



Co-Curricular Activities Term 2/2018-2019



Technology



Music



Creativity

Community Engagement





Sport



Art

Co-Curricular Activities Booklet Term 2, 2018-2019

Co-Curricular Activities (CCAs) are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which impact positively on many facets of their development, including academic progress.

Co-Curricular Activities (CCAs) are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which impact positively on many facets of their development, including academic progress. There is an extensive range of CCAs available to choose from each week at the BIS Secondary Campus with over one hundred different activities on offer. As we move into Term 2, we would like to challenge and encourage students to explore some of the exciting new activities being introduced. From our specialist external providers there are opportunities to join the Music Video Production Workshop, the Pottery Club, Archery as well as a Climbing Club. In addition to the many popular musical options continuing from last term, our Music Department will be offering a Drumming Circle for students interested in learning a variety of world drum rhythms. You may also want to look out for some fascinating new student-led activities such as The Improv Games where you can enjoy improvisational drama techniques or the Battle Bots Fight Club where you will have fun applying the fields of electronics, mechanics and programing to create robots using Arduino kits.

Whether you enjoy art, music, drama, sport, languages, solving mathematical or scientific problems, helping disadvantaged groups, competing in the Duke of Edinburgh International Award or just wanting to try something new, there should be a club available for you.

Please remember that if there is an activity you would like the school to consider introducing which is not already on offer, please contact Ms Brownrigg (Co-Curricular Coordinator) as she would be happy to see how this could be facilitated. You may even want to consider applying to lead an activity which is of particular interest to you – keep a look out for the Term 3 proposal invitation on Monday 4th March 2019.

Paid Activities

There are a number of paid activities that students can sign up for. All of the information regarding these is detailed in the online activities booklet. If a student has selected a paid activity, an email confirming their choice will be sent to both the student and their parents.

The payment deadline for all paid clubs is Friday 11th January 2019.

Activity dates for Term 2, 2018-19:

Start: Wednesday 23rd January 2019

School Holidays: Saturday 31st January to Sunday 12th February 2019 (No activities will run)

Tuesday 9th April 2019

CCAs may run before lessons and during lunchtimes, however, the majority are scheduled after lessons. There are two sessions each afternoon with a five-minute change-over period (2:50pm – 3:50pm and 3:55pm – 4:55pm). If activities finish beyond these times information is detailed in the booklet.

Note: Any students participating in CCAs from 3:55pm will need to arrange their own transport home and should consider this before selection.

The aims of our Co-Curricular activities (CCAs) at BIS, HCMC are:

- To provide a wide range of enjoyable and challenging experiences above and beyond the timetabled curriculum
- To allow competitive teams, drama companies and music ensembles to reach high standards of team/group and personal performance
- To provide opportunities for students to aspire to elements of the school's mission statement
- To continue to develop our <u>involvement in community work</u>
- To offer a <u>balance of endeavour</u> which provides the framework for the IBDP CAS Programme

Creativity, Activity and Service are woven throughout the Co-Curricular Activities. Originating from the International Baccalaureate Programme they set out to challenge our students to show initiative and perseverance as well as to develop skills such as collaboration, problem solving and decision making. For a balanced experience, we encourage students to take part in at least one of each of the three areas below:

- The arts, music, languages and other experiences that involve creative thinking. Creativity:
- Activity: Physical exertion contributing to a healthy lifestyle.

• Service: Any collaborative and reciprocal community engagement in response to an authentic need.

Sporting Activities

This year, the PE and Sport department is trialling a new approach to the way in which competitive sport is structured. We will be moving to seasons of sports, as opposed to terms of sports, to fit in with the seasons of the SISAC competitions.

This will allow double training sessions throughout the week for our competitive teams and give the students an opportunity to participate in other activities once the City Championships have finished.

When in the off season, we will still provide one training session per week to prepare for the upcoming season in that sport. During the sports season, we would expect students who are committed to playing in the school teams to attend both training sessions in the week.

On-line CCA Selection - using CHQ

Activities need to be selected using the online CHQ system. Please see the next page for further instructions.

You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Both students and parents will receive notification when accepted for participation in a CCA.

For the majority of CCAs, the online system (CHQ) will randomly allocate students to each CCA. As it is not a first come first served system, you may not always get your first choice activity.

There are some exceptions to this rule as detailed below:

Sports

If the number of students for any sports activity is greater than the maximum capacity, students will undergo a trial and be notified of this during their first session. This may mean that you could initially be accepted for the CCA but possibly removed after the trial.

The PE department will endeavour to run a parallel programme during the same session for the same age group in the form of a recreational club. Therefore, if a student has a poor trial or significantly improves their skill level, the squad coach will be able to assess the student and potentially accept them into the squad at a later time.

Please note that:

• As competitive Sport will be moving to seasons and not terms (Sep - Nov, Nov - Feb, Feb - May and then May-June), some of the clubs advertised in September will stop in November and some of the clubs will start in November and span over into Term 2.

Drama

The *Little Shop of Horrors* cast will automatically be signed up to CHQ as rehearsals increase to Monday, Wednesday and Friday in Term 2.

Music

For any student interested in signing up for Chamber Choir or Chamber Orchestra, please see Mr Alexander to arrange an audition.

Wishing you all a wonderful second term.

Ms Tracey Brownrigg Co-Curricular Coodinator

Tracey.Brownrigg@bisvietnam.com

Guidelines for students using CHQ Term 2, 2018-2019

Friday 30th November at 3pm Students will be able to sign up on CHQ (for Term 2 activities)

The activities booklet will be updated and available on the school website (link

below)

http://www.nordangliaeducation.com/our-schools/vietnam/ho-chi-minh-city/bis/our-students/clubs-and-activities/an-phu-secondary-campus-clubs-and-activities

Friday 14th December at 5pm Selection on CHQ will close

Monday 7th **January** Students and parents to be notified of their chosen CCAs on CHQ.

Notifications for paid clubs will also be sent.

CHQ has been set up for you to use on a daily basis to select and track all your chosen activities.

Please follow the instructions below to log on and select your desired activities/paid clubs:

To access the BIS CHQ portal please click on the following link: https://seasia.mychq.net/Login.aspx?Y2x1Yj0wMzky-tJBRd%2fDelyY%3d

You can also access CHQ from a link on the school website (**www.bisvietnam.com**). Scroll down to the end of the main page to the "Useful Links" section.

Log in to CHQ using the same Windows account you use when logging in to your school computer/laptop. Your User Name and Password are the same as the ones used to log in at school e.g. "John.Smith" and your Password

Should you have any issues please contact tracey.brownrigg@bisvietnam.com

How to select your activities/paid clubs:

- Step 1: From the Home Page under My Activities 2018-2019 Term 2 click View/Manage/Submit Activity Choices
- **Step 2**: For each activity/paid club add a different number e.g. Monday: Football club **add 1**, Wednesday: Board Games **add 2** then **3**, **4**, **5** etc. to all other clubs you would like to participate in.
- The SAVE button will appear to the right of the activity list click SAVE
- **Step 3**: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.
- Step 4: To cancel a selection after submitting add a 0 to the desired box then save and submit
- **Step 5**: From the Home Page **My Activities 2018-2019 Term 2** you will be able to see which clubs you have been accepted into/denied from by Monday 7th January 2019. If you click onto **My Schedule** for week beginning Wednesday 23rd January 2019, you can check your weekly club timetable.

Try to make sure you have a range of activities which allow you to develop physically, creatively as well as socially.



Season Sports Information

The PE and Sport department will be trialling a new approach to the way we structure competitive sport this year. We will be moving to seasons of sports, as opposed to terms of sports, to fit in with the seasons of the SISAC competitions.

This will allow double training sessions throughout the week for our competitive teams and stop the dead-time experienced with students not attending clubs after the City Championships have finished.

When in the off season, we will still provide one training session per week to prepare for the upcoming season in that sport. In that sports season, we would expect people who are serious to play in the school teams to attend both training sessions in the week.

Term 1 Season 1 Beginning September > Beginning November	Term 1-2 Season 2 Beginning November > Beginning February	Term 2-3 Season 3 Beginning February > End May		
U19 Volleyball U14 Basketball U19 Table Tennis U14-19 Cross Country U15 FOBISIA (end November)	U19 Basketball U14 Football U19 Badminton U14 Table Tennis U14-19 Swimming (beginning of December) U14-19 Bangkok Feeding Frenzy (beginning of December)	U14 Volleyball U14 Badminton U19 Football (end of Apr) U14-19 Athletics (end of Feb) U13 FOBISIA (end of Mar)		

Recreational sessions and Paid Clubs will still take place weekly throughout the entire year, signing up at the start of each term.

	Clubs that are termly											
Club	Sep>Dec	May>Jun										
Red Swim Squad	4 sessions per week	Choice of 5 sessions per week	Choice of 5 sessions per week									
Development Swim Squad	2 sessions per week	Choice of 5 sessions per week	Choice of 5 sessions per week									
Paul Sadler Learn to Swim Beg-Inter	1 session per week	1 session per week	1 session per week									
Paul Sadler Learn to Swim Beg-Inter	1 session per week	1 session per week	1 session per week									
Recreational Netball	1 session per week	1 session per week	1 session per week									
Recreational Basketball	1 session per week	1 session per week	1 session per week									
Richard Soriano Volleyball	1 session per week	1 session per week	1 session per week									
Richard Soriano U14 Basketball	1 session per week	1 session per week	1 session per week									
Richard Soriano U19 Basketball	1 session per week	1 session per week	1 session per week									
ALL PAID CLUBS	1+ session(s) per week	1+ session(s) per week	1+ session(s) per week									

Please take a look carefully at the table(s) below which outlines when the sports are in/out of season. There will be some occasions where you have to sign up in September for a club that does not start until November. Please keep this in mind when signing up for other none sport related clubs at that time that last from September until December.

Clubs that are seasonal – By Season										
Club	Sep>Nov	Nov>Feb	Feb>May							
U14 Football Pre Season	1 session per week	n/a	n/a							
U19 Basketball Pre Season	1 session per week	n/a	n/a							
U19 Badminton Pre Season	1 session per week	n/a	n/a							
U14-19 Cross Country Squad	1 session per week	n/a	n/a							
U19 Table Tennis Squad	1 session per week	n/a	n/a							
U14 Basketball Squad	2 sessions per week	n/a	n/a							
U19 Volleyball Squad	2 sessions per week	n/a	n/a							
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a							

Clubs	Clubs that are seasonal – By Season											
U14-19 Athletics Squad	2 sessions per week	2 sessions per week	n/a									
U14 Badminton Pre Season	n/a	1 session per week	n/a									
U19 Football Pre Season	n/a	1 session per week	n/a									
U14 Volleyball Pre Season	n/a	1 session per week	n/a									
U14 Table Tennis Squad	n/a	1 session per week	n/a									
U14 Football Squad	n/a	2 sessions per week	n/a									
U19 Badminton Squad	n/a	2 sessions per week	n/a									
U19 Basketball Squad	n/a	2 sessions per week	n/a									
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week									
U14 Badminton Squad	n/a	n/a	2 sessions per week									
U14 Volleyball Squad	n/a	n/a	2 sessions per week									
U19 Football Squad	n/a	n/a	2 sessions per week									
Recreational Cricket	n/a	n/a	1 session May>Jun									
Recreational Softball	n/a	n/a	1 session May>Jun									
Recreational Touch Rugby	n/a	n/a	1 session May>Jun									

Clubs that are seasonal – By Sport										
Club	Sep>Nov	Nov>Feb	Feb>May							
U14-19 Athletics Squad	2 sessions per week	2 sessions per week	n/a							
U14 Badminton Pre Season	n/a	1 session per week	n/a							
U14 Badminton Squad	n/a	n/a	2 sessions per week							
U19 Badminton Pre Season	1 session per week	n/a	n/a							
U19 Badminton Squad	n/a	2 sessions per week	n/a							
U14 Basketball Squad	2 sessions per week	n/a	n/a							
U19 Basketball Pre Season	1 session per week	n/a	n/a							
U19 Basketball Squad	n/a	2 sessions per week	n/a							
U14-19 Cross Country Squad	1 session per week	n/a	n/a							
U13 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	n/a	Up to 5 sessions per week	Up to 5 sessions per week							
U15 FOBISIA Squad (Swimming, Athletics, Football, Basketball)	Up to 5 sessions per week	n/a	n/a							
U14 Football Pre Season	1 session per week	n/a	n/a							
U14 Football Squad	n/a	2 sessions per week	n/a							
U19 Football Pre Season	n/a	1 session per week	n/a							
U19 Football Squad	n/a	n/a	2 sessions per week							
U14 Table Tennis Squad	n/a	1 session per week	n/a							
U19 Table Tennis Squad	1 session per week	n/a	n/a							
U14 Volleyball Pre Season	n/a	1 session per week	n/a							
U14 Volleyball Squad	n/a	n/a	2 sessions per week							
U19 Volleyball Squad	2 sessions per week	n/a	n/a							
Recreational Cricket	n/a	n/a	1 session May>Jun							
Recreational Softball	n/a	n/a	1 session May>Jun							
Recreational Touch Rugby	n/a	n/a	1 session May>Jun							

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
ACT (Act to Change Together)	Y7- Y13	14:50 - 15:50	16	Seo Young Jung & Khan Minh Nguyen Y13 Supervised by Ms Ker	Room 127	Community - Service	Both	ACT is suitable for anyone interested in supporting the children at the Cancer Wards, by raising funds through fun activities and campaigns. This term, our club will focus on the theme of Education where we will raise funds to make books for the children. If you're creative, enjoy drawing or simply want to help, come join us!
<u>Archery</u>	Y7- Y13	16.30 - 18.30	8	Ms Hanh - BeActivities	Dance studio	PAID Activities	Both	Join us to to learn more about archery by playing various games (such as Harry Potter, Cell at Work) and looking at it's portrayal in movies. Overcome the challenges, compete with each other and have great fun.
Battle Bots Fight Club	Y7 - Y13	12:40 - 13:20	16	Alois LUONG and Abhay PANOT Y12 Supervised by Mr J Chandler	DT Labs	Creativity	Both	Students participating in this CCA will have the opportunity to learn and apply their knowledge of electronics, mechanics and programming (ie. STEAM) as they create robots using Arduino kits! Come join in this fun school sponsored activity!
Board Games	Y7 - Y13	12:40 - 13:20	20	Mrs Bee Smith Ms D Fountain	Room 408	Creativity	Both	Come and challenge your peers! Get a "Ticket To Ride" to find the "Cluedo" and get the "Monopoly" on winning. Use your "Cranium" to "Articulate" to the "King of Tokyo" how to "Dixit". Don't let anyone "Blockus" you from joining this fun and relaxing club!
Competitive Cricket	Y7 - Y13	12:45 - 1:15	16	Mr Steve Whitely	Sports Hall	Action	Both	This student-led club is aimed at maximising game time for players who love Cricket!
Cross Stitch Club	Y7 - Y13	12:40 - 13:20	10	Mrs Daphnee Deleporte	Room 121	Creativity	Both	Come and learn how to cross stitch beautiful designs
<u>Darts Club</u>	Y7 - Y13	14:50-15:50	15	Mr Steve Hodgson	Room 423	Creativity	Both	Students will learn the skill of playing darts by competing in a variety of games each week
EAST Bench Painting	Y7 - Y9	14:50 -15:50	15	Mrs J Williams	Room 309	Creativity	Both	Join us as we work with the Endangered Species Trust to create and paint murals on concrete benches which are designed to raise awareness about the trafficking of the Loris
<u>Golf</u>	Y7 - Y13	14:50-17:00	12	Mr Ben Stilitoe (Coach Matt Burley)	Him Lam Golf Centre	PAID Activities	Both	This programme will take place at Him Lam Driving Range. Students will be required to bring their own golf clubs or you can rent them at the range. The lessons will contain a basic introduction to golf, preparing to hit, grip, posture and stance, correct grip, full swing, video camera analysis, putting, chipping & bunker play. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
Helping Hands at Thien Phuoc Club	Y7 - Y13	14:45-17:30	20	Ms Rachael Lowry Ms Chau Duong Ms Ines Zhang	Thien Phuoc Orphanage (alternate weeks)	Community - Service	Both	Twice Monthly only - as it is a long club session when we go. Come and visit our friends at Thien Phuoc Home for Children with Disability. They so look forward to our visits, and give as much as they get. Activities are fun and simple - starting from just smiling and hugging through to anything from drawing and music to playing in the brilliant soft playroom BIS built there. For more information check out our website: http://helpinghands.bisvietnam.net

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<u>History Debate Club</u>	Y10 - Y11	14:50-15:50	20	Vy Nguyen Supervised by Mr J Goundry	Room 525	Creativity	Both	Are you an IGCSE History student that would like to get a head start on your revision? In the club, you will be able to engage in debate on topics related to the syllabus in order to practise answering questions similar to those you would find in the Paper 1 or 4 exam. For students in Year 10, this will be an great chance opportunity for you to solidify your knowledge and personally engage with the subject. For students in Year 11, this will be an excellent opportunity for you to prepare for your final exam at the end of the year.
International Award Silver/Gold	Year 12	12:40 - 13:20	25	Mr Peter Cowen	Room 522	Creativity	Both	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 4-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it!
Junior Campus Maths Tutoring Club	Y9 - Y12	14:50-15:50	15	SeoHyun KIM Y11 Supervised by Ms C Holbrook (Year 6 Teacher - Junior Campus)	Room 124 - BIS Junior Campus	Community - Service	Both	Junior Campus Maths Tutoring Club is an extra curricular activity for secondary students who are interested in helping support primary aged students with solving past SAT papers and other maths worksheets. Anyone who is enthusastic, confident and capable in maths is welcome to join! This will be included on your record as a service activity which may be helpful for your CV in the future. (Please note that fluency in English is required in order to provide an accurate explanation of various mathematical problems)
<u>Junior School of Rock</u>	Y7 - Y9	14:50 -15:50	10	Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
Mai Am Club	Y7 - Y13	12:40 - 13:20	20	Mr Mark Jones	Room 108	Creativity and Service	Both	Help the boys from Mai Am Shelter improve their English skills through games and activities.
Male Vocal Group	Y7 - Y13	12:40 - 13:20	N/A	Mrs Emma Husband Mr Ian Alexander Ms Keziah Jacombs	Room 202	Creativity	Boys	Exciting new repertoire for any male students who enjoy singing. For those interested/or involved in bands this will help in your vocal development.
Physics of Movies	Y11 - Y13	12:40 - 13:20	20	William Nguyen Y11 Supervised by Mr M Lambert	Room 410	Creativity	Both	Is the Physics you see in the cinema true to real life? Could The Rock really make that jump in Skyscraper? How far would Thor's hammer throw you? Answer these questions and more. Choose your favourite movie and see if it's possible!
Project Impact	Y10 - Y12	14:50-15:50	15	Ashley K and Thu Nguyen Y13 Supervised by Mrs Daphnee Deleporte	Room 121	Community - Service	Both	A non-profit student volunteer group where students are given an opportunity to get creative and support our potential community partner Anh Minh School, by raising awareness for their cause.
Richard Soriano Volleyball Club	Y10 - Y12	17:00 - 18:30	60	Mr Richard Soriano	Sports Hall	Action	Both	This is an extension programme to further develop students Volleyball skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
RSFA Performance Programme - U14 Boys Football	Y7 - Y9	17:00-18.30	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
RSFA Performance Programme - U19 Boys Football	Y10 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
Secondary Production	Y7 - Y13	14:50 -16:55	35	Mr Ian Alexander Mrs Anne-Marie Astley Mrs Emma Husband Ms Keziah Jacombs	Auditorium	Creativity	Both	Continuing rehearsals from Term 1
Senior School of Rock	Y10 - Y13	15:55-16:55	8	Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	All abilities and instruments welcome, particularly singers, guitarists, bassists and drummers
Senior Swimming Squads (Monday)	Y7 - Y13	16:00 - 17:30	24	Ms Emily McLelland, Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool	Action	Both	Information Only This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
Senor Water Sports Club - GIRLS ONLY	Y7 - Y13	14:50-15:50	24	Ms Emily McClelland	Swimming pool	Action	Girls	This is a girls only club aimed at getting as many girls as possible interested and involved in swimming activities. The session will focus on a number of different water based activities including swimming, water polo, water aerobica and more!
Sound and Lighting Tech	Y7 - Y13	14:50 - 15:50	8	Mr Ian Alexander Mr Jed Skoreyko	Room 202	Paid Activities	Both	Sound Engineer, Jed Skoreysky, will be teaching all you need to know in order to run the sound and lighting desk for a show or an event. Sessions will include: - How to set up the equipment - How to use both an analogue and a digital mixing desk - How to mix sound effectively - Microphone use and how to set them up effectively - Lighting rigs and programming the lighting desk and all tech related to the performing arts PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)

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<u>TEDx</u>	Y10 - Y13	14:50-15:50	30	Mr James Goundry Ms An Gulinck Ms Rebecca Kerr	Room 123	Creativity	Both	This club is for students who want to put together the programme for an official TEDx conference at BIS. We need student speakers, but also artists, musicians, graphic designers, photographers, organisers and marketing enthusiasts. You can take part in a specific aspect of the conference, or choose to join the organising team that will be responsible for the conference throughout the year.
U14 Girls Football Squad (Nov- Jan)	Y7 - Y9	15:55 - 16:55	36	Mr Ali Thom Mr Steve Porter	Big Football Field	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
U14 Pre Season Boys Volleyball	Y7-Y9	6:45 - 7:30am	24	Mr Tuan Vuong	Sports Hall	Action	Boys	This will be a session preparing the teams for the upcoming season of Volleyball. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.
U19 Boys Basketball Squad (Nov- Jan)	Y10 - Y13	15:55-16:55	24	Mr Richard Soriano	Sportshall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
U19 Girls and Boys Recreational Volleyball	Y10 - Y13	14:50-15:50	24	Mr Andy Luke	Outdoor Courts	Action	Both	Come to learn the basics of Volleyball or just play for fun. This session is aimed at playing Volleyball with your friends in a fun and none competitive environment.*This CCA will run from January until April.
U19 Girls Basketball Squad (Nov- Jan)	Y10 - Y13	14:50-15:50	24	Mr Jonny McLoughlin	Sportshall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
U19 Pre Season Girls Football (Nov-Jan)	Y10-13	6:45-7:30	32	Mr Phil Husband	Big Football Field	Action	Girls	This will be a session prepare the teams for the upcoming season of Football. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.
Uniform Upcycling	Y7 - Y13	14:50-15:50	15	Victoria Fethke Supervised by Miss N Tingey	Room 308	Community - Environmental	Both	Are you passionate about re-using materials to reduce waste. Come along and make some cool products using old school uniform that has been donated. Learn to use the sewing machine and to cut fabrics for making products. Let's continue to grow this project and make a difference!
<u>Vietnamese Board Games</u>	Y7 - Y11	14:50 -15:50	10	Ms Linh Nguyen	Room 225	Creativity	Both	In this club students can improve their skills in teamwork, increase their creativity as well as practice collaboration through Vietnamese games.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Athletics- Field Events (Sept-Feb)	Y7 - Y13	15:55-16:55	36	Mr Philip Husband Ms Stephanie Webb	Big Field	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both Athletics sessions is acceptable. *This CCA will run from September until December. January until February.
Athletics- Track Events (Sept-Feb)	Y7 - Y13	14:50-15:50	36	Ms Laura Gallagher Mr Ali Thom	Big Field	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both Athletics sessions is acceptable. *This CCA will run from September until December. January until February.
Brass Club	Y7 - Y9	12:40-13:20	10	Mr Ian Alexander Ms Keziah Jacombs	Room 202	Creativity	Both	An opportunity for year 7-9 students to continue building on their trumpet and trombone skills.
<u>Chamber Choir</u>	Y7 - Y13	12:40 - 13:20	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	This activity is by audition only. An exciting new repertoire for a busy programme of events this term, including the vibrant school performances and other external events. The Chamber Choir works on developing your voice, learning challenging harmonies and blending your voice as a group. From demanding classical choral music to 'Pitch Perfect' Acapella, this group highlights some of our elite singers!
Chamber Orchestra	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	An auditioned Orchestra with repertoire for a busy programme of events this term, including the vibrant school performances. This orchestra is a challenge and performs some adventurous material. Come on, push yourselves! Audition only.
Club CURE (Conservation of Underwater Reefs Effort)	Y7 - Y13	12:40 - 13:20	20	Sagarika Mangal Y 11 & Ratul Mangal Y12 Supervised by Ms Lois Topping	Room 411	Community - Environmental	Both	This club is led by a group of students who raise money and awareness to help care for underwater reefs
Concert Band	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Room 209	Creativity	Both	The concert band is a band for all woodwind, brass and percussion players. Both the music and the atmosphere will be fun practising a real mix of music ready for performances in various venues this year.
First Aid Club	Y7 - Y13	14:50-15:50	30	Ms Love Condes Ms Jovy Magan	Room 225	Service	Both	Teaching first aid to empower young people with the skills to help in an emergency. And also to train young people to keep each other safe and to understand how to help if faced with a medical emergency.
Fluxx Magazine Club	Y7 - Y11	15:55 - 16:55	12	Meggie Phan & Linh Haugan Y11 Supervised by Ms Sian Davies	The Curve	Creativity	Both	Fluxx Magazine Club is a student led magazine which allows students to express their creativity through writing, drawing, photography, etc. We are hoping to provide a welcoming platform for students to voice their opinions on different topics which do not necessarily have be school related and can be something you are interested in such as movies, books, fashion and music. Students can have the opportunity explore graphic design, writing their own columns and seeing what goes into making a magazine.
FOBISIA/SEAMC Maths Teams	Y7 - Y10	12.40-13.20	20	Mr James Quarrington	Room 521	Creativity	Both	Information only Students to continue preparing for SEAMC and FOBISIA competitions
GymKraft Competitive GYMNASTICS WAG Levels 1-2	Y7 - Y13	17:00 - 18:00	30	GymKraft	Junior Sports Hall	PAID Activities	Both	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required.
GymKraft Competitive GYMNASTICS WAG Levels 3-4	Y7 - Y13	18:00 - 19:00	30	GymKraft	Junior Sports Hall	PAID Activities	Both	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 3-4. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required.
Handball Club	Y10-Y12	12.40-13.20	18	Ms Stephanie Webb	Sports Hall	Action	Both	Want to try a new sport? Olympic Handball is a very entertaining sport, which many people can enjoy and participate in. Since this is student led, it'll be all matches!
Handlettering and modern calligraphy	Y7 - Y10	12:40 - 13:20	30	Ms Silvia Torta	Room 120	Creativity	Both	Learn modern calligraphy and handlettering using brush pens and you will elevate any ordinary text into extraordinary art.

TUESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Kick Boxercise (Girls Only)	Y10 - Y13	14:50-15:50	16	Coach Mike Sherry	Dance Studio	PAID Activities	Girls	Burn up to 1000 calories an hour in this class that combines HIIT and kickboxing to give you an exciting, effective and stress relieving full-body workout. Punch and kick pads, not people, meaning classes are 100% safe and you get FIT not HIT. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
<u>Kick Boxing</u>	Y7 - Y13	15:55-16:55	16	(Coach Mike Sherry)	Dance Studio	PAID Activities	Both	Thai Boxing is known as the art of 8 limbs; learn how to punch, kick, knee and elbow an opponent in a safe and controlled environment. Come and learn a new skill that improves your fitness and self-defence skills. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
LAMDA Acting	Y7 - Y13	14:50-15:50	30	Ms Sargent, Ms Astley	Rooms 209 and 210	Creativity	Both	Information Only This club is for anyone who would like to take a LAMDA acting exam in Term 3. LAMDA exams are an internationally recognised qualification, and helps you develop confidence and presentation skills, it is also a lot of fun. The LAMDA exams are fee paying and we expect students involved in this club to take exams at the end of Term 3. For more information please speak to your Drama teacher.
<u>Learn To Swim Programmes-Paul</u> <u>Sadler Swimland</u> <u>BEG-INTER</u>	Y7 - Y13	Beg/Inter 14:50-15:50	16	Paul Sadler Swimland Coaches	Secondary Pool	Action	Both	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment. *This CCA will run from September until December. January until April. May until June.
Problem Solving (Bebras) club	Y7 - Y13	12:40 - 13:20	n/a	Mr David Knaggs	Room 109	Creativity	Both	Solving and creating problems using computational thinking, those who enjoy trying to solve problems and puzzles will love this club. The activities will be based on the Bebras and Oxford computing challenges so will be offered to those students who have been entered into the Oxford Computing challenge in March.
Richard Soriano Junior Basketball (Sept-May)	Y7 - Y9	17:00 - 18:30	36	Mr Richard Soriano	Sports Hall	Action	Both	This is an extension programme to further develop students Basketball skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.
RSFA Performance Programme - U14 Girls Football	Y7 - Y9	18:15 - 19:45	20	Mr Matthew O'Brien	Big Football Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day
RSFA Performance Programme - U19 Boys Football	Y10 - Y13	17:00-18:30	20	Mr Matthew O'Brien	Big Football Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
RSFA Performance Programme - U19 Girls Football	Y10 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Big Football Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day
Senior Swimming Squads (Tuesday)	Y7 - Y13	06.00 - 07.30	24	Ms Emily McLelland Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool Secondary	Action	Both	Information Only This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
String Ensemble	Y7 - Y13	12:40-13:20	N/A	Mrs Emma Husband Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	String instruments playing Classical music - all violins, violas and cellos welcome.
String Orchestra	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Mrs Emma Husband Ms Keziah Jacombs	Room 202	Creativity	Both	This is for any student who plays a string instrument. Performing new repertoire for a busy programme of events this year. Training you up, to be part of our Chamber Orchestra.
Study Club	Y7 - Y13	14:50-15:50	20	Mrs Yvonne Cullen	The Curve	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes.

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ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES			
U13 FOBISIA Boys Basketball (Nov-Mar)	Y7 - Y8	15:55-16:55	16	Mr Jonny McLoughlin	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until March.			
U14 Pre Season Girls Volleyball	Y7 - Y9	6.45 - 7.30	24	Mr Tuan Vuong	Sports Hall	Action	Girls	This will be a session preparing the teams for the upcoming season of Volleyball. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.			
U19 Badminton Squad (Nov-Jan)	Y10 - Y13	14:50-15:50	24	Ms Stephanie Webb	Sports Hall	Action	Roth	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until February.			
U19 Pre Season Boys Football (Nov-Jan)	Y10 - Y13	6:45 - 7:30	32	Mr Phil Husband	Big Football Field	Action	Boys	This will be a session preparing the teams for the upcoming season of Football. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.			

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Children's Cancer Ward Visits - Binh Thanh	Y12 - Y13	14:50-15:50	12	Mrs B Smith Mr R Brownrigg	Cancer ward at Binh Thanh hospital	Community - Service	Both	Weekly planning and activities to support the lives of the children and their families of the HCMC Cancer ward in Binh Thanh
Choir KS4&5	Y10 - Y13	12:40-13:20	N/A	Ms Emma Husband	Auditorium	Creativity	Both	A Key Stage 4 & 5 choir only for any male or female who is interested in singing (no audition required)
Climbing	Y7 - Y13	14:50-15:50	12	Mr Matt Coughlin	Vertical Academy	PAID Activities	Both	This paid Climbing CCA will focus upon the bouldering technique of Climbing at Vertical Academies new facility. This wil require students taking a return bus to the new venue. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
Computing Skills for Binh Trieu students	Y10 - Y12	14:50-15:50	16	Ms Claire Easter	Room 110	Community - Service	Both	A basic computing skills workshop with students from Binh Trieu school. We need students who are willing to be patient and help create activities for younger students with no expose to technology - so basic word processing and so forth. It will be advantageous if a number of the group members can speak Vietnamese, but this is not a requirement.
F1 in schools Club	Y10 - Y13	14:50-15:50	N/A	Mr Chris Diver Mr Greg Roberts	Room 326, Mac Suite	Creativity	Both	The aim of the CCA is to develop the skills to be able run a simulated Formula 1 team, by designing, developing and testing a car to race nationally, and/or internationally, at the F1 in schools world finals. The CCA will also require the students to learn how to fund raise and liase with outside sponsors and run awareness raising events during the year. This will be of particular interest to students wishing to pursue a careers which might include; project management, engineering or design, business and marketing, or social media design and implementation of a web based activities.
GIN Council	Y10 - Y13	12:40 - 13:20	30	Ms Nesta Lanyon Jones Ms Maria Welby	Room 327	Community - Service	Both	Plan and organise the GIN Conference with students from AIS.
Global Goals Project	Y7 - Y13	14:50-15:50	N/A	Ana Samudio Y13 Supervised by Miss L Binnington	Study Room	Community - Environmental	Both	The Global Goals Project is an opportunity to further develop your participation in the United Nation's Sustainable Development Goals and start to make a difference within the Global and Local community. This year we are working on projects relating to Goal 4: Quality Education and Goal 16: Peace, Justice and Strong Institutions. We support global projects such as World Children's Day and World Clean-Up day, and are committed to creating a more sustainable BIS. You can make a difference by taking action!
GreenR Minds	Y7 - Y13	14:50-15:50	30	So Young Park Y10 Supervised by Ms Silvia Torta	Room 120	Community - Environmental	Both	This is your chance to make an impact on the environment. Being a student-led club we are extremely open and want all people's opinions and ideas so that we can enact positive change. Last year we were able to start an e-waste disposal system and upcycling and the upcoming school year we hope to do a lot more.
<u>Ice Skating</u>	Y7 - Y13	14:40-16:30	12	Mr Ian Young	VinCom Thao Dien Ice Rink	PAID Activities	Both	This club that would give students the opportunity to learn how to ice skate or practice their ice skating ability. The basics of ice skating will be addressed in this club, including forwards and backwards skating, as well as stopping and turning. It is not a figure skating club. It is a paid club and will be held at the skating rink at Vincom Megamall. There will be a need to rent ice skating and safety equipment (which is mandatory), however, you may bring your own skates if you have them. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
International Award Bronze	Y10	12:40-13:20	25	Mr Peter Cowen Mr James Quarrington	Room 522	Creativity	Both	Challenge yourself to achieve the Duke of Edinburgh's International Award. You will need to carry out regular Physical, Skill and Service activities, complete a 2-day practice expedition and a final 2-day hiking and camping assessed expedition. We'll help you learn the expedition skills, but you'll need the motivation and determination to do it!
LAMDA Acting	Y7 - Y13	14:50-15:50	30	Ms Sargent, Ms Astley	Rooms 209 and 210	Creativity	Both	Information Only This club is for anyone who would like to take a LAMDA acting exam in Term 3. LAMDA exams are an internationally recognised qualification, and helps you develop confidence and presentation skills, it is also a lot of fun. The LAMDA exams are fee paying and we expect students involved in this club to take exams at the end of Term 3. For more information please speak to your Drama teacher.
LAMDA Reading for Performance	Y7 - Y13	14:50-15:50	15	Miss Sian Davies	Room 323	Creativity	Both	Information Only This CCA will be working towards the LAMDA Reading for Performance qualification, all grades. We will look at a combination of prose, poetry and drama and practice reading and performance skills.
Learn To Swim Programmes-Paul Sadler Swimland INTER-ADV	Y7 - Y13	Inter/Adv 14:50 - 15:50	16	Paul Sadler Swimland Coaches	Swimming Pool Secondary School	Action	Both	All of the BIS Learn to Swim Programmes this year will be delivered by the world renowned Paul Sadler Swimland company. This will be entirely free of charge to BIS students. Come along and learn to swim all major strokes in a fun and friendly environment. *This CCA will run from September until December. January until April. May until June.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Pottery Class	Y7 - Y9	14:50-15:50	10	Ms Lisa Auligny and Mr Roger Fortune	The Pottery Studio, No. 16, Street 43, Thao Dien	PAID Activities	Both	Learn basic ceramic techniques including the use of the hand wheel as you create beautiful bowls and dishes. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
Problem Solving (Bebras) club	Y7 - Y13	12:40 - 13:20	n/a	Mr David Knaggs	Room 109	Creativity	Both	Solving and creating problems using computational thinking, those who enjoy trying to solve problems and puzzles will love this club. The activities will be based on the Bebras and Oxford computing challenges so will be offered to those students who have been entered into the Oxford Computing challenge in March.
Richard Soriano Senior Basketball (Sept-May)	Y10 - Y13	17:00 - 18:30	36	Mr Richard Soriano	Sports Hall	Action	Both	This is an extension programme to further develop students Basketball skills and understanding of game situations. *This CCA will run from September until December. January until April. May until June.
RSFA Performance Programme - U14 Boys Football	Y7 - Y9	17:00-18:30	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each
RSFA Performance Programme - U14 Girls Football	Y7 - Y9	18:15 - 19:45	20	Mr Matthew O'Brien	Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
RSFA Performance Programme - U19 Girls Football	Y10 - Y13	18:15 - 19:45	20	Mr Matthew O'Brien	Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
Saigon Enterprise Challenge	Year 12	14:50-15:50	20	Mr Robbie Alexander Mr Thomas Baker	Room 222	Creativity	Both	The Saigon Enterprise Challenge offers students in Year 12 a fantastic opportunity to make all the decisions about their business enterprise, from deciding on the name and product to creating a business plan, managing the business finances, marketing their product or service successfully, selling to the public and trying to generate a profit. The Challenge helps students develop skills and experience which are in great demand within the business world globally.
Scooter Club	Y10 - Y13	14:50 - 15:50	6	Mr David Gould Ms Sam Mackenzie	Room 413	Action	Both	This is your opportunity to get your hands dirty restoring a 1966 C70 Honda Cub! If you have an interest in maintaining your own scooter, mechanics or engineering this could be the CCA for you. We will be learning as we restore the scooter, replacing parts which are no longer serviceable but also refurbishing what we can. At the end, the finished Cub will be sold to recoup expenses. Any profit will be put towards the purchase of the next project bike. To document the process we are planning a weekly blog with a short update, including photographs, on our progress.
Secondary Production	Y7 - Y13	14:50-15:50	35	Mr Ian Alexander Mrs Anne-Marie Astley Mrs Emma Husband Ms Keziah Jacombs	Auditorium	Creativity	Both	Continuing rehearsals from Term 1.
Senior Swimming Squads (Wednesday)	Y7 - Y13	16.00 - 17.30	24	Ms Emily McLelland Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool Secondary School	Action	Both	Information Only This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
Social Cricket	Y7 - Y13	12.45 - 1.15	16	Mr Steve Whitely	Sports Hall	Action	Both	This will be a student led club aimed at maximising game time for players who love Cricket!
Study Club	Y7 - Y13	14:50 - 15:50	20	Mrs Christine Laddaran	The Curve	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification wi h any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes.
<u>Sudoku</u>	Y7 - Y11	14:50-15:50	20	Mr Vinton Shine	Room 220	Creativity	Both	Improve your math and problem solving skills in a relaxed and fun environment. All levels welcome.
Teaching English at Huynh Van Ngoi School	Y7 - Y13	14:50-15:50	20	Ms V Zahraoui Ms R Walsh	Huynh Van Ngoi school	Community - Service	Both	Teaching English to primary aged students at a local school. Activities will be negotiated with the school but will likely involve reading pairs, presentations, public speaking activities, book making, among others.

WEDNESDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
The Great Gatsby - Literature Show	n/a	14:50-15:50	n/a	Ms Alice Roberson Ms Maria Welby	Theatre/Room 209	Creativity	Both	Rehearsals for Literature Production.
U13 FOBISIA Fitness	Y7-8	6:45 - 7:30	32	Mr Tuan Vuong	Sports Hall	Action	Both	We WILL be the fittest team at FOBISIA. Get strong, fast and durable for the FOBISIA Games. If selected in the FOBISIA squad it is an expectation to attend this club. *This CCA will run from November until March.
<u>U14 Boys Football Squad (Nov-</u> <u>Jan)</u>	Y7 - Y9	14.50 - 15.50	36	Mr Matthew O'Brien Mr Mark Spalton	Big Football Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
<u>U14 Girls Football Squad (Nov-</u> <u>Jan)</u>	Y7 - Y9	15.55 - 16.55	36	Mr Ali Thom Mr Steve Porter	Big Football Field	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
U14-19 Boys Basketball Recreational (Sept-May)	Y7 - Y13	15:55-16:55	24	Mr James Goundry	Outdoor Court	Action	Boys	Come to learn the basics of Basketball or just play for fun. This session is aimed at playing Basketball with your friends in a fun and none competitive environment. *This CCA will run from September until December. January until April. May until June.
U14-19 Girls Basketball Recreational (Sept-May)	Y7 - Y13	14:50-15:50	24	Mr Darryl Cullen	Outdoor Court	Action	Girls	Come to learn the basics of Basketball or just play for fun. This session is aimed at playing Basketball with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
U19 Boys Basketball Squad (Nov- Jan)	Y10 - Y13	15:55-16:55	24	Mr Richard Soriano	Sports Hall	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
U19 Girls Basketball Squad (Nov- Jan)	Y10 - Y13	14:50-15:50	24	Ms Jonny McLoughlin	Sports Hall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.
Vietnamese Art-Craft products	Y7 - Y13	14:50-15:50	15	Mr Toan Nguyen	Room 225	Creativity	Both	When participating in this club, students will be able to make traditional Vietnamese Art-Craft products such as cut-out animals, paper flowers, folding planes, houses and boats. They will also be taught how to make key chains. Through these activities, students will develop skills such as collaboration in groups as well as individual work. Students will also learn more about Vietnamese culture.

	THURSDAY												
ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES					
ABRSM Theory Club	Y7 - Y11	12:40-13:20	15	Mr Ian Alexander Ms Keziah Jacombs	Room 202	Creativity	Both	All students welcome. A session to help prepare for your theory grades. Remember you need to take grade 5 theory to take grade 6-8 practical ABRSM exams.					
BIS Model United Nations	Y8 - Y13	14:50-15:50	60	Ms Gemma Archer Miss Sian Davies Mr Stuart Elliott Mr Timothy English Mr Daniel Gamwell	Room 109 & 110	Creativity	Both	A simulation of the United Nations.					
Book Club - Quizzes and Challenges	Y7 - Y9	12:40-13:20	10	Mr A Bligh	The Curve	Creativity	Both	If you love reading, book quizzes and creative challenges to do with your favourite books - this could be the club for you!					
Choir KS3	Y7 - Y9	12:40-13:20	130	Mr Ian Alexander Mrs Frances Amos Mrs Emma Husband Ms Keziah Jacombs	Auditorium Secondary School	Creativity	Both	If you enjoy singing and want to know how to develop your skills, learn with a big group of people and have fun doing it by coming along to Choir on Thursday lunchtimes. This term our repertoire will range from pop to rock, from jazz right through to classical.					
Christina Noble Swimming Club	Y9 - Y13	14:50-15:50	20	Mrs Nesta Lanyon Jones Mr Gavin Donnelly	Secondary Swimming Pool	Community - Service	Both	If you're a confident swimmer in years 10-13, teach someone else the essential life skill of being able to swim! This fantastic new club involves working with students from the Christina Noble Foundation, an organisation which works with disadvantaged young people across the city.					
Developing Drama Theory	Y10 - Y13	14:50-15:50	20	Ms Anne Marie Astley	Room 210	Creativity	Both	Information Only An opportunity to develop your theory and knowledge within Drama and Theatre. Use this as a revision session or come and work on specific tasks to help your understanding of Drama theory. This can be a drop in session.					
E-Graphics Club	Y7 - Y13	14:50-15:50	20	Mr D Knaggs	Room 109	Creativity	Both	Use a range of software to create various graphics, such as posters, maps, T-shirt displays, cards and 3d models. If you are interested in design and architecture usign computer software then this may the club for you.					
<u>Fantasy Football</u>	Y7 - Y13	12:40-13:20	20	Mr Owen Lewis	Room 426	Creativity	Both	Fantasy Football based on English Premier League. Please note that participants must have attended the Term 1 Activity and already have a team entered into the BIS League					
Fitness at Nutrifort	Y9 - Y13	14:50-16:00	20	Mr Jim Dace	Nutrifort Dist. 2	Action	Both	Ideal for students who are fit and active, this CCA will include circuit training, kick-boxing, spinning, TRX and weight training. Nutrifort trainers will lead these fun sessions and push you to complete a challenging workout. Get fitter during your CCA time! PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)					
Growing Minds	Y9 - Y13	14:50-15:50	15	Ms R Kerr	Bistro	Community - Service	Both	All participating students take turns to lead activities each week. Join this club where students from a community partner school come along to BIS to experience what we have to offer. Improve your leadership skills by designing games and leading activities for the students to improve their English and most importantly have fun. This term we have carried out Drama, ICT, Sport and Art activities, what could we do next term?					
GymKraft Competitive GYMNASTICS WAG Levels 1-2	Y7 - Y13	17:00 - 18:00	30	GymKraft	Junior Sports Hall	PAID Activities	Both	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 1-2. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required.					
GymKraft Competitive GYMNASTICS WAG Levels 3-4	Y7 - Y13	18:00 - 19:00	30	GymKraft	Junior Sports Hall	PAID Activities	Both	This paid gymnastic club prepares students for the BIS Invitational Gymnastics competition by teaching the students the WAG Levels 3-4. This will be based upon a trial and is a selective programme. A prior level of Gymnastics is required.					
Jazz Band	Y7 - Y13	14:50-15:50	N/A	Mr Ian Alexander Ms Keziah Jacombs	Auditorium	Creativity	Both	An opportunity to play some of the classic jazz, funk and blues charts. Saxophones Brass and Rhythm section players.					
Junior Saigon Challenge	Y10 - Y11	12:40-13:20	N/A	Mr S Porter Mr D Pugh	Room 221	Creativity	Both	The Junior Saigon Enterprise Challenge offers students in Year 10 a fantastic opportunity to make all the decisions about their business enterprise, from deciding on the name and product to creating a business plan, managing the business finances, marketing their product or service successfully, selling to the public and trying to generate a profit. The Challenge helps students develop skills and experience which are in great demand within the business world globally.					

					THU	JRSDAY		
ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Knit and Natter	Y7 - Y13	14:50-15:50	30	Ms Claire Easter Ms Jodie Westwood	Curve 1	Creativity	Both	Knit and Natter welcomes new, improving and expert knitters. Returning knitters may wish to branch out from the beginner scarves and hats to the small scale toys and puppet projects on offer and learn how to purl stitch, cable, increase and decrease and follow patterns. Beginner knitters are very welcome, along with those that want to continue to develop their skills and have fun clicking, clacking and chatting. A small charge will be made for consumables (needles and wool) this year, or you can supply your own.
<u>KS3 Volleyball</u>	Y7 - Y9	12:45 - 1:15	16	Mr Phil Husband	Sports Hall	Action	Both	This will be a student led club aimed at maximising game time for players who love Volleyball! This CCA will run from September until December.
LAMDA Acting	Y7 - Y13	14:50-15:50	30	Ms Sargent, Ms Astley	Rooms 209 and 210	Creativity	Both	Information Only This club is for anyone who would like to take a LAMDA acting exam in Term 3. LAMDA exams are an internationally recognised qualification, and helps you develop confidence and presentation skills, it is also a lot of fun. The LAMDA exams are fee paying and we expect students involved in this club to take exams at the end of Term 3. For more information please speak to your Drama teacher.
<u>Netball</u>	Y7 - Y13	14:50-15:50	40	Ms Camilla Ruddin	Outdoor Court Secondary School	Action	Both	Come to learn the basics of Netball or just play for fun. This session is aimed at playing Netball with your friends in a fun and none competitive environment.*This CCA will run from September until December. January until April. May until June.
Science Fair	Y7 - Y8	14:50-15:50	20	Mr R Anderson Mr J Chandler	Meeting room 410, some weeks we will use the DT labs as necessary	Creativity	Both	Groups of Year 6-9 students will work together on a project for the Saigon Steam Fair, held at the beginning of April at AIS. Students will be using their expertise in science and technology to research, design, build and test. Info on last year's competition here: http://steam.ishcmc.edu.vn/
Senior Swimming Squads (Thursday)	Y7 - Y13	16.00 - 17.30	24	Ms Emily McLelland Mr Vinh Nguyen Mr Dat Nguyen	Swimming Pool Secondary School	Action	Both	Information Only This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
Study Club	Y7 - Y13	14:50 - 15:50	20	Mr Mark Spalton	The Curve	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homework before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes.
Thao Dien Disabled School <u>Visits</u>	Y7 - Y13	14:50-15:50	25	Ms Ker Ms Elena Fuentes Mr William Vaganay	Thao Dien Disabled School	Community - Service	Both	Selective - Students need to qualify for acceptance Weekly visit to Thao Dien Disabled school to interact with the kids there through games and interactive learning activities.
The Caterers Academy Cookery Class	Y7 - Y9	14:50-15:50	12	Ms Rebecca Morgan- Director, The Caterers Academy	AP1 Food Technology Room	PAID Activities	Both	The Caterers Academy is a hands on cooking program which will give students the opportunity to learn valuable life skills through the art of preparing food. You will not only be taught a repertoire of both savoury and sweet recipes but you will be encouraged to work in teams, use basic maths skills and increase your common sense, all in a FUN and EDIBLE way!!! You will take home what you have cooked in the class and at the end of the season you will receive a cookbook which contains all the recipes you would have mastered. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
The Great Gatsby - Literature Show	n/a	14:50-15:50	n/a	Ms Alice Roberson Ms Maria Welby	Theatre/Room 209	Creativity	Both	Rehearsals for Literature Production.
The Improv Games	Y7 - Y13	12:40-13:20	30	Agraj Joshi Supervised by Ms Astley	Room 210	Creativity	Both	Do you enjoy drama? Do you particularly enjoy improvisational techniques? Then this is the club for you. The Improv Games is a club where students hone their improvisational skills and learn how to collaborate well in a team. Students of the club will perform in a non-profit competition at the end of term in groups where they will judged on their skills. Join The Improv Games if any of this sparks your interest
The Mario Group	Y7 - Y9	12:40-13:20	20	Mr A Lozano	Room 224	Creativity	Both	In this club we discuss and enjoy Mario Bros, The Legend Of Zelda and all things Nintendo.
The Role Playing Group	Y7 - Y13	14:50-15:50	30	Mr D Cullen	Room 421	Creativity	Both	Role playing fun. Dungeons and Dragons or other similar games.

	THURSDAY												
ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES					
<u>U14 Pre Season Badminton</u> (Nov-Jan)	Y7-9	6:45 - 7:30	24	Ms Laura Gallagher	Sportshall	Action	Both	This will be a session preparing the teams for the upcoming season of Badminton. If you are serious about getting into the squad, attendance is essential. *This CCA will run from November until February.					
<u>U14 Table Tennis Squad</u>	Y7 - Y9	14:50-15:50	16	Mr Simon Williams	Dance studio	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until February.					
U19 Badminton Squad (Nov- Jan)	Y10 - 13	14:50-15:50	24	Ms Stephanie Webb	Sports Hall	Action	Both	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until February.					
Vietnamese Grammar club	Y7 - Y9	14:50-15:50	10	Mrs Mai Le	Room 326	Creativity	Both	This club offers KS3 Vietnamese language students an opportunity to review Vietnamese grammar and to provide support as they apply this to their written work.					
Year 12 Medicine Society	Y12	14:50-15:50	10	Mrs Suzanne Mincher	Room 303	Creativity	Both	Are you thinking about studying medicine or a similar course at University? The Medicine Society will support you in preparing your university application and help you decide on the best course for you.					

FRIDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Chemistry Club	Y10 - Y13	14:50 - 15:50	15	Eunice Choi Y12 Supervised by Mr S Pine & Mr C Paine	Room 407	Creativity	Both	Chemistry club is an opportunity for students to engage in practical science outside of class time. Being student led this is a chance for students to carry out experiments they find fun and interesting, or to design and carry out their own investigation with the guidance of year 12 and 13 students.
<u>Drumming Circle</u>	Y7 - Y13	12:45 - 13:15	N/A	Mr Owen McDevitt	Room 202	Creativity	Both	The Drumming Circle is an opportunity to enjoy the dynamic interaction of rhythmic musical instruments - and to make some noise. The club is suitable for beginners and experienced musicians and will provide opportunities to learn a variety of world drum rhythms, as well as create music as part of a rhythmic, percussive, grooving non-verbal conversation.
<u>Groovin' It</u>	Y9 - Y11	14:50 - 15:50	10	Mr Toan Nguyen Ms Linh Nguyen	Dance Studio	Action	Both	Groovin' It is highly recommended for students who are already engaged in (any type of) dancing. The ECA is a space for dancers to pump their dancing muscles and potentially a place where they can learn dancing tips as well as interact with each other. Please note that the Groovin' It is not responsible for teaching students choreography or formal dance instruction.
<u>Irish Folk</u>	Y7 - Y13	12:40 - 13:20	N/A	Mrs Emma Husband Mr Ian Alexander Ms Keziah Jacombs	Room 212	Creativity	Both	An instrumental folk group for violins, flutes, guitars and percussion players that focuses on traditional music from Ireland and Scotland.
KS4-5 Volleyball	Y10-13	12.45 - 1.15	16	Ms Stephanie Webb	Sports Hall	Action	Both	This will be a student led club aimed at maximising game time for players who love Volleyball! This CCA will run from September until December.
<u>Lunchtime Art</u>	Y7 - Y9	12.40 - 13.20	20	Ms Janet Williams	Room 309	Creativity	Both	Exciting art work -creating props and sets for the school productions in term 2 and 3
Music Video Production Workshop	Y7-13	14:50-15:50	N/A	Hands-On Productions Mr Carlos Martinez	Dance Studio	Creativity	Both	Have you ever loved a particular song but thought you could do a better job with its music video? Now is the chance you have been waiting for! Join the Music Video Production Workshop where you will have an opportunity to use your coolest ideas in collaboration with your teammates, as you learn to bring them to life on-set with international filmmaking professionals from Spain and USA! You will be taught how to script, storyboard, use camera and light to make great shots, edit best-takes as you create a fantastic music video with your name on it! PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
Science Service Club	Y10 - Y11	14:50 - 15:50	6	Jina Jeon Y12 Supervised by Mrs Yasmin Anderson	Room 405	Community - Service	Both	Our "Science Service Club" is for students who are interested in teaching science to Vietnamese orphanage school students. The aim of this club is to provide the opportunity to these students to have some experience with science equipment and chemicals through fun and interesting science experiments. We will be preparing the sessions during CCA time and we will be visiting the orphanage once a month.
Secondary Production	Y7 - Y13	14:50-15:50	35	Mr Ian Alexander Mrs Anne-Marie Astley Mrs Emma Husband Ms Keziah Jacombs	Auditorium	Creativity	Both	Continuing rehearsals from Term 1.
Senior Swimming Squads (Friday)	Y7 - Y13	6.00 - 7.30	26	Mr Dat Nguyen Mr Vinh Nguyen	Swimming Pool Secondary	Action	Both	Information Only This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for one or both sessions is acceptable. *This CCA will run from September until December. January until April. May until June.
Student Maths Leaders	Y12	12:40 - 13:20	30	Mr Ben Sillitoe	Room 424	Action	Both	Organise and run fun and engaging maths-related activities for use with our younger students

FRIDAY

ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Study Club	Y7 - Y13	14:50 - 15:50	20	Mr Ian Young	The Curve	Creativity	Both	We believe that this is an excellent opportunity for you to either receive support or clarification with any aspect of your class work in which you may be having difficulty or to complete homewor k before leaving school. The staff members running the Study Support sessions are knowledgeable about the content being taught in your classes.
<u>Tennis</u>	Y10-Y12	14.50 - 15.50	8	Mr Ryan Anderson Ms Anita Curley	Offsite location	Action	Both	This a student-led activity where you can play tennis with friends and improve your shot selection and accuarcy in a fun game based session. Cost = 250,000 VND per week
U13 FOBISIA Girls Basketball (Nov-Mar)	Y7 - Y8	14:50 -15:50	16	Mr Laura Gallagher	Sportshall	Action	Girls	This will be a selective squad for those who are successful through an initial trial process for FOBISIA. Therefore, dedicated attendance at training and events is essential. *This CCA will run from November until March.
U14 Boys Football Squad (Nov-Jan)	Y7 - Y9	14:50 - 15:50	36	Mr Matthew O'Brien Mr Mark Spalton	Big Football Field	Action	Boys	This will be a selective squad for those who are successful through an initial trial process. Students will represent the school in fixtures and competitions at home and abroad. Therefore, dedicated attendance at training and events is essential. Sign up for BOTH CCAs is expected. *This CCA will run from November until February.

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ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Richard Soriano Basketball	Y7 - Y13	14:45 - 16:15	30	Mr Richard Soriano	Secondary Sports Hall	PAID Activities	Both	Refine those Basketball skills. Develop your attacking and defensive straetgies. Improve your tactical understanding with game play at the forefront of this weekend CCA. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
RSFA Performance Programme - U14 Boys Football	Y7 - Y9	10:30 - 12:00	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
RSFA Performance Programme - U14 Girls Football	Y7 - Y9	10.30 - 12.00	20	Mr Matthew O'Brien	Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
RSFA Performance Programme - U19 Girls Football	Y10 - Y13	10.30 - 12.00	20	Mr Matthew O'Brien	Field	PAID Activities	Girls	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)
RSFA Performance Programme - U19 Boys Football	Y10 - Y13	10:30 - 12:00	20	Mr Matthew O'Brien	Field	PAID Activities	Boys	Rising Star Football Academy - Football in a fun, engaging and challenging environment delivered by highly qualified, experienced and sought after coaches. Our mission is to inspire every 'Rising Star' to develop their skills, confidence and performance, to help them be a better footballer each and every day. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)

	SUNDAY							
ACTIVITY	Year	TIME	MAX No.	TEACHER	FACILITY	CAS ACTIVITY GROUPING	Gender specific	DETAIL/NOTES
Richard Soriano Softball	Y7 - Y13	10:30 - 12:00	30	Mr Richard Soriano	Big Field	PAID Activities	Both	Refine those Softball skills. Develop your attacking and defensive straetgies. Improve your tactical understanding with game play at the forefront of this weekend CCA. PAID ACTIVITY (please see Paid Activities Notes section at the end of the booklet)

DAY	ACTIVITY	TIME	Administration Notes
Monday	Archery	16.30 - 18.30	Starts: Mon 28 January Ends: Mon 8 April 180,000 for one hour x 9 weeks. Total Cost: 1.620.000 VND 300,000 for two hours x 9 weeks. Total Cost: 2.700,000 VND Payment deadline for all clubs is: Friday
Monday	<u>Golf</u>	14:50-17:00	11th January 2019 Starts: Mon 28 January Ends: Mon 8 April 280,000 VND tuition/week plus 85,000 VND Ball Fee = 365,000 VND x 9 weeks = 3.285.000 VND. Plus cost of bus 1.110,000 VND Total Cost: 4.395,000 VND Payment deadline for all clubs is: Friday 11th January 2019
Monday	RSFA Performance Programme - U14 Boys Football	17:00-18.30	Starts: Mon 28 January Ends: Sat 6 April Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday 11th January 2019

DAY	ACTIVITY	TIME	Administration Notes
Monday	RSFA Performance Programme - U19 Boys Football	18:15 - 19:45	Starts: Mon 28 January Ends: Sat 6 April Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday 11th January 2019
Monday	Sound and Lighting Tech	14:50 - 15:50	Starts: Mon 28 January Ends: Sat 6 April 150,000 VND per week x 9 weeks = 1,350,000 VND
Tuesday	Kick Boxercise (Girls Only)	14:50 - 15:50	175,000 VND x 9 weeks = 1,575,000 VND. Payment deadline for all clubs is: Friday 11th January 2019
Tuesday	RSFA Performance Programme - U19 Boys Football	17:00-18:30	Starts: Mon 28 January Ends: Sat 6 April Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday 11th January 2019

DAY	ACTIVITY	TIME	Administration Notes
Tuesday	RSFA Performance Programme - U14-19 Girls Football	18:15 - 19:45	Starts: Mon 28 January Ends: Sat 6 April Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday 11th January 2019
Tuesday	Kick Boxing	15:55-16:55	Starts: Tuesday 22 January Ends: Tuesday 2 April 175,000 VND x 9 weeks = 1.575,000 VND. Payment deadline for all clubs is: Friday 11th January 2019
Tuesday & Thursday	GymKraft Competitive GYMNASTICS WAG Levels 1- 2	17:00 - 18:00	Starts: Tuesday 29 January Ends: Tuesday 9 April 1 session per week = 300,000VND 2 sessions per week = 450,000VND 1 = 300,000 x 8 weeks = 2.400.000VND. 2 = 450,000 x 8 weeks = 3.600.000VND Payment deadline for all clubs is: Friday 11th January 2019

DAY	ACTIVITY	TIME	Administration Notes
	GymKraft Competitive GYMNASTICS WAG Levels 3- 4	18:00 - 19:00	Starts : Tuesday 29 January Ends : Tuesday 9 April
Tuesday & Thursday			1 session per week = 300,000VND. 2 sessions per week = 450,000VND 1 = 300,000 x 8 weeks = 2.400.000VND. 2 = 450,000 x 8 weeks = 3.600.000VND
			Payment deadline for all clubs is: Friday 11th January 2019
Wednesday	<u>Climbing</u>	14:50-15:50	Starts : Wednesday 23 January Ends : Wednesday 3 April
			200,000 x 9 weeks = 1.800.000VND. Plus cost of bus (1.200.000) = 3.000.000VND
			Payment deadline for all clubs is: Friday 11th January 2019
			Starts : Wed 23 January Ends : Wed 3 April
Wednesday	Ice Skating	14:40-16:30	275,000 VND week x 9 weeks = 2.475,000 VND Plus cost of bus 1.200,000 VND . Total Cost: 3.657,000 VND
			Payment deadline for all clubs is: Friday 11th January 2019"

DAY	ACTIVITY	TIME	Administration Notes
			Starts : Mon 28 January Ends : Sat 6 April
Wednesday	RSFA Performance Programme - U14 Boys Football	17:00-18:30	Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday
Wednesday	RSFA Performance Programme - U14-19 Girls Football	18:15 - 19:45	11th January 2019 Starts: Mon 28 January Ends: Sat 6 April Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday 11th January 2019
Wednesday	Pottery Class	14:50-15:50	Starts: Wednesday 23 January Ends: Wednesday 3 April 250,000 VND x 10 weeks = 2.500.000VND (Includes all equipment and materials)

DAY	ACTIVITY	TIME	Administration Notes
			Starts : Thursday 24 January Ends : Thursday 4 April
Thursday	The Caterers Academy Cookery Class	14:50-15:50	270,000 VND x 9 weeks = 2.430.000VND.
			(Includes all equipment, ingredients and cookbook)
			Starts : Thur 24 January
			Ends : Thur 4 April
			50,000 VND x 8 weeks = 400,000 VND.
Thursday	Fitness at Nutrifort	14:50-16:00	(Free sessions with proof of membership)
			Free one way bus
			Payment deadline for all clubs is: Friday
			11th January 2019
	Music Video Production Workshop		Starts : Friday 25 January 2019
Friday		14:50-15:50	Ends : Friday 5 April 2019
			Total for 9 weeks = 2.000.000VND.
			Payment deadline for all clubs is: Friday
			11th January 2019
			Starts : Mon 7 January
			Ends : Sat 13 April
			Returning Students:
			1 Session Per Week - 1,500,000
	DCEA Desferre		2 Sessions Per Week - 3,000,000
Caturday	RSFA Performance	10.20 12.00	3 Sessions Per Week - 4,500,000
Saturday	<u>Programme - U14 Boys</u> <u>Football</u>	10:30 - 12:00	New Students:
			1 Session Per Week - 2,000,000
			2 Sessions Per Week - 3,500,000
			3 Sessions Per Week - 5,000,000
			Payment deadline for all clubs is: Friday
			11th January 2019

DAY	ACTIVITY	TIME	Administration Notes
Saturday	RSFA Performance Programme - U19 Boys Football	10:30 - 12:00	Ends: Mon 28 January Ends: Sat 6 April Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday
Saturday	RSFA Performance Programme - U14-19 Girls Football	10.30 - 12.00	11th January 2019 Starts: Mon 28 January Ends: Sat 6 April Returning Students: 1 Session Per Week - 1,500,000 2 Sessions Per Week - 3,000,000 3 Sessions Per Week - 4,500,000 New Students: 1 Session Per Week - 2,000,000 2 Sessions Per Week - 3,500,000 2 Sessions Per Week - 5,000,000 3 Sessions Per Week - 5,000,000 Payment deadline for all clubs is: Friday 11th January 2019
Saturday	Richard Soriano Basketball	14:45 - 16:15	Starts: Saturday 26 January Ends: Saturday 6 April 161.000VND x 8 weeks = 1.280,000 VND. Payment deadline for all clubs is: Friday 11th January 2019

DAY	ACTIVITY	TIME	Administration Notes
Sunday	Richard Soriano Softball	10:30 - 12:00	Starts: Sunday 27 January Ends: Sunday 7 April 180.000VND x 8 weeks = 1.440,000 VND. Payment deadline for all clubs is: Friday 11th January 2019