



## SAYRAM CAMPUS MENU

MONDAY 03.02.2020	TUESDAY 04.02.2020	WEDNESDAY 05.02.2020	THURSDAY 06.02.2020	FRIDAY 07.02.2020	SATURDAY 08.02.2020
<b>SNACK</b>					
Bananas	Bananas	Bananas	Bananas	Bananas	
Muffins	Danish with poppy seeds	Chamomile Cookies	Brownie cake	Fruit tartlets	
Sweet tea	Lemon tea	Compote with rose hips	Lemon tea	Cacao	
<b>LUNCH</b>					
Chicken noodles	Lentil soup	Mastava	Shurpa	Meatball soup	<b>SANITARY DAY</b>
Baked chicken	Beef cutlets	Chicken sticks	Chicken cutlets	Chicken	
Beef Goulash	Chicken in sauce	Stewed meat	Plov	Beef Medallions	
Rice in Hawaiian	Buckwheat	Rice with eggs	Potato	Rotini	
Macaroni	Puree	Spaghetti	Buckwheat	Rice in Turkish style	
Salad smak	French salad	Salad Cezar	Salad achichuk	Salad Olivier	
Mixed salad	Greek salad	Arugula salad with feta cheese	Spring salad	Garden salad	
Bread assortment	Bread assortment	Bread assortment	Bread assortment	Bread assortment	
Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Dried fruit compote	Apple compote	Compote with rose hips	Lemon tea	Quince compote	
Sweet tea	Lemon tea	Sweet tea	Dried fruit compote	Sweet tea	
<b>SNACK</b>					
Somsa with potato	Pizza margarita	Somsa with meat	Sandwich with cheese	Cinnamon Muffins	
Apples	Apples	Apples	Apples	Apples	



## SAYRAM CAMPUS MENU

MONDAY 10.02.2020	TUESDAY 11.02.2020	WEDNESDAY 12.02.2020	THURSDAY 13.02.2020	FRIDAY 14.02.2020	SATURDAY 15.02.2020
<b>SNACK</b>					
Bananas	Bananas	Bananas	Bananas	Bananas	
Danish with coconut	Biscuit with fruits	Carrot muffins	«Mushroom» cookies	Donut with sugar powder	
Lemon tea	Sweet tea	Cacao	Compote with rose hips	Sweet Tea with Mint	
<b>LUNCH</b>					
Vegetables soup	Kharcho soup	Dumplings soup	Shurpa	Ugra soup	<b>SANITARY DAY</b>
Chicken thigh	Beef Bolognese	Chicken in tomato sauce	Chicken cutlets	Fish in lezon	
Beef stroganoff	Backed chicken	Beef kebab	Plov	Chicken fingers	
Buckwheat	Spaghetti	Baked potato	Pasta	Macaroni	
Puree	Rice	Buckwheat	Buckwheat with vegetables	Rice in Hawaiian	
Apple Salad with Chicken	Salad Prince	Salad capital	Salad achichuk	Mixed salad	
Vegetables mix salad	Salad turkish	Salad nejny	Spring salad	Salad murovey	
Bread assortment	Bread assortment	Bread assortment	Bread assortment	Bread assortment	
Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Apple compote	Compote with rose hips	Quince compote	Lemon tea	Dried fruit compote	
Lemon tea	Sweet tea	Cacao	Compote with rose hips	Sweet Tea with Mint	
<b>SNACK</b>					
Somsa with chicken	Icing donut	Pizza	Croissant with chocolate	Meat pie	
Apples	Apples	Apples	Apples	Apples	



## SAYRAM CAMPUS MENU

MONDAY 24.02.2020	TUESDAY 25.02.2020	WEDNESDAY 26.02.2020	THURSDAY 27.02.2020	FRIDAY 28.02.2020	SATURDAY 29.02.2020
<b>SNACK</b>					
Bananas	Bananas	Bananas	Bananas	Bananas	
Cheesecake	Rolls with dried apricots	Chocolate muffins	Bun with poppy seeds	Teddy cookies	
Cacao	Sweet Tea with Mint	Sweet tea	Lemon tea	Compote with rose hips	
<b>LUNCH</b>					
Chicken noodles	Lentil soup	Soup Mampar	Shurpa	Meat dumplings	<b>SANITARY DAY</b>
Chicken-fried	Beef cutlets	Beef cutlets	Baked chicken fillet	Fish	
Beef in sauce	Chicken Drumsticks	Chicken in sauce	Plov	Chokohbili chicken	
Rice	Buckwheat	Spaghetti with cheese		Rice	
Macaroni	Puree	Rice	Rice with eggs	Buckwheat	
Salad chaban	Appetizing Salad	Chrysanthemum Salad	Salad achichuk	Potato salad	
Salad smak with chicken	Arugula salad with feta cheese	Greek salad	Spring salad	Salad Mexican	
Bread assortment	Bread assortment	Bread assortment	Bread assortment	Bread assortment	
Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	Mixed vegetables	
Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	Tomato sauce	
Compote with rose hips	Quince compote	Compote with rose hips	Lemon tea	Dried fruit compote	
Cacao	Sweet Tea with Mint	Sweet tea	Apple compote	Compote with rose hips	
<b>SNACK</b>					
Toast with cheese	Bun with poppy seeds	Somsa with potato	Chicken Pie	Pizza margarita	
Apples	Apples	Apples	Apples	Apples	