



**BRITISH INTERNATIONAL SCHOOL
HANOI**

A NORD ANGLIA EDUCATION SCHOOL



EARLY YEARS CENTRE MENU FROM 02/12/2019 TO 13/12/2019

DATE	MONDAY 02/12/2019	TUESDAY 03/12/2019	WEDNESDAY 04/12/2019	THURSDAY 05/12/2019	FRIDAY 06/12/2019
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Chicken Stew Mashed Potatoes Glazed Carrots	Roast Beef with Gravy Roast Pumpkin Mixed Vegetables	Penne with Sausages in Tomato Sauce Green Beans	Chicken Nuggets Hand Cut Chips Corn, Peas & Carrots	Vietnamese Beef Stew Steamed Rice Stir Fried Broccoli
AFTERNOON SNACK (F1 & F2 ONLY)	Flapjacks & Juice	Tuna Sushi & Fruit Juice	Yoghurt & Fruit Juice	Chicken Sandwich & Fruit Juice	Chocolate Cake & Juice
DATE	MONDAY 09/11/2019	TUESDAY 10/12/2019	WEDNESDAY 11/12/2019	THURSDAY 12/12/2019	FRIDAY 13/12/2019
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Cocktail Sausages in BBQ Sauce Sautéed Potatoes Grilled Corn	Fish Fingers Steamed Rice Mixed Vegetables	Shepherd's Pie Cauliflower Buttered Peas & Carrots	Roast Chicken Mashed Potato Ratatouille	Beef Stew Steamed Rice Braised Red Cabbage
AFTERNOON SNACK (F1 & F2 ONLY)	Apple Muffin & Fruit Juice	Yoghurt & Fruit Juice	Banana Cake & Fruit Juice	Mozzarella Sticks & Fruit Juice	Oatmeal Cookie & Fruit Juice