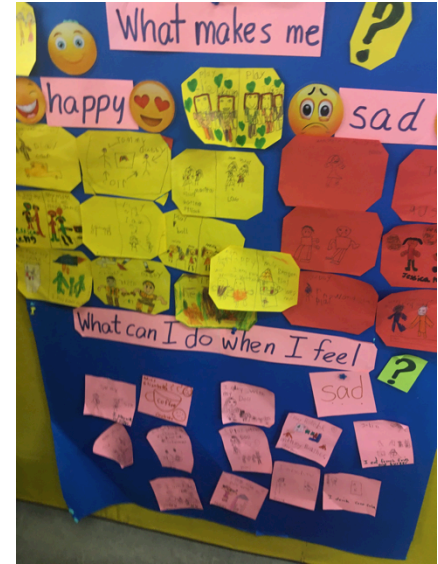
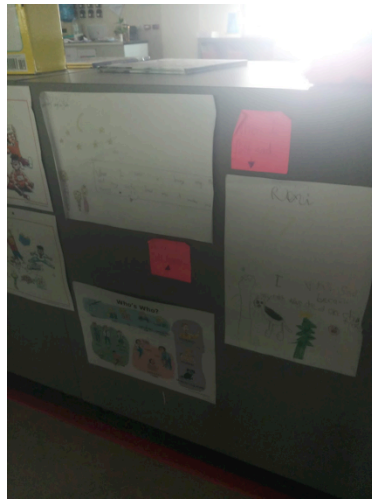
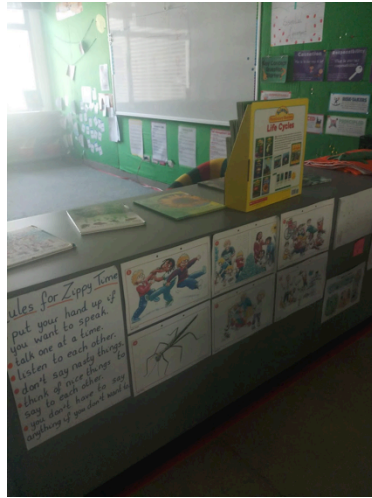
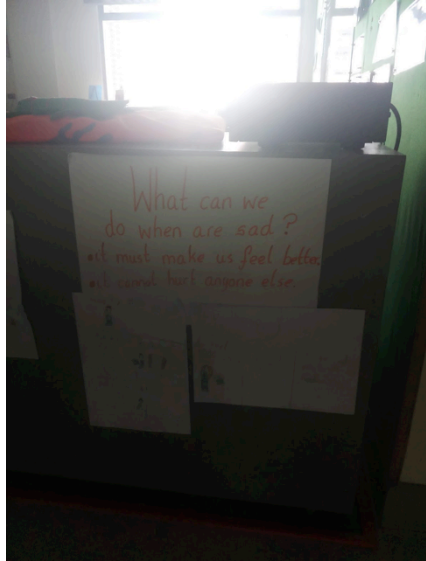


# Did you notice....?





# What is Zippy's Friends & Apple's Friends?

Giving children skills for life

# Why?

Underpins all other learning

Lifelong skills

Consistency for our community



Kindergarten

**Grade 3**

**Grade 1**

**Grade 4**

**Grade 2**

**Grade 5**



# Evaluated

The programme has been independently tested by universities and has always been proven effective at improving coping and social skills.

# onemillionchildren



# Zippy's Friends & Apple's Friends teaches young children

- **Better coping strategies:**  
Helpful ways to deal with everyday problems
- **Better social skills:**  
How to communicate and get on with others

# Coping is....

what we do to make a bad situation better or to feel better about the situation.



# What are 'coping skills'?

cry

pray

eat  
chocolate

become violent

shout at  
someone

get  
angry

exercise

watch TV

go shopping

kick the dog

tell a friend

go to  
bed

pretend nothing  
is wrong



# What are 'social skills'?

communicating your  
feelings

working in a group

non-verbal communication

conflict resolution

making friends

verbal communication

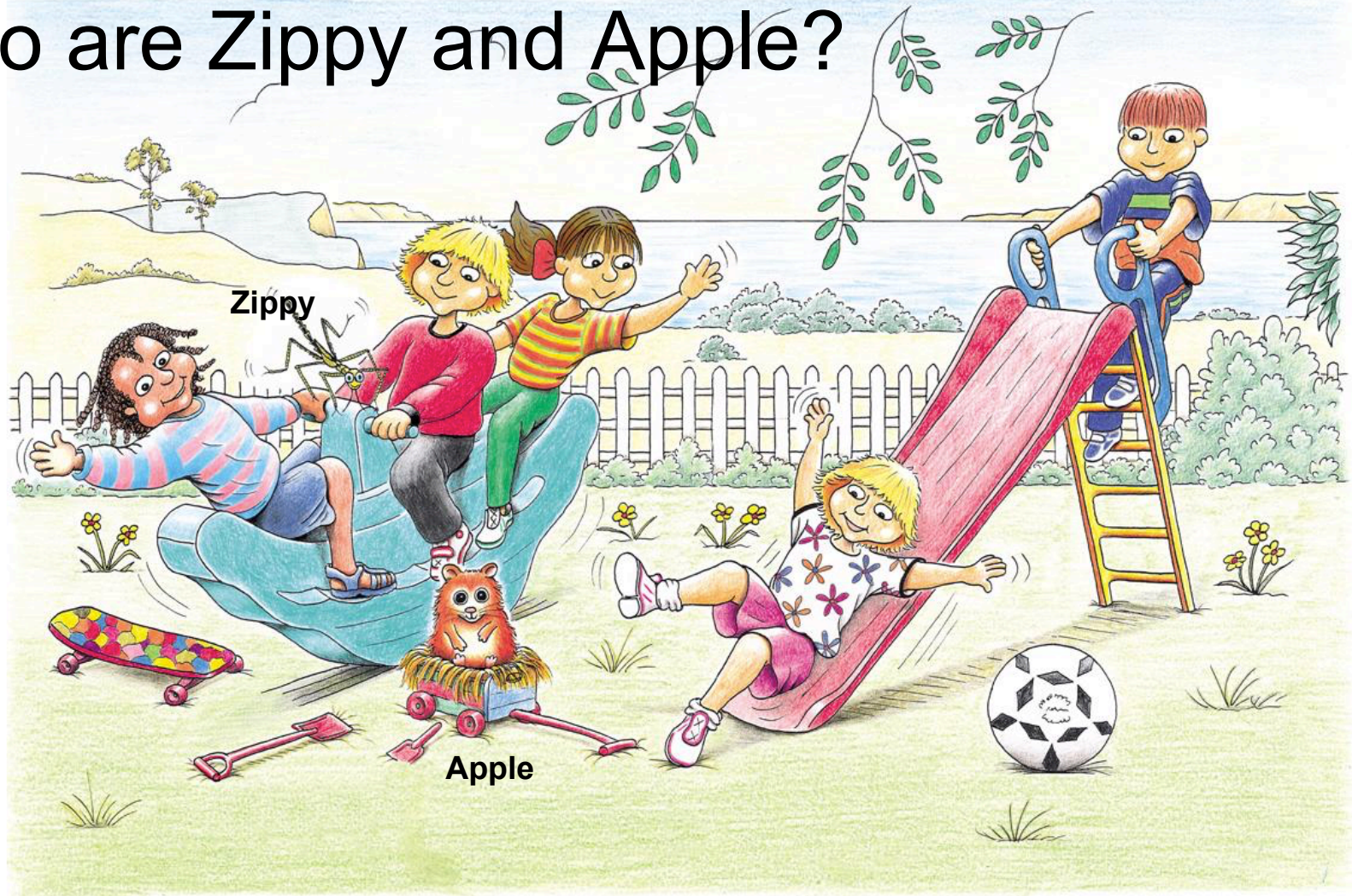


# Zippy's Friends and Apple's Friends are for ALL children



They support the school's responsibility to be a healthy school and give PSPE lessons

# Who are Zippy and Apple?





# Story-based, with six sections:

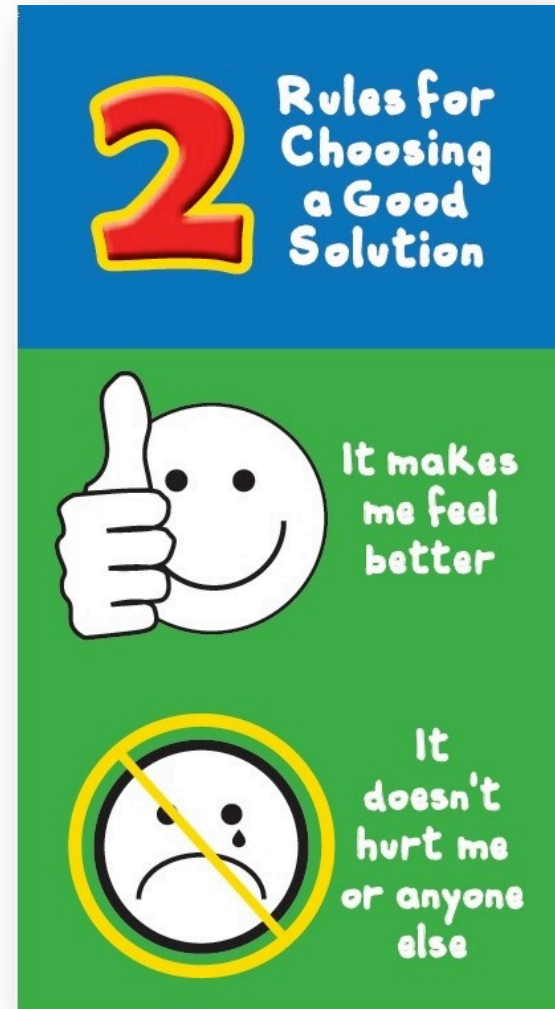
1. Feelings
2. Communication
3. Making and breaking relationships
4. Conflict resolution
5. Dealing with change and loss
6. We cope

# Fun Activities



# Our Rules

We teach the children that when you have a difficult feeling, like angry or sad, your solution must stick to these two rules:





# Lesson Sample





# What our teachers say

I think Apple has helped our students tap into their emotions. They have been supportive of each other, and reflective about their feelings. The students really look forward to Apple time.

It's going really well and the children are really enjoying their Zippy time!

I have enjoyed reading the stories and sharing ideas with the children. It is a special time where everyone participates in discussions about important issues and we try to help each other out.

We really love Apple and Friends time. I like that it is teaching children how to deal with their feelings through learning together. The children are very engaged and seem to really relate to the characters and the situations in the stories. The attached photos are of the children doing a role play to show how the story ends when Apple escaped. All of the students decided to make it end positively.

# What our students say

I like Apple time because it gives us a chance to learn more about myself and my classmates in a caring way.

I like listening to stories and having a chance to express our feelings. It also helps us with things that happen in our real lives.

I like that we can learn about each other, how to make people feel better and how to be nice to each other.

We learn about Zippy, he's a stick insect. We learn about our emotions, like jealousy.



# What parents say

*“Zippy helps us to find solutions to problems at home.”*

*“Very specific and useful tools. To put words to feelings, finding different ways to view them, and fix things that are hard.”*

# At Home

Talk to your child

Support them in conflict resolution

Be positive

'Let's write down all the different ways to respond to this'

Dedicate time and space at home

Look at the [Partnership for Children website](#)

Download [Parent Guide](#)

## Zippy's Friends Module 3: Home Activity


(To be completed after Module 3, Session 4)

### A Good Friend


In *Zippy's Friends*, Module 3, we have been talking about what makes a good friend. Discuss with your child what makes a good friend. How can we be good friends to others?

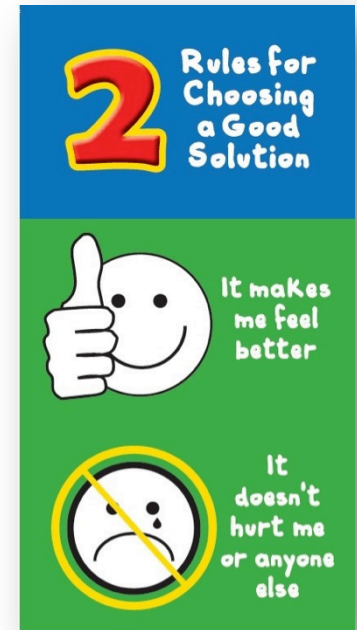
Now you can each draw a picture of a good friend. Why are they your friend?

Child

<p>My friend</p> 	<p>I like this person because</p> <p>She is kind and makes me laugh</p>
--	---

Family member

<p>My friend</p> 	<p>I like this person because</p> <p>When I call for a chat, he always listens to me</p>
---	--





**Any questions?**

**Thank you for coming**