



Cambodia: Community and Culture

LEAP & BSN

Year 8 – 11 Residential Trip

October 26 –
November 2

Prepared by

LEAP Student Travel

Student Education Adventure Specialists

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"Some travel to see the difference, others travel to make the difference."

About LEAP

- Our vision is to develop and build a community of lifelong learners and responsible global citizens, champions of their own success from cultural exchanges, understanding and life experiences through the LEAP programs.
- We are passionate about showcasing Cambodia to the world by providing visitors with a unique experience. Through cultural exchange programs, we are able to help communities and families in need with educational and developmental projects.
- We aim to provide international standards with local expertise. LEAP Student Travel believes that strong communities are vital to increasing the country's development.
- We want all Cambodians to have every opportunity to improve their living conditions and strengthen the country through education and knowledge.
- Through 7 years of working as a social enterprise in educational travel and development, we have the resources, experience, knowledge and passion to build an effective and specialized itinerary for your school.
- Our team of local and international development and travel enthusiasts are highly dedicated to creating the optimal program for school groups visiting Cambodia.




Safety and Insurance

- LEAP practice safe procedures and use professional partners that have a high reputation for safety standards in their respected areas.
- Their guides have been trained in first aid and there is a first-aid kit on site.
- **Students need to provide their own travel insurance for the trip as it is not included.**



CAMBODIA




Malaria Recommendations

-  There is a low risk of malaria in Cambodia
Awareness and bite avoidance recommended
-  There is a very low risk around Lake Tonle Sap and Angkor Wat
Awareness and bite avoidance recommended
-  There is no risk in Phnom Penh

Mefloquine resistance is widespread in the western provinces

 Other countries

This map is intended as a guide. It should be used with the recommendations in the risk section

-  Capital
-  City
-  Point of interest

<https://travelhealthpro.org.uk/country/39/cambodia#undefined>



បន្ទីរពេទ្យបាលី នាគតេព
NEAK TEP CLINIC
QUALITY HEALTHCARE

The clinic was established by Group of
experienced doctors and nurses
to offer professional, ethical and compassionate care.

24Hrs

#8, LoeukTanoey Road, Siem Reap E-mail: neaktep@gmail.com
H/P: (855) 017 928 655 Tel: (855) 063 6545500

Neak Tep Clinic Siem Reap

- Operates on a 24 hour basis for all General, Specialist and Emergency Care.
- Offers a high standard of in-patient facilities including air conditioned Private VIP rooms. Our clinic also offers an on-site Pharmacy, X-ray, ECG and Ultrasound Room, Pathology Service, Rehabilitation and Physiotherapy Service.
- Provides 24 hour Accident and Emergency Care, including Ambulance transfers, Intensive Care facilities, and an Operating Theatre.
- Only 5 min drive from the hotel, accessible from all points round town

Accommodation Choices



9.1

Superb · 2,153 reviews ▼



Ladear Boutique Hotel

Accommodation Choices



9.0

Superb · 96 reviews ▼



King's Rock Boutique Hotel

Meals

- Meals are a mix of Western and Khmer.
- Breakfast is daily at the hotel and some lunches and dinners as well.
- Other meals will be at restaurants in Siem Reap town.
- Meals will be high quality with ability to cater for vegan, vegetarian and other dietary needs.



Sample Itinerary

Saturday October 26th (day 1)

- XX:XX: Depart NKG airport
- XX:XX: Arrive at REP airport
- XX:XX: Bus transfer to hotel and check-in at King Rock Boutique Hotel <http://www.kingrockboutique.com/>
(Hotel based on availability. If the hotel is not available, another hotel with equal standards will be issued)
- XX:XX: Service Learning Project briefing and last minute preparation (depending on arrival time)
- XX:XX: Buffet dinner at hotel (Khmer cuisine) - depending on arrival time
- XX:XX: Poolside Lounge (evening swim and rest before tomorrow's service learning activities)
- depending on arrival time



Sunday October 27th (day 2)

- 06:45-07:45: Buffet breakfast at the hotel
- 08:00: Transfer to local worksite. Introduction to the village, building projects, coordinators, teams, tasks.
- 08:45: Commence development projects (light construction of a school classroom, and painting, gardening)
- 10:45: Break for lunch
- 11:45: Lunch at Hotel (Khmer cuisine)
- 13:15: Depart for Community Development Projects afternoon session
- 16:30: Return to Hotel
- 17:00: Free time before dinner (Daily debrief and reflection activity, then swim or relax poolside)
- 18:15: Khmer dinner in Siem Reap town (Khmer Kitchen: <http://www.khmerkitchens.com/index.html>)
- 19:30: Night markets (souvenir shopping and leisure time with chaperones)
- 21:00: Return to Hotel

Wednesday, October 30th (day 5)

- 06:45-07:45: Buffet at the hotel
- 08:00: Transfer to Community Development Projects for Opening Ceremony of worksite projects (blessings from the Buddhist Monks)
- 08:30: Teaching at local primary class in teams of 2-3, participants teach English, Arts & Crafts, PE, and Science to local primary students attending national curriculum Ministry of Education schools
- 11:00: Return to Hotel (shower and change of clothes)
- 12:30: Bus transfer to Khmer Cooking Class
- 16:00: Bus transfer to Hotel
- 17:00: Free time before dinner (Daily debrief and reflection activity, then swim or relax poolside)
- 18:00: Dinner at the hotel
- 19:30: Bus transfer to Phare Circus
- 20:00: Phare Circus (Khmer version of Cirque de Soleil: <https://pharecircus.org/>)
- 21:30: Bus transfer to Hotel





Community Goodwill Development Projects

Goodwill Development Projects range from helping out in rural villages with construction, agriculture, health care and other various development projects depending on the needs of the community.



Community Goodwill Development Projects

- The distance from Siem Reap to work sites are 5 to 35 kilometers.
- Emergency medical services by land or air can reach work sites.



Community Goodwill Development Projects

Participants help build new water-
wells for a village school.

Volunteers
International
Cambodia



Community Goodwill Development Projects

Participants learn how to mix cement, do brick work, build walls, paint and more during their service work

Community Development through Education

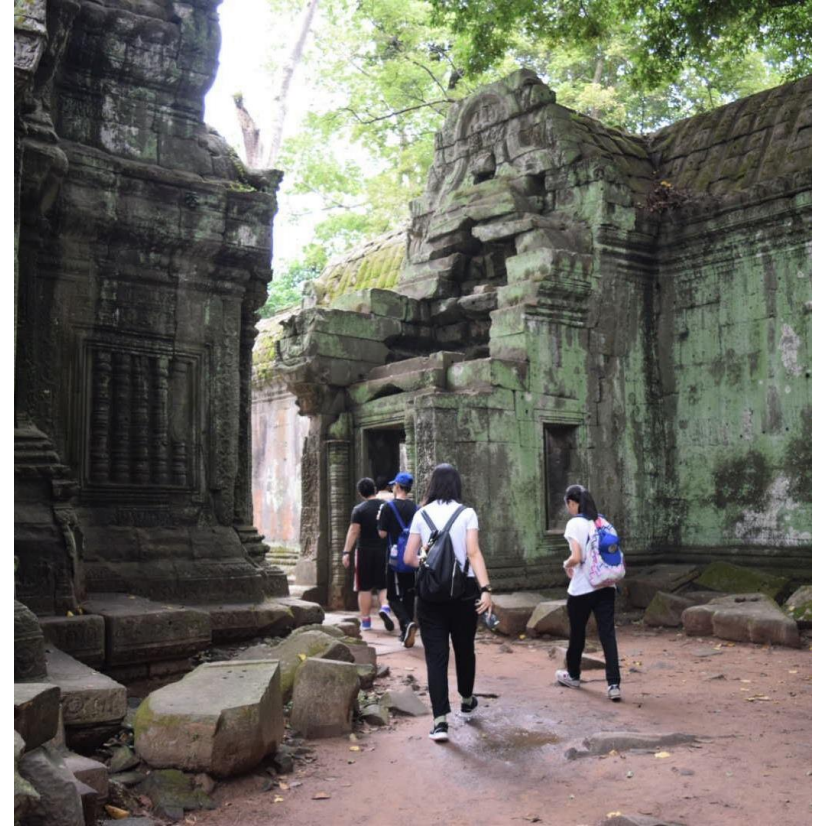
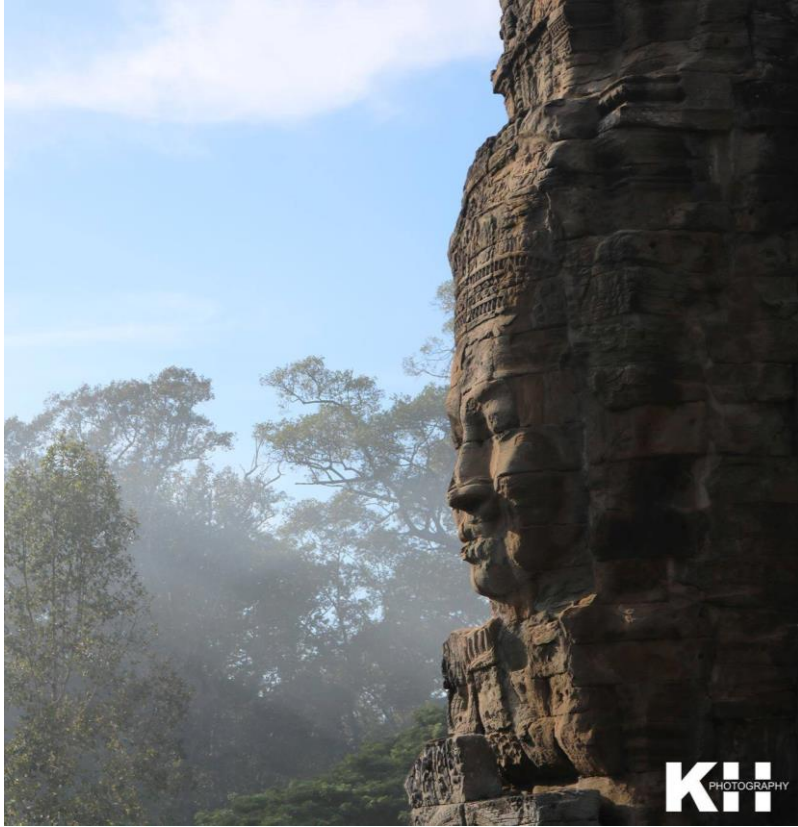
- Participants will gain valuable experience in personal and academic development through a hands-on approach as they lesson plan and teach eager students at a local primary school.





Cultural Experience

- Participants from the American International School at the incredible temples inside the Angkor Archaeological Park.
- Students discover Cambodia's ancient temples



UNESCO Temples, Angkor Wat



Tonle Sap Lake, Kompong Pluk Floating Village



Kulen Mountain / Waterfall / Buddhist Pagoda



Khmer Cooking Class



**Siem Reap's most unique,
authentic top rated evening
entertainment.**

More than just a circus, Phare performers use theater, music, dance and modern circus arts to tell uniquely Cambodian stories; historical, folk and modern. The young circus artists will astonish you with their energy, emotion, enthusiasm and talent.

Phare Circus



Night Markets

Still not convinced this is for your child?

- Learn responsible global citizenship
- Show leadership, independence and accountability
- Develop essential 21st century life skills
- Earn real work experience
- Learn valuable people management skills
- Gain project management experience and a sense of community spirit
- Develop goodwill, social awareness and a strong moral compass
- Earn volunteer hours required for university admission
- Earn a Certificate of Achievement from the Ministry of Education of the Kingdom of Cambodia

Offering:

- Real world experience for University Applications
- Extended essay topics
- Inspiration
- Understanding of Sustainable Development
- Cultural awareness

Supporting in classroom subject such as:

- Biology
- Geography
- Theory of knowledge
- History
- CAS

