

EARLY YEARS MENU FROM 02/05/18 TO 01/06/18

DATE	MONDAY 30/04/2018	TUESDAY 01/05/2018	WEDNESDAY 02/05/2018	THURSDAY 03/05/2018	FRIDAY 04/05/2018
MORNING SNACK			Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH			Sausage & Tomato Pasta Bake Broccoli Steamed Rice & Soup	Grilled Chinese Pork Braised Vegetables Steamed Rice & Soup	BBQ Chicken Hand Cut Chips & Vegetables Steamed Rice & Soup
AFTERNOON SNACK			Chicken Sandwich & Juice	Cheese & Tomato Pizza & Juice	Carrot Cake & Juice
DATE	MONDAY 07/05/2018	TUESDAY 08/05/2018	WEDNESDAY 09/05/2018	THURSDAY 10/05/2018	FRIDAY 11/05/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Sweet & Sour Pork Grilled Corn Steamed Rice & Soup	Fried Fish with Tomato Sauce Stir Fried Sesame Vegetables Steamed Rice & Soup	Pasta with Ham & Mushroom Sauce Mixed Vegetables Steamed Rice & Soup	Korean Beef Stew Green Beans Steamed Rice & Soup	Baked Chicken with Pesto Sauce Baby Roasted Potatoes & Pumpkin Steamed Rice & Soup
AFTERNOON SNACK	Cheese & Tomato Pizza & Juice	Chicken Sandwich & Juice	Carrot Cake & Juice	Tuna Mayo Sandwich & Juice	Apple Cake & Juice

EARLY YEARS MENU FROM 02/05/18 TO 01/06/18

DATE	MONDAY 14/05/2018	TUESDAY 15/05/2018	WEDNESDAY 16/05/2018	THURSDAY 17/05/2018	FRIDAY 18/05/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Roast Pork with Gravy Roast Potatoes & Vegetables Steamed Rice & Soup	Breaded Fish Hand Cut Chips & Sweet Corn Steamed Rice & Soup	Pasta Bolognese (chicken) Roasted Vegetables Steamed Rice & Soup	Chicken Sweet & Sour Green Beans Steamed Rice & Soup	Grilled Chicken with Five Spices Broccoli Steamed Rice & Soup
AFTERNOON SNACK	Cheese Sandwich & Fruit Juice	Banana Muffin & Fruit Juice	Ham Sandwich & Fruit Juice	Orange Muffin & Fruit Juice	Egg Sushi & Fruit Juice
DATE	MONDAY 21/05/2018	TUESDAY 22/05/2018	WEDNESDAY 23/05/2018	THURSDAY 24/05/2018	FRIDAY 25/05/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Stir Fried Chicken with Mushroom Green Beans & Carrots Steamed Rice & Soup	Pasta Carbonara Broccoli Steamed Rice & Soup	Korean Grilled Chicken Sautéed Vegetables Steamed Rice & Soup	Fried Chicken Grilled Vegetables Steamed Rice & Soup	Grilled Pork with BBQ Sauce Potato Wedges & Sweet Corn Steamed Rice & Soup
AFTERNOON SNACK	Chicken Sandwich & Juice	Carrot Cake & Juice	Tuna Mayo Sandwich & Juice	Apple Cake & Juice	Cheese & Tomato Pizza & Juice



EARLY YEARS MENU FROM 02/05/18 TO 01/06/18

DATE	MONDAY 28/05/2018	TUESDAY 29/05/2018	WEDNESDAY 30/05/2018	THURSDAY 31/05/2018	FRIDAY 01/06/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Fresh Fruit & Milk Chicken Stroganoff Baby Roast Potatoes & Vegetables Steamed Rice & Soup	Stir Fried Pork & Vegetables Steamed Rice Soup	Sausage & Tomato Pasta Bake Broccoli Steamed Rice & Soup	Grilled Chinese Pork Braised Vegetables Steamed Rice & Soup	BBQ Chicken Hand Cut Chips & Vegetables Steamed Rice & Soup
AFTERNOON SNACK	Apple Cake & Juice	Tuna Mayo Sandwich & Juice	Chicken Sandwich & Juice	Cheese & Tomato Pizza & Juice	Carrot Cake & Juice