



13 August 2018

Learning Enrichment Activity Program **- Grade 6 - Grade 7 Registration Form**

Dear Parents,

Attached to this letter is an outline of Semester 1 activities being offered **to you** and **your child** as part of LEAP. Learning Enrichment Activities Program (LEAP) is an after school program that provides quality co-curricular activities in **Arts, Sports, Technology, Languages, Academic Learning** and **Service** to our **Primary** and **Secondary students, parents** and **other adults** from 3:10-4:00pm (Primary) and 3:40-4:30pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after school activities that operate on a semester basis.

LEAP (Semester 1) will begin August 27 and finish on November 30 (12 WEEKS unless stated otherwise).

Sessions are **3:10 - 4:00pm** for Primary and **3:40 - 4:30pm** for Secondary

Objectives:

1. To complement students, parents and other adults' daily schooling
2. To expand and enrich student interests
3. To provide teacher and student mentorship
4. To create foundational skills for students
5. To build alternative learning communities
6. To develop creativity
7. To have fun

NEXT STEPS

1. *Please read over the activities being offered to you and your child's particular grade.*
2. *Discuss this with your child and make a plan of the week.*
3. **Complete the signup form.**
4. **Take to the Business Office for payment. This constitutes your booking.**
5. Please note:
 - a. There is a minimum of 5 students per activity (unless specified).
 - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).
 - c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is



oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.

- d. Students **must** be **picked up promptly** after their LEAP classes. Students who are **NOT regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardian cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. On discipline, all students are expected to adhere to the school values and guidelines at all times. Any consistent behavioral problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.

Any questions please ask Ms Samnang at the Hub Reception or contact Ms. Shirley at shirley.yambot@nisc.edu.kh

Key information:

- **LEAP Fair** on Friday, August 17th, 2:30 - 4:00pm at the Cafeteria, Amphitheater and Field
- **Registration:** Opens August 14th - 22nd 2018
- **Location of registration:** Business Office
- **LEAP Coordinator:** Ms Shirley
- **Start date:** August 27th 2018
- **End date:** November 30th 2018 (*varies depending on the day of the particular activity*)
- **Time:** 3:10 - 4:00pm (Primary) and 3:40 - 4:30pm (Secondary)
- **Cost of each activity:** varies depending on the particular activity -- see list

Please complete the following information:



Student Name:		Grade:	
Bus rider: Please encircle which applies		YES	NO
Parent Name:			
Parent email:		Tel:	
Name of activity : (Mon)		Cost : \$	
Name of activity : (Tues)		Cost : \$	
Name of activity : (Wed)		Cost : \$	
Name of activity : (Thurs)		Cost : \$	
Name of activity : (Fri)		Cost : \$	
Total costs:			
Parent Signature:			



Activities available:

	Monday	Tuesday	Wednesday	Thursday	Friday
Category	G6-G7	G6-G7	G6-G7	G6-G7	G6-G7
ARTS	NISC Dance Company	NISC Dance Company Drum Circle Rockin' Recorder Club Still Life Painting	Secondary Dance Club Concert Band Calligraphy	Chinese Traditional Calligraphy Dance: Modern Jazz Brass Blast Community Choir	Rock Band Friday Sculpture
ACADEMIC LEARNING	NISC Secondary Writing Center	NISC Secondary Writing Center Math Olympiad	NISC Secondary Writing Center	NISC Secondary Writing Center Math Olympiad	
SPORTS		Tennis (Beginner Level) Tennis (Intermediate Level)	Educational Soccer Taekwondo: White to Green Tip Belt Taekwondo: Green Belt and above	Tennis (Beginner Level) Tennis (Intermediate Level)	Taekwondo: White to Green Tip Belt Taekwondo: Green Belt and above Multi Sports
LANGUAGES	Chinese (Mother Tongue)				Chinese (as a Second Language)
SERVICE			Basic First Aid Level 1		
PARENTS	Board Games Strong Body Workout	Women's Self Defense	Tennis (Beginner Level) Tennis (Intermediate Level)	Community Choir Yoga	Zumba for Parents and other Adults



ACTIVITY DESCRIPTION

NISC Dance Company **New!** **SA (conditional ask Ms. Netcy)**

NISC Dance Company is for more serious and intermediate level dancers that wish to train more often. The dance company will also offer more performance opportunities which means possible weekend rehearsals when it is closer to a performance. (12 weeks; ends on 27th of November)

Teacher: Ms. Yabei Chen	Day: Monday <u>and</u> Tuesday	Venue: Primary New Dance Room 3301-3302	No. of Students: Min. <u>5</u> Max. <u>10</u>	Cost: \$48
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NISC Secondary Writing Center **New!**

The NISC Secondary Writing Center will be open Monday - Thursday after school to assist students with their written assignments. The center is open to all secondary students. Please fill out the form to book an appointment. (12 weeks; ends on 29th of November)

Teacher: Mr. Logan Brennan-Sawyer	Day: Monday <u>to</u> Thursday	Venue: Secondary Room 5112	No. of Students: Min. & Max. as per sign up	Cost: No Fee
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Chinese (Mother Tongue) **New!**

The course will be aiming at consolidating the knowledge covered in the curriculum and provide opportunity to practice and reinforce the language skills in reading, writing, listening, speaking and metalinguistic skills such as presentation and debating. (12 weeks; ends on 26th of November)

Teacher: Mr. Jack Tse	Day: Monday	Venue: Primary Room 3204	No. of Students: Min. <u>5</u> Max. <u>8</u>	Cost: \$48
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Drum Circle Tuesday **New!** **SA (conditional ask Ms. Netcy)**

Students will learn rhythm and team building, and a bit of dancing, while playing a percussion instrument. (12 weeks; ends on 27th of November)

Teacher: Mr. Ian Francisco	Day: Tuesday	Venue: Primary Room 3312	No. of Students: Min. <u>5</u> Max. <u>10</u>	Cost: \$48
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ACTIVITY DESCRIPTION



Rockin' Recorder Club (SA credit)

The recorder is a great beginning wind instrument that is lots of fun for more advanced students too. It's easier to start on than the flute or clarinet and you can get to interesting music quickly. In the Rockin' Recorder club, we will play games, learn songs, and get to add in some other instruments as well such as the piano and xylophones. Soon the students will be rockin' on the recorder at home, on the playground, or even in the car! Any secondary students who are willing to assist with the recorder club will learn the recorder and get SA/CAS credit. (12 weeks; ends on 27th of November)



Teacher: Ms. Jennifer Harris Lowe	Day: Tuesday	Venue: Primary Room 3314	No. of Students: Min. <u>4</u> Max. <u>30</u>	Cost: \$58
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Still Life Painting **New!**

Still life is the genre style of painting that allows the painter to experiment with the composition of the subject. Due to the subject being inanimate, it allows painters to practice everything from values, color, compositional balance or colors and placement. Students will work with a 1mx1m canvas for each week. Students will complete a total of 4 canvases. This course is designed to teach students how to map and paint an inanimate subject onto canvas. (12 weeks; ends on 27th of November)



Teacher: The Art Bar	Day: Tuesday	Venue: Secondary Multi Purpose Room	No. of Students: Min. <u>5</u> Max. <u>15</u>	Cost: \$360
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Math Olympiad **New!**

The goal is to encourage an interest in mathematics while also encouraging them to value intellectual pursuits. The emphasis is not on speed or memorization but rather understanding concepts and algorithms. We aim to value skills that develop the ability to think about and solve complex problems. We encourage students of all abilities. Finally, we encourage and develop cooperation, friendship, inspiration, and encouragement to a great degree. We hope to make this a great social and intellectual opportunity for students. (12 weeks; ends on 27th or 29th of November)

Teacher: Mr. John Smith	Day: Tuesday <u>or</u> Thursday	Venue: Secondary Room 5313	No. of Students: Min. <u>2</u> Max. <u>8</u>	Cost: No Fee
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ACTIVITY DESCRIPTION

Tennis (Beginner Level) **New!**

This course is designed for beginners, new players to the game of tennis who want to learn the basics of the game. We will develop the ABC's of tennis: agility, balance, and





hand-eye coordination of the students, while also covering basic racket handling skills. Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia. Requirements: comfortable activewear and proper white sole running shoes. (12 weeks; ends on 27th or 29th of November)

Teacher: Mr. Phalkun (Tennis Cambodia)	Day: Tuesday <u>or</u> Thursday	Venue: NISC Tennis Court	No. of Students: Min. <u>4</u> Max. <u>12</u>	Cost: \$85
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Tennis (Intermediate Level) New!

This course is designed for students with experience in the game of tennis and who know the basics. We will develop the technique required for the various shots of tennis as well as basic strategy of the game. Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls will be provided by Tennis Cambodia. Requirements: comfortable activewear and proper white sole running shoes.

(12 weeks; ends on 27th or 29th of November)

Teacher: Mr. Phalkun (Tennis Cambodia)	Day: Tuesday <u>or</u> Thursday	Venue: NISC Tennis Court	No. of Students: Min. <u>4</u> Max. <u>12</u>	Cost: \$85
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Secondary Dance Club New! SA (conditional ask Ms. Netcy)

Dance club for students that are new to dance or want a fun, no pressure, fun environment to start learning. Performing is optional and not required. (12 weeks; ends on 28th of November)

Teacher: Ms. Yabei Chen	Day: Wednesday	Venue: Primary New Dance Room 3301-3302	No. of Students: Min. <u>5</u> Max. <u>20</u>	Cost: \$48
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Concert Band New! SA (conditional ask Ms. Netcy)

Wind band ensemble for students with prior experience. (12 weeks; ends on 28th of November)

Teacher: Mr John Bourque	Day: Wednesday	Venue: Primary Room 3312	No. of Students: Min. <u>5</u>	Cost: \$48
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ACTIVITY DESCRIPTION

Calligraphy New!

Every written language is based on calligraphy. Calligraphy is the art of writing and the practice of scribes from all around the world. It is a fundamental art form that is used so much, but it is often overlooked. Students will learn note fundamentals, terminology, and tools in the first week. The following weeks will cover different styles from different brushes. The final tasks of this course will challenge students to create their own original and creative A-Z alphabet on canvas. (12 weeks; ends on 28th of November)



Teacher: The Art Bar	Day: Wednesday	Venue: Secondary Multi Purpose Room	No. of Students: Min. <u>5</u> Max. <u>15</u>	Cost: \$300
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Educational Soccer **New!**

Students will learn the different technique and proper skills needed to play soccer.
Requirement: sportswear, soccer kit and sports shoes.
(12 weeks; ends on 28th of November)



Teacher: Mr. Takahiro Unno	Day: Wednesday	Venue: NISC Field	No. of Students: Min. <u>6</u> Max. <u>16</u>	Cost: \$120
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TAEKWONDO: White to Green Tip Belt **New!**

ALA has partnered with Induk, a premier Singapore-based Taekwondo school in offering classes to everyone from toddlers to adults. Known for its emphasis on kicking and self defense technique, Taekwondo physically helps develop strength, flexibility and stamina as well as encouraging positive mental attitude. We believe that Taekwondo is for everyone of all ages and genders, with training programs designed with the ultimate goal of enhancing spirit and life through the training of mind and body. Uniforms will need to be purchased separately from the provider. (12 weeks; ends on 28th or 30th of November)



- Grading will be done at the end of the semester by the Cambodian Taekwondo Federation. Venue will be at Aeon Mall
- 2. Grading fees are charged separately.
- Students can participate on either Wednesday or Friday slots.

Teacher: Advance Learning Academy	Day: Wednesday <u>or</u> Friday	Venue: Performing Arts Room	No. of Students: Min. <u>3</u> Max. <u>25</u>	Cost: \$156
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ACTIVITY DESCRIPTION

TAEKWONDO: Green Belt and Above **New!**

ALA has partnered with Induk, a premier Singapore-based Taekwondo school in offering classes to everyone from toddlers to adults. Known for its emphasis on kicking and self defense technique, Taekwondo physically helps develop strength, flexibility and stamina as well as encouraging positive mental attitude. We believe that Taekwondo is for everyone of all ages and genders, with training programs designed with the ultimate goal of enhancing spirit and life through the training of mind and body. Uniforms will need to be purchased separately from the provider. Students **must** attend **both** Wednesday and Friday sessions. (12 weeks; ends on 30th of November)




- Grading will be done at the end of the semester by the Cambodian Taekwondo Federation. Venue will be at Aeon Mall
- 2. Grading fees are charged separately.

Teacher: Advance Learning	Day: Wednesday <u>and</u>	Venue: Performing Arts Room	No. of Students: Min. <u>3</u> Max. <u>25</u>	Cost: \$231
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Academy	Friday			
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Basic First Aid (Level 1) New! SA (conditional ask Ms. Netcy) Learning basic first aid techniques can help you cope with an emergency. The course will emphasize practical skills in a fun and interactive learning environment. (11 weeks; ends on 28th of November) 				
Teacher: Nurse Cherry Rinoza	Day: Wednesday	Venue: School Clinic	No. of Students: Min. <u>5</u> Max. <u>10</u>	Cost: \$58

Chinese Traditional Calligraphy New! SA (conditional ask Ms. Netcy) The class will provide the opportunity to all students to understand, appreciate and learn Chinese culture through the ancient art of Chinese calligraphy. Students will practice mindfulness, express themselves and experience the traditional wisdom of Chinese. (12 weeks; ends on 29th of November)				
Teacher: Mr. Jack Tse	Day: Thursday	Venue: Primary Room 3204	No. of Students: Min. <u>5</u> Max. <u>12</u>	Cost: \$48

Dance: Modern Jazz New! SA (conditional ask Ms. Netcy) CSTD Modern Jazz syllabus incorporates several styles which use the body as an instrument to interpret a variety of music. Forms of jazz includes Modern Jazz, Contemporary and Broadway. In these dance forms, rhythm and expression are incorporated while strength and flexibility are increased. (12 weeks; ends on 29th of November)				
Teacher: Advance Learning Academy	Day: Thursday	Venue: Performing Arts Room	No. of Students: Min. <u>3</u> Max. <u>16</u>	Cost: \$144

ACTIVITY DESCRIPTION				
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Brass Blast New! SA (conditional ask Ms. Netcy) Introductory level trumpet and trombone; a chance to try out one of the instruments of the brass family (12 weeks; ends on 29th of November)				
Teacher: Mr. John Bourque	Day: Thursday	Venue: Primary Room 3312	No. of Students: Min. <u>5</u> Max. <u>8</u>	Cost: No Fee

Community Choir New! (SA credit) This year, the greater NISC community including parents and staff are invited to join our students singing in the choir! Beginner singers are most welcome - no prior experience necessary. We have been invited to perform at the WIG Christmas Fair on November 4. If you love singing and can't get enough of Christmas music and cheer, then join us! It will be a great way to meet other members of our community while making music together. This is also a SA/CAS opportunity for secondary students who are willing to be a mentor to our young singers. (12 weeks; ends on 29th of November)				
Teacher:	Day:	Venue:	No. of Students:	Cost:



Ms. Jennifer Harris Lowe	Thursday	Primary Room 3314	Min. <u>5</u>	No Fee
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Rock Band Friday New! SA (conditional ask Ms. Netcy) Students will be introduced to the experience of playing in a band. All instruments and voices are welcome. (11 weeks; ends on 30th of November)				
Teacher: Mr. Ian Francisco	Day: Friday	Venue: Primary Room 3312	No. of Students: Min. <u>5</u> Max. <u>10</u>	Cost: \$44

Sculpture New! Sculpture is 3-dimensional artwork created by shaping or combining materials. Materials may be worked by removal such as carving; or they may be assembled such as by gluing. Our sculpture lessons include forming, carving, collage, gluing and make use of water based clays. Technique with tools, hands and structuring will be taught each week. (11 weeks; ends on 30th of November)				
Teacher: The Art Bar	Day: Friday	Venue: Secondary Multi Purpose Room	No. of Students: Min. <u>5</u> Max. <u>15</u>	Cost: \$275

ACTIVITY DESCRIPTION				
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Multi Sports New! The class will introduce basic skills, techniques and rules of a wide variety of sports and activities. Students participating in this class will learn to develop the ability and attitude to compete fairly; engage and interact appropriately with other children; and improved control, coordination, balance, agility and flexibility. Requirements: Proper sports attire and running shoes (11 weeks; ends on 30th of November)				
Teacher: Mr. Cris of Elite Soccer Coaching	Day: Friday	Venue: NISC Field	No. of Students: Min. <u>4</u> Max. <u>16</u>	Cost: \$80

Chinese (as a Second Language) New! The class will provide opportunity to all students to understand, appreciate and learn Chinese language and culture. (11 weeks; ends on 30th of November)				
Teacher: Mr. Jack Tse	Day: Friday	Venue: Primary Room 3204	No. of Students: Min. <u>5</u> Max. <u>8</u>	Cost: \$44

Board Games New! This activity will help you use and develop different skills such as observation, strategy, communication, analysis, reflection and social skills. Join us and challenge yourself. (12 weeks; ends on 26th of November)				
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**Teacher:**

Mr. Simon Etaby

Day:

Monday

Venue:

Primary Room 3214

No. of Students:

Min. 5 Max. 12

Cost:

No Fee

Strong Body Workout for Parents

Sculpt your muscles, blast those fats, and get lean all over. This workout helps you to condition your body to keep you fit and healthy. Requirements: Comfortable activewear (12 weeks; ends on 26th of November)

Teacher:

Ms. Tijana Stojkovic

Day:

Monday
AM: 10:00-11:00

Venue:

Performing Arts Room

No. of Students:

Min. 5 Max. 15

Cost:

**Drop in: \$12 per session
Prepaid: 5 consecutive sessions - \$48**

ACTIVITY DESCRIPTION**Women's Self Defense New!**

With basic Taekwondo skills, this program is designed to make women aware, prepared and ready to counter immediate threats of violence. (12 weeks; ends on 27th of November)

Teacher:

Advance Learning Academy

Day:

Tuesday
AM: 8:00-9:00

Venue:

Performing Arts Room

No. of Students:

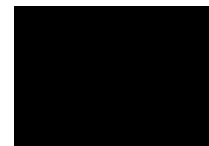
Min. 3 Max. 25

Cost:

\$156

Tennis (Beginner and Intermediate Level) New!

This course is designed mainly for adults, where the class will take a 'Cardio Tennis' approach. Cardio Tennis focuses more on the movements in tennis and will be a moderately intense hour of jumping over hurdles, running through speed ladders, learning the different shots of Tennis while having fun at the same time! All the equipment, including rackets and balls will be provided by Tennis Cambodia. Requirements: comfortable activewear and proper white sole running shoes. (12 weeks; ends on 28th of November)

**Teacher:**

Mr. Phalkun (Tennis Cambodia)

Day:

Wednesday
AM: 8:00-9:00

Venue:

NISC Tennis Court

No. of Students:

Min. 4 Max. 12

Cost:

\$85



Community Choir **New!**

This year, the greater NISC community including parents and staff are invited to join our students singing in the choir! Beginner singers are most welcome - no prior experience necessary. We have been invited to perform at the WIG Christmas Fair on November 4. If you love singing and can't get enough of Christmas music and cheer, then join us! It will be a great way to meet other members of our community while making music together. This is also a SA/CAS opportunity for secondary students who are willing to be a mentor to our young singers. (12 weeks; ends on 29th of November)

Teacher: Ms. Jennifer Harris Lowe	Day: Thursday	Venue: Primary Room 3314	No. of Students: Min. <u>5</u>	Cost: No Fee
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ACTIVITY DESCRIPTION

Yoga **New!**

This course will focus on developing movement to enhance physical fitness and promote emotional wellbeing to manage stress, gain strength and increase focus. The weekly activity will focus on asanas, meditation and technique with an experienced practitioner and certified yoga teacher. **Requirements:** yoga mats, comfortable activewear, Yoga strap (optional), Yoga block (optional). (12 weeks; ends on 29th of November)

Teacher: Ms. Jennifer Arvay	Day: Thursday	Venue: Secondary Multi Purpose Room	No. of Students: Min. <u>5</u> Max. <u>10</u>	Cost: No Fee
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Zumba for Parents and other Adults

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise. Comfortable active dance clothes. (11 weeks; ends on 30th of November)



Teacher: Ms. Tijana Stojkovic	Day: Friday <u>AM:</u> 8:00-9:00 <u>PM:</u> 3:10-4:00	Venue: AM: Performing Arts Room PM: EL Room 2203	No. of Students: Min. <u>5</u> Max. <u>15</u>	Cost: Drop in: \$12 per session Prepaid: 5 consecutive sessions - \$48
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LEAP Programme Calendar Semester 1

AUG	LEAP Registration				F	S	Su				LEAP Registration/LEAP Fair on 17th Aug					LEAP Registration					Week 1				
											13	14	15	16	17	20	21	22	23	24	27	28	29	30	31
	SEP				Week 2					Week 3					Week 4					Week 5					
					3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28	
OCT	Week 6				Pchum Ben - No School					Week 7				Week 8				Week 9							
	1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30	31		
NOV	Week 9				Week 10					Week 11					Week 12		Water Festival			Week 13					
				1	2	5	6	7	8	9	12	13	14	15	16	19	20	21	22	23	26	27	28	29	30
DEC	Catch Up Week										School Close for Winter Break														
	3	4	5	6	7	10	11	12	13	14	14	15	16	17	18	21	22	23	24	25	28	29	30	31	

Gray - No School

October 8-15 - Pchum Ben Holiday

October 16 - Parent Teacher Conference

November 9 - WASC Professional Development Day

November 21-23 - Water Festival Holiday