



DCIS Curriculum Learning Map: PSHE (Drop Down Days) 2021-2022

| | Term 1 | | | Term 2 | | | Term 3 | |
|----------------|--|--|--|---|--|--|--------|--|
| | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | | | |
| Year 7 | Healthy eating, Anger management and Puberty | Social media safety, Prejudice & discrimination, Being aspirational | Bullying or Banter, Positive and Safe Relationships, SRE | Healthy Living, Energy Drinks, Smoking | Shopping Ethically, Wants & Needs, Self Esteem & Achievement | | | |
| Year 8 | Personal Development, First Aid, Mindfulness | Internet Safety, Caring for the environment, Disability Discrimination | Dangers of sharing images, Domestic Conflict, SRE | Cancer Awareness, Vaping, Nicotine & Addiction, Kindness | Homophobia, Careers, Budgeting & Saving | | | |
| Year 9 | Interpersonal Skills, Stress, Body Image | Human Rights, Sustainability for all, Work Skills | Domestic Violence, LGBTQ+ Communities, SRE | Body Image - Media, Alcohol Awareness, Managing Anxiety | Avoiding Debt, Our Rights as Consumers, Human Rights; Trafficking | | | |
| Year 10 | Living Sustainability, Hate Crime, Screen Time | Fake news and Critical Thinking, Careers, Anti-social behaviour | Gender and Trans Identity, Consent, Relationships and Revenge: The law | Dangers of Binge Drinking, Managing Grief, social media & Self Esteem | Rights & Responsibilities, International Women's Day; Why? Extremism | | | |
| Year 11 | Personal Safety, Perseverance, Sleep | Internet Safety, Globalisation, GCSE Revision & Study Skills | Relationship Break Ups, SRE | First Aid & CPR, Fertility & Reproductive Health, Taking Risks | | | | |
| Year 12 | Relaxation and Gender Identity | Employability, Plagiarism | Date Rape - The Dangers | Family Planning | University Preparation | | | |
| Year 13 | Emotional Wellbeing | Renting & Buy properties/cars | Controlling Relationships | Risky Behaviours - parties, clubbing & Drugs | | | | |



*Curriculum may be adapted to accommodate the ongoing needs of year groups