



NORD ANGLIA  
INTERNATIONAL SCHOOL  
DUBAI

## Secondary Weekly Sporting Achievements

14.02.19



### NAS SPORTS HOUSE POINTS

1<sup>st</sup> = 20points  
2<sup>nd</sup> = 15 points  
3<sup>rd</sup> = 10 points  
4<sup>th</sup> = 5 points



### Outstanding highlights this week

- U16 Boys Rugby beat Kings Al Barsha in their league fixture on Wednesday 30<sup>th</sup> January.
- U16/U18 swimmers at the DASSA Swim Championships @ Hamdan on Thursday.
- The girls BSME U15 Netball Team beat Tanglin Singapore who are over touring Dubai
- U16 Girls played well at the International tournament @ Rashid School on Friday.
- U14 Rugby – An unbelievable performance against DESC
- A fantastic effort from all students at this afternoons Secondary Sportsday 2019.

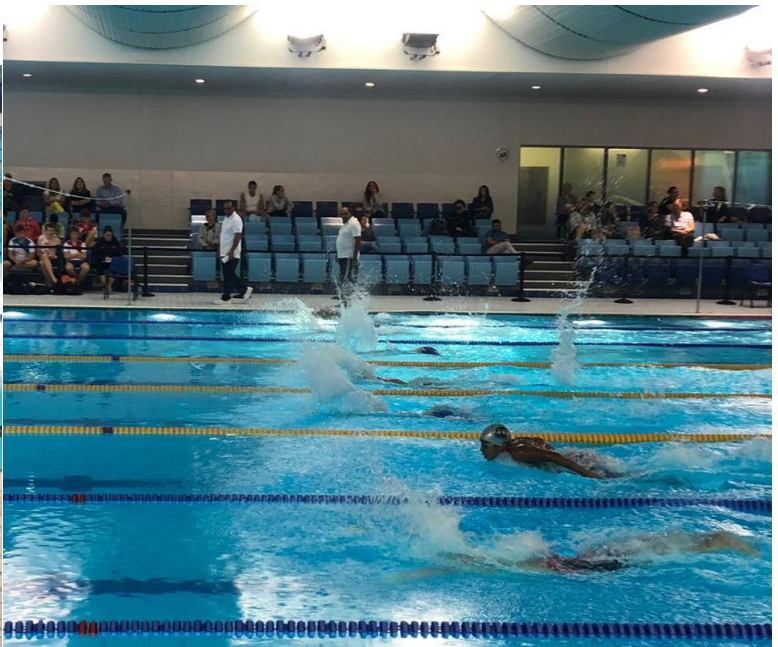
Well done to everyone this term, we hope you enjoy the February half term.

**Mrs. Chaters (Head of Secondary PE)**

## U16/U18 DASSA Swim Championships @ Hamdan Complex

Our Secondary Senior Swim Squad (u/16 and u/18) took part in the DASSA Swim Championships at the Hamdan Complex today. All our swimmers had a fantastic day in the pool with a total of 4 gold, 4 silver and 24 bronze medals. A special congratulations to all the members of the Secondary Swim Squad who was crowned Division 3 winners

**Coach Ray (NAS Swim Coach)**





## U16 Rugby vs GEMS WSO @ Rugby Sevens

The Under 16 Boys Rugby team had their 4th fixture of the season and their second WIN tonight at the Dubai 7's against WSO! It was another improved performance with all 20 of the squad getting game time and lots of the boys getting on the score sheet with some very well worked tries. Some very good individual performances from Aaran Khele, Aslan Tuncata Jan Jirasek and Joe Atsma however the most consistent one came from the MOM Guy Yearn who tackled, returned kick off after kick rucked and mauled as well as being involved in all the set pieces. Well done to all the boys as they continue to grow as a team and as players! WSO 17- 29 NAS!



## U15 Girls Touch Rugby vs Kings Al Barsha @ KAB

Well done to the U15 girls touch rugby team who played a great game against Kings Al Barsha winning 3-1!

**Miss Fisher (PE Teacher)**



# U16 Girls football international tournament

(Friday 1<sup>st</sup> Feb @ Rashid School for Boys)

The girls were amazing at this difficult Middle East Unity Cup tournament. It was the first time NAS entered this competition which was out of season for the girls. We were the youngest side there and it showed but we held our own in every game. We played against some of the top teams in the Middle East and look forward to competing next year.

RAS AL KHAIMAH	UAE	Lost 1-0
AMERICAN SCHOOL RIYADH	KSA	Lost 3-0
ST CHRISTOPHER'S BAHRAIN	BAHRAIN	Lost 3-0
A DHAHRAN HIGH SCHOOL	KSA	Lost 1-0
B DHAHRAN HIGH SCHOOL	KSA	Draw 0-0

The results didn't show how good we were and how many times we hit the crossbar or post. The girls never gave up at any time and I'm very proud of how they performed. The score lines could have been worse if it hadn't had been for our amazing goalkeeper who made some outstanding saves.

**Player of the tournament:**

Isabel Ellis

**Mr. Collin (U16 Girls Coach)**





## U14 Rugby vs JESS Ranches @ JESS Ranches

It was a hard fought battle at JESS Ranches on Thursday where our under 14 boys played their first game of the season in the A league! The boys played very well in the 1st half and had two clear chances that they just missed out on scoring keeping JESS to only 3 tries. The second half brought some more opportunities for JESS but the team continued to play some very hard rugby!! Great work from the forwards particularly Caleb Black and Tadhg Nash

MOM Caleb Black!

**Mr. Gairn (PE Teacher)**



## Middle East Unity Cup @ Hamadan Complex

Another great day from all our swimmers in the MEUC Cup today. The effort and commitment showed over the weekend pays tribute to all our swimmers long hours of training and passion they have for this sport. Everyone at NAS is proud of all our swimmers! Congrats to all medal winners as we ended the long weekend of swimming with 8 gold, 6 silver and 9 bronze medals.

**Coach Ray (NAS Swim Coach)**





## U12 Rugby vs Jebel Ali School @ NAS Dubai

The under 12 boys had another good game at home against Jebel Ali. Although it wasn't the result they wanted it was more progress again with a well worked try by the forwards.

MOM Hanyu! Well done boys!!

**Mr. Gairn (PE Teacher)**



## U13A Netball vs JESS Ranches A @ NAS Dubai

The U13A team had another tough match against a strong JESS A netball team. A strong defensive performance by NAS who had a tough match to compete against the JESS players. Proud of all the girls who didn't let their heads drop throughout the match and continued to play until the final whistle. Keep going!

POM: Isabella Carmicheal

**Miss Lea (PE Teacher)**



## U16A Netball vs DESC @ NAS Dubai

A great performance against DESC by the U16A netball team. The girls fought throughout the whole match. The determination payed off to win the third quarter of the match but unfortunately DESC managed to pull away again in the fourth quarter. Well done to everyone!

Congratulations to the player of the match: Safia Wright

**Miss Lea (PE Teacher)**



## U16B Netball vs DESC @ NAS Dubai

Well done to the U16B netball team who played against DESC today. It was a tough game but our girls worked hard throughout the match and didn't give up.

Player of the Match - Zaha

**Miss Fisher (PE Teacher)**





## U14 Rugby vs Dubai English Speaking School @ DESC

U14 Rugby boys travelled to DESC today in their 2nd league game of the season. DESC are a traditionally very strong Rugby side and the boys were looking forward to a tough battle on the pitch. Although DESC played some fantastic rugby showing their pedigree they were only up by 17 points at half time (3 tries). The Boys knew they could play better and entered the 2nd half feeling positive. Josh Harbour opened the scoring with a chased down Kick and Will Hallett followed up with a try scored from the back of the scrum, run 1 g the ball in from 20m's out! Kai Woodhouse went on to kick a ball down the wing that made the DESC 15 panic and carry the ball back over his line giving NAS a scrum 5 meters out! Will Halley again picked from the back of the scrum and ruffled over the line! With 8 minutes left to play DESC were only ahead by 8 points and the NAS side could see they had a chance! Unfortunately it wasn't to be. Final score DESC 32-19NAS, MOM-Will Hallett

**Mrs. Gairn (PE Teacher)**



## U15 Girls Touch Rugby vs English College @ English College

Well done to the U15 girls touch rugby team who played EC today in a league fixture. The girls played a great game winning 4-1. Well done all!

**Mrs. Britton (PE Teacher)**





## U19 Girls Touch Rugby vs WSO @ GEMS WSO

NAS Girls Rugby! What a nail biter! The girls have shown so much improvement over the past few weeks. Today we travelled to GEMS WSO for a gripping 3-0 defeat. The score does not reflect the number of times we visited the opposition's try line! Awesome game and congratulations to Isobel who took POM.

**Mrs. Britton (PE Teacher)**



## U16 Netball vs GEMS WIS @ NAS Dubai

Well done to the U16C Netball team who played WIS today in a great match. The girls played brilliant through court and gained some awesome interceptions. Final score 10-6 to WIS. POM: Alyssa

**Miss Fisher (PE Teacher)**





## Go Karting – SWS Championships 2019

Congratulation to Federico who disputed the 1st Round of SWS Championship 2019.

After qualifying 2nd, he won both Race1 and Race2.

We also received the official letter from Kartdrome, for Federico that qualified on the international rank to dispute the World Finals in Valencia (Spain) in July.

**Mr. Collin (Head of PE)**



Parents if you have any sports photos from the weekend please email these into your child's PE Teacher for us to include in next week's Weekly PE Newsletter.

