



| | MORNING SNACK | LUNCH | | | |
|------------------------------|------------------------------|--|--|--|------------------------|
| | | MAIN COURSE | SIDE DISHES | NOODLE SOUP | FRESH FRUITS |
| MONDAY 30 Nov 20 | | | | | |
| TUESDAY 1 Dec 20 | Cereal Milk | Sautéed bacon w potato Sweet & sour Korean chicken Braised tofu w mushroom V | Salad Bar Grilled pumpkin Steamed rice Sautéed chayote w garlic V Cabbage w carrot broth V | Pho bo (beef noodle) | Seasonal fruit & juice |
| WEDNESDAY 2 Dec 20 | Banana Yogurt | Stewed beef w potato & carrot Sautéed chicken w lemon grass & bell pepper Omelet w mushroom V | Salad Bar Baked sweet corn Steamed Rice Sautéed cabbage V Tofu w seaweed soup V | Bun ca nau chua (Sour fish noodle soup) | Seasonal fruit & juice |
| THURSDAY 3 Dec 20 | Baozi Passion fruit juice | Baked fish w orange sauce Stewed pork w quail egg Pasta w cream of mushroom V | Salad Bar Garlic butter bread Steamed Rice Mix steam Veggie V Cream of pumpkin soup V | Pho ga (chicken noodle) | Seasonal fruit & juice |
| FRIDAY 4 Dec 20 | Banana loaf Milk | BUN CHA DAY | Salad Bar Cucumber salad Steam rice | | Seasonal fruit & juice |

V=VEGETARIAN



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| | | MAIN COURSE | SIDE DISHES | NOODLE SOUP | FRESH FRUITS |
| MONDAY 7 Dec 20 | Watermelon Yogurt | Stewed pork drumstick in German style Chicken nugget Braised egg in caramel sauce V | Salad Bar Dinner roll Steam Rice Mix steam vegetable V Corn & mushroom w egg broth V | Pho Ga (Chicken Noodle) | Seasonal fruit & juice |
| TUESDAY 8 Dec 20 | Baked Oatmeal Milk | Grilled chicken w cream of mushroom sauce Stir fried squid w colorful veggie Tofu w tomato sauce V | Salad Bar Baked potato Steamed rice Sautéed sweet cabbage V Cabbage w ginger soup V | Bún cá nấu chua (Sour fish noodle soup) | Seasonal fruit & juice |
| WEDNESDAY 9 Dec 20 | Banana Caramel | Chili con cane Seafood spring roll w mayo sauce Omelet w vegetable V | Salad Bar Garlic butter bread Steamed Rice Steam cabbage V Cream of potato V | Pho bo (beef noodle) | Seasonal fruit & juice |
| THURSDAY 10 Dec 20 | Apple sponge cake Watermelon juice | Stir fried pork w basil Sweet and sour fish Korean style Tofu w salted egg V | Salad Bar Grilled sweet corn w butter Steamed Rice Sautéed chayote with garlic V Winter melon soup V | Bun moc (meat ball noodle) | Seasonal fruit & juice |
| FRIDAY 11 Dec 20 | Watermelon Caramel | BIMBIMBAP DAY | Salad Bar/ Kim chi Steam rice Sautéed vegetable V Spinach w ginger V | Pho Ga (Chicken Noodle) | Seasonal fruit & juice |

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| | | MAIN COURSE | SIDE DISHES | NOODLE SOUP | FRESH FRUITS |
| MONDAY 14 Dec 20 | Watermelon Fresh milk | Baked pork tenderloin w cheese Braised chicken w ginger Stir fried mushroom w sweet corn V | Salad Bar Steam bun Steam Rice Steamed cabbage V Tomato & egg broth V | Bun bo (Beef Noodle) | Seasonal fruit & juice |
| TUESDAY 15 Dec 20 | Maple sponge cake Mango Juice | Stewed beef w vegetable Sauteed shrimp w black pepper sauce Braised mushroom, Earwood & lotus seed V | Salad Bar Dinner roll Steamed rice Mix steamed vegetable V Cream of pumpkin soup V | Pho ga (Chicken Noodle) | Seasonal fruit & juice |
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