



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL



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EDUCATION

5th September 2019

BIS HCMC Coffee Morning Programme *Digital Citizenship*



Why?



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Kids are growing up in
a *Digital Playground*
and no one is on duty.

Kevin Honeycutt

Why?



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Technology Positively Impacts Learning



Students will look for ways to get around barriers

SLANG

Internet Slang, SMS, Texting & Chat

POS

means

Parent Over Shoulder



Digital Citizenship

Through integrity, caring and respect, moral characteristics will be developed both within the physical and digital environments, enabling all of our students to become true digital citizens within a global context. Individual research and collaboration will be developed both inside and outside of the school community. Each student will be encouraged to create digital content within a safe learning environment.



Digital Citizenship

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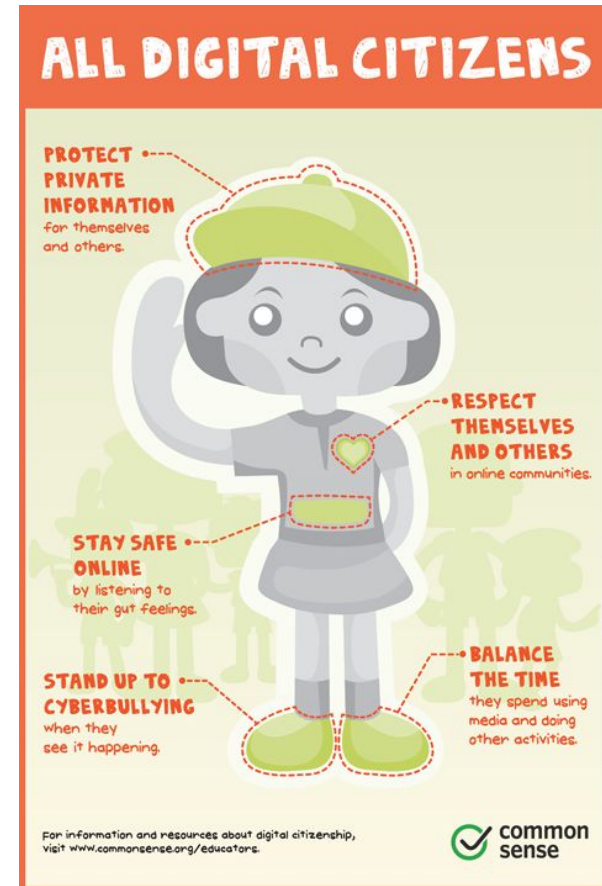
What we do in School



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Starting from Year 1 we look at what it means to me a Digital Citizen and how to be 'Cyber Safe'.

Trust
Safety
Information
Choices
Balance
Relationships





...but it doesn't stop some students making poor choices

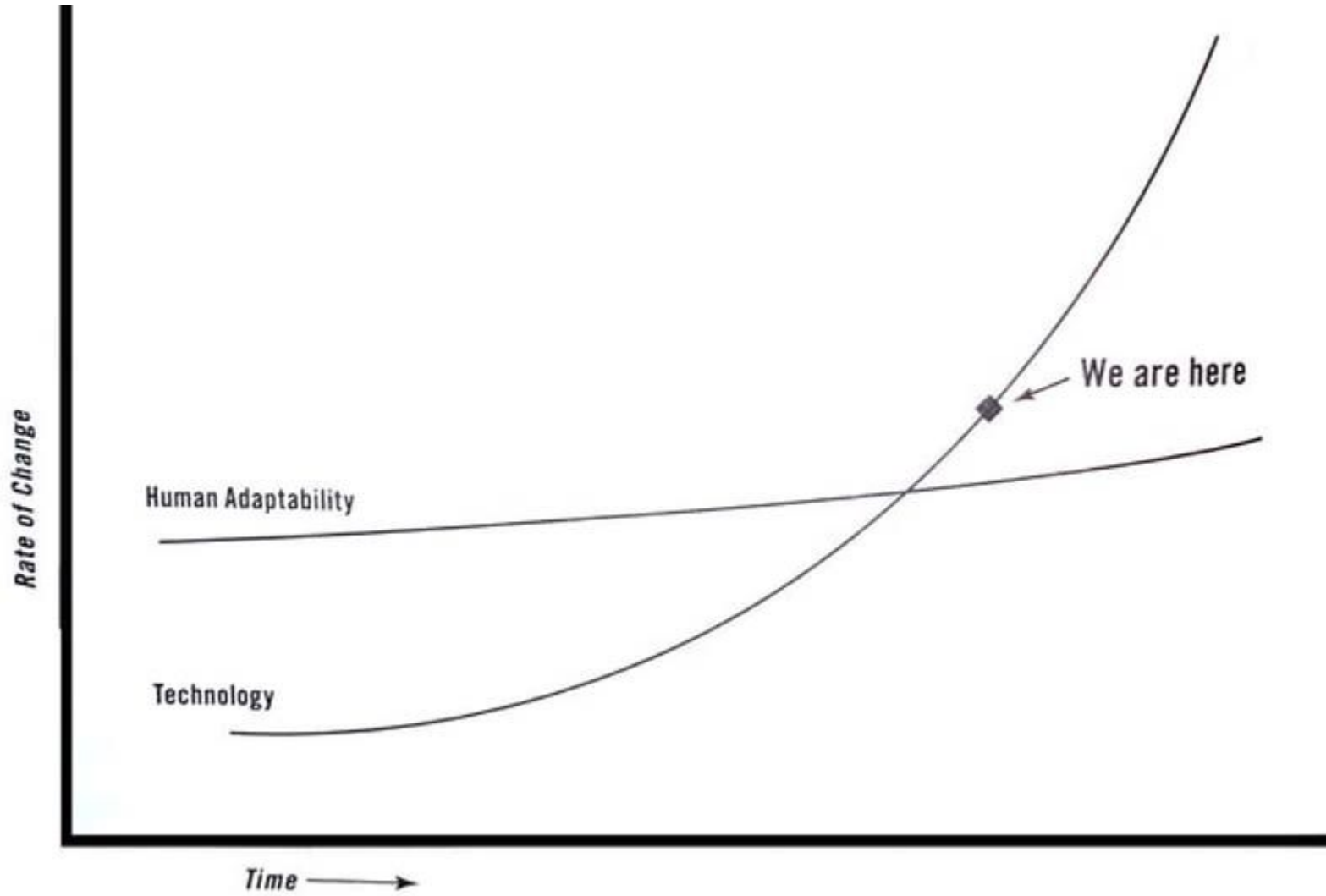
- Students binge watching Youtube for over 7 hours in one session
- Students Communicating with each other through back channel apps
- Students sending hurtful message to other students or students writing hurtful things about other students behind their back
- Majority of students say they use their computers in their rooms unsupervised
- Students Deleting Search History
- Students Searching for inappropriate content
- Students unknowingly having pornography on their computers

This is a very small percentage of students, but it has happened.



It takes a village to
raise a Digital child.

Changes that we face...



We are having to shift our mindset, our children are not



How do our children perceive us?



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A parent's guide to Digital Citizenship

- Safety and Security.
- Identity and Reputation.
- Kindness and Respect.
- Responsible and Ethical Use of Technology
- Information Literacy.
- Life Balance



Screen Time - is there a right answer?



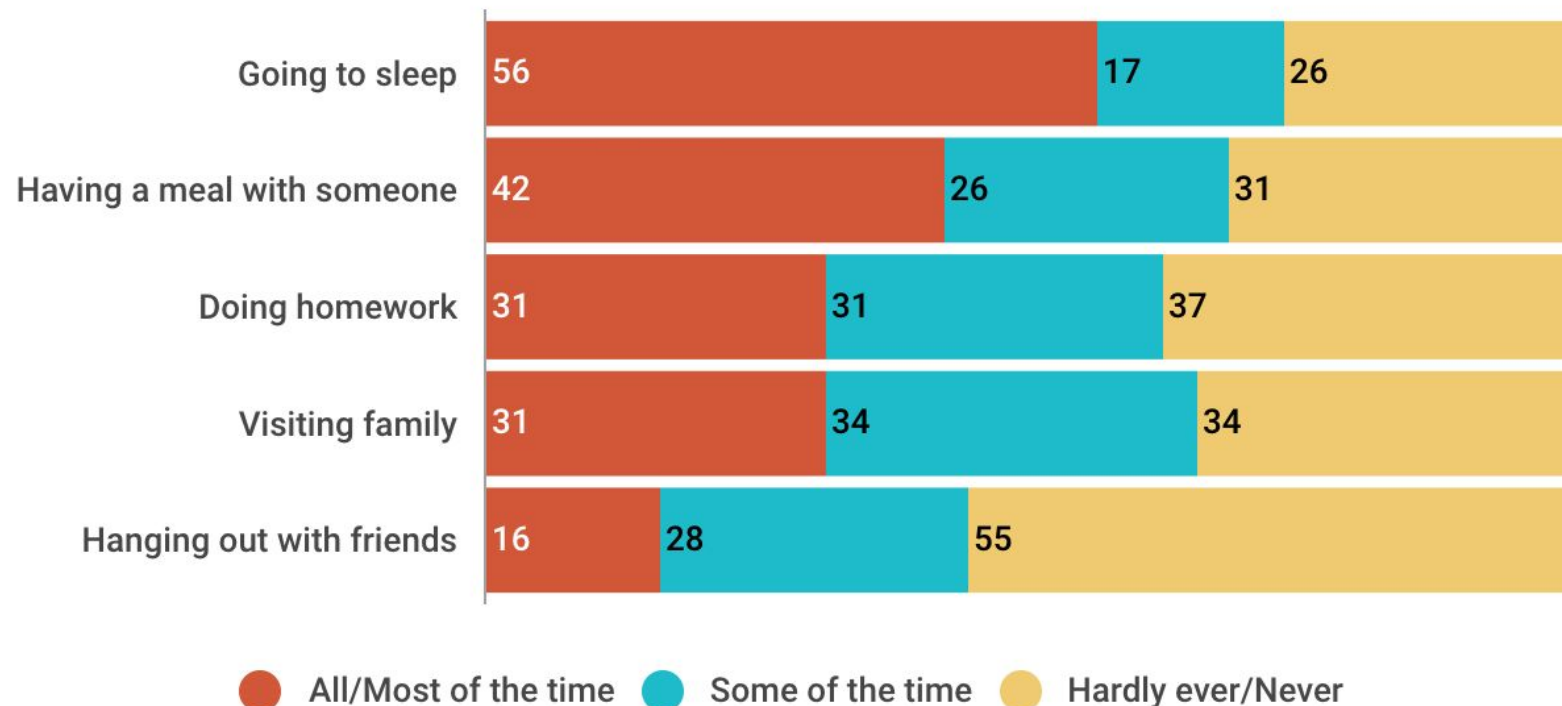
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Addictive Nature in Some People



Among 13- to 17-year-olds with a cellphone, percent who say they turn off, silence, or put away their phones when:



Source: Common Sense Media: Social Media, Social Life: Teens Reveal Their Experiences





On a trial basis, the APA is proposing that a person receive the diagnosis of Internet Gaming Disorder, if at least five of the following nine characteristics apply to that person:

- *Preoccupation*: Spends lots of time thinking about games, even when not playing them.
- *Withdrawal*: Feels restless when unable to play games.
- *Tolerance*: Needs to play more, or play more powerful games, to get the same excitement as before.
- *Reduce*: Feels he or she should play less, but is unable to.
- *Give up other activities*: Reduces participation in other recreational activities.
- *Continue despite problems*: Continues to play games despite knowing that they have a negative impact on his or her life.
- *Deceive*: Lies about how much he or she games.
- *Escape mood*: Plays games to reduce anxiety or stress.
- *Risk*: Risks loss of significant relationships or employment because of games.

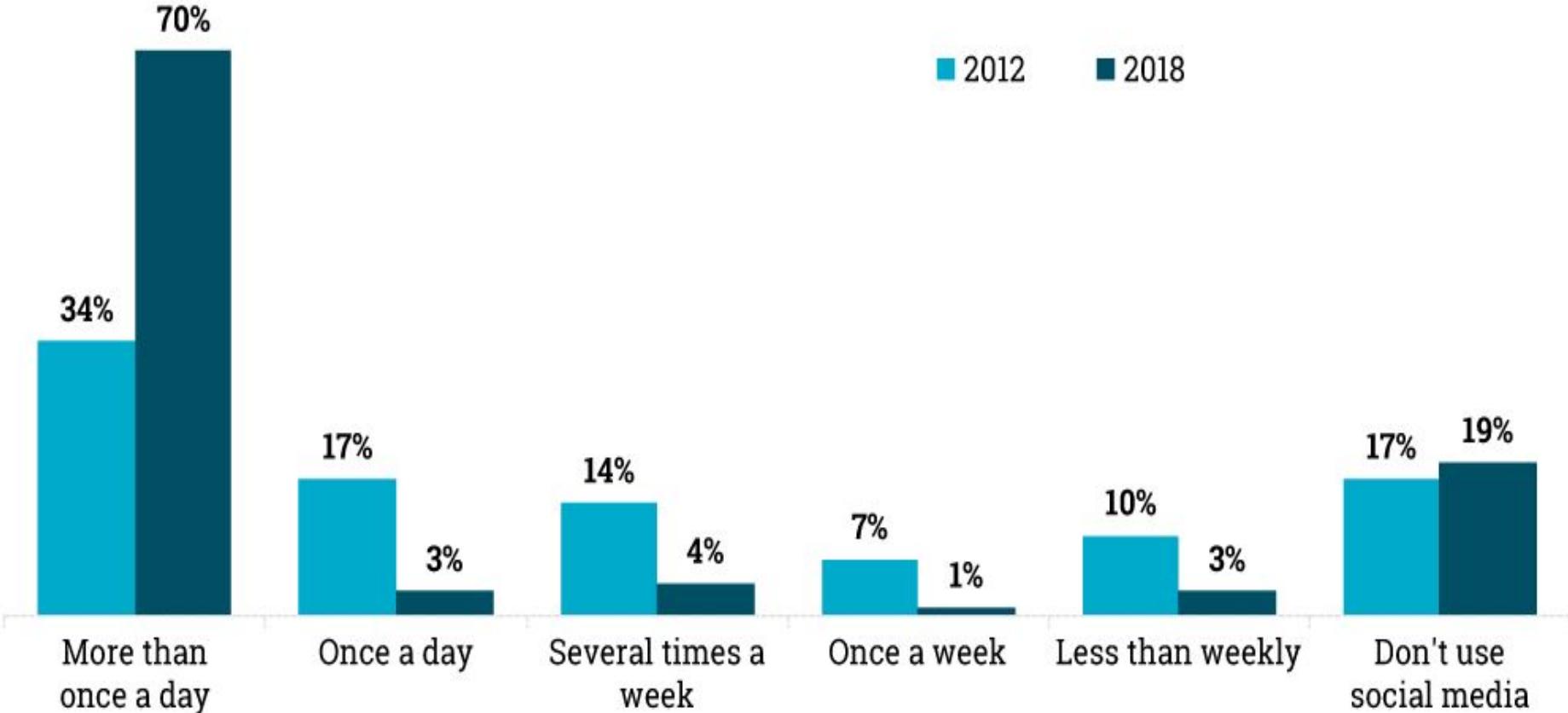
Social Media



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Frequency of Teen Use of Social Media



Published on MarketingCharts.com in September 2018 | Data Source: Common Sense Media

2018 data based on a nationally representative survey of 1,141 13-17-year-olds in the US fielded online by GfK from March 22, 2018 - April 10, 2018.



Issues that our children might face or are facing

Peer Pressure

Low Self Esteem

Device Addiction

Anxiety

Depression

Deception

Decreased Social Skills



What you can do



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CC [rexfoto54](#)

Be Smart - Have A plan or Contract

Partnership - Work together

Be open with your children

Balance

Making the tough Calls

Consistency



Tip 1



Instead of taking their devices away, set ground rules. Create guidelines and consequences with your children, but you **MUST** stick to them and they are more effective if you abide by them too.



Tip 2



Consider making screen time an earned activity. Once your child has finished their chores or a physical activity then they can earn some screen time.



Tip 3



Monitor what your child is doing online, who they are communicating with, what apps or games they are playing and how long they are spending online...



...but do it with them and make it a conversation, not a spying mission.

Tip 4



Have a space where all family members leave their devices over night and a certain time that they need to be there.



Tip 5



Designate where devices are and are not to be used in the house (and it should never be in the bedroom).



Tip 6



Work with your child to learn how to use devices as a tool to create instead of a way to fill time.



Tip 7



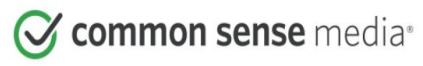
Be the Parent,
even when it is
really tough and
your busy and
tired and don't
have time and...





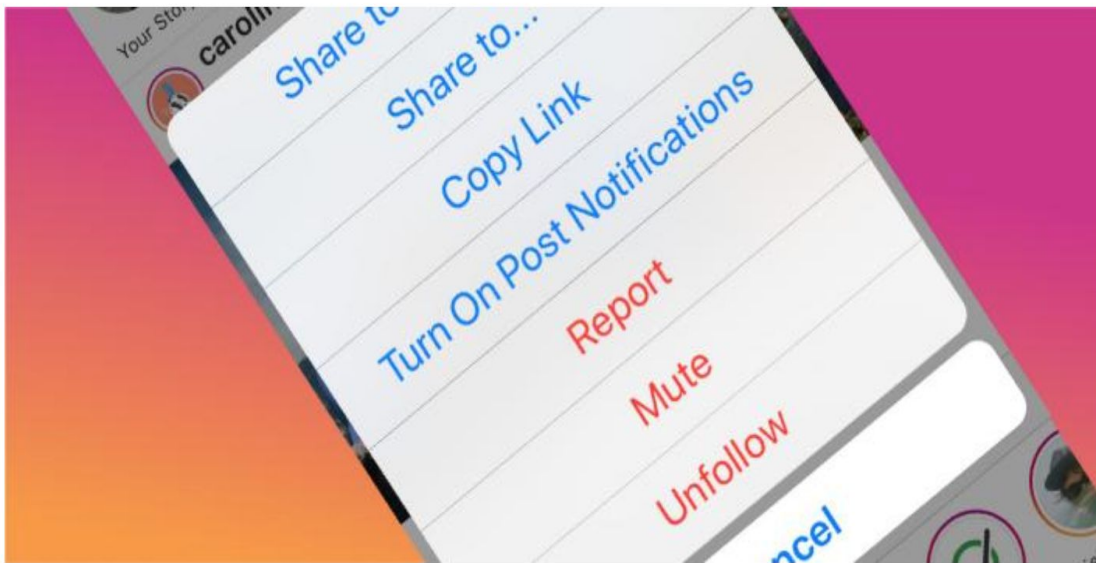
- For Parents**
- For Educators
- For Advocates

For Your Family ^{New} [Log in](#) | [Sign me up](#)



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- Books
- Apps & Games
- Parents Need to Know
- Latino
- Research
- About Us



How to Block and Report Cyberbullies on Instagram

Help empower your teen by teaching them [how to use Instagram's features and settings](#).



How old is your kid?

8

Personalize Common Sense
for your family.

[Get started](#)

Current and Uptodate Reviews



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NEW IN THEATERS

[See all](#)



El Chicano

✓ age 17+



✓ age 15+ Long Shot

✓ age 14+ The Intruder

✓ age 7+ UglyDolls

✓ age 13+ Avengers: Endgame

✓ age 15+ J.T. LeRoy

NEW ON DVD

[See all](#)



The Lego Movie 2: T...

✓ age 6+



✓ age 15+ Everybody Knows

✓ age 16+ I'm Not Here

✓ age 8+ In Search of Greatness

✓ age 16+ The Prodigy

✓ age 16+ They Shall Not Grow Old

GREAT FOR LEARNING

[See all](#)



Sesame Street

✓ age 2+



✓ age 3+ The Adventures of Elmo in Grouchland

✓ age 3+ Cookie Monster's Challenge

✓ age 3+ Elmo Calls

✓ age 3+ Elmo Loves ABCs

✓ age 3+ Elmo's Monster Maker

? Behind the Common Sense Media ratings system

Reviews and Articles



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MUST READ

[View our blog](#)



[5 Important Ways
Moms Influence Kids](#)



[Step-by-Step Tips to
Set Up Your Kid's
iPhone](#)



[How to Use Apple's
Screen Time Feature](#)



[How to Set Parental
Controls on the
Nintendo Switch](#)



[Kids' Summer Movie
Guide 2019](#)

PARENTS AND KIDS SAY



[Shazam!](#)

age 12+



Adult, written by [Carolejm](#)

Fun entertaining family movie

Our whole family really enjoyed this. There was a part near the beginning our 9 year old felt was a bit scary, and there was one swear word, but otherwise a movie about family - whatever family is to you.

[read more user reviews](#)



[Captain Marvel](#)

age 10+



Kid, 10 years old

This is one of the best superhero movies EVER, especially with Brie Larson as the main character.

There are a few swear words, but they're said very quietly and most people in the cinema barely heard them. Violence, but not gory or super violent. Fantasy violence.

[read more user reviews](#)



“Filter a website and you protect a child for a moment, Educate a child about online safety in real situations and you might protect them for a lifetime.”





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Questions?

