



**Study Programs
In
China**



To:

**The British International
School, Puxi-Shanghai**



Xingping and Yangshuo Trip 2015



P & E CLASS is the standard for our own tour!

- Proactive and Energetic Tour;
- Physical and Educative Tour;
- Environmental Protection Tour;
- Well-planned Tour with Collaborative Efforts.

Xingping and Yangshuo Trip

Please note:

- The following itinerary is for your reference, which may change depending on your interests and circumstances;
- We provide 1 free place for teachers based on every 10 students;
- The following prices are available in 2015.
- The following itinerary is based on a morning flight from Shanghai to Guilin and an afternoon flight from Guilin back to Shanghai. If you plan on choosing different flights, we might need to modify the itinerary accordingly.
- Domestic flights: We can assist your school to book domestic flights according to the itinerary, but we could not give exact discount rate of domestic flights until one month before the trip departure. The land costs of this itinerary exclude round-trip airfare.

Introduction of the Trip

Xingping is located approximately 25 kilometers upstream from Yangshuo on the Li River. In Xingping area, you can have a spectacular view-grotesque hills dotting here and there, green bamboo nodding in the breeze and fishing boats drifting on the gentle water. This is the place whose delicate view has been printed on the note of 20 Yuan RMB. We will stay in the guesthouses in Dahebei Village in Xingping. You can stay here far away from the madding crowd, greet the first morning sunshine, fall asleep with the moonlight. There is no noisy chat and annoying car horn. In the summer and fall season, if you are lucky, you still can see fireflies in the night.



Yangshuo is a beautiful scenic town with ancient Chinese culture. The town is well-known both at home and abroad for its five wonderful characteristics: green hills, clear waters, fantastic caves, spectacular rocks and sweet scent of osmanthus.

On this trip, we will spend time cycling, learning cooking a Chinese meal, taking a hike along the stunning Li River, having farm work in Dahebei Village, etc...

P&E CLASS Highlights:

Visit Xingping old town and hike on the surrounding mountains

Xinping was initially settled in 265 AD, and was the regional centre for Yangshuo County until Yangshuo was settled in 590 AD. Like Yangshuo, Xinping is surrounded by great examples of Karst scenery.

Dahebei Village is a peninsula, situated in the other side of Xingping town on the Li River. It is a small angler village, with the charming of the countryside in China. Walk around the orchards, vegetable gardens and the trails around the village. Enjoy the countryside, expend some time with the local people. The local people make life by planting fruits, driving bamboo boat. Students will participant on some farm work with local farmers after the hike later on the day.

BBQ and bonfire acitivity: We will have BBQ in one of the local guesthouses and teachers could organize some activies for bon-fire night.



Cycling in countryside

Yangshuo has unique landscape whereas with much beauty in the countryside. Along the way we will go through villages and farm lands which you can enjoy rustic scenery. We will finish cycling at hundreds years old village on the bank of Li River.

Evening boat tour for watching cormorant fishing

The cormorant is a bird that has the ability to dive under water and stay there a long time looking for fish. It can grab the fish and take it to the surface in its beak before eating it. This skill has been used over the years by locals to catch fish for their meals. They prevent the fish being swallowed by the cormorant by putting a string around the birds' neck. The string is not tight but the bird's neck cannot expand enough to eat the fish. At this stage the local "fisherman" will grab the bird and empty its catch into a basket. Some locals still fish this way.



Chinese Cooking Class

This cooking school is located in a village near Yangshuo. Chinese food is recognized as one of the world's most creative cuisines and cooking it well is considered an art form. Whether a simple family meal or a celebratory banquet, Chinese food is prepared to be shared, and selecting which dishes are served is a matter of balance. There will be English speaking teacher to teach the group how to cook Yangshuo local cuisine.



Kayaking

Li River with its clean water, beautiful views on both banks inspires visitors' desire to do water sports. Kayaking is no doubt on top of the list. Along the river on kayak, you will see the authentic rural China, peaceful villages, picturesque peaks, green bamboos, water buffaloes, and ducks and so on.



Exploring the Silver Cave

There are many caves that can be visited in Yangshuo and the Silver Cave is certainly one of the most amazing ones. This cave is full of limestone stalactites and stalagmites that are delicately and intricately carved by nature. Amazing is not only the size of the caves, but how it seems to wind its way endlessly through the mountain with its numerous side-arms. The caves various types of stalactites and especially the many little water-pools, some of them with little fishes inside, guarantee a great adventure.

Rock Climbing

Rock climbing is a very popular activity in Yangshuo with hundreds karst limestone hills just waiting to be conquered. Yangshuo has a reputation of being a paradise for rock climbers. Rock climbing is not only a physical exercise, but also mentally stimulating and promotes teamwork. It needs co-operation and respect for risk and trust. We will spend half a day climbing a rock face that offers various routes for beginners with the assistance of experienced climbing guides.



Suggested itinerary (2 nights in twin-shared rooms of the guesthouses in Xingping and 2 nights in twin-shared rooms of the 3-star hotel in Yangshuo)

Day	Morning	Afternoon	Evening	Meals
1	✓ Take flight to Guilin;	✓ After arrival, head for Xingping by bus with take-away lunch; ✓ En route, visit Moon Hill;	✓ Check into the guesthouses in Dahebei Village of Xingping;	L, D
2	✓ Hike around Dahebei Village;	✓ Farm work in Dahebei Village; ✓ Treasure hunt in Xingping Old Town;	✓ Local barbecue dinner and bonfire party.	B, L, D
3	✓ Biking tour; ✓ Check into the hotel in Yangshuo and refresh;	✓ Free time on West Street and lunch on your own; ✓ Cooking Class and dinner;	✓ Cormorant fishing.	B, D
4	✓ Rock climbing;	✓ Kayaking on Li River (Fuli Town to Liugong Town, 2.5 hours);	✓ Free time at hotel and packing.	B, L, D
5	✓ Visit Silver Cave; ✓ Free time on West Street and lunch on your own;	✓ Take flight to Shanghai and trip ends		B

Land costs: RMB 3,350.00 /person

Single room supplements: RMB 620.00 /person

(* We provide 1 free place for teachers based on every 10 students.)

(* This proposal is based on a group of 30 people.)

Land costs include:

- Accommodation based 2 nights in twin-shared rooms of the guesthouses in Xingping and 2 nights in twin-shared rooms of the 3-star hotel in Yangshuo;
- All transportation in a modern tour bus with air-conditioner; Trip starts and ends at Guilin International Airport;
- All activities and entrance fees mentioned in the above suggested itinerary;
- Meals as mentioned in the above suggested itinerary (Breakfast, Lunch, Dinner);
- Bottled drinking water and snacks during the day, soft drinks during meals;
- Bilingual tour guide and tour leader from P&E CLASS (English and Chinese);
- Travel insurance;
- All tips to tour driver, tour guide and tour leader.

Land costs don't include:

- Personal expenses;
- Other activities not included in the above suggested itinerary;
- Domestic airfare: Shanghai – Guilin – Shanghai;
- Airport tax and fuel surcharges;
- Round-trip transportation from The British International School, Puxi-Shanghai to Shanghai airports.