



BRITISH INTERNATIONAL SCHOOL  
HO CHI MINH CITY  
A NORD ANGLIA EDUCATION SCHOOL



# *Co-Curricular Activities*

Term 1 / 2019 - 2020



**Technology**



**Music**



**Creativity**



**Sport**



**Community Engagement**

**Art**

# Co-Curricular Activities Booklet

Term 1, 2019-2020

**Co-Curricular Activities (CCAs)** are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which impact positively on many facets of their development, including academic progress.

There is an extensive range of CCAs to choose from each week at the BIS Secondary Campus and we encourage our students to participate in a broad variety of activities. Whether you enjoy art, music, drama, sport, languages, solving mathematical or scientific problems, helping disadvantaged groups, competing in the Duke of Edinburgh International Award or would simply like to try something new, there is sure to be a club available for you.

If, however, there is an activity that you would like the school to consider introducing and which is not already on offer, please contact Ms Brownrigg, Co-Curricular Coordinator and Community Service Manager, as she would be happy to see if this can be facilitated. You may even want to consider applying to lead an activity you have an interest and passion for.

## Paid Activities

There are a number of paid activities that students can sign up for such as The Caterers Academy Cookery Class, Archery, Golf, Climbing and many others. These are provided by external individuals and organisations with all information about them detailed in the online activities booklet.

If a student has selected a paid activity, an email confirming their choice will be sent to both the student and their parents.

The payment deadline for all paid clubs is **Monday 9<sup>th</sup> September 2019**.

Activity dates for Term 1, 2019-20:

Start: **Monday 16<sup>th</sup> September 2019**  
Half Term: *Saturday 19<sup>th</sup> October to Sunday 27<sup>th</sup> October 2019 (No activities will run)*  
End: **Sunday 8<sup>th</sup> December 2019**

CCAs may run before lessons and during lunchtimes, however, the majority are scheduled after lessons. There are two sessions each afternoon with a five-minute change-over period (2:50pm – 3:50pm and 3:55pm – 4:55pm). If activities finish beyond these times information is detailed in the booklet.

Note: Any students participating in CCAs from 3:55pm will need to arrange their own transport home and should consider this before selection.

The aims of our Co-Curricular activities (CCAs) at BIS, HCMC are:

- To provide a wide range of enjoyable and challenging experiences above and beyond the timetabled curriculum
- To allow competitive teams, drama companies and music ensembles to reach high standards of team/group and personal performance
- To provide opportunities for students to aspire to elements of the school's mission statement
- To continue to develop our involvement in community work
- To offer a balance of endeavour which provides the framework for the IBDP CAS Programme

## CAS at BIS

Creativity, Activity and Service are woven throughout the Co-Curricular Activities. Originating from the International Baccalaureate Programme they set out to challenge our students to show initiative and perseverance as well as to develop skills such as collaboration, problem solving and decision making. For a balanced experience, we encourage students to take part in at least one of each of the three areas below:

- Creativity: The arts, music, languages and other experiences that involve creative thinking.
- Activity: Physical exertion contributing to a healthy lifestyle.
- Service: Any collaborative and reciprocal community engagement in response to an authentic need.

## On-line CCA Selection – using CHQ

Activities need to be selected using the online CHQ system. Please see the next page for further instructions.

You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Both the student and their parents will also receive notification when accepted for participation in an CCA.

**For the majority of CCAs, the online system (CHQ) will randomly allocate students to each CCA. As it is not a first come first served system, you may not always get your first choice activity.**

There are some exceptions to this rule as detailed below:

## Sports

If the number of students for any sports activity is greater than the maximum capacity, students will undergo a trial and be notified of this during their first session. This may mean that you could initially be accepted for the CCA but possibly removed after the trial.

The PE department will endeavour to run a parallel programme during the same session for the same age group but in the form of a recreational club. Therefore, if a student has a poor trial or significantly improves their skill level, then the squad coach will be able to assess the student and potentially accept them into the squad at a later time.

Please note that:

- As competitive Sport runs as seasons and not terms (Sep - Nov, Nov - Feb, Feb - May and then May-June), some of the clubs which have started in September will stop in November whilst others may start in November and span over into Term 2.

## Drama

For those students who would like to be involved in the School Show, please sign up directly with the Drama Department once auditions have been announced.

## Music

For any students interested in signing up for the Chamber Choir and/or Chamber Orchestra, please sign up for an audition on the Music Noticeboard.

Wishing you all a wonderful third term.



Ms Tracey Brownrigg  
Co-Curricular Coordinator  
[Tracey.Brownrigg@bisvietnam.com](mailto:Tracey.Brownrigg@bisvietnam.com)

# Co-Curricular Activities Booklet

Term 1, 2019-2020

**Friday 23<sup>rd</sup> August at 3pm**

**Students will be able to sign up on CHQ** (for Term 1 activities)

The activities booklet will be updated and available on the school website (link below)

<http://www.nordangliaeducation.com/our-schools/vietnam/ho-chi-minh-city/bis/our-students/clubs-and-activities/an-phu-secondary-campus-clubs-and-activities>

**Friday 30<sup>th</sup> August at 5pm**

**Selection on CHQ will close**

**Wednesday 4<sup>th</sup> September**

**Students and parents to be notified of their chosen CCAs on CHQ.**  
Notifications for paid clubs will also be sent.

CHQ has been set up for you to use on a daily basis to select and track all your chosen activities.

Please follow the instructions below to log on and select your desired activities/paid clubs:

To access the BIS CHQ portal please click on the following link:

<https://seasia.mychq.net/Login.aspx?Y2x1Yj0wMzky-tJBRd%2fDelyY%3d>

You can also access CHQ from a link on the school website ([www.bisvietnam.com](http://www.bisvietnam.com)). Scroll down to the end of the main page to the “Useful Links” section.

Log in to CHQ using the same Windows account you use when logging in to your school computer/laptop. Your User Name and Password are the same as the ones used to log in at school e.g. “*John.Smith*” and your Password

Should you have any issues please contact [tracey.brownrigg@bisvietnam.com](mailto:tracey.brownrigg@bisvietnam.com)

## How to select your activities/paid clubs:

- **Step 1:** From the Home Page under **My Activities 2019-2020 Term 1** click **View/Manage/Submit Activity Choices**
- **Step 2:** For each activity/paid club add a different number e.g. Monday: Football club **add 1**, Wednesday: Board Games **add 2** then **3, 4, 5** etc. to all other clubs you would like to participate in.
- The **SAVE** button will appear to the right of the activity list click **SAVE**
- **Step 3:** Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.
- **Step 4:** To cancel a selection after submitting add a **0** to the desired box then save and submit
- **Step 5:** From the Home Page **My Activities 2019-2020 Term 1** you will be able to see which clubs you have been accepted into/denied from by Wednesday 10<sup>th</sup> April 2019. If you click onto **My Schedule** for week beginning Monday 16<sup>th</sup> September 2019, you can check your weekly club timetable.

Try to make sure you have a range of activities which allow you to develop physically, creatively as well as socially.



# Season Sports Information

The PE and Sport programmes at BIS are structured to fit with the seasons of the SISAC competitions and are therefore not offered as termly activities.

This allows double training sessions throughout the week for our competitive teams and stops the dead-time experienced with students not attending clubs after the City Championships have finished.

When in the off season, we still provide one training session per week to prepare for the upcoming season in that sport. In that sports season, we expect people who are serious about playing in the school teams to attend both training sessions in the week.

Term 1 Season 1 Beginning September > Beginning November	Term 1-2 Season 2 Beginning November > Beginning February	Term 2-3 Season 3 Beginning February > End May
U19 Volleyball U14 Basketball U19 Table Tennis U14-19 Cross Country U15 FOBISIA (end November)	U19 Basketball U14 Football U19 Badminton U14 Table Tennis U14-19 Swimming (beginning of December) U14-19 Bangkok Feeding Frenzy (beginning of December)	U14 Volleyball U14 Badminton U19 Football (end of Apr) U14-19 Athletics (end of Feb) U13 FOBISIA (end of Mar)

Recreational sessions and Paid Clubs will still take place weekly throughout the entire year, signing up at the start of each term.

Clubs that are termly			
Club	Sep>Dec	Jan>Apr	May>Jun
Red Swim Squad	4 sessions per week	Choice of 5 sessions per week	Choice of 5 sessions per week
Development Swim Squad	2 sessions per week	Choice of 5 sessions per week	Choice of 5 sessions per week
Paul Sadler Learn to Swim Beg-Inter	1 session per week	1 session per week	1 session per week
Paul Sadler Learn to Swim Beg-Adv	1 session per week	1 session per week	1 session per week
Recreational Netball	1 session per week	1 session per week	1 session per week
Recreational Basketball	1 session per week	1 session per week	1 session per week
Richard Soriano Volleyball	1 session per week	1 session per week	1 session per week
Richard Soriano U14 Basketball	1 session per week	1 session per week	1 session per week
Richard Soriano U19 Basketball	1 session per week	1 session per week	1 session per week
<b>ALL PAID CLUBS</b>	1+ session(s) per week	1+ session(s) per week	1+ session(s) per week

Please take a careful look at the table(s) below which outlines when the sports are in/out of season. There will be some occasions where you will have to sign up in September for a club that does not start until November. Please keep this in mind when signing up for other non-sport related clubs at that time that last from September until December.

Clubs that are seasonal – By Season			
Club	Sep>Nov	Nov>Feb	Feb>May
U14 Football Pre Season	1 session per week	n/a	n/a
U19 Basketball Pre Season	1 session per week	n/a	n/a
U19 Badminton Pre Season	1 session per week	n/a	n/a
U14-19 Cross Country Squad	1 session per week	n/a	n/a
U19 Table Tennis Squad	1 session per week	n/a	n/a
U14 Basketball Squad	2 sessions per week	n/a	n/a
U19 Volleyball Squad	2 sessions per week	n/a	n/a
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a

Clubs that are seasonal – By Season			
U14-19 Athletics Squad	2 sessions per week	2 sessions per week	n/a
U14 Badminton Pre Season	n/a	1 session per week	n/a
U19 Football Pre Season	n/a	1 session per week	n/a
U14 Volleyball Pre Season	n/a	1 session per week	n/a
U14 Table Tennis Squad	n/a	1 session per week	n/a
U14 Football Squad	n/a	2 sessions per week	n/a
U19 Badminton Squad	n/a	2 sessions per week	n/a
U19 Basketball Squad	n/a	2 sessions per week	n/a
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week
U14 Badminton Squad	n/a	n/a	2 sessions per week
U14 Volleyball Squad	n/a	n/a	2 sessions per week
U19 Football Squad	n/a	n/a	2 sessions per week
Recreational Cricket	n/a	n/a	1 session May>Jun
Recreational Softball	n/a	n/a	1 session May>Jun
Recreational Touch Rugby	n/a	n/a	1 session May>Jun

Clubs that are seasonal – By Sport			
Club	Sep>Nov	Nov>Feb	Feb>May
U14-19 Athletics Squad	2 sessions per week	2 sessions per week	n/a
U14 Badminton Pre Season	n/a	1 session per week	n/a
U14 Badminton Squad	n/a	n/a	2 sessions per week
U19 Badminton Pre Season	1 session per week	n/a	n/a
U19 Badminton Squad	n/a	2 sessions per week	n/a
U14 Basketball Squad	2 sessions per week	n/a	n/a
U19 Basketball Pre Season	1 session per week	n/a	n/a
U19 Basketball Squad	n/a	2 sessions per week	n/a
U14-19 Cross Country Squad	1 session per week	n/a	n/a
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a
U14 Football Pre Season	1 session per week	n/a	n/a
U14 Football Squad	n/a	2 sessions per week	n/a
U19 Football Pre Season	n/a	1 session per week	n/a
U19 Football Squad	n/a	n/a	2 sessions per week
U14 Table Tennis Squad	n/a	1 session per week	n/a
U19 Table Tennis Squad	1 session per week	n/a	n/a
U14 Volleyball Pre Season	n/a	1 session per week	n/a
U14 Volleyball Squad	n/a	n/a	2 sessions per week
U19 Volleyball Squad	2 sessions per week	n/a	n/a
Recreational Cricket	n/a	n/a	1 session May>Jun
Recreational Softball	n/a	n/a	1 session May>Jun
Recreational Touch Rugby	n/a	n/a	1 session May>Jun

# MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Archery</u>	Y7-Y13	15:00 - 16:00 or 16:00 - 17:00 or 15:00 - 17:00	6	BeActivities	Secondary Dance Studio	Secondary Paid Activities	Mixed	Join us to learn more about archery by playing various games (such as Harry Potter, Cell at Work) and looking at their portrayal in movies. Overcome the challenges, compete with each other and have great fun. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>Biology Club</u>	Y7-Y10	12:30 - 13:20	15	Ms. Danielle Fountain	Room 403	Secondary Action	Mixed	Do you want to explore more biology-related experiments, challenges and activities? Then come to Biology Club! The club is led by Y10 and Y12 Biology Student Ambassadors who aim to give you a great experience!
<u>Chinese Oral</u>	Y10-Y13	12:40 - 13:20	15	Student-Led by Jia Yu Liu and Yu Hsuan Supervised by Ms. Mialin Chou	Chinese Classroom	Secondary Creativity	Mixed	This club will provide extra help for students who are struggling with Chinese speaking activities. This is an opportunity students in Year 10 and above to practice for their Chinese oral exams and to be more confident during their exams.
<u>Competitive Cricket</u>	Y7-Y13	12:45 - 13:15	24	Mr. Steve Whitely	Secondary Outside Court	Secondary Action	Mixed	Come to improve the basics and practice your advanced skills in a match play environment. This session is aimed at those with prior background in Cricket.
<u>Golf</u>	Y7-Y13	14:50 - 16:30	12	Mr. Matt Burley	Him Lam Driving Range	Secondary Paid Activities	Mixed	Students will be required to bring their own golf clubs or you can rent them at Him Lam Driving Range. The lessons will contain a basic introduction into golf, preparing to hit, grip, posture and stance, correct grip, full swing, video camera analysis, putting, chipping & bunker play. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>International Award Silver/Gold</u>	Y12	12:40 - 13:20	25	Mr. Peter Cowen Ms. Sam Adair	Room 522	Secondary Action	Mixed	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it! <b>Year 12 students only. Expected to be chosen as a CCA Term 1 and 2. Students cannot join mid-year</b>
<u>Juilliard dance</u>	Y7-Y13	15:50 - 16:50		Ms. Cat Molloy Mr. Keigan Page	Room 209	Secondary Creativity	Mixed	This is an opportunity to explore the new Juilliard Dance curriculum, it is for all ages and abilities. Come along and see some of the ways that Juilliard students train and explore dance.
<u>Junior School of Rock</u>	Y7-Y9	14:50 - 15:50	10	Mr. Ian Alexander Ms. Keziah Jacombs	Room 212	Secondary Creativity	Mixed	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>KS3 Show</u>	Y7-Y9	14:50 - 15:50	n/a	Mr Thomas Babiker-Thurston	Auditorium	Secondary Creativity	Mixed	Information Only! To participate in productions you will need to attend auditions on the 4th and 5th September in room 209. You should sign up before this on the signup sheet on the door of 209. Years 7,8 and 9 are able to audition for the KS3 show, attendance to all rehearsals is compulsory.
<u>Mai Am Club</u>	Y10-Y13	14:50 - 15:50	15	Mr. Kenny Thomas	The Curve	Secondary Community - Service	Mixed	The Mai Am Club is a mostly student lead club that supports a group of approximately 10 orphaned boys with their English through interactive activities, quizzes, games and any other activities which encourages them to communicate in English.

# MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Male Vocal Group</u>	Y7-Y13	12:40 - 13:15	No limit	Ms. Emma Husband Ms. Keziah Jacombs	Room 202	Secondary Creativity	Boys	Exciting new repertoire for any male students who enjoy singing. For those interested/or involved in bands this will help in your vocal development.
<u>Micro:bit STEAM challenge</u>	Y9-Y13	12:40 - 13:20	20	Mr. David Knaggs	Room 108	Secondary Creativity	Mixed	You will learn all about a Micro:bit, what it can do and how to program it, as part of a team you will solve a problem set by NAE as part of the STEAM challenge.
<u>Musical</u>	Y7-Y13	14:50 - 15:50	n/a	Ms. Cat Molloy Mr. Keigan Page	Room 209 and 202	Secondary Creativity	Mixed	To participate in productions you will need to attend auditions on the 4th and 5th September in room 209. You should sign up before this on the signup sheet on the door of 209. All year groups are included in the musical, attendance to all rehearsals is compulsory.
<u>Project Impact</u>	Y10-Y13	14:50 - 15:50	15	Student-Led by Anna Sakakibara, Christine Vuu Supervised by Ms Daphnee Deleporte	Room 121	Secondary Community - Service	Mixed	A non-profit student volunteer group where students are given an opportunity to get creative and support one of our Community Partners by raising awareness for the cause.
<u>Puppetry</u>	Y7-Y13	15:55 - 16:55	20	Mr. Thomas Thurston	Room 210	Secondary Creativity	Mixed	This CCA will give you a basic knowledge and understanding of how to be a Puppeteer and will include; understanding types of puppets, how to operate a puppet, creating basic puppets and working as a puppet ensemble
<u>Richard Soriano Volleyball</u>	Y10-Y13	17:00 - 18:30	24	Mr. Richard Soriano	Secondary Sports Hall	Secondary Action	Mixed	This is an extension programme to further develop students skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7-Y9	17:00 - 18:30	24	RSFA	BIS Sports Field	Secondary Paid Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U14 Girls Football</u>	Y7-Y10	17:00 - 18:30	24	RSFA	Primary Astro	Secondary Paid Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10-Y13	18:30 - 20:00	24	RSFA	BIS Sports Field	Secondary Paid Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)

# MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Senior School of Rock</u>	Y10-Y13	15:55 - 16:55	10	Mr. Ian Alexander Ms. Keziah Jacombs	Room 212	Secondary Creativity	Mixed	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
<u>Student Share Trader</u>	Y11-Y12	12:40 - 13:20	15	Mr. Scott McGeever Mr. Vinton Shine	Room 223	Secondary Creativity and Service	Mixed	Learn how to choose successful shares, track their performance and test yourself against the market and your peers. Use our exciting new CCA to sharpen your share picking skills and become the next Warren Buffet!
<u>Study Club</u>	Y7-Y13	14:50 - 15:50	20	Mr. Ian Young Ms. Yvonne Cullen Ms. Christine Laddaran	The Curve	Secondary Creativity	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>Tea and Mahjong Club</u>	Y7-Y13	14:50 - 15:50	15	Student-Led by Halle Fang Supervised by Ms. Miaulin Chou	Room 120	Secondary Creativity	Mixed	Come along and play mahjong and drink some awesome Taiwanese tea ! (We will teach you how if you do't know how to play mahjong)
<u>TEDx</u>	Y10-Y13	14:50 - 15:50	30	Ms. An Gulinck Ms. Rebecca Kerr Mr. Christopher Paine	Room 123	Secondary Creativity and Service	Mixed	This club is for students who want to put together the programme for an official TEDx conference at BIS. We need student speakers, but also artists, musicians, graphic designers, photographers, organisers and marketing enthusiasts. You can take part in a specific aspect of the conference, or choose to join the organising team that will be responsible for the conference throughout the year.
<u>U14-U19 Cross Country Squad</u>	Y7-Y13	15:55 - 16:55	32	Mr. Jonny McLoughlin Mr. Ali Thom	BIS Sports Field	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U14-U19 Recreational Volleyball</u>	Y7-Y13	14:50 - 15:50	24	Mr Mark Jones	Secondary Outside Court	Secondary Action	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>U14-U19 Secondary Swim Squad</u>	Y7-Y13	06:00 - 07:30	24	Ms. Emily McLelland Mr. Vinh Nguyen Mr. Tuong Lam	Secondary Swimming Pool	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U15 FOBISIA/U19 SISAC Pre Season Boys Basketball</u>	Y9-Y13	06:45 - 07:30	24	Mr. Tuan Vuong	Secondary Sports Hall	Secondary Action	Boys	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the SISAC team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.



# MONDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U19 Boys Volleyball Squad</u>	Y10-Y13	15:55 - 16:55	24	Mr. Richard Soriano Mr. Phil Husband	Secondary Sports Hall	Secondary Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U19 Girls Volleyball Squad</u>	Y10-Y13	14:50 - 15:50	24	Ms. Laura Gallagher Mr. Angel Lozano	Secondary Sports Hall	Secondary Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>Vietnamese Board Games Club</u>	Y7-Y11	14:50 - 15:50	15	Ms. Linh Nguyen	Room 225	Secondary Action	Mixed	If you like Vietnamese board games, then I recommend that you participate in Vietnamese Board Games Club. This Club has a lot of games, for example, lotto, chess, domino, cards... there are unique, fun gaming experience. That is suitable for any persons. You will improve communication, creation, reticle thinking and have interesting competitions in the club.

## TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Brass Ensemble</u>	Y7-Y9	12:40 - 13:20	No limit	Mr. Ian Alexander Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	An opportunity for year 7-9 students to continue building on their trumpet and trombone skills.
<u>Chamber Choir</u>	Y7-Y13	12:40 - 13:20	No limit	Mr. Ian Alexander Ms. Keziah Jacombs	Auditorium	Secondary Creativity	Mixed	This activity is by audition only. An exciting new repertoire for a busy programme of events this term, including the vibrant school performances and other external events. The Chamber Choir works on developing your voice, learning challenging harmonies and blending your voice as a group. From demanding classical choral music to 'Pitch Perfect' Acapella, this group highlights <u>some of our elite singers!</u>
<u>Chamber Orchestra</u>	Y7-Y13	14:50 - 15:50	No limit	Mr. Ian Alexander Ms. Keziah Jacombs	Auditorium	Secondary Creativity	Mixed	An auditioned Orchestra with repertoire for a busy programme of events this term, including the vibrant school performances. This orchestra is a challenge and performs some adventurous material. Come on, push yourselves! Audition only.
<u>Club CURE</u>	Y7-Y13	12:40 - 13:20	20	Student-Led by Sagarika Mangal and Ratul Mangal Supervised by Ms. Lois Topping	Room 411 in Science	Secondary Community - Environmental	Mixed	Conservation of ocean reefs club aims to raise awareness around the destruction of coral reefs and take action in the local community. Suitable for anyone with an interest in helping the environment.
<u>Concert Band</u>	Y7-Y13	14:50 - 15:50	No limit	Ms. Emma Husband Mr. Ian Alexander Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	The concert band is a band for all woodwind, brass and percussion players. Both the music and the atmosphere will be fun practising a real mix of music ready for performances in various venues this year.
<u>Engineering Club</u>	Y7-Y9, Y11	14:50 - 15:50	10	Student-Led by Ryan Sia and Yoon Chul Ahn Supervised by David Gould	Room 413	Secondary Creativity	Mixed	Students participating in this CCA will have the opportunity to engage in engineering projects and competitions using some basic physics knowledge. Students also can carry out their own projects with the guidance of Year 12 students.
<u>First Aid Club</u>	Y7-Y13	14:50 - 15:50	30	Ms. Love Condes Ms. Jovy Magan	Room 225	Secondary Creativity	Mixed	Teaching first aid to empower young people with the skills to help in an emergency. And also to train young people to keep each other safe and to understand how to help if faced with a medical emergency
<u>FOBISIA/SEAMC Maths Teams</u>	Y7-Y10	12:40 - 13:20	30	Mr. James Quarrington	Room 521	Secondary Creativity	Mixed	Training for selected teams competing in the SEAMC/FOBISIA competitions. A trial will be held on the first Tuesday session where any students interested are welcome to attend. Following this, each Tuesday lunch session will be looking to improve students Mathematical competencies, and familiarity with the style of questions students can expect.
<u>GymKraft Competitive GYMNASTICS WAG Levels 1-2</u>	Y7-Y13	17:00 - 18:00	24	GymKraft	Primary Gym	Secondary Paid Activities	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. <b>PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)</b>
<u>GymKraft Competitive GYMNASTICS WAG Levels 3-4</u>	Y7-Y13	18:00 - 19:00	24	GymKraft	Primary Gym	Secondary Paid Activities	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. <b>PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)</b>
<u>Kick Boxercise (Girls Only)</u>	Y7-Y13	14:50 - 15:50	12	Mr. Mike Sherry	Secondary Dance Studio	Secondary Paid Activities	Girls	Burn up to 1000 calories an hour in this class that combines HIIT and kickboxing to give you an exciting, effective and stress relieving full-body workout. Punch and kick pads, not people, meaning classes are 100% safe and you get FIT not HIT. <b>PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)</b>
<u>Kick Boxing</u>	Y7-Y13	15:55 - 16:55	12	Mr. Mike Sherry	Secondary Dance Studio	Secondary Paid Activities	Mixed	Thai Boxing is known as the art of 8 limbs; learn how to punch, kick, knee and elbow an opponent in a safe and controlled environment. Come and learn a new skill that improves your fitness and self-defence skills. <b>PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)</b>
<u>Paul Sadler Learn To Swim Beginner/Intermediate</u>	Y7-Y13	14:50 - 15:50	18	Paul Sadler Swimland	Secondary Swimming Pool	Secondary Action	Mixed	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment.
<u>Richard Soriano Junior Basketball</u>	Y7-Y9	17:00 - 18:30	24	Mr. Richard Soriano	Secondary Sports Hall	Secondary Action	Mixed	This is an extension programme to further develop students skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.

## TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>RSFA Performance Programme - U19 Boys Football</u>	Y10-Y13	17:00 - 18:30	24	RSFA	BIS Sports Field	Secondary Paid Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Girls Football</u>	Y10-Y13	18:30 - 20:00	24	RSFA	BIS Sports Field	Secondary Paid Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>Social Cricket</u>	Y7-Y13	12:45 - 13:15	24	Mr. Steve Whitely	Secondary Outside Court	Secondary Action	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.
<u>String Ensemble</u>	Y7-Y13	12:40 - 13:20	No limit	Ms. Emma Husband Mr. Ian Alexander Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	String instruments playing Classical music - all violins, violas and cellos welcome.
<u>String Orchestra</u>	Y7-Y13	14:50 - 15:50	No limit	Ms. Emma Husband Mr. Ian Alexander Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	This is for any student who plays a string instrument. Performing new repertoire for a busy programme of events this year. Training you up, to be part of our Chamber Orchestra.
<u>Study Club</u>	Y7-Y13	14:50 - 15:50	20	Mr. Ian Young Ms. Yvonne Cullen Ms. Christine Laddaran	The Curve	Secondary Creativity	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>U14 Boys Basketball Squad</u>	Y7-Y9	15:55 - 16:55	24	Mr. Jonny McLoughlin Mr. Ali Thom	Secondary Sports Hall	Secondary Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U14 Girls Basketball Squad</u>	Y7-Y9	14:50 - 15:50	24	Ms. Maddison Fern Mr. Tuan Vuong	Secondary Sports Hall	Secondary Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U14-U19 Athletics Squad - Field</u>	Y7-Y13	15:55 - 16:55	24	Mr. Phil Husband Ms. Maddison Fern	BIS Sports Field	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both Athletics sessions is acceptable. *This CCA will run from September until December. January until February.
<u>U14-U19 Athletics Squad - Track</u>	Y7-Y13	14:50 - 15:50	24	Ms. Laura Gallagher Mr. Ali Thom	BIS Sports Field	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both Athletics sessions is acceptable. *This CCA will run from September until December. January until February.
<u>U14-U19 Secondary Swim Squad</u>	Y7-Y13	16:00 - 17:30	24	Ms. Emily McLelland Mr. Vinh Nguyen Ms. Tuong Lam	Secondary Swimming Pool	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both Athletics sessions is acceptable. *This CCA will run from September until December. January until February.

## TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U15 FOBISIA/U19 SISAC Pre Season Girls Basketball</u>	Y9-Y13	06:45 - 07:30	24	Mr. Tuan Vuong	Secondary Sports Hall	Secondary Action	Girls	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the SISAC team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.

## WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ACT - Act to Change Together</u>	Y7-Y13	14:50 - 15:50	20	Student Led by Ella Zesiger Supervised by Ms. Bee Smith, Mr. Nathan Mountford, Mr. Robert Brownrigg	The Curve-EAL Classroom	Secondary Creativity	Mixed	This club is suitable for anyone that is interested in running fun activities and campaigns in school for donations towards the Children's Cancer Wards.
<u>Children's Cancer Ward Visits</u>	Y12-Y13	14:50 - 15:30	10	Mr. Nathan Mountford Ms. Bee Smith Mr. Robert Brownrigg	Hospital	Secondary Community - Service	Mixed	Year 12 students visit the children's oncology ward of a local hospital to interact with the patients, bringing an activity and a smile to brighten their day. This is an emotionally challenging club and is restricted to a small group of volunteers. Vietnamese speakers find the visits easier to navigate but this is not essential. A kind heart and warm smile is more important.
<u>Climbing</u>	Y7-Y13	14:50 - 16:30	12	Mr Coughlin	Vertical Academy	Secondary Paid Activities	Mixed	This paid Climbing CCA will focus upon the bouldering technique of Climbing at Vertical Academies new facility. <b>PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)</b>
<u>Community String Teaching</u>	Y7-Y13	14:50 - 15:50	20	Mr. Ian Alexander Ms. Huong Dao	Room 212	Secondary Creativity Service	Mixed	This is an ideal opportunity to provide support to students from the community group, as well as developing your own violin skills. If you are a violinist, this will be the perfect and rewarding chance to offer one of our community partners an opportunity to play a musical instrument.
<u>Computing Skills for Community Children</u>	Y9-Y13	14:50 - 15:50	15	Ms. Jodie Westwood	Room 110	Secondary Community - Service	Mixed	A basic computing skills workshop with students from Binh Trieu School. We need students who are willing to be patient and help create activities for younger students with no exposure to technology - so basic word processing and so forth. It will be advantageous if a number of the group members can speak Vietnamese, but this is not a requirement.
<u>Conducting</u>	Y7-Y13	12:45 - 13:15	10	Student-Led by David Nguyen & Donggue Jung Supervised by Mr Ian Alexander & Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	In this CCA, students are introduced to the art of conducting and rehearsal. Over the year students can increase their confidence in conducting and can participate in conducting student ensembles in term 3. Participants should be able to have a basic grasp in musical theory.
<u>F1 in Schools</u>	Y10-Y12	14:50 - 15:50	15	Mr. Chris Diver Mr. Greg Roberts	Room 307	Secondary Action	Mixed	The aim of the CCA is to develop the skills to be able run a simulated Formula 1 team, by designing, developing and testing a car to race nationally, and/or internationally, at the F1 in schools world finals. The CCA will also require the students to learn how to fund raise and liaise with outside sponsors and run awareness raising events during the year. This will be of particular interest to students wishing to pursue careers which might include; project management, engineering or design, business and marketing, or social media design and implementation of a web based activities.
<u>Flute Choir</u>	Y7-Y13	12:40 - 13:20	No limit	Mr. Ian Alexander Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	An opportunity for flutes to enjoy working on some fun flute ensemble pieces.
<u>Global Goals Project</u>	Y7-Y13	14:50 - 15:50		Ms. Lauren Binnington	Study Room	Secondary Community - Environmental	Mixed	The Global Goals Project team is responsible for raising awareness of, and taking action towards, the Sustainable Development Goals which the UN hopes to meet by 2030. Develop your leadership and project management skills by planning events, running campaigns, and working together to develop our Global Challenge Action Plan. We will continue with the current Precious Plastic Project, Shoestring Education, and celebrate the UN Convention on the Rights of the Child in 2020. We believe in thinking Global and acting Local to make a difference in the BIS community.
<u>GreenR Minds</u>	Y7-Y13	14:50 - 15:50	20	Ms. Silvia Torta	Room 120	Secondary Community - Environmental	Mixed	This is your chance to make an impact on the environment. Being a student-led club we are extremely open and want all people's opinions and ideas so that we can enact positive change. Last year we were able to start an e-waste disposal system and upcycling and the upcoming school year. We hope to do a lot more.
<u>Historical War Games</u>	Y7-Y13	14:50 - 15:50	30	Student Led by Dylan Bonner-Higham Supervised by Ms S Adair	The Curve	Secondary Creativity	Mixed	Unleash your inner Rommel and defend the D-Day beaches. Outdo Monty and capture that elusive bridge. Emulate Zhukov and sweep the Hun from Stalingrad. As the club expands, new historical era will be added.
<u>International Award Bronze</u>	Y10	12:40 - 13:15	25	Mr. Peter Cowan Ms. Sam Adair	Room 552	Secondary Action	Boys	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it! <b>Year 10 students only. Expected to be chosen as a CCA Term 1, 2 and 3. Students can't join mid-year.</b>

## WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Korean for Beginners</u>	Y7-Y13	12:40 - 13:15	10	Student Led by Yu Gyeong & Seo Hyun Supervised by Deleporte Daphnee	Room 121	Secondary Creativity	Mixed	If you are interested in Korean language and culture, this is an excellent opportunity for you to learn them. This club is open to all students but is especially recommended to students that do not study a language in school.
<u>KS3 Show</u>	Y7-Y9	14:50 - 15:50 15:55 - 16:55	n/a	Mr Thomas Babiker-Thurston	Auditorium	Secondary Creativity	Mixed	Information Only! To participate in productions you will need to attend auditions on the 4th and 5th September in room 209. You should sign up before this on the signup sheet on the door of 209. Years 7,8 and 9 are able to audition for the KS3 show, attendance to all rehearsals is compulsory.
<u>Musical</u>	Y7-Y13	14:50 - 15:50	n/a	Ms. Cat Molloy Mr. Keigan Page	Room 209 and 202	Secondary Creativity	Mixed	Information Only! To participate in productions you will need to attend auditions on the 4th and 5th September in room 209. You should sign up before this on the signup sheet on the door of 209. All year groups are included in the musical, attendance to all rehearsals is compulsory.
<u>Paul Sadler Learn To Swim Beginner/Intermediate</u>	Y7-Y13	14:50 - 15:50	18	Paul Sadler Swimland	Secondary Swimming Pool	Secondary Action	Mixed	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment.
<u>Physics club</u>	Y10-Y11	14:50 - 15:50	15	Mr Ryan Anderson	Room 410	Secondary Creativity	Mixed	Physics club is a chance for IGCSE students to not only further improve their knowledge about physics but have fun in practical experiments. Being student-led, it gives a chance for students to decide on what types of experiments they would like to carry out. During exam week, students will be given a chance to revise for their upcoming exams with the help of a teacher and fellow students
<u>Richard Soriano Senior Basketball</u>	Y10-Y13	17:00 - 18:30	24	Mr. Richard Soriano	Secondary Sports Hall	Secondary Action	Mixed	This is an extension programme to further develop students skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.
<u>RSFA Performance Programme - U14 Boys Football</u>	Y7-Y9	17:00 - 18:30	24	RSFA	BIS Sports Field	Secondary Paid Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U14 Girls Football</u>	Y7-Y10	17:00 - 18:30	24	RSFA	Primary Astro	Secondary Paid Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>RSFA Performance Programme - U19 Girls Football</u>	Y10-Y13	18:30 - 20:00	24	RSFA	BIS Sports Field	Secondary Paid Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>Science Experiment Club</u>	Y7-Y10	14:50 - 15:50	10	Student Led by Luke, Nikhil & Yee Zhe Supervised by Mr. Matthew Lambert	Science Lab	Secondary Creativity	Mixed	This is your chance to experience new experiments about your favourite science topics. Being a student-led club we are extremely open and want all people's opinions and ideas so that we can bring about positive change in the perception of science. Get a chance to extract DNA from plants and get to design your own experiment, and learn about the science behind it.
<u>Stop Motion</u>	Y7-Y13	14:50 - 15:50	18	Student-Led by Abby Truong, Lucy Ngo, Ru Yi Ting, Lois Fawcett Supervised by Ms. Janet Williams	Art Room	Secondary Creativity	Mixed	HELLO this is a club aimed at students who wish to express their creativity through the form of stop motion! We will be working with 2D paper cutouts where we will photograph different cutouts and edit them together to show an appearance of movement, resulting in a final film. If you consider joining the club, please think of a few things you would want to see being brought to life!!!
<u>Study Club</u>	Y7-Y13	14:50 - 15:50	20	Mr. Ian Young Ms. Yvonne Cullen Ms. Christine Laddaran	The Curve	Secondary Creativity	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>Teaching English at Huynh Van Ngoi primary school</u>	Y7-Y13	14:50 - 15:50	15	Ms. Rosie Walsh Mr. Hieu Nguyen	Huynh Van Ngoi Primary School	Secondary Action and Creativity	Mixed	This club is designed to give BIS students an opportunity to experience local school life and help Vietnamese students with English pronunciation.

## WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Thao Dien Disabled School Visits</u>	Y8-Y13	14:50 - 15:50	20	Ma. Elena Fuentes Mr. William Vaganay	Thao Dien Disabled School. (Meeting point- Basketball court)	Secondary Community - Service	Mixed	Weekly visits to Thao Dien Disabled School to create educational activities and games for the children. We are looking for students with a positive attitude who are eager to bring joy to the faces of the kids. Step out of your comfort zone and join us!
<u>The Role Playing Group</u>	Y7-Y13	14:50 - 15:50	20	Mr. Cullen Darryl	Room 421	Secondary Action and Creativity	Mixed	The students play role playing games such as Dungeons and Dragons. They interact, participating co-cooperatively in a fun and relaxed session for all year groups.
<u>Through the Eye</u>	Y7-Y13	14:50 - 15:50	15	Student-Led by Dahyun Lee Supervised by Ms. Janet Williams	Art Room	Secondary Creativity	Mixed	This activity is apt for any student who has a interest in art in any form. This activity will mainly focus on drawing small objects is detail crockey form. Most students will be encouraged to draw the eye of their fellow students and chat while doing so. Later, the students will visit nursing homes in Ho Chi Minh City and draw their faces while trying to talk with them.
<u>U14-19 Boys Basketball Recreational</u>	Y7-Y13	15:55 - 16:55	24	TBC	Secondary Outside Court	Secondary Action	Boys	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>U14-19 Girls Basketball Recreational</u>	Y7-Y13	14:50 - 15:50	24	TBC	Secondary Outside Court	Secondary Action	Girls	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
<u>U14-U19 Secondary Swim Squad</u>	Y7-Y13	16:00 - 17:30	24	Emily McLelland, Vinh Nguyen and Tuong Lam	U14-U19 Secondary Swim Squad	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U15 FOBISIA Fitness</u>	Y9-Y10	06:45 - 07:30	32	Mr. Tuan Vuong	Secondary Sports Hall	Secondary Action	Mixed	We WILL be the fittest team at FOBISIA. Get strong, fast and durable for the FOBISIA Games. If selected in the FOBISIA squad it is an expectation to attend this club. *This CCA will run from September until November.
<u>U19 Boys Volleyball Squad</u>	Y10-Y13	15:55 - 16:55	24	Mr. Richard Soriano Mr. Phil Husband	Secondary Sports Hall	Secondary Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U19 Girls Volleyball Squad</u>	Y10-Y13	14:50 - 15:50	24	Ms. Laura Gallagher Mr. Angel Lozano	Secondary Sports Hall	Secondary Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>Uniform Upcycling</u>	Y9-Y12	15:55 - 16:55	20	Student Led by Annie Joshi & Victoria Fehke Supervised by Ms. Katie Walsh & Ms. Yolanda Cotteral	Room 308	Secondary Creativity	Mixed	Are you passionate about re-using materials to reduce waste. Come along and make some cool products using old school uniform that has been donated. Learn to use the sewing machine and to cut fabrics for making products.

# THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>ABRSM Theory Club</u>	Y7-Y13	12:40 - 13:15	No limit	Mr. Ian Alexander Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	All students welcome. A session to help prepare for your theory grades. Remember you need to take grade 5 theory to take grade 6-8 practical ABRSM exams.
<u>Big Band</u>	Y7-Y13	14:50 - 15:50	No limit	Mr. Ian Alexander Ms. Keziah Jacombs	Room 202	Secondary Creativity	Mixed	All sax, trumpet, trombone and rhythm section musicians are invited to join the BIS Big Band. Lots of funk, rock jazz and blues tunes.
<u>Christina Noble Swimming Club</u>	Y10-Y13	14:50 - 15:50	15	Mr. Gavin Donnelly Ms. Nesta Lanyon-Jones	Secondary Swimming Pool	Secondary Creativity	Mixed	If you are a confident swimmer in years 10-13 please sign up to help someone learn the life-saving skill of being able to swim. This club works with the community partner the Christina Noble Children's Foundation. Students need to be good swimmers.
<u>Darts Club</u>	Y7-Y13	14:50 - 15:50	16	Mr. Hodgson	Room 423	Secondary Action	Mixed	Learn the rules of darts. Improve your skills and play competitive games with your friends.
<u>Fantasy Football</u>	Y7-Y13	14:50 - 15:50	15	Mr. Owen Lewis	Room 426	Secondary Creativity	Mixed	Pick a squad of English Premier League football players using a set budget and enter your team into school and international leagues. Your players score points for you team according to how well they perform in real life Premiership matches. Once every week, competitors meet up to discuss the progress of their players and teams, to decide on their starting eleven and to finally decide which player, or players to transfer in or out of their squad for the next game-week.
<u>Film Acting Club</u>	Y9-Y12	15:50 - 16:50	10	Student Led by Khanh Linh Tran Supervised by Ms. Cat Molloy	Room 209	Secondary Creativity	Mixed	Do you enjoy drama and classify yourself as a movie fanatic? Are you interested in developing realism in theatre to assist your current classwork? Either way, this club will allow you to explore film acting based off of popular movies, where students will be able to play different roles and acquire techniques from workshop-style sessions which could be used for drama in class.
<u>GIN Council</u>	Y9-Y13	12:40 - 13:15	n/a	Ms. Gemmer Archer Ms. Rebecca Kerr Ms. Nester Lanyon Jones	Room 301	Secondary Community - Service	Mixed	Plan and co-ordinate the GIN Conference which will take place in Feb 2020.
<u>Growing Minds</u>	Y9-Y13	14:50 - 15:50	15	Ms. Rebecca Kerr Mr. Christopher Paine	Meet at the Bistro	Secondary Community - Service	Mixed	Join this club where students from the Binh Trieu school come along to BIS to experience what we have to offer. Improve your leadership skills by designing games and leading activities for the Binh Trieu students to improve their English and most importantly have fun. This term we have carried out Drama, ICT, Sport and Art activities, what could we do next term? Being able to speak at least basic Vietnamese is a real plus.
<u>GymKraft Competitive GYMNASTICS WAG Levels 1-2</u>	Y7-Y13	17:00 - 18:00	24	GymKraft	Primary Gym	Secondary Paid Activities	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>GymKraft Competitive GYMNASTICS WAG Levels 3-4</u>	Y7-Y13	18:00 - 19:00	24	GymKraft	Primary Gym	Secondary Paid Activities	Mixed	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>Handball Club</u>	Y7-Y10	14:50 - 15:50	25	Student led by Henri Boulin & Payas Singh Supervised by Mr. Darryl Cullen	The Bistro	Secondary Action	Mixed	We will be playing handball on both of the big courts downstairs at the Bistro. Students will be able to enjoy playing outside and doing physical activities. This club will provide a new opportunity for students that are interested in playing handball.
<u>IGCSE Scripted</u>	Y11	14:50 - 15:50	15	Mr. Thomas Babiker-Thurston	Room 210	Secondary Creativity	Mixed	This is an opportunity for IGCSE Drama students from years 10 and 11 to create an extra piece of scripted coursework, it is an opportunity to work with new people and across the Drama classes.
<u>KS3 Choir</u>	Y7-Y9	14:50 - 15:50	No limit	Mr. Ian Alexander Ms. Frances Amos Ms. Emma Husband Ms. Keziah Jacombs	Room 212	Secondary Creativity	Mixed	If you enjoy singing and want to know how to develop your skills, learn with a big group of people and have fun doing it by coming along to Choir. This term our repertoire will range from pop to rock, from jazz right through to classical.
<u>KS3 Drama Club</u>	Y7-Y9	14:50 - 15:50		Mr. Keigan Page	Room 209	Secondary Creativity	Mixed	KS3 Drama club is a chance to learn new skills and create work with new people outside of your class. There will be games and role play and improvisation and a whole lot more. Come along and develop your talents.



# THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Literature Show</u>	Y12	14:50 - 15:50		Ms. Jessica Bostock Ms. Alice Roberson	Theatre	Secondary Creativity	Mixed	To participate in productions you will need to attend auditions on the 4th and 5th September in room 209. You should sign up before this on the signup sheet on the door of 209. Only year 12 this year are able to audition for the Literature show, attendance to all rehearsals is compulsory
<u>Model United Nations</u>	Y8-Y13	14:50 - 15:50	50	Mr. Daniel Gamwell Ms. Gemma Archer Mr. Stuart Elliott Mr. Tim English	Room 109, 110 and 111	Secondary Creativity	Mixed	The Model United Nations is a simulation of the real UN general assembly and other legislative councils. It involves debating wide ranging issues, and offers the opportunity to partake of academic conferences in Seoul, Hanoi and here in Ho Chi Minh City. Sharpen your diplomacy, debate, leadership, critical thinking and public speaking skills at MUN.
<u>Monologue</u>	Y7-13	14:50 - 15:50	20	Ms. Cat Molloy Mr. Keigan Page	Room 208	Secondary Creativity	Mixed	A chance to work on performing and writing monologues, as well as representing the school in the annual Saigon schools monologue competition.
<u>Multi Sports Club</u>	Y11-Y13	14:50 - 15:50	10	Student-Led by Hayley Handscombe Supervised by John Handscombe	Junior Sports Field	Secondary Action	Mixed	This is a club mainly for girls in Years 3 & 4 and is aimed at building basic skills and motivation in sports for these younger female students. The secondary students will be helping with the activities and encouraging the younger students to have fun and enjoy sports.
<u>Senior Choir</u>	Y10-Y13	12:40 - 13:15	No limit	Ms. Emma Husband	Room 202	Secondary Creativity	Mixed	A Key Stage 4 & 5 choir only for any male or female who enjoys singing (no audition required)
<u>Stronger, Fitter, Buffer</u>	Y10-Y13	14:50 - 15:50	15	Mr. Jim Dace	New BIS Gym on the 5th Floor	Secondary Action	Mixed	Supervised use of the new BIS gym for weight training and cardio. This activity will suit students who know what to do in a gym, but who might need some help or advice.
<u>Study Club</u>	Y7-Y13	14:50 - 15:50	20	Mr. Ian Young Ms. Yvonne Cullen Ms. Christine Laddaran	The Curve	Secondary Creativity	Mixed	This is a good opportunity for students to receive clarification on any aspect of their class work or to complete homework before leaving school.
<u>TEDx</u>	Y10-Y13	14:50 - 15:50		Ms. An Gulinck Ms. Rebecca Kerr Mr. Christopher Paine	Room 123	Secondary Creativity	Mixed	This club is for students who want to put together the programme for an official TEDx conference at BIS. We need student speakers, but also artists, musicians, graphic designers, photographers, organisers and marketing enthusiasts. You can take part in a specific aspect of the conference, or choose to join the organising team that will be responsible for the conference throughout the year.
<u>The Caterers Academy Cookery Class</u>	Y7-Y9	14:50 - 15:50	15	The Caterers	Junior Campus Food Technology Room	Secondary Paid Activities	Mixed	The Caterers Academy is a hands on cooking program which will give students the opportunity to learn valuable life skills through the art of preparing food. You will not only be taught a repertoire of both savoury and sweet recipes but you will be encouraged to work in teams, use basic maths skills and increase your common sense, all in a FUN and EDIBLE way!!! You will take home what you have cooked in the class and at the end of the season you will receive a cookbook which contains all the recipes you would have mastered. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>The Improv Games</u>	Y7-Y13	12:40 - 13:15	30	Student-Led by Agraj Joshi and Jessica Battersby Supervised by Cat Molloy	Room 210	Secondary Creativity	Mixed	Do you enjoy drama? Do you particularly enjoy improvisational techniques? Then this is the club for you. The Improv Games is a club where students hone their improvisational skills and learn how to collaborate well in a team. Students of the club will perform in a non-profit competition at the end of term in groups where they will be judged on their skills. Join The Improv Games if any of this sparks your interest
<u>U14 Girls Basketball Squad</u>	Y7-Y9	14:50 - 15:50	24	Ms. Maddison Fern Mr. Tuan Vuong	Secondary Sports Hall	Secondary Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.

## THURSDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>U14-U19 Recreational Netball</u>	Y7-Y13	14:50 - 15:50	24	Ms. Camilla Ruddin Ms. Yasmin Anderson	Secondary Outside Court	Secondary Action	Mixed	Come to learn the basics or just play for fun. This session is aimed at playing with your friends in a fun and none competitive environment. *This CCA will run from September until December. January until April. May until June.
<u>U14-U19 Secondary Swim Squad</u>	Y7-Y13	16:00 - 17:30	24	Ms. Emily McLelland Mr. Vinh Nguyen Mr. Tuong Lam	Secondary Swimming Pool	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U15 FOBISIA Swimming</u>	Y9-Y10	06:30 - 07:30	23	Ms. Emily McLelland Mr. Vinh Nguyen Mr. Tuong Lam	Secondary Swimming Pool	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. *This CCA will run from September until November.
<u>U15 FOBISIA/U14 SISAC Pre Season Girls Football</u>	Y7-Y10	15:55 - 16:55	24	Mr. Matt O'Brien	BIS Sports Field	Secondary Action	Girls	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the SISAC team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.
<u>U19 Badminton Pre Season</u>	Y9-Y10	06:45 - 07:30	24	Mr. Tuan Vuong	Secondary Sports Hall	Secondary Action	Mixed	This will be a session preparing the teams for the upcoming season. If you are serious about getting into the squad, attendance is essential. *This CCA will run from September until November .
<u>U19 Table Tennis Squad</u>	Y10-Y13	14:50 - 15:50	24	Simon Williams	Secondary Dance Studio	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>Vietnamese Grammar Club</u>	Y7-Y12	14:50 - 15:50	10	Ms. Mai Le	Room 326	Secondary Creativity	Mixed	This club is designed to help Vietnamese language learners with revision of basic Vietnamese grammar through the use of fun activities such as kahoot, quizzes, tips of writing Vietnamese essays, vocabulary development ( puzzle or crosswords). Vietnamese is spoken in this club only

## FRIDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u>Battle Bots Fight Club</u>	Y7 - Y13	12:40 - 13:20	16	Student-led by Alois Luong and Rodrigo Heran Balbuena Supervised by Mr. Chris Diver	Room 306	Creativity	Both	Students participating in this CCA will have the opportunity to learn and apply their knowledge of electronics, mechanics and programming (ie. STEAM) as they create robots using Arduino kits! Come join in this fun school sponsored activity!
<u>Chemistry Club</u>	Y10-Y13	14:15-15:50	20	Dr Alice Wardell	Room 407	Creativity	Both	Chemistry club is a student led activity, giving students the chance to decide on, plan and carry out their own experiments outside of lesson time
<u>Interschool Penpal Club</u>	Y9-Y12	12:40 - 13:15	15	Student-led by Ashley Lee, Min Ho Kim Supervised by Ms. Samantha Mackenzie	TBC	Secondary Creativity	Mixed	Students will get paired up with students from another school in another country. They will regularly exchange emails about subjects ranging from their culture, country history, views on world issues to the last football championships which will help them develop their awareness and knowledge about the world around them, not limited to Vietnam. This experience will allow students to gain more insight on the issues around the world, which may also take part in aiding their studies both in the future and at school.
<u>Irish Folk</u>	Y7-Y13	12:40 - 13:15	No limit	Mr. Ian Alexander Ms. Emma Husband Ms. Keziah Jacombs	Room 212	Secondary Creativity	Mixed	An instrumental folk group for violins, flutes, guitars and percussion players that focuses on traditional music from Ireland and Scotland.
<u>Judo</u>	Y7-Y9	14:50 - 15:50	12	Mr. Tuan Vuong	Secondary Dance Studio	Secondary Paid Activities	Mixed	Judo is a sport that is physically enriching, developing physical fitness, greater endurance and good static and dynamic balance. Taking Judo helps student builds self-confidence, trust, self-discipline and respect for oneself and others. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u>Student Maths Leaders Club</u>	Y12	12:45 - 13:15	20	Mr. Ben Sillitoe	Room 424	Secondary Creativity	Mixed	The Student Maths Leaders are a group of Year 12 students who plan and organise the Saigon Junior Logic Competition as well as fun maths-related activities for our Year 6 students.
<u>U14 Boys Basketball Squad</u>	Y7-Y9	14:50 - 15:50	24	Jonny McLoughlin and Ali Thom	Secondary Sports Hall	Secondary Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U14-U19 Secondary Swim Squad</u>	Y7-Y13	06:00 - 07:30	24	Ms. Emily McLelland Mr. Vinh Nguyen Mr. Tuong Lam	Secondary Swimming Pool	Secondary Action	Mixed	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCA s is expected. *This CCA will run from September until November.
<u>U15 FOBISIA/U14 SISAC Pre Season Boys Football</u>	Y7-Y10	15:55 - 16:55	24	Mr. Matt O'Brien	BIS Sports Field	Secondary Action	Boys	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. It will also prepare the SISAC team for their upcoming season. So if you are serious about getting into this squad, attendance is essential. *This CCA will run from September until November.

# SATURDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
<u><a href="#">Richard Soriano Basketball</a></u>	Y7 - Y13	14:45 - 16:15	24	Mr Richard Soriano	Secondary Sports Hall	Secondary Paid Activities	Mixed	Refine those Basketball skills. Develop your attacking and defensive strategies. Improve your tactical understanding with game play at the forefront of this weekend CCA. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u><a href="#">RSFA Performance Programme - U14 Boys Football</a></u>	Y7 - Y9	09:30 - 11:00	24	RSFA	BIS Sports Field	Secondary Paid Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u><a href="#">RSFA Performance Programme - U14 Girls Football</a></u>	Y7 - Y10	11.00 - 12.30	24	RSFA	BIS Sports Field	Secondary Paid Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u><a href="#">RSFA Performance Programme - U19 Boys Football</a></u>	Y10 - Y13	09:30 - 11:00	24	RSFA	Field	Secondary Paid Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)
<u><a href="#">RSFA Performance Programme - U19 Girls Football</a></u>	Y7 - Y10	11.00 - 12.30	24	RSFA	BIS Sports Field	Secondary Paid Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day <b>PAID ACTIVITY</b> (please see Paid Activities Notes section at the end of the booklet)

## PAID ACTIVITY NOTES - Administration

DAY	<u>ACTIVITY</u>	TIME	Administration Notes
Monday	<u>Archery</u>	15:00 - 16:00	Starts: Monday 16 September Ends: Monday 2 December No CCA weeks: n/a 11 Weeks Tuition Cost: 2,717,000 VND Bus Cost: n/a TOTAL COST: 2,717,000 VND Payment deadline: Monday 9 September
Monday	<u>Archery</u>	16:00 - 17:00	Starts: Monday 16 September Ends: Monday 2 December No CCA weeks: n/a 11 Weeks Tuition Cost: 2,717,000 VND Bus Cost: n/a TOTAL COST: 2,717,000 VND Payment deadline: Monday 9 September
Monday	<u>Archery</u>	15:00 - 17:00	Starts: Monday 16 September Ends: Monday 2 December No CCA weeks: n/a 11 Weeks Tuition Cost: 4,620,000 VND Bus Cost: n/a TOTAL COST: 4,620,000 VND Payment deadline: Monday 9 September
Monday	<u>Golf</u>	14:50 - 16:30	Starts: Monday 16 September Ends: Monday 2 December No CCA weeks: n/a 11 Weeks Tuition Cost: 4,658,500 VND Bus Cost: 1,900,000 VND TOTAL COST: 6,558,500 VND Payment deadline: Monday 9 September

Monday	<u>RSFA Performance Programme - U14 Boys Football</u>	17:00 - 18:30	<p>Returning Students:  1 Session Per Week - 1,650,000  2 Sessions Per Week - 3,300,000  3 Sessions Per Week - 4,950,000.  New Students:  1 Session Per Week - 2,200,000  2 Sessions Per Week - 3,850,000  3 Sessions Per Week - 5,500,000.  Starts: Monday 16 September  Ends: Monday 2 December  No CCA weeks:  11 Weeks  Tuition Cost: 1,650,000 VND  Bus Cost: n/a  TOTAL COST: 1,650,000 VND  Payment deadline: Monday 9 September</p>
Monday	<u>RSFA Performance Programme - U14 Girls Football</u>	17:00 - 18:30	<p>Returning Students:  1 Session Per Week - 1,650,000  2 Sessions Per Week - 3,300,000  3 Sessions Per Week - 4,950,000.  New Students:  1 Session Per Week - 2,200,000  2 Sessions Per Week - 3,850,000  3 Sessions Per Week - 5,500,000.  Starts: Monday 16 September  Ends: Monday 2 December  No CCA weeks:  11 Weeks  Tuition Cost: 1,650,000 VND  Bus Cost: n/a  TOTAL COST: 1,650,000 VND  Payment deadline: Monday 9 September</p>

Monday	<b><u>RSFA Performance Programme - U19 Boys Football</u></b>	18:30 - 20:00	<p>Returning Students:  1 Session Per Week - 1,650,000  2 Sessions Per Week - 3,300,000  3 Sessions Per Week - 4,950,000.</p> <p>New Students:  1 Session Per Week - 2,200,000  2 Sessions Per Week - 3,850,000  3 Sessions Per Week - 5,500,000.</p> <p>Starts: Monday 16 September  Ends: Monday 2 December  No CCA weeks:  11 Weeks  Tuition Cost: 1,650,000 VND  Bus Cost: n/a  TOTAL COST: 1,650,000 VND  Payment deadline: Monday 9 September</p>
Tuesday	<b><u>GymKraft Competitive GYMNASTICS WAG Levels 1-2</u></b>	17:00 - 18:00	<p>Starts: Tuesday 24 September  Ends: Tuesday 26 November  No CCA weeks: n/a  9 Weeks  Tuition Cost: 2,700,000 VND  75,000 VND discount if 2 sessions are taken per week.  Bus Cost: n/a  TOTAL COST: 2,700,000 VND  Payment deadline: Monday 9 September</p>
Tuesday	<b><u>GymKraft Competitive GYMNASTICS WAG Levels 3-4</u></b>	18:00 - 19:00	<p>Starts: Tuesday 24 September  Ends: Tuesday 26 November  No CCA weeks: n/a  9 Weeks  Tuition Cost: 2,700,000 VND  75,000 VND discount if 2 sessions are taken per week.  Bus Cost: n/a  TOTAL COST: 2,700,000 VND  Payment deadline: Monday 9 September</p>
Tuesday	<b><u>Kick Boxercise (Girls Only)</u></b>	14:50 - 15:50	<p>Starts: Tuesday 17 September  Ends: Tuesday 3 December  No CCA weeks: n/a  11 Weeks  Tuition Cost: 2,035,000 VND  Bus Cost: n/a  TOTAL COST: 2,035,000 VND  Payment deadline: Monday 9 September</p>

Tuesday	<b><u>Kick Boxing</u></b>	15:55 - 16:55	Starts: Tuesday 17 September Ends: Tuesday 3 December No CCA weeks: n/a 11 Weeks Tuition Cost: 2,035,000 VND Bus Cost: n/a TOTAL COST: 2,035,000 VND Payment deadline: Monday 9 September
Tuesday	<b><u>RSFA Performance Programme - U19 Boys Football</u></b>	17:00 - 18:30	Returning Students: 1 Session Per Week - 1,650,000 2 Sessions Per Week - 3,300,000 3 Sessions Per Week - 4,950,000 New Students: 1 Session Per Week - 2,200,000 2 Sessions Per Week - 3,850,000 3 Sessions Per Week - 5,500,000. Starts: Tuesday 17 September Ends: Tuesday 3 December No CCA weeks: n/a 11 Weeks Tuition Cost: 1,650,000 VND Bus Cost: n/a TOTAL COST: 1,650,000 VND Payment deadline: Monday 9 September
Tuesday	<b><u>RSFA Performance Programme - U19 Girls Football</u></b>	18:30 - 20:00	Returning Students: 1 Session Per Week - 1,650,000 2 Sessions Per Week - 3,300,000 3 Sessions Per Week - 4,950,000 New Students: 1 Session Per Week - 2,200,000 2 Sessions Per Week - 3,850,000 3 Sessions Per Week - 5,500,000. Starts: Tuesday 17 September Ends: Tuesday 3 December No CCA weeks: n/a 11 Weeks Tuition Cost: 1,650,000 VND Bus Cost: n/a TOTAL COST: 1,650,000 VND Payment deadline: Monday 9 September



Wednesday	<b><u>Climbing</u></b>	14:50 - 16:30	Starts: Wednesday 18 September Ends: Wednesday 4 December No CCA weeks: n/a 11 Weeks Tuition Cost: 1,815,000 VND Bus Cost: 1,900,000 VND TOTAL COST: 3,715,000 VND Payment deadline: Monday 9 September
Wednesday	<b><u>RSFA Performance Programme - U14 Boys Football</u></b>	17:00 - 18:30	Returning Students: 1 Session Per Week - 1,650,000 2 Sessions Per Week - 3,300,000 3 Sessions Per Week - 4,950,000 New Students: 1 Session Per Week - 2,200,000 2 Sessions Per Week - 3,850,000 3 Sessions Per Week - 5,500,000. Starts: Tuesday 17 September Ends: Tuesday 3 December No CCA weeks: n/a 11 Weeks Tuition Cost: 1,650,000 VND Bus Cost: n/a TOTAL COST: 1,650,000 VND Payment deadline: Monday 9 September
Wednesday	<b><u>RSFA Performance Programme - U14 Girls Football</u></b>	17:00 - 18:30	Returning Students: 1 Session Per Week - 1,650,000 2 Sessions Per Week - 3,300,000 3 Sessions Per Week - 4,950,000 New Students: 1 Session Per Week - 2,200,000 2 Sessions Per Week - 3,850,000 3 Sessions Per Week - 5,500,000. Starts: Wednesday 18 September Ends: Wednesday 4 December No CCA weeks: n/a 11 Weeks Tuition Cost: 1,650,000 VND Bus Cost: n/a TOTAL COST: 1,650,000 VND Payment deadline: Monday 9 September

Wednesday	<b><u>RSFA Performance Programme - U19 Girls Football</u></b>	18:30 - 20:00	<p>Returning Students:  1 Session Per Week - 1,650,000  2 Sessions Per Week - 3,300,000  3 Sessions Per Week - 4,950,000</p> <p>New Students:  1 Session Per Week - 2,200,000  2 Sessions Per Week - 3,850,000  3 Sessions Per Week - 5,500,000.</p> <p>Starts: Wednesday 18 September  Ends: Wednesday 4 December  No CCA weeks: n/a  11 Weeks  Tuition Cost: 1,650,000 VND  Bus Cost: n/a  TOTAL COST: 1,650,000 VND  Payment deadline: Monday 9 September</p>
Thursday	<b><u>GymKraft Competitive GYMNASTICS WAG Levels 1-2</u></b>	17:00 - 18:00	<p>75,000 VND discount if 2 sessions are taken per week.  Starts: Thursday 26 September  Ends: Thursday 28 November  No CCA weeks: n/a  9 Weeks  Tuition Cost: 2,700,000 VND  Bus Cost: n/a  TOTAL COST: 2,700,000 VND  Payment deadline: Monday 9 September</p>
Thursday	<b><u>GymKraft Competitive GYMNASTICS WAG Levels 3-4</u></b>	18:00 - 19:00	<p>75,000 VND discount if 2 sessions are taken per week.  Starts: Thursday 26 September  Ends: Thursday 28 November  No CCA weeks: n/a  9 Weeks  Tuition Cost: 2,700,000 VND  Bus Cost: n/a  TOTAL COST: 2,700,000 VND  Payment deadline: Monday 9 September</p>
Thursday	<b><u>The Caterers Academy Cookery Class</u></b>	14:50 - 15:50	<p>Tuition Cost: VND 270,000/class x 11 Weeks  TOTAL COST: VND 2,970,000  (Includes all equipment, ingredients and a cookbook)  Payment deadline: Monday 9th September 2019</p>

Friday	<b><u>Judo</u></b>	14:50 - 15:50	Starts: Friday 20 September Ends: Friday 6 December No CCA weeks: Friday 27 September 10 Weeks Tuition Cost: 2,200,000 VND Bus Cost: n/a TOTAL COST: 2,200,000 VND Payment deadline: Monday 9 September
Saturday	<b><u>Richard Soriano Basketball</u></b>	14:45 - 16:15	Starts: Saturday 21 September Ends: Saturday 7 December No CCA weeks: Saturday 28 September and Saturday 30 November 9 Weeks Tuition Cost: 1,980,000 VND Bus Cost: n/a TOTAL COST: 1,980,000 VND Payment deadline: Monday 9 September
Saturday	<b><u>RSFA Performance Programme - U14 Boys Football</u></b>	09:30 - 11:00	Returning Students: 1 Session Per Week - 1,650,000 2 Sessions Per Week - 3,300,000 3 Sessions Per Week - 4,950,000. New Students: 1 Session Per Week - 2,200,000 2 Sessions Per Week - 3,850,000 3 Sessions Per Week - 5,500,000. Starts: Saturday 21 September Ends: Saturday 7 December No CCA weeks: Saturday 28 September and Saturday 16 November. 9 Weeks Tuition Cost: 1,650,000 VND Bus Cost: n/a TOTAL COST: 1,650,000 VND Payment deadline: Monday 9 September

Saturday	<u>RSFA Performance Programme - U14 Girls Football</u>	11.00 - 12.30	<p>Returning Students:  1 Session Per Week - 1,650,000  2 Sessions Per Week - 3,300,000  3 Sessions Per Week - 4,950,000.</p> <p>New Students:  1 Session Per Week - 2,200,000  2 Sessions Per Week - 3,850,000  3 Sessions Per Week - 5,500,000.</p> <p>Starts: Saturday 21 September  Ends: Saturday 7 December  No CCA weeks: Saturday 28 September and Saturday 16 November.  9 Weeks  Tuition Cost: 1,650,000 VND  Bus Cost: n/a  TOTAL COST: 1,650,000 VND  Payment deadline: Monday 9 September</p>
Saturday	<u>RSFA Performance Programme - U19 Boys Football</u>	09:30 - 11:00	<p>Returning Students:  1 Session Per Week - 1,650,000  2 Sessions Per Week - 3,300,000  3 Sessions Per Week - 4,950,000.</p> <p>New Students:  1 Session Per Week - 2,200,000  2 Sessions Per Week - 3,850,000  3 Sessions Per Week - 5,500,000.</p> <p>Starts: Saturday 21 September  Ends: Saturday 7 December  No CCA weeks: Saturday 28 September and Saturday 16 November.  9 Weeks  Tuition Cost: 1,650,000 VND  Bus Cost: n/a  TOTAL COST: 1,650,000 VND  Payment deadline: Monday 9 September</p>

Saturday	<p style="text-align: center;"><b><u>RSFA Performance Programme - U19 Girls Football</u></b></p>	11.00 - 12.30	<p>Returning Students:  1 Session Per Week - 1,650,000  2 Sessions Per Week - 3,300,000  3 Sessions Per Week - 4,950,000.  New Students:  1 Session Per Week - 2,200,000  2 Sessions Per Week - 3,850,000  3 Sessions Per Week - 5,500,000.  Starts: Saturday 21 September  Ends: Saturday 7 December  No CCA weeks: Saturday 28 September and Saturday 16 November.  9 Weeks  Tuition Cost: 1,650,000 VND  Bus Cost: n/a  TOTAL COST: 1,650,000 VND  Payment deadline: Monday 9 September</p>
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