



Monday 23.08.2021г.	Tuesday 24.08.2021г.	Wednesday 25.08.2021г.	Thursday 26.08.2021г.	Friday 27.08.2021г.	Saturday 28.08.2021г.
Breakfast					
Banana	Banana	Banana	Banana	Banana	
Charlotte	Cupcakes	Cottage cheese casserole	Rainbow cookie	Shortbread	
Apple compote	Hibiscus tea	Rose hip	Lemon hour	Dried fruits compote	
Lunch					
Lagman soup/Veg soup	Meatball Soup // Veg Soup	Borsch// Veg soup	Shurpa // Veg Soup	Vegetable cream soup // Veg soup	Sanitary Day
Beef Cutlets	Beef stroganoff	Dymlyama	Plov // Veg Plov	Dalma	
Fried drumsticks	Nuggets	Chicken roll	Chicken sai	Fried fish	
Rice	Buckwheat with vegetables	Mashed potatoes	Bows	Buckwheat	
Tofu // Veg	Omelet with corn // Veg	Vegetable stew // Veg	Tofu // Veg	Boiled egg // Veg	
Fried vegetables	Fried vegetables	Fried vegetables	Fried vegetables	Fried vegetables	
Salad "Delicate"	Salad "Vinaigrette"	French salad	Fresh salad	Smak salad	
Mix salad	Funchoza salad	Iceberg salad	Spring salad	"Broom" salad	
Bread platter	Bread platter	Bread platter	Bread platter	Bread platter	
Vegetable mix	Vegetable mix	Vegetable mix	Vegetable mix	Vegetable mix	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Suzma	Suzma	Suzma	Suzma	Suzma	
Afternoon snack					
Sweet tea	Rose hip	Apple compote	Hibiscus tea	Sweet tea	
Kurabye	Tartlets	Pie	Croissant with cheese	Turkish samsa // Veg Samsa	
Apple	Pear	Apple	Pear	Apple	



THE BRITISH SCHOOL
OF TASHKENT

A NORD ANGLIA EDUCATION SCHOOL

Sayram

Monday 30.08.2021г.	Tuesday 31.08.2021г.	Wednesday 01.09.2021г.	Thursday 02.09.2021г.	Friday 03.09.2021г.	Saturday 04.09.2021г.
Breakfast					
Banana	Banana	Banana	Banana	Banana	
Chocolate cookies	Shortbread	Pancakes	Oat cookies	Bun with raisins	
Apple compote	Hibiscus tea	Rose hip	Tea with lemon	Dried fruits compote	
Lunch					
Chicken noodles // Veg soup	Borsch // Veg soup	Mastava soup // Veg soup	Shurpa // Veg soup	Lentil Soup // Veg Soup	Sanitary day
Stewed meat	Chicken schnitzel	Beef Lula - kebob	Pilaf	Chicken in batter	
Chicken meatballs with cheese	Sai meat	Chicken thighs	Baked chicken	Chinese meat	
Rice	Pasta	Baked potatoes	Spaghetti	Rice	
Omelet // Veg	Boiled egg // Veg	Tofu // Veg soup	Omelet // Veg	Tofu // Veg	
Fried vegetables	Steamed vegetables	Fried vegetables	Fried vegetables	Fried vegetables	
Shepherd salad	Japanese salad	Greek salad"	Achichuk salad	Caesar salad"	
Green salad	Salad "Delicate"	Alabama salad	Vesenyi salad	Cabbage salad	
Bread platter	Bread platter	Bread platter	Bread platter	Bread platter	
Vegetable mix	Vegetable mix	Vegetable mix	Vegetable mix	Vegetable mix	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Suzma	Suzma	Suzma	Suzma	Suzma	
Afternoon snack					
Sweet tea	Rose hip	Apple compote	Hibiscus tea	Sweet tea	
Buns // Veg buns	Shekerpare	Meat pie/Veg pie	Tartlets	Samsa with potatoes	
Apple	Pear	Apple	Pear	Apple	