



FUJIAN

OCTOBER 2019

PREPARED BY THE HUTONG FOR
BRITISH SCHOOL OF BEIJING



The Hutong
Education



THE BRITISH SCHOOL
OF BEIJING, SHUNYI
A NORD ANGLIA EDUCATION SCHOOL

ITINERARY & DAILY SCHEDULE

DAY	LOCATION	ACTIVITIES
1 10/14	Beijing - Xiamen	<p>Morning Flight from Beijing to Xiamen Arrival and transfer to Lunch</p> <p>Afternoon Program Introduction Xiamen Epic Beach Games - Team challenges Day 1 Goal-Setting</p> <p>Evening Hakka Dinner Check into hotel and Lights Out</p>
Meals: L, D		
Accommodation:	Xiamen Bailuzhou Hotel	
2 10/15	Xiamen - Fuyulou	<p>Morning Wake-up and Breakfast Transfer to Tea Plantation Tea Picking and Tea Tasting</p> <p>Afternoon Lunch at Tea Plantation Bus Transfer to Fuyulou (2.5 hours) Walk to Fuyulou homestay Check-in at Fuyulou</p> <p>Evening Dinner Tulou Introduction, Q&A with host family Reflections and Lights Out</p>
Meals: B, L, D		
Accommodation:	Fuyulou Changdi Inn	
3 10/16	Fuyulou - Chuxi	<p>Morning Wake-up and Breakfast Bike Safety Briefing Nanxi Valley Bike Ride - Choose between Intermediate OR Advanced Routes</p>

DAY	LOCATION	ACTIVITIES
Meals: B, L, D	Split Group A & Group B	<p>Afternoon Hakka lunch in Yanxiang Tulou Rotational Activities: - Tulou Mud Design Workshop - Tulou Sketching Workshop</p>
Accommodation:	Fuyulou Changdi Inn	<p>Evening Dinner at Fuyulou Post-Dinner Performances</p>
4 10/17	Fuyulou - Chuxi - Zhangzhou	<p>Morning Wake-up and Breakfast Chuxi Lookout Hike Chuxi Rotational Activities - Tulou Storytelling Workshop - Tulou Museum Visit</p> <p>Afternoon Hakka Lunch in Chuxi Chuxi Cluster Scenic Hike Transfer to Zhangzhou</p> <p>Evening Dinner en route to Zhangzhou Check in to hotel</p>
Meals: B, L, D	Split Group A & Group B	
Accommodation:	Zhangzhou Diamond Hotel	
5 10/18	Zhangzhou - Xiamen - Beijing	<p>Morning: Breakfast and check-out Zhangzhou Chill Challenge activity</p> <p>Afternoon Chill Challenge Lunch in small groups Transfer to Xiamen Airport (1.5 hours) Flight from Xiamen to Beijing</p>
Meals: B, L		

TRIP LEADERS



PROGRAM MANAGER: JAY WANG

Born in China and raised in the US, Jay has lived in the intersection of these two countries his entire life. Since arriving in Beijing in 2010, Jay has studied and worked in a variety of fields, while becoming fluent in both the Chinese language and culture. In addition to his work at The Hutong, Jay is an avid improv actor and teacher. As co-founder of Minds at Play, Jay helps students and corporate professionals improve soft skills through theater-based exercises and training. Jay is also a backpacking enthusiast as well as dedicated foodie, and looks to share these passions on programs with the Hutong!



PROGRAM LEADER: DANIELLE LAING

Danielle is a native Canuck but has been working in China on and off for more than 6 years. Having previously lived in Hangzhou, Kunming, Chengdu, Beijing, and now finally Shanghai, she is passionate about experiencing China's diverse cultures, history, scenery... and food! With a background in communications and events, Danielle loves cultivating fun, memorable experiences for both education and corporate groups. Her hobbies are cooking, hiking, and design, but not all 3 at the same time.

TRANSPORTATION INFORMATION

FLIGHT NUMBERS

10/14 MF8104 北京 - 厦门 6:40am- 9:45am

10/18 MF8169 厦门 - 北京 5:00pm- 8:05pm

ACCOMMODATION INFORMATION

HOTEL ADDRESSES

Bailuzhou Hotel, Xiamen 白鹭洲大酒店
福建省厦门市思明区湖滨南路95号
95 Hubin S Rd, Siming, Xiamen
+86 592 222 6888

Fuyulou Changdi Inn - 富裕楼常棣客栈
福建省永定县湖坑镇洪坑村富裕楼
Fujian Province, Yongding County, Hukeng Town, Hongkeng Village, Fuyulou
+86 597 5532800

Diamond Hotel Zhangzhou - 漳州钻石大酒店
福建省漳州市南昌路121号
Fujian Province, Zhangzhou City, 121 Nanchang Road

CLIMATE AND PACKING LIST

CITY	MONTH	AVERAGE HIGH	AVERAGE LOW
Xiamen	October	26	16

By October, the weather in Fujian may vary quite a bit, but fortunately without too much threat of rain. Your recommended packing list is below: please bear in mind that clothes may get dirty and wet and that expensive items are brought at your own risk (and are not encouraged).

Please be aware that you will be responsible for your own gear and will be required to walk up to 1km with your own gear. Please pack light! This will also be helpful when boarding transportation.

RECOMMENDED PACKING LIST

- 1 x medium-large back pack (Medium size should be sufficient 35L – 45L)
- 1 x smaller day pack that can be squashed into bigger bag
- 1-2 x pair comfortable shorts
- 1 x lycra cycling shorts with padding or padded bicycle seat (optional)
- 1-2 x pair of long trousers
- 4 x short and long-sleeve t-shirts (synthetic is preferable as it dries quicker and wicks moisture away from the body)
- 1 x Lightweight fleece
- 1 x Breathable Waterproof jacket or Poncho (Hikes will proceed rain or shine and you want to be able to vent body heat)
- 5 x Underwear
- 5 x Pairs of Socks
- 1 x Pajamas

- 1 x Light weight towel
- 1 x Sun Hat/Cap
- 1 x Pair of trainers/sneakers (suitable for cycling/hiking)
- 1 x pair of flip flops/sandals/comfortable shoes for night

- 2 x Reusable Water bottles (min. 750 ml each)
- 1 x Camel-back water bag (optional for cycling)
- 1 x Bike Helmet (well fitting)
- 1 x pair of biking gloves with padding on palms (optional - weight lifting gloves also work)
- 1 x small torch/head light with batteries (optional)
- 1 x Small personal first aid kit (optional)

- Notebook, pens
- Camera
- Sunglasses
- Small bottle of insect repellent
- Sunscreen
- Pocket Money (suggestion: 300 RMB per person)
- Plastic bag for dirty clothes
- Toiletries (keep this light and to a minimum)
- Toothpaste and toothbrush
- Any required medication
- Power bars/Energy Snacks
- **A Big Smile!**

This is not intended to be an exhaustive list, please use your own judgment when packing. PLEASE KEEP PACKING TO A MINIMUM.

All of the above should fit into a rucksack or a small suitcase on wheels. Again, *you will have to carry your own bag for at least 1 KM so please make sure that your bags are neither too big nor too heavy!*

PROGRAM EXPECTATIONS

Our Mission at The Hutong is to provide exceptional cultural experiences, in a fun, learning environment. In order to get the most out of our programs it is important that you are clear about our expectations, both for ourselves and of you. Our expectations are born out of our core values:

EMBRACE DIVERSITY

Our Expectations for Ourselves: We try to broaden our minds by engaging with new perspectives and actively learning from others.

Our Expectations of You: There is no doubt that on this program you will encounter something that is “different”. Whether it be different types of food, clothes, people, traditions, language or even toilets. The idea of the program is for you to EXPERIENCE new things, even if they are unpleasant. What we expect is that you approach these situations with a positive outlook and an open mind. Remember; don’t judge a book by its cover!

BE A GOOD EGG!

Our Expectations for Ourselves: We try our hardest to be honest, outgoing, and 100% reliable.

Our Expectations of You: Rule #1 with us is that everyone on our programs respects one another and those around them at all times. This includes not only those who are on the program, but also the local people we may encounter through our program.

LIGHT A SPARK!

Our Expectations for Ourselves: We love what we do and are happy to show you different places and things. We are incredibly passionate about China and we want our enthusiasm to light a spark!

Our Expectations of You: Pleasing everyone all the time is impossible. Yet, when you are inspired about a particular place or activity, you help get your peers inspired too! Moreover, even if something isn’t for you, approach whatever it is with curiosity and an open mind. Keep in mind, one spark can start a prairie fire.

GO THE EXTRA “LI’ (MILE)

Our Expectations for Ourselves: We constantly try to deliver more than what is expected and go the extra mile.

Our Expectations of You: You are responsible for yourself and your own possessions. That being said, we ask that you please help each other. Whether it be picking up something someone has left behind, carrying someone’s bag when they are struggling, or offering to help the program leaders and teachers.

SEEK CHALLENGE!

Our Expectations for Ourselves: We try to view problems as opportunities to work together and keep learning.

Our Expectations of You: There is no doubt that you will be challenged at some point. Whether it be challenged using a squatty toilet, eating food that looks funny, speaking to strangers, walking long distances, or climbing a mountain. Like us, rather than complain, view the problem as an opportunity to learn and experience something different.

SMILE MORE!

Our Expectations for Ourselves: We love to have fun, laugh a lot and take time to play.

Our Expectations of You: We will have the maximum amount of fun allowable by law. Please bring your sense of humor!

ABOUT THE HUTONG



At The Hutong, we offer a range of interactive, educational, unique, and fun activities to students and school groups of all different ages. Our interactive programs are designed to broaden participants' understanding of Chinese culture and allow them to experience an authentic side of China. We aim to adapt our programs and work closely with schools and teachers to create customized cultural activities for various Grade Levels and subject areas. By incorporating grade and subject-specific learning targets into the design of our onsite and offsite excursions, The Hutong strives to offer top-notch activities that are engaging and relevant.

Combining our staff's expertise in both tourism and education, we have been running unique and creative study tours to off-the-beaten-track destinations since 2009, with thorough professionalism and maintaining an impeccable safety record. We aim to broaden students' horizons by exposing them to memorable experiences throughout China. Our typical educational tours focus on a combination of cultural immersion and outdoor education. We place an important emphasis on experiential learning. We do not just visit tourist spots, but we experience the places we visit and take a step deeper. The majority of our team has a background in both travel and education and this is where we look to excel.

Each year we expand our destinations and topics. Our goal is to work closely with schools to incorporate their curriculum and learning objectives in our educational travels, and give the students and staff exceptional experiences. The Hutong is happy to propose customized offsite programs that build upon the units of inquiry taught in your school.

The Hutong places particular emphasis on experiential learning, and works increasingly to give its students the opportunity to service the communities they visit. Students who attend Hutong trips engage with global issues by collaborating to plan and execute community service programs. They leave the trip with a renewed sense of their strengths and abilities, as well as a more solid understanding of ethical tourism and global development.