



6 <sup>th</sup> --- 13 <sup>th</sup> Jan	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Minestrone Soup	Tomato & egg Soup	Red Bean potage	Seaweed & bean curd soup	Vegetable soup
Asian Influences	Nasi goreng w/cracker Homemade pickle Stir -fried Broccoli Steam Rice	Braised pork with beans Stir -fried cabbage Boiled seasonal veggie Steam Rice	Curry beef balls Fried green vegetable Steam Rice	Kung pao chicken Wok Fried Garlic Spinach Steam Rice	Fried duck breast Wok fried long bean egg plant Steam Rice
Vegetarian	Pan-fried vegetable dumpling	Braised bean curd	Fried Udon (noodles)	Broccoli tart	Vegetable pizza
Western Influences	Beef stroganoff Stir fried carrot Roasted Baby Potato	Roasted chicken wing Roasted Zucchini Chips	Pan-fried fish with butter sauce Grilled eggplant Mashed potato	Beef Lasagne Garlic cauliflower Roasted sweet potato	Spring chicken mustard sauce Butter mixed vegetable Steamed Pumpkin
Non- Pork Options	Beef stroganoff	Roasted chicken wing	Curry beef balls	Mexican Chicken roll	Stewed beans
Sandwich Bar					
Homemade Juice	Lime & Waxberry Juice	Dark Plum, Mint with Sour Plum Juice	Honey Pear Juice	Mixed Berry Water	Fresh Lemonade
Salad & Fruit Bar & Dessert	Seasonal Greens and Fruits, Plain or Fruit Yoghurt / Pudding				