



BRITISH INTERNATIONAL SCHOOL
HANOI
A NORD ANGLIA EDUCATION SCHOOL

Extracurricular Activities Secondary (Years 7–13)

Term 2
2018-19



Dear Parents,

Extracurricular Activities (ECAs) in Term 2 will start on **Monday 18th February 2019**. The activities will run through until **Thursday 4th April 2019**. Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of the normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Students will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. The sign up process tries to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

Mr. Edward Westropp
ECA Programme Coordinator

Application guidelines:

- All activities (free and paid) need to be selected online via **CHQ**.
- You will be able to register your child for 1 activity during 'sign-up period 1', which will be from **Friday 11th January at 9.00am 2019 until Saturday 12th January 2019 at 5.00pm**. You will be able to make multiple choices but at this stage you will only be accepted a place on one activity. You will then be able to register your child for another activity if you wish to do so during 'sign up period 2' which will be from **Sunday 13th January 2019 at 9.00am until Monday 14th January 2019 at 5.00pm**. Finally, you will be able to register your child for a third activity if you wish to do so during 'sign up period 3' which will be from **Tuesday 15th January 2019 at 9.00am until Wednesday 16th January at 5.00pm**.
- After **Wednesday 16th January 2019 at 5.00pm**, students who have signed up for an activity must commit to it for the whole of the term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorisation on more than one occasion they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by transfer money to school as soon as the child's activity is confirmed. Below are the BIS bank account details:

Bank name:	HSBC VIETNAM – HO CHI MINH BRANCH		
Bank address:	The Metropolitan, 235 Dong Khoi Street, District 1, HCMC, Vietnam.		
Account name:	BIS HA NOI		
Account No.VND:	091-255505-002	Account No.USD:	091-255505-102
SWIFT Code:	HSBCVNVX	Bank code:	79617001

Please include in the transfer instructions "Name of ECA" and your child's name and class.

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term 2, by selecting a paid activity and paying the associated fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday 25th January 2019**, otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via **CHQ**. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note your first choices may not always be possible. Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact activities@bishanoi.com.

CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website (<http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis>) and clicking on the CHQ tab, at the bottom of the homepage. Please follow the instructions below to log on and select your desired activities.

Logging on

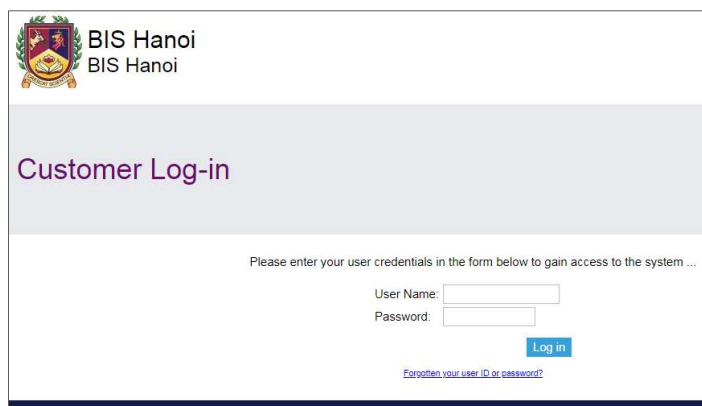
Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their password will be 'password' or their own personal password.

Primary Example:

User name: **H00123** Password: **23032007**

Secondary Example:

User name: **H00124** Password: **password**



How to select your child's activities:

Step 1: Click on **My Profile** tab.

Step 2: Expand **My Activities**.

Step 3: Select **View/Manage/Submit** Activity Choices (2018-2019 Term 2).

Step 4: For each activity/paid activity add a different number e.g. Monday: Football add 1, Wednesday: Board Games add 2 then 3, 4, 5 etc. to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click **SAVE**.

Step 5: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 6: To cancel a selection after submitting add a 0 to the desired box then save and submit.

Step 7: If you click onto My Schedule after **Wednesday 16th January 2019** you should be able to see your activities by scrolling through to Monday 18th February 2019 (start of Term 2 activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school. Once your selected activities have been approved you will be able to see them by clicking on the on **My Profile** tab to the right of the Home tab on your page.

CHQ Sign-Up Tips for Parents:

Parents please DO NOT place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5, 6 or 7 (or least favourite activity) regardless of the day. Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school. Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

MONDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Gymnastic club (Paid activity)	Year 02- Year 08	15:05 - 16:05	10	16	GymKraft	Sports Hall	This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Minimum number of children =10/ The cost per student in Term 2 = 2,310,000 VND
HAC Varsity Boys Football (students arrange own transport and have already been selected for the team.)	Year 11- Year 13	16:00 - 17:30	10	30	Mr Petricca	Secondary field	Participants selected from the trials. Training in preparation for the HAC Varsity Football
HAC Junior Varsity Boys Football (students arrange own transport and have already been selected for the team.)	Year 09- Year 11	16:00 - 17:30	10	30	Mr Langford	Secondary field	Participants selected from the trials. Training in preparation for the HAC Varsity Football
HAC Varsity Girls Football (students arrange own transport and have already been selected for the team.)	Year 11- Year 13	16:00 - 17:30	10	30	Ms Wilson	Primary Field	Participants selected from the trials. Training in preparation for the HAC Varsity Football
HAC Junior Varsity Girls Football (students arrange own transport and have already been selected for the team.)	Year 09- Year 11	16:00 - 17:30	10	30	Ms Allen	Primary Field	Participants selected from the trials. Training in preparation for the HAC Varsity Football
Mindfulness	Year 07- Year 13	15:05 - 16:05	4	15	Ms Lozano	S317	Mindfulness is the practice of bringing ones attention to the present moment, experiencing and observing our thoughts and feelings without judging them. In these sessions we will be doing meditation and learning strategies to cope with stress.
Model United Nations	Year 07- Year 13	15:05 - 16:05	6	30	Ms Price	S206	Model United Nations (MUN) is a United Nations (UN) simulation which gives students the opportunity to research, present and debate on some of the world's most challenging problems.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Netball	Year 05- Year 08	15:05 - 16:05	10	20	Ms Crombie	Netball Court	This ECA offers the chance to learn and develop netball skills through playing friendly games. Players of all ability are welcome!
Presentation and Public Speaking Skills	Year 07- Year 13	15:05 - 16:05	4	12	Mr Wheeler	S202	This ECA will give the students the chance to develop and practice the skills needed to give an effective oral presentation. There will be a focus on presentation structure, using visual aids, body language, signposting language in addition to other functional vocabulary and language tips and tricks.
Brass Club	Year 05- Year 09	15:05 - 16:05	NA	NA	Mr Scott	Mr. Scott's Room C323	This term sees a renewed Brass Club with new members and new instruments ready to raise the roof of BIS. This club is for specially selected students. If you would like to join, see Mr. Scott - it is not too late!
Spanish Booster	Year 11, Year 13	15:05 - 16:05	4	10	Ms Rojas	S310	An opportunity to re-visit exam techniques and core revision vocab by using games and creative activities
STEAM Tech/Robotics club	Year 07- Year 13	15:05 - 16:05	6	15	Mr Toner, Mr Russell	C123	We are looking to launch a house robotics competition and looking for interested students who are keen to build and program robots to compete in a variety of challenges. This ECA is designed to develop your programming ability and problem solving skills so we can begin the competition in term 3
Stockmarket Trading	Year 10,- Year 13	15:05 - 16:05	2	15	Mr Graham	S103	If you would like to learn about how the financial markets work and learn how to trade then look no further. You will learn how to interpret financial reporting and spot trading signals for the right entry and exit points for US stocks, shares and ETFs. You will use a dummy trading platform that is linked to the US market and can compete with your friends. Students need to bring devices.
Swimming Intermediate	Year 05- Year 13	15:05 - 16:05	6	24	Miss Henney	Swimming Pool	Swimming for those who wish to refine the technical and physical aspects of multiple strokes as well as improve fitness and endurance. To join this ECA you must be able to confidently swim 100m in a range of strokes.
Year 11 Drama Coursework	Year 11	15:05 - 16:05	1	15	Ms Loveday	P303	Compulsory ECA for all year 11 Drama students to complete their performance coursework
Creative Writing	Year 10- Year 13	15:05 - 16:05	5	20	Mrs Witton	S205	An opportunity to let your creative juices flow. Open to all. Writing for fun with the possibility of entering some competitions (if available).
Healthy women club	Year 09, Year 10	15:05 - 16:05	2	10	Ms Phuong Pham Nhan	S303 and Fitness room s105	The vision of the club is to give females knowledge about their health, their power, their abilities and more. We will practice fitness and how to eat healthily. We will read books about strong, independent and successful women. We will study how to protect ourselves and stay away from violence and insults.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Year 11, 12 & 13 Art Workshop	Year 11- Year 13	15:05 - 16:05	2	20	Ms Goppert	C111	Learn additional skills to support your portfolio and knowledge of the subject. We will support you individually to build on your current skillset and introduce you to new media and processes.
Secondary Jazz Band	Year 07- Year 13	15:05 - 16:05	4	40	Miss Rea	Band Room	Students will have the opportunity to gain a deeper understanding of jazz music, through exploring improvisation, structures and a number of jazz standards. All instrumentalists and abilities welcome, including vocalists.
Fencing(Paid activity)	Year 07-, Year 13	15:05 - 16:05	6	12	Mr. Yong Hee Lee and Vietnam ese coaches		The fencing club can help you to build strength and endurance. The students can learn basic skills, full of physical exercise for fencing. Each fencing session is a full-body workout. Also it is both a physical and mental sport and it is extremely stress reducing. Please join and have fun! Please note: Minimum number of children: 6 Total cost per student : 2,350,000 VND

TUESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Japanese Language Mother Tongue	Year 02- Year 13	15:05- 16:05	4	15	Ms Kaori	Library	Keeping up with mother tongue language by self-study, reading and fun games. Study materials should be prepared by themselves. Japanese Native speakers only
SSA Basketball Junior (paid activity)	Year 05- Year 08	15:30- 17:00	6	25	SSA	Sport halls	Primary & Secondary students who would like to get basketball coaching with VBA approved coaches and players. The cost per student in Term 2 = 1.890.000 VND
SSA Basketball Senior (paid activity)	Year 09- Year 13	15:30- 17:00	6	25	SSA	Hard court	Secondary students who would like to get basketball coaching with VBA approved coaches and players The cost per student in Term 2 = 1.890.000 VND

WEDNESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
World Scholar's Cup	Year 07- Year 09	15:05- 16:05	6	12	Miss Wilson	C223	Developing mathematical, scientific and general knowledge in preparation for World Scholar's Cup
Book Club	Year 10- Year 13	15:05- 16:05	2	10	Ms Davis	S207	Over the weeks, we will together read a set text and discuss the themes, characters and context of the text, broadening our literary horizons.
DoE IA (Bronze Award) NO NEW STUDENT SIGN UP	Year 10	15:05- 17:10	4	FULL	N. Ajenjo R Airdrie, S Wheeler, K Fernande s, T Agass, P Mortimer , M Toner, B Minchin, S Hoare, M Price, E Goppert	Various	The International Award for Young People is a globally recognised programme of team building and leadership involving community service, learning skills, physical recreation and expeditions. Bronze is the first level, moving on through Silver to the ultimate challenge of Gold.
DoE IA (Gold) NO NEW STUDENT SIGN UP	Year 12	15:05- 17:10	4	FULL	N. Ajenjo R Airdrie, S Wheeler, K Fernande s, T Agass, P Mortimer , M Toner, B Minchin, S Hoare, M Price, E Goppert	Various	The International Award for Young People is a globally recognised programme of team building and leadership involving community service, learning skills, physical recreation and expeditions. Bronze is the first level, moving on through Silver to the ultimate challenge of Gold.
Esperanto for Beginners (NO NEW STUDENTS SIGN UP)	Year 05- Year 13	15:05- 16:05	1	10	Ms Hoan Tran	P223	How many languages can you speak? Do you know any man-made ones? Esperanto is that kind of language. Do not hesitate to re-register to this ECA-group to get to know more about Esperanto and you will also have a chance to listen to some reflections of a real Esperantist in Vietnam about how the language has changed her life.
Golf Academy (Paid activity)	Year 03- Year 13	15:05- 16:05	8	15	Ms Stevenson	Long Bien Golf Course	Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. Please note: Minimum number of students =8. The cost per student in Term 2 = 2,842,000VND

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Green Team ECA	Year 12, Year 13	15:05-16:05	2	10	Mrs Agass	C212	CAS students continue the work started during Green week last year to make our school more eco-friendly.
Japanese Calligraphy art (For Japanese students only)	Year 03- Year 09	15:05-16:05	3	8	Mrs. Miki	Primary Science Room C127	Calligraphy art a traditional art originally from China. Generally, we use brush and ink to write characters. Japanese learn basic calligraphy at elementary school. Students should have syudou kits.
Under 13 FOBISIA training	Year 07- Year 09	15:05-17:00	10	40	Mr Langford	Gym	Team already selected. Training for international event
HAC middle school Girls Volleyball	Year 07- Year 09	15:05-17:30 Wed+ Thu	10	30	Ms Shanks, and Mrs Airdrie	Gym	Competitive and Festival team practice for the season. Teams are already organised, we will add students to the ECA, any new students to speak to leader.
HAC middle school Boys Volleyball	Year 07- Year 09	15:05-17:30 Wed+ Thu	10	30	Mr Vu	Gym	Competitive and Festival team practice for the season. Teams are already organised, we will add students to the ECA, any new students to speak to leader.
Korean Reading Club	Year 12	15:05-16:05	5	18	Mrs Song	S321	Korean book club for year 12 students. Students should be able to continue this activity for the rest of the year.
Table tennis	Year 05- Year 08	15:05-16:05	12	20	Mr Callan	Sports Hall (table tennis area)	For both beginners and experienced players. An introduction to the sport, learning the basic skills and playing games against each other.
Teaching English to BIS staff NO NEW STUDENTS	Year 12	15:05-16:05	0	15	Mr Tchakov	S208	Great CAS activity for year 12. Year 13 welcome to join to share experience and skills. Year 12 students MUST COMMIT for the full year.
Secondary Netball	Year 07- Year 13	15:05-16:05	10	14	Mrs Graham	Courts	Students will enjoy taking part in a range of netball drills to hone their passing and catching skills, as well as competing in friendly matches. All abilities welcome.
BISCON Enterprise Club	Year 04- Year 13	15:05-16:05	5	20	Mr Kelly	S307	Interested in Business, Economics and Enterprise but not able to study it yet? Are in KS4 or KS5 and would like to improve your leadership skills in this subject area. Then this is the ECA for you. Learn about, present, create and sell at the BIS cafe Queen Bean's - the pop up shop area.
Secondary Drama Club	Year 07- Year 13	15:05-16:05	10	20	Ms Loveday	P303	Open to all of Secondary - looking at working from script and devising own drama. The main aim is to begin working toward a performance at the end of Term 3. Attendance for Term 2 and 3 is preferred.
Baking club	Year 07- Year 09	15:05-16:05	4	10	Ms. Hai Nguyen	S 210	Baking is not only fun and relaxing but it is an opportunity to explore yourself !!!
Year 11, 12 & 13 Art Workshop	Year 11- Year 13	15:05-16:05	2	20	Ms Miller	C115	Learn additional skills to support your portfolio and knowledge of the subject. We will support you individually to build on your current skillset and introduce you to new media and processes.

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Global Goals Club	Year 07- Year 13	15:05- 16:05	4	24	Mr Forster	S314	If you are interested in the environment around us, helping disadvantaged people, the United Nations and how we can achieve the Global Goals - this is the ECA for you! You will work alongside our UNICEF Ambassadors to help BIS achieve the Global Goals! This year, the focus is on Goal 4: Quality Education, and Goal 16: Peace & Justice.
Cross Stitch Club	Years 5- 7	15:05 -16:05	6	12	Ms Hong and Ms Trang Chu	Class 6l P311	This activity is great for the students' minds and keeping their hands and fingers flexible. Students can create their own sewings of their favourite patterns on coloured fabrics that can be used as bookmarks or put in frames for decorations.
Recreational Football	Years 7- 9	15:05 -16:05	10	20	Mr Young	Secondary Field	An opportunity for students to practice their football skills in the context of matches against each other.

THURSDAY

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Gardening BIS Coop ECA	Year 06-, Year 09	15:05 - 16:05	6	13	Ms Greenwood	C214	Taking part in the Gardening and BIS Coop ECA means you will be growing and harvesting vegetables from our garden, helping to look after our chickens and enjoying team work outdoors.
Japanese for Beginners	Year 07- Year 13	15:05 - 16:05	3	10	Ms. Kaori	C216	Do you want to learn Japanese? Join us for the Japanese ECA to get some basic conversation skills. By the end of term, you will be able to read "Hiragana"
HAC middle school Girls Volleyball	Year 07- Year 09	15:05 - 17:30 Wed+ Thu	10	30	Ms Shanks, and Mrs Airdrie	Gym	Competitive and Festival team practice for the season. Teams are already organised, we will add students to the ECA, any new students to speak to leader.
HAC middle school Boys Volleyball	Year 07- Year 09	15:05 - 17:30 Wed+ Thu	10	30	Mr Vu	Gym	Competitive and Festival team practice for the season. Teams are already organised, we will add students to the ECA, any new students to speak to leader.
Competitive swimming	Year 03- Year 13	15:05 - 16:05	2	12	Mr Dempsey	Swimming pool	Training for HAC swimming galas in May. Need to be able to swim 2 strokes over 25 metres.
KOTO	Year 12, Year 13	15:05 - 16:05	4	12	Mr Westropp	Bus provided to and from KOTO center	CAS students run English workshops and other activities and fundraisers with the students at KOTO.
Maths Challenge	Year 07- Year 09	15:05 - 16:05	4	24	Ms Thomas	S102	In Maths Challenge Club we will have fun exploring mathematical puzzles and challenges. We will train for the Hanoi Olympiad and FOBISIA (Kuala Lumpur, 2019) competitions so we can do our best and show what great mathematicians we are.
Secondary Orchestra	Year 07- Year 13	15:05 - 16:05	NA	NA	Mr Scott	Band Room	Building on last term's incredibly successful production of Annie, the Secondary Orchestra will continue to explore new music from a variety of genres and styles, from film scores to original classics. Any Instrument and ability welcome!
Strategy Games	Year 06- Year 13	15:05 - 16:05	4	20	Mr Schofield	S316	This ECA is for those that like to develop their teamwork, communication and problem-solving skills in a friendly and lively environment with peers from different age-groups
Tennis Club (Paid Activity)	Year 07- Year 09	15:05 - 16:05	4	4	Mr. Thuong	Hardcourt	Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. Please note: Minimum number of children =4/The cost per student in Term 2 = 917,000VND (Approx.)
STEAM Tech Maker club	Year 07- Year 13	15:05 - 16:05	5	10	Mr Toner	C123	Using robotics, Micro:bits, 3D printers, electronic circuitry to create many fun projects. Time to get creative!

ACTIVITY NAME	YEAR GROUPS	TIME	MIN No.	MAX No.	TEACHER	Location	ACTIVITY DESCRIPTION
Computer Science Catch-up	Year 11	15:05 - 16:05	5	15	Mr Trett	C121	Computer Science preparation for the upcoming exam. Intended for students who are not yet currently working towards their target grade.
Science video club	Year 07- Year 11	15:05 - 16:05	4	12	Mr Forsythe	C209	Creating video's for learning science (green screen, animations, voice overs etc)
K'NEX Club	Year 07- Year 11	15:05 - 16:05	2	10	Mr Russell	S103	Design and create amazing structures, vehicles or contraptions using the awesome K'NEX equipment.
Year 11 Drama Re-do Coursework	Year 11	15:05 - 16:05	1	15	Ms Loveday	P303	Opportunity for Year 11 Drama students to re do any unsatisfactory coursework performances and achieve a higher grade
Stretch and Challenge Physics	Year 11- Year 13	15:05 - 16:05	2	8	Mr Duckett	C207	ECA aimed at expanding the Physics curriculum. Investigate astrophysics, quantum mechanics or simply extend what you learned in class. Challenge yourself by trying to answer the big questions at the cutting edge of scientific enquiry.
Year 11 Business Studies Revision	Year 11	15:05 - 16:05	1	10	Mr Crofts	S305	Intervention session for IGCSE Business Studies students. Students will receive additional support on areas of development across the course. In preparation for their exams in May/June 2019.
Creativity in the Garden ECA	Year 13	15:05 - 16:05	3	8	Ms. Gordon	BIS garden	As a project for the Creativity part of CAS, students will paint the tool shed and improve the garden area to make it a welcoming space for 6th form students to visit for quiet, chill out time.