



# NIS Jakarta

## *New Playgrounds - Summer 2018*

# *Message from the Principal*

We are delighted to let you know about our extensive playground refurbishment plans that will happen over the summer break. We are creating exciting new play areas to make best use of our lovely green spaces and ensure that all our children, from our littlest ones up to our eldest primary students, can have great play experiences and stimulating outdoor learning environments. There will be lots of challenge and variety within our wonderful natural spaces.

Regards,

**Niki Meehan**

**Principal**



### *Zone 1*

## *Outdoor Adventure*

The green spaces to the rear of the Early Years classrooms will be re-landscaped to create a natural adventure playground with climbing equipment, tunnels, slides, dens, mud kitchen, sand and water play.

### *Zone 2*

## *Little Cubs Space*

The area outside the Pre-Nursery will have rubber flooring, play equipment and fencing to make a safe and stimulating outdoor play space for our youngest children.

### *Zone 3*

## *Climb Zone*

We will install exciting new climbing equipment, retain the sand and water play, and have shaded seating areas for the children sit, chat and to eat.

### *Zone 4*

## *Sports Field*

The children have the wonderful natural grass field to play football or other sports.

### *Zone 5*

## *The Court*

The hardcourt area is available for basketball, table tennis or badminton.





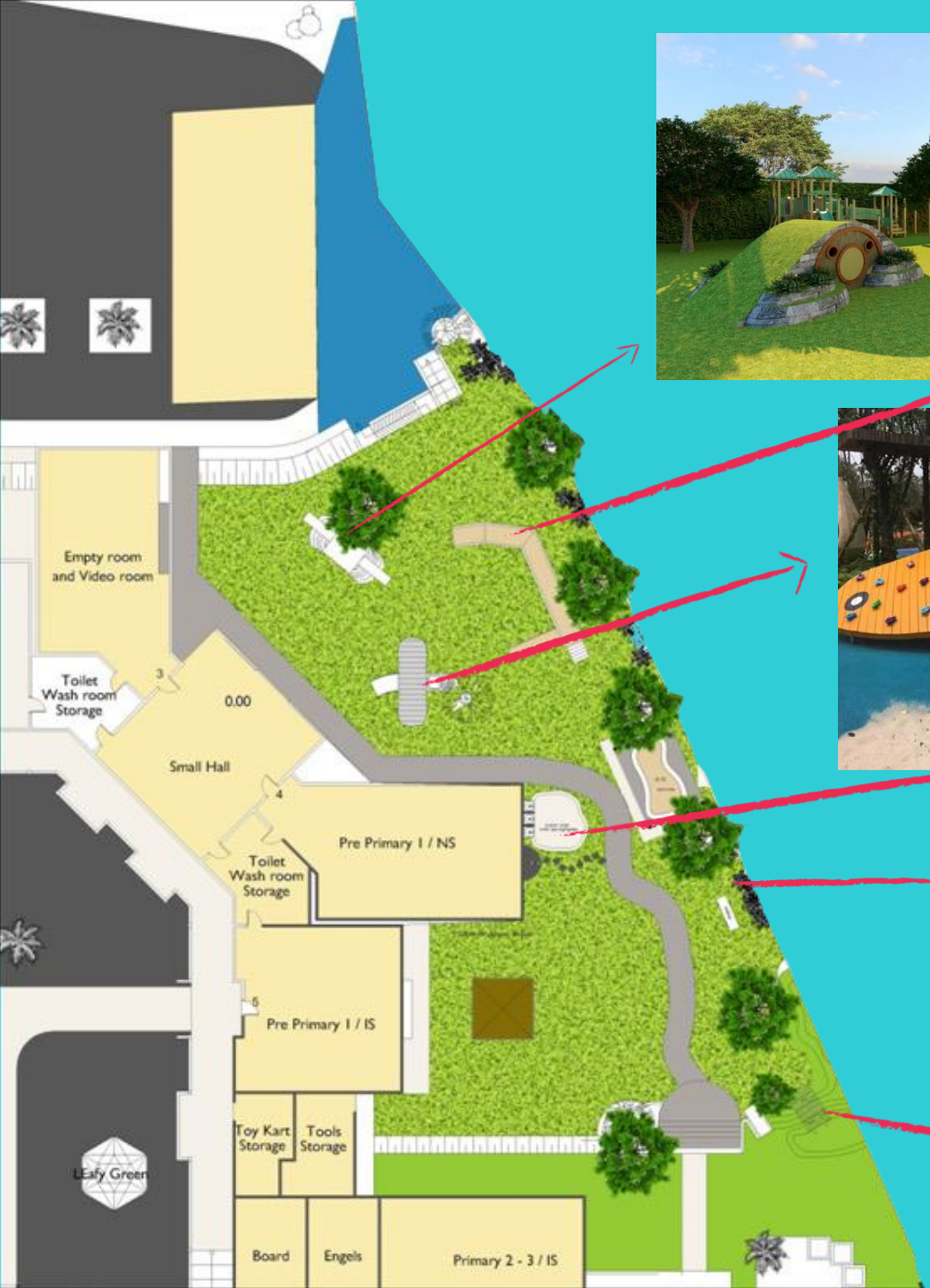
*Outdoor Adventure*

## Little Cubs Space

## Outdoor Adventure



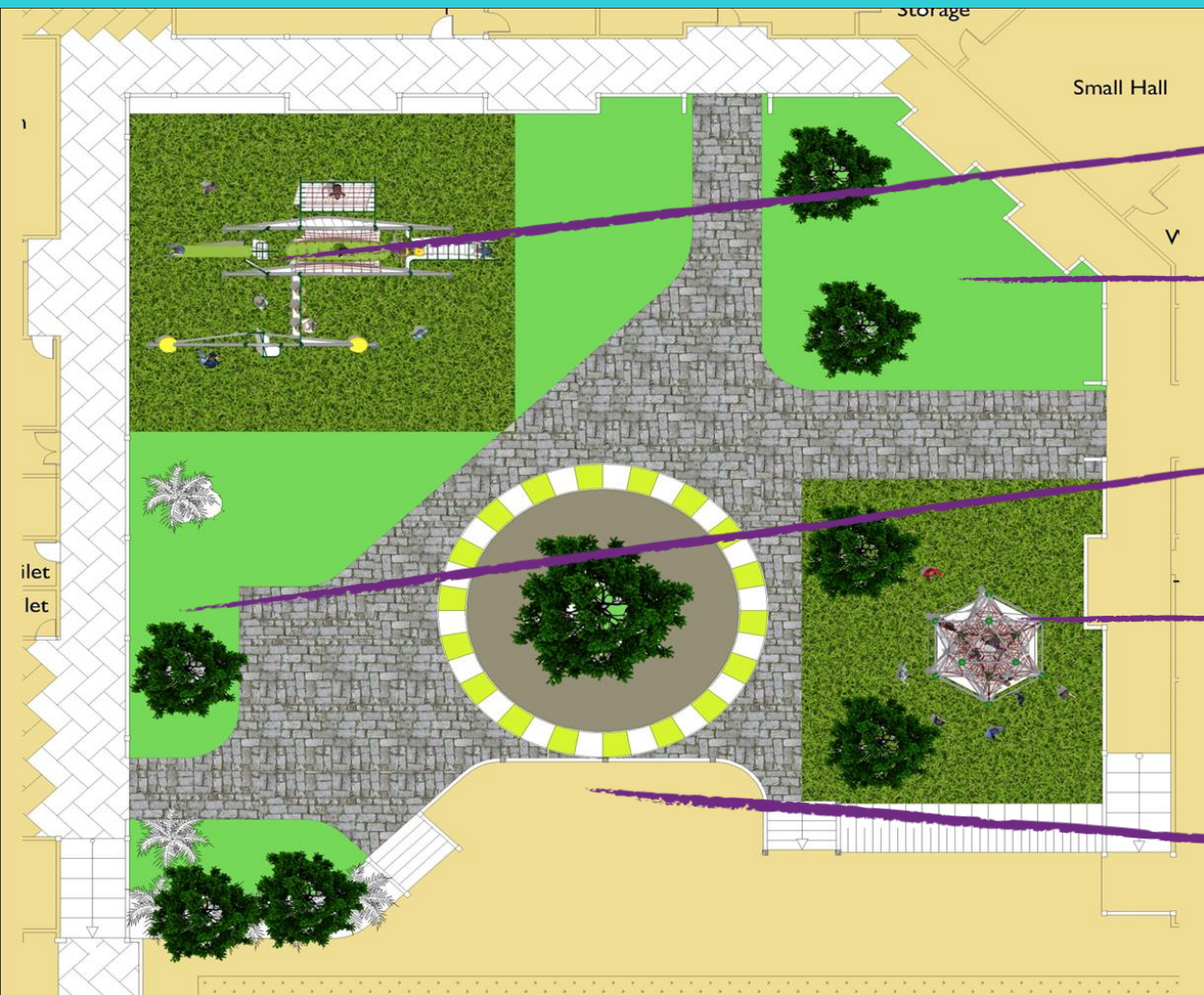








*Climb Zone*



*Climbing Adventure*

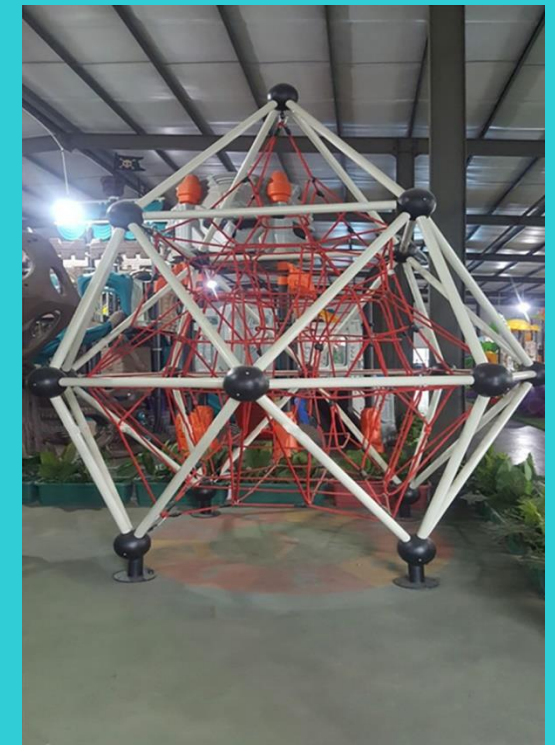
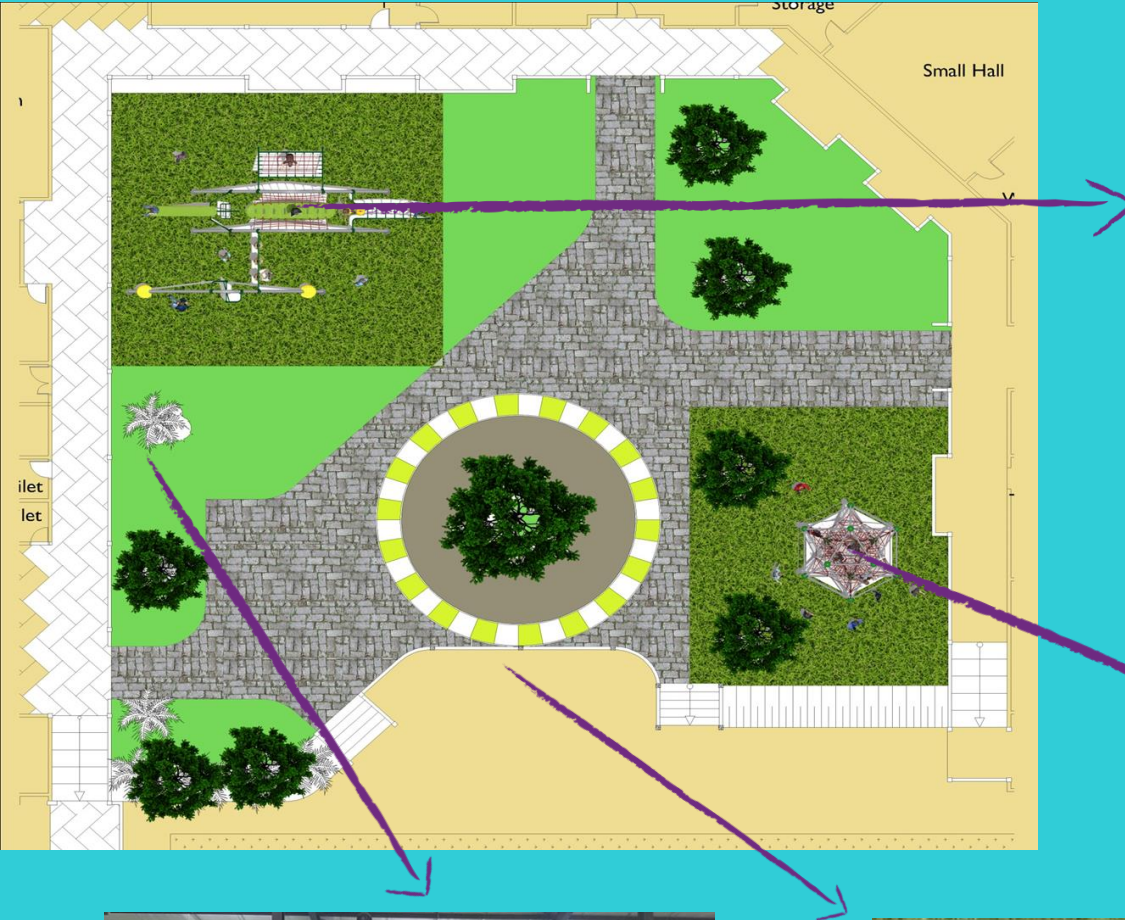
*Sand & Water Play*

*Cube Climb & Slide*

*Giant Spider's Web*

*Shaded Picnic Benches*









*We Value Outdoor Play*





*"Play is the highest  
form of research"*

(attributed to Albert Einstein)

At NIS, we believe that play is the beginning of knowledge and that all children need to have time and space to play throughout their childhood. We know that play contributes significantly to children's physical and emotional health, well-being, approach to learning, and general enjoyment of school. So, we are committed to providing each one of our students the time, environment and freedom to engage in rich play experiences every day at school.



# Physical Development

Outdoor self-directed play is one of the best forms of activity for children, both as exercise to build strength and also reduce the risk of obesity. It supports the development of the fine and gross motor skills children will need throughout life, and engenders good mental health.



# Resilience and Risk Taking

Children experience challenge and risk in their play; they climb, jump and run. And children left to their own devices will set themselves ever more challenging tasks – and will feel the pride that comes with achieving those tasks, whether it be navigating an obstacle course, reaching the top of the spider's web, climbing a tree or coordinating a mass dam-building enterprise. This self-confidence, risk-taking and resilience then spills over into the classroom and their lives.







## *Communication, Collaboration and Critical Thinking*

Through free play, children learn invaluable and important social and interpersonal skills. They learn to collaborate and socialise; to develop good communication, problem solving and decision-making skills. They learn how to interact with others and develop a sense of self, knowing their own strengths and pushing themselves to experience new things and stretch themselves beyond their comfort zone. All valuable skills for now and their futures.



## *Spontaneous and Creative*

Key benefits of play arise from its unique qualities of being spontaneous and unpredictable, and these qualities show themselves most when children have time and space to play away from direct adult gaze. The playground spaces become flexible environments for children to invent their own games and role play; to be active and physical or hide away in quiet dens in hidden corners. With lots of fixed and loose parts children can use their imaginations to transport themselves into varied and imaginary contexts; cooking in the mud kitchen, making potions and perfumes from the plants; building a rocket and flying to the moon; building water pathways or sand dams. The freer the play, the more creative and deeper the learning.



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