauren Binnington	Room 224	Secondary Sustainability	Mixed	This student-led club has activities based on planning clean ups, doing the clean ups, raising awareness about recycling/ littering, being involved in recycling activities
<u>Crazy Coriander Chefs Table</u>	Year 7, Year 8, year 9	14:50	15:50	16	Crazy Coriander	Junior Campus, Food Technology Room	Secondary Paid Creativity	Mixed	This activity aims to teach basic technical cooking techniques while providing an outlet for students to express themselves creatively. The sessions will also include guest chefs from successful restaurants covering a wide spectrum of cuisines from around the world and students will have an opportunity to learn the history behind the development of food habits from various parts of the world too. They will learn basic knife skills, the interplay between heat, acid and salt and enjoy interesting conversations about "cultural quirks" which influence food choices. Starts: Monday 22 February 2021 Ends: Monday 12 April 2021. Tuition Cost: VND 275,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 2,200,000. Payment deadline: Wednesday 20 January 2021
<u>Debate Club</u>	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	14	Mrs Rachael Lowry	Room 131	Secondary Creativity	Mixed	The debate club allows you to develop your research, critical thinking and public speaking skills in a fun and low-stress environment. We'll tackle a wide ranging topics from "Does pineapple belong on pizza?" to "Should the death penalty be abolished?"
<u>IB/IG Art workshops</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Mrs Janet Williams	Room 309	Secondary Study Support	Mixed	This CCA gives IB and IG artist students a chance to expand and extend their folio work beyond the lessons
<u>Identity Alliance</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	25	Ms Lyn Stanley	Room 402	Secondary Creativity	Mixed	As the name suggests, this is a no-judgement safe space for anyone struggling with any issue to do with their identity. There will be fun activities and lots of opportunities to learn about different identities such as race, gender, or sexuality. Come along and have some fun or drop in once in a while to have a chat.
<u>International Award Silver/Gold</u>	Year 12	12:40	13:20	25	Mr Peter Cowen	Room 233	Secondary Activity	Mixed	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical,Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it! Year 12 students only. Expected to be chosen as a CCA Term 1 and 2. Students cannot join mid-year
<u>Judo - Beginners</u>	Year 7, Year 8, Year 9	14:50	15:50	12	Mr Tuan Vuong	Secondary Dance Studio	Secondary Paid Activity	Mixed	Judo is a sport that is physically enriching, developing physical fitness, greater endurance and good static and dynamic balance. Taking Judo helps student builds self-confidence, trust, self-discipline and respect for oneself and others. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,760,000 VND. Bus Cost: n/a. TOTAL COST: 1,760,000 VND. Payment deadline: Wednesday 20 January 2021
<u>Junior Saigon Enterprise</u>	Year 10	12:40	13:15	25	Mr David Pugh, Mr Scott McGeever	Room 221	Secondary Activity	Mixed	The Junior Saigon Enterprise Challenge offers students in Year 10 a fantastic opportunity to make all the decisions about their business enterprise, from deciding on the name and product to creating a business plan, managing the business finances, marketing their product or service successfully, selling to the public and trying to generate a profit. The Challenge helps students develop skills and experience which are in great demand within the business world globally.
<u>Junior School of Rock</u>	Year 8, Year 9	14:50	15:50	10	Mr Ian Alexander, Ms Keziah Jacombs	Room 212	Secondary Creativity	Mixed	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers

MONDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Knit A Square</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	15	Ms Yeoh Yee Ling	Room 128	Secondary Service	Mixed	Many children in South Africa have lost their parents due to AIDS/HIV. In Knit A Square we use our knitting/crocheting skills to make a difference for these vulnerable children as well as families in need. Join us as we knit squares which will be then be sewn together to create beautiful blankets for distribution during the cold winter months. No prior experience needed.
<u>Male Vocal Group</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	0	Mrs Emma Husband, Ms Keziah Jacobs	Room 202	Secondary Creativity	Boys	Exciting new repertoire for any male students who enjoy singing. For those interested/or involved in bands this will help in your vocal development.
<u>Maths Support Club</u>	Year 7, Year 8, Year 9	14:50	15:50	15	Mr Hieu Nguyen	Room 226	Secondary Study Support	Mixed	This is an ideal opportunity for students from years 7 to 9 who are currently seeking for help with mathematics to receive support. We also welcome students who are really into mathematics and would like some additional challenging questions to solve during club session. If necessary, you are more than welcome to bring your homework or schoolwork to receive further help.
<u>Musical</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	17:00	0	Mr Ian Alexander, Mrs Emma Husband, Mr Keigan Page, Mr Thomas Thurston	Auditorium	Secondary Creativity	Mixed	Please note that you are not able to join school productions this term as they have already been cast, but if you are interested in getting involved in Drama then please speak to your Drama teacher about other opportunities.
<u>Mysterious Escape Room</u>	Year 7, Year 8, Year 9,	14:50	15:50	0	Mr Dave Knaggs	Room 110	Secondary Creativity	Mixed	Come and challenge yourself with recreational escape rooms of various themes. Your team of 4~5 members will be placed in either a crime scene or a locked room (Different and mysterious challenges every week). Your aim is to find the criminal or escape the room. You will be able to improve and demonstrate your collaboration and problem-solving skills. Later in the term, you will have an opportunity to learn how to build your own escape room.
<u>Project Impact</u>	Year 12	14:50	15:50	12	Mrs Daphnee Deleporte	Room 121	Secondary Service	Mixed	A non-profit student volunteer group where students are given an opportunity to get creative and support one of our Community Partners by raising awareness for their cause.
<u>Rising Star Volleyball</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	17:00	18:30	24	Mr Matthew O'Brien	Secondary Sports Hall	Secondary Paid Activity	Mixed	Rising Star Senior Volleyball- Volleyball in a fun, engaging and challenging environment. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better volleyballer each and every day. Coach Cam is a professional outdoor and sports educator. For the last 10 years he has been an outdoor adventure specialist, high ropes instructor, scuba diving instructor, and volleyball coach. His approach to coaching is to make sure that it is fun and enjoyable, with a focus on getting fit, and winning. Sessions will be a good balance of games, fitness, skills practice, and overall knowledge of the sport. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,000,000 VND. Bus Cost: n/a. TOTAL COST: 1,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>RSFA Performance Programme - U13-19 Girls Football</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	17:00	18:30	24	Mr Matthew O'Brien	Primary Astro	Secondary Paid Activity	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>RSFA Performance Programme - U14 Boys Football</u>	Year 7, Year 8, Year 9, Year 10	17:00	18:30	24	Mr Matthew O'Brien	BIS Sports Field	Secondary Paid Activity	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021

MONDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>RSFA Performance Programme - U19 Boys Football</u>	Year 10, Year 11, Year 12, Year 13	18:30	20:00	24	Mr Matthew O'Brien	BIS Sports Field	Secondary Paid Activity	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>Senior School of Rock</u>	Year 10, Year 11, Year 12, Year 13	15:55	16:55	12	Mr Ian Alexander, Ms Keziah Jacombs	Room 212	Secondary Creativity	Mixed	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>SheWillBeStronger Cheerleading</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	15:55	16:55	16	Ms Jane Hall	Secondary MPR	Secondary Paid Activity	Girls	This paid GIRLS ONLY CCA is run by the She Will Be Stronger foundation. Cheerleading for you and donation for She. An exciting and energetic course with athletic and engaging activities. Teachers from VBA cheerleader teams. Joining cheerleader class would together build confidence and enhance fitness. 20,000 VND/per student/ per class will be deducted from tuition fee and be donated to She Will Be Strong Social Impact fund for supporting victims of domestic violence, harassment and single pregnant moms. Material Cost per Course (one total cost): Cheerleading pom poms 100,000 VND Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,440,000 VND. Bus Cost: n/a. TOTAL COST: 1,440,000 VND. Payment deadline: Wednesday 20 January 2021
<u>SheWillBeStronger Self Defence</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	16	Ms Jane Hall	Secondary MPR	Secondary Paid Activity	Girls	This paid GIRLS ONLY CCA is run by the She Will Be Stronger foundation. Self-defense for you and donation for She. A realistic program begins with awareness, prevention, risk reduction and avoidance; while progressing the basic hands-on self-defense training. 20,000 VND/per student/ per class will be deducted from tuition fee and be donated to She Will Be Strong Social Impact fund for supporting victims of domestic violence, harassment and single pregnant moms. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,440,000 VND. Bus Cost: n/a. TOTAL COST: 1,440,000 VND. Payment deadline: Wednesday 20 January 2021.
<u>Student Leadership Club - EYIC - Arts and Crafts Club (F3 + Yr1)</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Ms Tracey Brownrigg	EYIC - TBC	Secondary Service	Mixed	This is a student-led club which will be offered to children on the EY&IC in F3 and Year 1 on the EYIC. In this Arts & Craft CCA you will have an opportunity to be creative, experimental and innovative through different art forms. We look forward to seeing you join and plan with us in order to give the toddlers a memorable experience!
<u>Student Leadership Club - EYIC - Arts and Crafts Club (Yr1 + Yr2)</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Ms Tracey Brownrigg	EYIC - TBC	Secondary Service	Mixed	This is a student-led club which will be offered to Year 1 and Year 2 children on the EYIC campus. Join this dynamic team in creating fun arts and craft activities for the younger students! We are looking for innovative and creative students who are up to the challenge of presenting ideas for activities the younger students will genuinely enjoy
<u>Student Leadership Club - EYIC - Little Einsteins (F2-Yr1)</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Ms Tracey Brownrigg	EYIC - TBC	Secondary Service	Mixed	This is a student-led club which involves going to the Early Years and Infant campus to construct fun simple science experiments with the students there. Come Join this dynamic team and develop your collaboration skills as well as your creativity. No prior knowledge or experience needed.
<u>Study club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	25	Mrs Yvonne Cullen, Mrs Christine Laddaran, Ms Bethan Viney, Mr Ian Young	The Curve	Secondary Study Support	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>U13-U19 Secondary Swim Squad</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	06:00	07:30	30	Mr Quang Tuong Lam, Ms Emily McClelland, Mr Vinh Nguyen, Mr Duy Khoi Tran	Secondary Swimming Pool	Secondary Activity	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for ALL CCA's is expected. *This CCA will run from September until December, January until April and May until June.
<u>Warhammer Club</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	18	Ms Elena Fuentes	Room 120	Secondary Creativity	Mixed	We will be playing both Warhammer 40 000 and Age of Sigmar. We will also be assembling and painting the figurines as well as the scenery. If you enjoy Fantasy war games, come and join us!

TUESDAY

ACTIVITY	Year	TIME START	TIME END	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Brass Ensemble</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	0	Mr Ian Alexander, Ms Keziah Jacombs	Room 202	Secondary Creativity	Mixed	An opportunity for students to improve their brass playing skills within a small ensemble.
<u>Chamber Choir</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	0	Mr Ian Alexander, Mrs Frances Amos, Ms Keziah Jacombs	Auditorium	Secondary Creativity	Mixed	By audition only
<u>Chamber Orchestra</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Mr Ian Alexander, Ms Keziah Jacombs	Auditorium	Secondary Creativity	Mixed	By Audition only
<u>Chinese Oral Club</u>	Year 10, Year 11, Year 12, Year 13	12:40	13:20	15	Mrs Miaulin Chou	Chinese Classroom	Secondary Study Support	Mixed	This club will provide extra help for students who are struggling with Chinese speaking activities. This is an opportunity for students in Year 10 and above to practice for their Chinese oral exams and to be more confident during their exams.
<u>Club CURE</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:25	20	Mr Christopher Paine, Ms Lois Topping	Room 302 in Science	Secondary Sustainability	Mixed	Conservation of ocean reefs club aims to raise awareness around the destruction of coral reefs and take action in the local community. Suitable for anyone with an interest in helping the environment.
<u>Concert Band</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Mr Ian Alexander, Mrs Emma Husband, Ms Keziah Jacombs	Room 202	Secondary Creativity	Mixed	The concert band is a band for all woodwind, brass and percussion players. Both the music and the atmosphere will be fun practising a real mix of music ready for performances in various venues this year.
<u>First Aid Club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	31	Ms Love Condes, Ms Jovy Magan	Room 225	Secondary Creativity	Mixed	Teaching first aid to empower young people with the skills to help in an emergency. And also to train young people to keep each other safe and to understand how to help if faced with a medical emergency
<u>Fluxx Magazine Club</u>	Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	20	Mr Andrew Bligh	The Curve	Secondary Creativity	Mixed	Fluxx is a club where students can explore all forms of journalism. They can channel their creative side and share their diverse range of interests by publishing these ideas within Fluxx, as well as getting the opportunity to report on live events and updates within the school. We aim to create a stimulating environment for students to find their own authentic voices as writers. All students participating in this club will be encouraged to complete a Student Journalism Course which is offered by the NAE Global Campus where you will have the opportunity to explore topics such as "Introduction to Journalism", "The Elements of Great Journalistic Writing", "The Importance of Editing Your Work" and "Capturing Great Visuals".
<u>GymKraft Competitive GYMNASTICS WAG Levels 1-2</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	17:00	18:00	24		Primary Gym	Secondary Paid Activity	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021
<u>GymKraft Competitive GYMNASTICS WAG Levels 3-4</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	18:00	19:00	24		Primary Gym	Secondary Paid Activity	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021
<u>Kick Boxercise (Girls Only)</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	13		Secondary Dance Studio	Secondary Paid Activity	Girls	Burn up to 1000 calories an hour in this class that combines HIIT and kickboxing to give you an exciting, effective and stress relieving full-body workout. Punch and kick pads, not people, meaning classes are 100% safe and you get FIT not HIT. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,560,000 VND. Bus Cost: n/a. TOTAL COST: 1,560,000 VND. Payment deadline: Wednesday 20 January 2021

TUESDAY

ACTIVITY	Year	TIME START	TIME END	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Kick Boxing</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	15:55	16:55	12		Secondary Dance Studio	Secondary Paid Activity	Mixed	Burn up to 1000 calories an hour in this class that combines HIIT and kickboxing to give you an exciting, effective and stress relieving full-body workout. Punch and kick pads, not people, meaning classes are 100% safe and you get FIT not HIT. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,560,000 VND. Bus Cost: n/a. TOTAL COST: 1,560,000 VND. Payment deadline: Wednesday 20 January 2021
<u>LAMDA Acting</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	15:50	16:50		Cat Molloy	Room 209	Secondary Creativity	Mixed	This is an opportunity to prepare for and take a LAMDA examination in term 3. LAMDA examinations are recognised worldwide, please speak to a Drama teacher for more information.
<u>Paul Sadler Learn To Swim Beginners</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	18	Ms Emily McClelland	Secondary Swimming Pool	Secondary Activity	Mixed	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment. *This CCA will run from September until December. January until April. May until June.
<u>PJ Tennis</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	8		Secondary Outdoor Court	Secondary Paid Activity	Mixed	PJ Tennis has been founded by Parador Srichaphan - ATP Singles #9 and Jed Gould - Australian #1 Junior. Our tennis programs are interactive, all inclusive and suitable for all boys and girls. Each week we have a different focus on the type of shot and movement we will be teaching the students. Our aim is to have students playing modified/real tennis matches and understanding how to score and rally the ball as quickly as possible. We have 4 levels of programs we can work through at school before progressing students to our programs externally. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,960,000 VND. Bus Cost: n/a. TOTAL COST: 1,960,000 VND. Payment deadline: Wednesday 20 January 2021
<u>PJ Tennis</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	15:55	16:55	8		Secondary Outdoor Court	Secondary Paid Activity	Mixed	PJ Tennis has been founded by Parador Srichaphan - ATP Singles #9 and Jed Gould - Australian #1 Junior. Our tennis programs are interactive, all inclusive and suitable for all boys and girls. Each week we have a different focus on the type of shot and movement we will be teaching the students. Our aim is to have students playing modified/real tennis matches and understanding how to score and rally the ball as quickly as possible. We have 4 levels of programs we can work through at school before progressing students to our programs externally. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,960,000 VND. Bus Cost: n/a. TOTAL COST: 1,960,000 VND. Payment deadline: Wednesday 20 January 2021
<u>Recreational Football</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	15:55	16:55	0	Mr Robert Brownrigg	BIS Sports Field	Secondary Activity	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment. *This CCA will run from September until December. January until April. May until June.
<u>Rising Star Junior Basketball</u>	Year 7, Year 8, Year 9	17:00	18:30	24	Mr Matthew O'Brien	Secondary Sports Hall	Secondary Paid Activity	Mixed	Rising Star Senior Basketball- Basketball in a fun, engaging and challenging environment. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better basketballer each and every day. Coach Cam is a professional outdoor and sports educator. For the last 10 years he has been an outdoor adventure specialist, high ropes instructor, scuba diving instructor, and Basketball coach. His approach to coaching is to make sure that it is fun and enjoyable, with a focus on getting fit, and winning. Sessions will be a good balance of games, fitness, skills practice, and overall knowledge of the sport. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,000,000 VND. Bus Cost: n/a. TOTAL COST: 1,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>RSFA Performance Programme U19 Boys Football</u>	Year 10, Year 11, Year 12, Year 13	17:00	18:30	24	Mr Matthew O'Brien	BIS Sports Field	Secondary Paid Activity	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>Still Life Painting Workshop An Introduction to Oil Painting</u>	Year 7, Year 8, Year 9	14:50	15:50	10	Art Adventure	Art Room	Secondary Paid Creativity	Mixed	This activity offers instruction in still life painting and illustrates a step-by-step approach to the subject which guides the student from the first stages of the drawing to the refined outcome of the final image. Students will learn basic techniques of drawing and painting a still life with oil paint, how to build up tones, colours and textures of objects to form a unified still life group, how to address composition through thumbnail sketches and line drawings, the basics of colour theory and colour mixing, as well as how to use a variety of brushes to create soft and sharp edges. Starts: Tuesday 23 February 2021 Ends: Tuesday 13 April 2021. Tuition Cost: VND 320,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 2,560,000. Payment deadline: Wednesday 20 January 2021

TUESDAY

ACTIVITY	Year	TIME START	TIME END	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>String Ensemble</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	0	Mr Ian Alexander, Mrs Emma Husband, Ms Keziah Jacombs	Room 212	Secondary Creativity	Mixed	String instruments playing Classical music - all violins, violas and cellos and double basses welcome.
<u>String Orchestra</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Mr Ian Alexander, Mrs Frances Amos, Mrs Emma Husband, Ms Keziah Jacombs	Room 212	Secondary Creativity	Mixed	This is for any student who plays a string instrument. Performing new repertoire for a busy programme of events this year. Training you up, to be part of our Chamber Orchestra.
<u>Study club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	25	Mrs Yvonne Cullen, Mrs Christine Laddaran, Ms Bethan Viney, Mr Ian Young	The Curve	Secondary Study Support	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>The Improv Games</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	30	Mr Keigan Page	Room 209	Secondary Creativity	Mixed	Do you enjoy drama? Do you particularly enjoy improvisational techniques? Then this is the club for you. The Improv Games is a club where students hone their improvisational skills and learn how to collaborate well in a team. Students of the club will perform in a non-profit competition at the end of term in groups where they will be judged on their skills. Join The Improv Games if any of this sparks your interest.
<u>U13-U19 Secondary Swim Squad</u>	Secondary Campus	16:00	17:30	30	Mr Quang Tuong Lam, Ms Emily McClelland, Mr Vinh Nguyen, Mr Duy Khoi Tran	Secondary Swimming Pool	Secondary Activity	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for ALL CCA's is expected. *This CCA will run from September until December, January until April and May until June
<u>Uniform Upcycling</u>	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Mrs Katie Walsh	Room 308	Secondary Sustainability	Mixed	Are you passionate about re-using materials to reduce waste. Come along and make some cool products using old school uniform that has been donated. Learn to use the sewing machine and to cut fabrics for making products.

WEDNESDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ACT (Act to Change Together)</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Mr Robert Higson	Room 133	Secondary Creativity	Mixed	This club is suitable for anyone who is interested in running fun activities and campaigns in school to raise funds for the Children's Cancer Wards in Ho Chi Minh City. Open to all years, and open to anyone passionate to collaborate and work for the benefit of the Cancer Wards.
<u>Arduino Club</u>	Year 9, Year 10, Year 11, Year 12, Year 13	12:30	13:20	10	Mr John McCourt	Computer Science Room No. 108	Secondary Creativity	Mixed	Join us and learn how to code in Arduino and then apply your new knowledge and skill to create a variety of different robots.
<u>Chains for Change</u>	Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	15	Ms Samantha Mackenzie	Room 322	Secondary Service	Mixed	Chains for change is a student-led club for students, from year 9 and above, who are interested in making jewelry. Our mission is to contribute to our community partner, Ky Quang Pagoda Orphanage, by selling our creations in order to raise money. Join us every Wednesday lunchtime to make YOUR chains for change!
<u>Conducting Club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:45	13:15	10	Mr Ian Alexander, Ms Keziah Jacobs	Room 202	Secondary Creativity	Mixed	In this CCA, students are introduced to the art of conducting and rehearsal. Over the year students can increase their confidence in conducting and can participate in conducting student ensembles in term 3. Participants should be able to have a basic grasp in musical theory.
<u>Dungeons and Dragons Club</u>	Year 7, Year 8, Year 9, Year 10, Year 11	14:50	15:50	20	Mr Darryl Cullen	Room 421	Secondary Creativity	Mixed	<p>Dungeons & Dragons is a roleplaying game about storytelling in worlds of sword and sorcery. It shares elements with childhood games of make-believe. Like those games, D&D is driven by imagination. It's about picturing the towering castle beneath the stormy night sky and imagining how a fantasy adventurer might react to the challenges that scene presents.</p> <p>Unlike a game of make-believe, D&D gives structure to the stories, a way of determining the consequences of the adventure's action. Players roll dice to resolve whether their attacks hit or miss or whether their adventurers can scale a cliff, roll away from the strike of a magical lightning bolt, or pull off some other dangerous task. Anything is possible, but the dice make some outcomes more probable than others.</p> <p>In the Dungeons & Dragons game, each player creates an adventurer (also called a character) and teams up with other adventurers (played by friends). Working together, the group might explore a dark dungeon, a ruined city, a haunted castle, a lost temple deep in a jungle, or a lava-filled cavern beneath a mysterious mountain. The adventurers can solve puzzles, talk with other characters, battle fantastic monsters, and discover fabulous magic items and other treasure.</p>
<u>Exam support IB and IGCSE Drama/Theatre</u>	Year 11, Year 13	15:50	16:50	0	Ms Cat Molloy	Room 208	Secondary Study Support	Mixed	This is an opportunity for IB and IGCSE Drama and Theatre students to get extra support where needed.
<u>F1 in Schools</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	16	Mr Ryan Anderson, Mr Chris Diver	Room 307	Secondary Creativity	Mixed	The aim of this CCA is to develop the skills to be able to run a simulated Formula 1 team, by designing, developing and testing a car to race nationally, and/or internationally, at the F1 in Schools world finals. The CCA will also require the students to learn how to fund raise and liaise with outside sponsors and run awareness raising events during the year. This will be of particular interest to students wishing to pursue careers which might include; project management, engineering or design, business and marketing, or social media design and implementation of a web based activities. This CCA continues from Term 1 and previous participants will take priority.
<u>Global Goals Project</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Miss Lauren Binnington, Mr Andrew York, Ms Rosemary Doyle	The Curve	Secondary Sustainability	Mixed	The Global Goals Project team is responsible for raising awareness of, and taking action towards, the Sustainable Development Goals which the UN hopes to meet by 2030. Develop your leadership and project management skills by planning events, running campaigns, and working together to develop our Global Challenge Action Plan. We will continue with the current Precious Plastic Project, Shoestring Education, and celebrate the UN Convention on the Rights of the Child in 2020. We believe in thinking Global and acting Local to make a difference in the BIS community.
<u>GreenR Minds</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Ms Silvia Torta	Room 227	Secondary Sustainability	Mixed	GreenR Minds is a group of students figuring out what we, as students, can do to tackle climate change and other environmental issues in our community, and putting those ideas into action. Our ongoing projects include the promotion of the e-waste disposal system, establishing paper recycling bins, and tackling the issue of plastic waste through interactions with a local school. Join us and share your ideas to make BIS (and the world) as sustainable as possible!
<u>Historical War Games</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	30	Mr Colin Astbury	ICT Room 110	Secondary Creativity	Mixed	Unleash your inner Rommel and defend the D-Day beaches. Outdo Monty and capture that elusive bridge. Emulate Zhukov and sweep the Hun from Stalingrad. As the club expands, new historical eras will be added.
<u>IB/IG Art workshops</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Miss Savannah Craig	Room 308	Secondary Study Support	Mixed	This CCA gives IB and IG artist students a chance to expand and extend their folio work beyond the lessons
<u>International Award Bronze</u>	Year 10	12:40	13:20	25	Mr Peter Cowen	Room 233	Secondary Activity	Mixed	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical/Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it! Expected to be chosen as a CCA Term 1 and 2. Students cannot join mid-year

WEDNESDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>KS3 Choir</u>	Year 7, Year 8, Year 9	12:40	13:20	0	Mr Ian Alexander, Mrs Frances Amos, Ms Keziah Jacombs	Room 212	Secondary Creativity	Mixed	If you enjoy singing and want to know how to develop your skills, learn with a big group of people and have fun doing it by coming along to Choir. This term our repertoire will range from pop to rock, from jazz right through to classical.
<u>LAMDA Acting</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50		Cat Molloy	Room 209	Secondary Creativity	Mixed	This is an opportunity to prepare for and take a LAMDA examination in term 3. LAMDA examinations are recognised worldwide, please speak to a Drama teacher for more information.
<u>Musical</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	17:00	0	Mr Ian Alexander, Mrs Emma Husband, Mr Keigan Page, Mr Thomas Thurston	Auditorium	Secondary Creativity	Mixed	To participate in productions you will need to attend auditions on the 8th,9th or 10th September in room 209. You should sign up before this on the sign up sheet on the door of 209. Years 7,8 and 9 are able to audition for the KS3 show, all years can audition for the musical and years 10 and 11 can audition for the Literature show. Attendance to all rehearsals is compulsory.
<u>Paul Sadler Learn To Swim Intermediates</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	18	Ms Emily McClelland	Secondary Swimming Pool	Secondary Activity	Mixed	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment. *This CCA will run from September until December. January until April. May until June.
<u>Physics Problem Solving Club</u>	Year 11, Year 12, Year 13	12:40	13:15	20	Ms Sarin Leigh	Room 409	Secondary Creativity	Mixed	This physics club aims to improve students' problem-solving skills by tackling challenging problems from different areas of physics such as mechanics, thermal, electricity and magnetism etc. We will practise questions to compete in The British Physics Olympiad. Come along if you enjoy solving problems and want to prepare for difficult university entrance exams like the PAT!
<u>Prop Making and set design for school production</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14.5	15:50	25	Mrs Janet Williams	Room 309	Secondary Creativity	Mixed	This CCA will give you creative types a chance to be part of the big school production. We'll be making and painting props as well as designing and painting the sets for school productions. Jobs for everyone, whatever your level of experience.
<u>Recreational Netball</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	24		Secondary Outside Court	Secondary Activity	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>Recreational Volleyball</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	15:55	16:55	24	Mr Paul Rispin	Secondary Outside Court	Secondary Activity	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>Rising Star Senior Basketball</u>	Year 10, Year 11, Year 12, Year 13	17:00	18:30	24	Mr Matthew O'Brien	Secondary Sports Hall	Secondary Paid Activity	Mixed	Rising Star Senior Basketball- Basketball in a fun, engaging and challenging environment. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better basketballer each and every day. Coach Cam is a professional outdoor and sports educator. For the last 10 years he has been an outdoor adventure specialist, high ropes instructor, scuba diving instructor, and Basketball coach. His approach to coaching is to make sure that it is fun and enjoyable, with a focus on getting fit, and winning. Sessions will be a good balance of games, fitness, skills practice, and overall knowledge of the sport. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 1,000,000 VND. Bus Cost: n/a. TOTAL COST: 1,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>RSFA Performance Programme - U13-19 Girls Football</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	17:00	18:30	24	Mr Matthew O'Brien	Primary Astro	Secondary Paid Activity	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>RSFA Performance Programme - U14 Boys Football</u>	Year 7, Year 8, Year 9, Year 10	17:00	18:30	24	Mr Matthew O'Brien	BIS Sports Field	Secondary Paid Activity	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
<u>Saigon Enterprise Challenge</u>	Year 12	14:50	13:50	36	Mr Robbie Alexander, Mr Tom Baker, Mr Vinton Shine	Room 222	Secondary Creativity	Mixed	Hone your entrepreneurial talents by creating, pitching and selling an innovative product or service. Work in a team of up to six to work towards being crowned Saigon's young entrepreneur of the year 2021.
<u>Science Experiment Club</u>	Year 7, Year 8, Year 9	14:50	15:50	20	Mr David Gould	Room 413	Secondary Creativity	Mixed	This is your chance to conduct new experiments centred around your favourite science topics. Being a student-led club we are extremely open and want all people's opinions and ideas so that we can bring about positive change in the perception of science. You will have the opportunity to extract DNA from plants, get to design your own experiment and learn about the science behind it.

WEDNESDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Study club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	25	Mrs Yvonne Cullen, Mrs Christine Laddaran, Ms Bethan Viney, Mr Ian Young	The Curve	Secondary Study Support	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>U13-U19 Secondary Swim Squad</u>	Secondary Campus	06:00	07:30	30	Mr Quang Tuong Lam, Ms Emily McClelland, Mr Vinh Nguyen, Mr Duy Khoi Tran	Secondary Swimming Pool	Secondary Activity	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for ALL CCA's is expected. *This CCA will run from September until December.
<u>U19 Recreational Boxing</u>	Year 10 Year 11, Year 12, Year 13	15:55	16:55	12	Mr Andrew Barry	Secondary Dance Studio	Secondary Activity	Mixed	Come to learn the basics of Boxing in a fun and friendly environment. *This CCA will run from January until April / May until June.
<u>Vertical Academy Rock Climbing</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	16:30	12	Mr Matthew Coughlin Mr David Vaughan	Vertical Academy	Secondary Paid Activity	Mixed	This paid Climbing CCA will focus upon the bouldering technique of Climbing at Vertical Academies new facility. This price includes students taking a return bus to the venue. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 1,320,000 VND. Bus Cost: 1,200,000. TOTAL COST: 2,520,000 VND. Payment deadline: Wednesday 20 January 2021

THURSDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ABRSM Theory Club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	0	Mr Ian Alexander, Ms Keziah Jacobs	Room 202	Secondary Study Support	Mixed	All students welcome. A session to help prepare for your theory grades. Remember you need to take. Grade 5 Theory to take Grade 6-8 practical ABRSM exams.
<u>Algebras Math Support</u>	Year 9, Year 10, Year 11	12:45	13:15	20	Mr James Quarrington	Room 521	Secondary Study Support	Mixed	We are the Algebras, a group of 6 dedicated BIS students with a goal to support young students with their mathematical knowledge and understanding. Students will receive one-to-one support for their IGCSE coursework and personal feedback as well as guidance for difficult mathematical problems
<u>Anime Club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:30	13:20	15	Mr David Pugh	Room 221	Secondary Creativity	Mixed	Welcome to Anime Club! This is a place for anyone who enjoys anime in forms such as: manga, games, music, animation, etc. to gather together and share their common interest. In this club, we plan to do a multitude of activities such as recreating popular anime scenes, doing anime quizzes, playing shogi, casual anime debates and we're open to your suggestions for activities too!
<u>Big Band</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Mr Ian Alexander, Ms Keziah Jacobs	Room 202	Secondary Creativity	Mixed	All sax, trumpet, trombone and rhythm section musicians are invited to join the BIS Big Band. Lots of funk, rock jazz and blues tunes.
<u>Binh Trieu Swimming Club</u>	Year 10, Year 11, Year 12, Year 13	14:40	15:40	15	Ms An Gulink	Secondary Swimming Pool	Secondary Service	Mixed	If you are a confident swimmer in Years 10-13 please sign up to help someone learn the life saving skill of being able to swim. This club works with our community partner Binh Trieu Development Centre (Friends for Street Children). Students need to be good swimmers.
<u>Biology Club</u>	Year 7, Year 8, Year 9, Year 10, Year 11	12:30	13:20	25	Ms Danielle Fountain	Room 403	Secondary Creativity	Mixed	Do you want to explore more biology-related experiments, challenges and activities? Then come to Biology Club! The club is led by Y10, 12 and 13 Biology Students who aim to give you a great experience!
<u>Book Club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Mr Gavin Donnelly	The Curve	Secondary Creativity	Mixed	This club is for anyone who is interested in reading or would like to broaden their perspectives. What makes this club special is its focus on human rights which will be a running theme throughout the club. We'll cover topics such as women's rights, civil rights, rights of refugees etc. Feel free to bring your lunch to our discussions.
<u>Broadway Jazz</u>	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Ms Cat Molloy	Room 209	Secondary Paid Creativity	Mixed	This programme aims to develop dance skills particularly applicable to musical performance and choreography. Students will be taught the techniques and choreography of Broadway Jazz and is delivered by Mark Rosolini who is an international performer and Choreographer. This CCA is for dancers with some previous dancing experience. Starts: Thursday 25 February 2021 Ends: Thursday 15 April 2021. Tuition Cost: VND 380,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 3,040,000. Payment deadline: Wednesday 20 January 2021
<u>Computing Skills for Community Children</u>	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	15	Mr Ioan Morgan	Room 110	Secondary Service	Mixed	A basic computing skills workshop with students from Binh Trieu School. We need students who are willing to be patient and help create activities for younger students with no exposure to technology - so basic word processing and so forth. It will be advantageous if a number of the group members can speak Vietnamese, but this is not a requirement
<u>DT - Toy Shop</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:30	13:20	10	Mr Andrew York	DT Room 305	Secondary Service	Mixed	Come join this creative and meaningful student-led club and make gifts for our community partners!
<u>DT Support Club</u>	Year 7, Year 8, Year 9, Year 10	14:50	15:50	10	Mr James Chandler	DT Room 307	Secondary Study Support	Mixed	This is a student-led club that provides DT support to any students that may need it.
<u>GIN Council</u>	Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:15	0	Ms Sam Adair	Room 301	Secondary Sustainability	Mixed	Plan and co-ordinate the GIN Conference which will take place in Feb 2021
<u>GymKraft Competitive GYMNASTICS WAG Levels 1-2</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	17:00	18:00	24		Primary Gym	Secondary Paid Activity	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Thursdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021
<u>GymKraft Competitive GYMNASTICS WAG Levels 3-4</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	18:00	19:00	24		Primary Gym	Secondary Paid Activity	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Thursdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021

THURSDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Junior Doctors</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	15	Ms Helen Waterhouse	Room 414	Secondary Creativity	Mixed	The Junior Doctors club is designed to provide information and support to those interested in pursuing a career in the field of Health Care or biology. For students aiming for a medical career, top grades and test scores aren't enough to get into the best programs in the country. Grades and test scores might be great examples of your scholastic aptitude, but they don't reveal much about your personal characteristics. Do you help your community and those around you? Do you commit fully to tasks? Do you solve problems in innovative, insightful ways? This club is not only open to all aspiring doctors but also those that are seeking for motivation, community service works, or learning new skills such as life saving skills, communication skills, team work skills and creativity.
<u>Junior Wind Band</u>	Year 7, Year 8, Year 9, Year 10	14:50	15:50	15	Ms Keziah Jacombs	Room 212	Secondary Creativity	Mixed	Junior wind band is a student-led club that is designed to help junior/beginner students improve their instrumental skills as well as their collaboration skills. It is an informal ensemble, pursuing fun as well as participating in some small performances throughout the year.
<u>LAMDA Acting</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50		Ms Cat Molloy	Room 208	Secondary Creativity	Mixed	This is an opportunity to prepare for and take a LAMDA examination in term 3. LAMDA examinations are recognised worldwide, please speak to a Drama teacher for more information.
<u>Literature Show</u>	Year 10, Year 12	14:50	15:50	0	Mr Thomas Thurston	Room 210	Secondary Creativity	Mixed	To participate in productions you will need to attend auditions on the 8th,9th or 10th September in room 209. You should sign up before this on the signup sheet on the door of 209. Years 7,8 and 9 are able to audition for the KS3 show, all years can audition for the musical and years 10 and 11 can audition for the Literature show. Attendance to all rehearsals is compulsory.
<u>Model United Nations</u>	Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	0	Mr Stuart Elliott, Mr Timothy English, Mr Daniel Gamwell Mr Alex Essery	Room 110	Secondary Sustainability	Mixed	The Model United Nations is a simulation of the real UN general assembly and other legislative councils. It involves debating wide ranging issues, and offers the opportunity to partake of academic conferences in Seoul, Hanoi and here in Ho Chi Minh City. Sharpen your diplomacy, debate, leadership, critical thinking and public speaking skills at MUN.
<u>Music Technology Club</u>	Year 9, Year 10, Year 11, Year 12, Year 13	15:55	16:55	10	Mr Joshua Reid, Mr Ian Alexander	Room 213	Secondary Creativity	Mixed	Music Tech Club is designed at those interested in music recording, how to work in a DAW (Logic Pro X), Mixing techniques, recording and microphone techniques, synthesis, sampling. There will be opportunities to work on original music in a variety of genres where those in the club can give constructive feedback.
<u>Recreational Basketball</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	24	Mr Andrew Barry	Secondary Outside Court	Secondary Activity	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>Recreational Cricket (Competitive)</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:45	13:15	30	Mr Steve Whiteley	Secondary Sports Hall	Secondary Activity	Mixed	Come to improve the basics and practice your advanced skills in a match play environment. This session is aimed at those with prior background in Cricket.*This CCA will run from September until December. January until April.
<u>Senior Choir</u>	Year 10, Year 11, Year 12, Year 13	12:40	13:20	0	Mrs Emma Husband, Ms Keziah Jacombs	Room 212	Secondary Creativity	Mixed	A Key Stage 4 & 5 choir only for any male or female student who enjoys singing (no audition required)
<u>Stronger, Fitter, Buffer</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	14	Mr Jim Dace	BIS Fitness Suite	Secondary Activity	Boys	Use the excellent facilities of the BIS fitness suite to become Fitter, Stronger, Buffer under the guidance of Mr Dace!
<u>Student Leadership Club - EYIC - Arts and Crafts Class (F2 + F3)</u>	Year 10, Year 11, Year 12, Year 13	14:50	15:50	10	Ms Tracey Brownrigg	EYIC - TBC	Secondary Service	Mixed	This is a student-led club which will be offered to children on the EYIC campus between the ages of 3-5yrs. Join this dynamic team organising cool artsy activities and most importantly, making sure our youngest students have a good time!
<u>Student Leadership Club - Junior Campus - Eco Crafters</u>	Year 11, Year 12, Year 13	14:50	15:50	15	Mrs Tracey Brownrigg, Ms Kirstie Stockley	Junior Campus Room 115	Secondary Sustainability	Mixed	This is a student-led club which will be offered to the Junior Campus children in Yrs 4 - 6. Join this dynamic team, organising craft activities which focus on the theme of environmental awareness. We will creatively use discarded materials together with readily available materials from household objects to create DIY projects that will be both appealing and practical. We want to be instrumental in developing the younger students' understanding of how we impact the environment and how we can all live more sustainably!
<u>Study club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	25	Ms Gemma Archer, Mrs Yvonne Cullen, Mrs Christine Laddaran, Ms Bethan Viney, Mr Ian Young	The Curve	Secondary Study Support	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>Thao Dien Disabled School Visits</u>	Year 12, Year 13	14:50	15:50	20	Ms Elena Fuentes, Mr William Vaganay	Thao Dien Disabled School. (Meeting point- Basketball court)	Secondary Service	Mixed	Weekly visits to Thao Dien Disabled School to create educational activities and games for the children. We are looking for students with a positive attitude who are eager to bring joy to the faces of the kids. Step out of your comfort zone and join us!

THURSDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Thien Phuoc Helping Hands</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	17	Mrs Tracey Brownrigg, Mrs Jude Handscombe	Meet at Community Service Office	Secondary Service	Mixed	Join the Primary students in a visit to our Community Partner Thien Phuoc Foster Homes for children with disabilities to play and interact with the children there. We will be visiting the home on alternate weeks. Thien Phuoc was established in 2001 and cares for children with disabilities, some of whom have been orphaned. This residential centre provides healthcare, rehabilitation and education for children with Epilepsy, Cerebral Palsy and Down Syndrome. This is a fantastic opportunity to share some smiles!
<u>U13-U19 Secondary Swim Squad</u>	Secondary Campus	16:00	17:30	30	Mr Quang Tuong Lam, Ms Emily McClelland, Mr Vinh Nguyen, Mr Duy Khoi Tran	Secondary Swimming Pool	Secondary Activity	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for ALL CCA's is expected. *This CCA will run from September until December, January until April and May until June
<u>Vietnamese Grammar club</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12	14:50	15:50	15	Mrs Mai Le	Room 326	Secondary Study Support	Mixed	This club is designed to help Vietnamese language learners with revision of basic Vietnamese grammar through the use of fun activities such as kahoot, quizzes, tips of writing Vietnamese essays, vocabulary development (puzzles or crosswords). Only Vietnamese will be spoken in this club.

FRIDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Action for Animals</u>	Year 9, Year 10, Year 11	14:50	15:50	15	Ms Maddison Carter	Room 331 (New Building No. 3)	Secondary Service	Mixed	A.R.C (Animal Rescue and Care) rescues neglected, unwanted and abandoned animals. It is an organisation solely run by volunteers dedicated to rescuing cats and dogs in need. They provide necessary medical treatment, vaccinate and neuter all of our animals before rehoming them. We are planning to work in tandem with them through fund-raising activities (such as the Christmas BISzaar) and visiting the centre to interact with the animals.
<u>Chemistry Club</u>	Year 10, Year 11, Year 12, Year 13	14:40	15:40	20	Dr Lucy Jones	Room 407	Secondary Creativity	Mixed	Chemistry club is a student led activity, giving students the chance to decide on, plan and carry out their own experiments outside of lesson time
<u>Creative Maths</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:10	20	Ms Sarin Leigh	Room 414	Secondary Creativity	Mixed	An opportunity to collaborate and attempt creativity-required math questions such as UKMT and AMC math puzzles. This CCA would benefit all Math enthusiasts, especially those interested in events such as SEAMC.
<u>Developing a Global Mind Set to Improve Cross Cultural Communication</u>	Year 10, Year 11	14:50	15:50	20	La Holista	TBC	Secondary Creativity	Mixed	This programme helps students to gain a deeper understanding of themselves and therefore of others. By mastering basic interpersonal skills, it will save them years of struggle as it will enable them to deal with people from different generations, backgrounds, belief systems, nationalities etc. It will allow them to build high-performance teams and achieve more, more rapidly as well as help them to communicate better in their personal life. Starts: Friday 26 February 2021 Ends: Friday 16 April 2021. Tuition Cost: VND 300,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 2,400,000. Payment deadline: Wednesday 20 January 2021
<u>Fantasy Football</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:15	19	Mr Owen Lewis	Room 426	Secondary Creativity	Mixed	Continue to run your squad picked in Term 1 already each week to score points for your team depending on how well they perform in real life. Continue to see how you do against your friends. This is a computer-based activity and each week we will talk about the players in our teams and see how well our teams did and then we can each make one transfer per week so we can replace a player with another player for the next gameweek.
<u>Judo - Intermediate</u>	Year 7, Year 8, Year 9	14:50	15:50	12	Mr Tuan Vuong	Secondary Dance Studio	Secondary Paid Activity	Mixed	Judo is a sport that is physically enriching, developing physical fitness, greater endurance and good static and dynamic balance. Taking Judo helps student builds self-confidence, trust, self-discipline and respect for oneself and others. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 7 Fridays. Tuition Cost: 1,540,000 VND. Bus Cost: n/a. TOTAL COST: 1,540,000 VND. Payment deadline: Wednesday 20 January 2021
<u>Musical</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	17:00	0	Mr Ian Alexander, Mrs Emma Husband, Mr Keigan Page, Mr Thomas Thurston	Auditorium	Secondary Creativity	Mixed	To participate in productions you will need to attend auditions on the 8th,9th or 10th September in room 209. You should sign up before this on the sign up sheet on the door of 209. Years 7,8 and 9 are able to audition for the KS3 show, all years can audition for the musical and years 10 and 11 can audition for the Literature show. Attendance to all rehearsals is compulsory.
<u>Recreational Cricket (Social)</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:45	13:15	30	Mr Steve Whiteley	Secondary Sports Hall	Secondary Activity	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April.
<u>Student Maths Leaders Club</u>	Year 12	12:45	13:15	25	Mr Ben Sillitoe	Room 424	Secondary Creativity	Mixed	Plan and run fun maths activities for our younger students.Organise and run the Junior Logic Competition in May 2021.
<u>Year 7 School of Rock</u>	Year 7	12:30	13:25	0	Mr Ian Alexander, Ms Keziah Jacobs	Room 202	Secondary Creativity	Mixed	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers

SATURDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Mr Lamech Basketball</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:30	16:00	32	Mr Lamech Sancho	Secondary Sports Hall	Secondary Paid Activity	Mixed	Mr Lamech's Basketball clubs aims to extend the good basketballer into the excellent one by belending technical advice with tactical knowledge so that the player canm master every position. Starts: Week beginning Monday 22 Febuary. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 7 Saturdays. Tuition Cost: 1,960,000 VND. Bus Cost: n/a. TOTAL COST: 1,960,000 VND. Payment deadline: Wednesday 20 January 2021
<u>RSFA Performance Programme - U19 Girls Football</u>	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	11:15	12:45	48	Mr Matthew O'Brien	BIS Sports Field	Secondary Paid Activity	Mixed	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 7 Saturdays. Tuition Cost: 1,750,000 VND. Bus Cost: n/a. TOTAL COST: 1,750,000 VND. Payment deadline: Wednesday 20 January 2021

PAID ACTIVITY NOTES - Administration

DAY	ACTIVITY	START TIME	END TIME	Administration Notes
Monday	<u>Crazy Coriander Chefs Table</u>	14:50	15:50	<p>This activity aims to teach basic technical cooking techniques while providing an outlet for students to express themselves creatively. The sessions will also include guest chefs from successful restaurants covering a wide spectrum of cuisines from around the world and students will have an opportunity to learn the history behind the development of food habits from various parts of the world too. They will learn basic knife skills, the interplay between heat, acid and salt and enjoy interesting conversations about "cultural quirks" which influence food choices.</p> <p>Starts: Monday 22 February 2021 Ends: Monday 12 April 2021. Tuition Cost: VND 275,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 2,200,000. Payment deadline: Wednesday 20 January 2021</p>
Monday	<u>Judo - Beginners</u>	14:50	15:50	<p>Judo is a sport that is physically enriching, developing physical fitness, greater endurance and good static and dynamic balance. Taking Judo helps student builds self-confidence, trust, self-discipline and respect for oneself and others. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,760,000 VND. Bus Cost: n/a. TOTAL COST: 1,760,000 VND. Payment deadline: Wednesday 20 January 2021</p>
Monday	<u>Rising Star Volleyball</u>	17:00	18:30	<p>Rising Star Senior Volleyball- Volleyball in a fun, engaging and challenging environment.</p> <p>Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better volleyballer each and every day. Coach Cam is a professional outdoor and sports educator. For the last 10 years he has been an outdoor adventure specialist, high ropes instructor, scuba diving instructor, and volleyball coach. His approach to coaching is to make sure that it is fun and enjoyable, with a focus on getting fit, and winning. Sessions will be a good balance of games, fitness, skills practice, and overall knowledge of the sport. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,000,000 VND. Bus Cost: n/a. TOTAL COST: 1,000,000 VND. Payment deadline: Wednesday 20 January 2021</p>
Monday	<u>RSFA Performance Programme - U13-19 Girls Football</u>	17:00	18:30	<p>Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches.</p> <p>Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021</p>
Monday	<u>RSFA Performance Programme - U14 Boys Football</u>	17:00	18:30	<p>Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches.</p> <p>Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021</p>

Monday	<u>RSFA Performance Programme - U19 Boys Football</u>	18:30	20:00	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
Monday	<u>SheWillBeStronger Cheerleading</u>	15:55	16:55	"This paid GIRLS ONLY CCA is run by the She Will Be Stronger foundation. Cheerleading for you and donation for She. An exciting and energetic course with athletic and engaging activities. Teachers from VBA cheerleader teams. Joining cheerleader class would together build confidence and enhance fitness. 20,000 VND/per student/ per class will be deducted from tuition fee and be donated to She Will Be Strong Social Impact fund for supporting victims of domestic violence, harassment and single pregnant moms. Material Cost per Course (one total cost): Cheerleading pom poms 100,000 VND Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,440,000 VND. Bus Cost: n/a. TOTAL COST: 1,440,000 VND. Payment deadline: Wednesday 20 January 2021
Monday	<u>SheWillBeStronger Self Defence</u>	14:50	15:50	This paid GIRLS ONLY CCA is run by the She Will Be Stronger foundation. Self-defense for you and donation for She. A realistic program begins with awareness, prevention, risk reduction and avoidance; while progressing the basic hands-on self-defense training. 20,000 VND/per student/ per class will be deducted from tuition fee and be donated to She Will Be Strong Social Impact fund for supporting victims of domestic violence, harassment and single pregnant moms. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Mondays. Tuition Cost: 1,440,000 VND. Bus Cost: n/a. TOTAL COST: 1,440,000 VND. Payment deadline: Wednesday 20 January 2021.
Tuesday	<u>GymKraft Competitive GYMNASTICS WAG Levels 1-2</u>	17:00	18:00	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021
Tuesday	<u>GymKraft Competitive GYMNASTICS WAG Levels 3-4</u>	18:00	19:00	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021

Tuesday	<u>Kick Boercise (Girls Only)</u>	14:50	15:50	Burn up to 1000 calories an hour in this class that combines HIIT and kickboxing to give you an exciting, effective and stress relieving full-body workout. Punch and kick pads, not people, meaning classes are 100% safe and you get FIT not HIT. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,560,000 VND. Bus Cost: n/a. TOTAL COST: 1,560,000 VND. Payment deadline: Wednesday 20 January 2021
Tuesday	<u>Kick Boxing</u>	15:55	16:55	Burn up to 1000 calories an hour in this class that combines HIIT and kickboxing to give you an exciting, effective and stress relieving full-body workout. Punch and kick pads, not people, meaning classes are 100% safe and you get FIT not HIT. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,560,000 VND. Bus Cost: n/a. TOTAL COST: 1,560,000 VND. Payment deadline: Wednesday 20 January 2021
Tuesday	<u>PJ Tennis</u>	14:50	15:50	PJ Tennis has been founded by Parador Srichaphan - ATP Singles #9 and Jed Gould - Australian #1 Junior. Our tennis programs are interactive, all inclusive and suitable for all boys and girls. Each week we have a different focus on the type of shot and movement we will be teaching the students. Our aim is to have students playing modified/real tennis matches and understanding how to score and rally the ball as quickly as possible. We have 4 levels of programs we can work through at school before progressing students to our programs externally. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,960,000 VND. Bus Cost: n/a. TOTAL COST: 1,960,000 VND. Payment deadline: Wednesday 20 January 2021
Tuesday	<u>PJ Tennis</u>	15:55	16:55	PJ Tennis has been founded by Parador Srichaphan - ATP Singles #9 and Jed Gould - Australian #1 Junior. Our tennis programs are interactive, all inclusive and suitable for all boys and girls. Each week we have a different focus on the type of shot and movement we will be teaching the students. Our aim is to have students playing modified/real tennis matches and understanding how to score and rally the ball as quickly as possible. We have 4 levels of programs we can work through at school before progressing students to our programs externally. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,960,000 VND. Bus Cost: n/a. TOTAL COST: 1,960,000 VND. Payment deadline: Wednesday 20 January 2021
Tuesday	<u>Rising Star Junior Basketball</u>	17:00	18:30	Rising Star Senior Basketball- Basketball in a fun, engaging and challenging environment. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better basketballer each and every day. Coach Cam is a professional outdoor and sports educator. For the last 10 years he has been an outdoor adventure specialist, high ropes instructor, scuba diving instructor, and Basketball coach. His approach to coaching is to make sure that it is fun and enjoyable, with a focus on getting fit, and winning. Sessions will be a good balance of games, fitness, skills practice, and overall knowledge of the sport. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 1,000,000 VND. Bus Cost: n/a. TOTAL COST: 1,000,000 VND. Payment deadline: Wednesday 20 January 2021

Tuesday	<u>RSFA Performance Programme - U19 Boys Football</u>	17:00	18:30	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Tuesdays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
Tuesday	<u>Still Life Painting Workshop - An Introduction to Oil Painting</u>	14:50	15:50	This activity offers instruction in still life painting and illustrates a step-by-step approach to the subject which guides the student from the first stages of the drawing to the refined outcome of the final image. Students will learn basic techniques of drawing and painting a still life with oil paint, how to build up tones, colours and textures of objects to form a unified still life group, how to address composition through thumbnail sketches and line drawings, the basics of colour theory and colour mixing, as well as how to use a variety of brushes to create soft and sharp edges. Starts: Tuesday 23 February 2021 Ends: Tuesday 13 April 2021. Tuition Cost: VND 320,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 2,560,000. Payment deadline: Wednesday 20 January 2021
Wednesday	<u>Rising Star Senior Basketball</u>	17:00	18:30	Rising Star Senior Basketball- Basketball in a fun, engaging and challenging environment. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better basketballer each and every day. Coach Cam is a professional outdoor and sports educator. For the last 10 years he has been an outdoor adventure specialist, high ropes instructor, scuba diving instructor, and Basketball coach. His approach to coaching is to make sure that it is fun and enjoyable, with a focus on getting fit, and winning. Sessions will be a good balance of games, fitness, skills practice, and overall knowledge of the sport. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 1,000,000 VND. Bus Cost: n/a. TOTAL COST: 1,000,000 VND. Payment deadline: Wednesday 20 January 2021
Wednesday	<u>RSFA Performance Programme - U13-19 Girls Football</u>	17:00	18:30	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021
Wednesday	<u>RSFA Performance Programme - U14 Boys Football</u>	17:00	18:30	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 2,000,000 VND. Bus Cost: n/a. TOTAL COST: 2,000,000 VND. Payment deadline: Wednesday 20 January 2021

Wednesday	<u>Vertical Academy Rock Climbing</u>	14:50	16:30	This paid Climbing CCA will focus upon the bouldering technique of Climbing at Vertical Academies new facility. This price includes students taking a return bus to the venue. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Wednesdays. Tuition Cost: 1,320,000 VND. Bus Cost: 1,200,000. TOTAL COST: 2,520,000 VND. Payment deadline: Wednesday 20 January 2021
Thursday	<u>Broadway Jazz</u>	14:50	15:50	This programme aims to develop dance skills particularly applicable to musical performance and choreography. Students will be taught the techniques and choreography of Broadway Jazz and is delivered by Mark Rosolini who is an international performer and Choreographer. This CCA is for dancers with some previous dancing experience. Starts: Thursday 25 February 2021 Ends: Thursday 15 April 2021. Tuition Cost: VND 380,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 3,040,000. Payment deadline: Wednesday 20 January 2021
Thursday	<u>GymKraft Competitive GYMNASTICS</u> <u>WAG Levels 1-2</u>	17:00	18:00	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Thursdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021
Thursday	<u>GymKraft Competitive GYMNASTICS</u> <u>WAG Levels 3-4</u>	18:00	19:00	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. A special gift will be given if attending both Tuesday and Thursday sessions. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 8 Thursdays. Tuition Cost: 2,400,000 VND. Bus Cost: n/a. TOTAL COST: 2,400,000 VND. Payment deadline: Wednesday 20 January 2021
	<u>Developing a Global Mind Set to</u> <u>Improve Cross Cultural Communication</u>	14:50	15:50	This programme helps students to gain a deeper understanding of themselves and therefore of others. By mastering basic interpersonal skills, it will save them years of struggle as it will enable them to deal with people from different generations, backgrounds, belief systems, nationalities etc. It will allow them to build high-performance teams and achieve more, more rapidly as well as help them to communicate better in their personal life. Starts: Friday 26 February 2021 Ends: Friday 16 April 2021. Tuition Cost: VND 300,000/week x 8 weeks. Bus Cost: n/a. TOTAL COST: VND 2,400,000. Payment deadline: Wednesday 20 January 2021
Friday	<u>Judo - Intermediate</u>	14:50	15:50	Judo is a sport that is physically enriching, developing physical fitness, greater endurance and good static and dynamic balance. Taking Judo helps student builds self-confidence, trust, self-discipline and respect for oneself and others. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 7 Fridays. Tuition Cost: 1,540,000 VND. Bus Cost: n/a. TOTAL COST: 1,540,000 VND. Payment deadline: Wednesday 20 January 2021

Saturday	<u>Mr Lamech Basketball</u>	14:30	16:00	Mr Lamech's Basketball clubs aims to extend the good basketballer into the excellent one by belending technical advice with tactical knowledge so that the player canm master every position. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 7 Saturdays. Tuition Cost: 1,960,000 VND. Bus Cost: n/a. TOTAL COST: 1,960,000 VND. Payment deadline: Wednesday 20 January 2021
Saturday	<u>RSFA Performance Programme - U19 Girls Football</u>	11:15	12:45	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. A free gift will be given for every additional session taken per week. Starts: Week beginning Monday 22 February. Ends: Week Ending Thursday 15 April. No CCA weeks: n/a. 7 Saturdays. Tuition Cost: 1,750,000 VND. Bus Cost: n/a. TOTAL COST: 1,750,000 VND. Payment deadline: Wednesday 20 January 2021