



**BRITISH
INTERNATIONAL
SCHOOL**

HANOI

A NORD ANGLIA EDUCATION SCHOOL



Extracurricular Activities in Primary (Years 1-6)

Term 3 / 2017 - 2018



Dear Parents

Extracurricular Activities (ECAs) in Term 2 will start on **Monday, 14th May 2018**. The activities will run through until **Thursday, 21st June 2018**.

Extracurricular activities provide a great opportunity for your child to take part in an activity that falls outside the realm of normal curriculum. Your child can explore their physical, creative, social or political domains and share diverse interests with like-minded students, perhaps in a different subject area or different key stage.

Children in Years 1-6 will be asked to make choices from the list of activities below. Children in Years 1-6 will have the option to choose one, two or three activities. They will be asked for multiple preferences although they will be allocated to one, two or three activities only. Not all activities are available to all year groups, please see the descriptions below. Information on paid activities can also be found within the descriptions below. This year, the sign up process will change slightly to ensure all students are granted a place on either their first, second or third choice of preference, please see the application guidelines below for detailed instructions.

Application guidelines:

- All activities (free and paid) need to be selected on-line via **CHQ**.
- You will be able to register your child for 1 activity during 'sign-up period 1', which will be from **9th April at 9.00am 2018 until Tuesday 10th April 2018 at 4.00pm**. You will be able to make multiple choices but at this stage you will be accepted on 1 activity. You will then be able to register your child for another 1 activity if you wish to do so during 'sign up period 2' which will be from **Wednesday, 11th April 2018 at 9.00am until Thursday, 12th April 2018 at 4.00pm**. Finally, you will be able to register your child for a third activity if you wish to do so during 'sign up period 3' which will be from **Friday, 13th April 2018 at 9.00am until 4.00pm**.
- After **Friday 13th April 2018 at 4.00pm**, students who have signed up for an activity must commit to it for the whole term. Children will not be allowed to swap activities.
- All choices will be allocated on a first come, first served basis.
- If students are absent from their activity without authorisation on more than one occasion, they will be removed from the activity and their place will be offered to a student on the waiting list.
- Children wishing to take part in paid activities can make payments by bank transfer to school as soon as the child's activity is confirmed.
- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.

Paid Activities

Paid activities will be confirmed via email to those who have been allocated a place. CHQ has information about each of the activities and all details can be found by expanding the blue information tab. In Term 2, by selecting a paid activity and paying the associate fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments need to be made by Friday, 20th April 2018**, otherwise the place will be offered to the children who have been placed on a waiting list.

On-line Activity Selection

All activities (free and paid) need to be selected on-line via **CHQ**. Please see the next page for instructions. You will be able to see updates and changes to your approved activities through your on-line CHQ homepage. Please note your first choices may not always be possible.

Please take time to read through the rest of this booklet and log on to CHQ. If you have any questions please contact activities@bishanoi.com.

Mr. Mark Atkinson
ECA Programme Coordinator

CHQ – Activities and Sports Online Portal

This system has been set up for you to use on a daily basis to select and track all of your child's chosen activities. It can be found by going to the school website <http://www.nordangliaeducation.com/our-schools/vietnam/hanoi/bis> and clicking on the CHQ tab, at the bottom of the homepage.

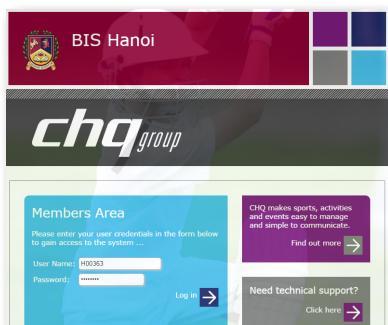
Please follow the instructions below to log on and select your desired activities.

Logging on

Log on using your child's school User name and Password. If your child is in the Primary school, their Password will be their Date of Birth, in the format DDMMYYYY. If your child is in the Secondary school, their password will be 'password' or their own personal password.

Primary Example: User name: H00123 Password: 23032007

Secondary Example: User name: H00124 Password: password



How to select your child's activities:

Step 1: Click on **My Profile** tab.

Step 2: Expand **My Activities**.

Step 3: Select **View/Manage/Submit Activity Choices (2017-2018 Term 3)**.

Step 4: For each activity/paid activity add a different number e.g. Monday: Football **add 1**, Wednesday: Board Games **add 2** then **3, 4, 5 etc.** to all other clubs you would like to participate in. The **SAVE** button will appear to the right of the activity list, click SAVE.

Step 5: Once you're happy with your choices you **MUST** press the **SUBMIT** button at the top of the page. You will receive an automated email confirming your club preferences.

Step 6: To cancel a selection after submitting add a 0 to the desired box then save and submit.

Step 7: If you click onto My Schedule after Monday 16th April 2018 you should be able to see your activities by scrolling through to Monday 14th May 2018 (start of Term 3 activities) you will also receive an email of the activities you have been accepted into and students can check display boards within school.

Once your selected activities have been approved you will be able to see them by clicking on the on **My Profile** tab to the right of the Home tab on your page.

CHQ Sign-Up Tips for Parents:

Parents please **DO NOT** place a number 1 in each activity box as this will make your child's favourite activity unclear and as a result your child may miss out on their favourite activity). Please remember to number all choices from 1 (most important activity) to 5, 6 or 7 (or least favourite activity) regardless of the day.

Consider & discuss your choices with your child then click the **Submit** button. Clicking the **Submit** button will send your child's activity choices to school.

Please remember that you may choose as many activities as you wish that fit into your child's schedule and all activities are subject to a minimum and maximum limit.

MONDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Competitive Swimming	Years 5 - 13	15:05 - 16:05	6	24	Mrs Wild	Pool	Sports	Both	Competitive Swimming for those who wish to represent BIS in competitions. To join this ECA you must be able to confidently swim 100m in a range of strokes.
Global Games Basketball	Years 4-6	15:05 - 16:05	6	24	Mr Atkinson	Hard Court	Sports	Both	Preparation for the Under 11 Nord Anglia Global Games. This activity will specialise in Basketball fundamentals, building up to competitive game play.
Foodies	Year 1	14:55 - 15:55	5	10	Ms Cheska	E120	STEAM	Both	Do you enjoy eating more than anyone else? Join Foodies and learn to cook scrumptious snacks that will surely fill your tummies.
Arts and Crafts	Years 2-4	15:05 - 16:05	5	15	Ms Watts	P112	STEAM	Both	Do you enjoy being creative? Join the arts and crafts club and learn how to make a range of things using lots of different materials.
Crafty Kids	Year 1	14:55 - 15:55	5	10	Ms Cat	F3B Class (E104)	STEAM	Both	Get Crafty and learn how to make different things each week. You will get to explore using different materials like, chalk, paint, wool, crayons and many other things.
Primary Pop/Rock Band	Years 3 - 6	15:05 - 16:05	10	No	Miss Rea	C321	Performing Arts	Both	This is an opportunity for students to learn a new instrument or develop their skills on their current instrument whilst being in a pop band! Ability doesn't matter as long as students are keen and enthusiastic to learn. Music is best when made with friends!
Trampolining	Years 5-8	15:05 - 16:05	4	8	Miss Upton	Sports Hall	Sports	Both	Trampolining beginners looking to advanced their skills. Enjoy learning a variety of different trampoline based skills and sequence the skills into a simple routine.
Mindfulness	Years 4-8	15:05 - 16:05	5	20	Mr Wild and Ms Ha	Chill Out Chamber	STEAM	Both	Mindfulness is the practice of being kind to yourself. Learning how to tune into our minds and bodies in order to stay in the present moment with a curious kindness. Benefits to Mindfulness practice include, a greater appreciation of yourself and the world around you, the ability to develop resilience when things go wrong and an understanding that we do not need to be controlled by our emotions, but can choose to control them. Be kind to yourself and come along.
T-Ball	Years 3-6	15:05 - 16:05	10	22	Mr Holmes	Primary field	Sports	Both	A fun opportunity to develop the skills needed to play T-Ball and a chance to take part in weekly T-balls games
Quiz Club	Years 2-6	15:05 - 16:05	6	20	Ms Fitzpatrick	P121 - Primary Meeting Room	STEAM	Both	Do you love general knowledge? Join Quiz Club where you will research different topics and design your own quizzes. Each week you will present your quiz to the club and challenge different teachers!! A great opportunity to practise your presenting skills as well as increasing your knowledge on a range of different subjects.
Messy Play Club	Year 1	14:55 - 15:55	2	10	Miss Karissa	F1/2 Shared Area	STEAM	Both	Messy Play Club - want to learn how to make slime and playdough? then this is the right club for you! Sensory play activities are great ways to have fun together whilst developing fine motor skills and creativity! Looking forward to seeing you!
Mindfulness Colouring Club	Year 1	14:55 - 15:55	4	12	Ms Catherine	E102	Leadership and Service	Both	Come and relax by colouring in some of your favourite things using pencils, markers, crayons and paint. We will practise the art of mindfulness and use colouring as a way to help us concentrate and keep calm.
Traditional Children's songs	Year 1	14:55 - 15:55	3	12	Ms Caroline	E112	Performing Arts	Both	Children will learn some traditional children's songs with crafts or other activities to enhance the learning.
Storytime and book activities/crafts <i>(Years 2-3 Parents are welcome. Please sign up by emailing to Primary Office)</i>	"Years 2-3"	15:05 - 16:05	3	15	Miss Long	Library	STEAM	Both	Join us for storytime where we will read a variety of stories and take part in activities related to the books.
Primary art club	Years 2-6	15:05 - 16:05	10	25	Ms Burden	Primary Art Room	STEAM	Both	If you enjoy art then this is the club for you! We will be using pens, pencils and paints to create some fantastic masterpieces Van Gogh would be proud of.

MONDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Crochet Club	Years 5-9	15:05 - 16:05	4	14	Mrs Ower	P218	STEAM	Both	Crochet Club - Beginners will learn to crochet a classic granny square. Those with more experience will learn more complicated patterns. All our squares will be stitched together to make blankets for one of our community partners.
Bushcraft and Outdoor Skills Club	Years 5-8	15:05 - 16:05	6	20	Mr Carroll	School Garden	Leadership and Service	Both	Do you want to be the next Bear Grylls? If so, you'll love Bushcraft and Outdoor Skills Club! Learn essential life skills each week from fire building, outdoor cooking, knife and axe work and shelter building to the principals of successful camping. Each week we will build on our previous skills, have fun, learn how to work safely with tools and enjoy all that nature provides.
Football	Years 2-4	15:05 - 16:05	8	16	Mr Swanson	Primary Field	Sports	Boys	Fun and simple drills followed by a match.
International club	Year 1	14:55 - 15:55	2	16	Ms Wooldridge	E110	Leadership and Service	Both	Join International Club to learn about different countries through music, dance, art and crafts
100 words club	Years 5-8	15:05 - 16:05	4	16	Ms Hull	Library	Academic	Both	Do you love creative writing? Join a community of schools around the world writing and commenting weekly! Each week students around the world write 100 words on different prompt - it could be a picture, it could be a question. Then we will upload our writing and look at what other students in other countries have done. Winning schools get to be a part of the 100 word challenge online showcase.
Gymnastic club (Paid activity)	Years 2-8	15:05 - 16:05	10	16	GymKraft	Sports Hall	Sports	Both	This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Minimum number of children =10/ The cost per student in Term 3 = 1,980,000 VND
Running Club	Years 6-13	15:05 - 16:05	4	12	Mr Witton	Sports Hall	Sports	Both	Improve stamina and fitness while running.. Students should be able to run 5km without stopping.
Painting and Drawing Club	Year 1	14:55 - 15:55	6	10	Ms. Isabelle	E116	STEAM	Both	Students will develop their creativity through different media in our Painting and Drawing club. We will explore colour mixing, paint on 2D surfaces and 3D objects, and even express themselves outdoors through splatter painting. Make sure your child is ready to get messy through art!

TUESDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Primary Choir	Years 4-6	12:35-13:05	4	N/A	Mrs Carroll	Mr. Scott's music room (C323)	Performing Arts	Both	Singing is good for the soul; come and join Primary Choir! Sing songs, have fun and get opportunity to perform. Everyone welcome!
Mother Tongue Japanese	Years 2-13	15:05 - 16:05	2	10	Mrs. Kaori Brooke-Smith	Library	Academic	Both	Keeping up with mother tongue language by self-study, reading and fun games. Study materials should be prepared by themselves

WEDNESDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Yoga (Paid activity)	Years 2-4	15:05 - 16:05	4	12	Ms. Stephanie Bouaziz	C108	Sports	Both	Students will discover yoga in a fun and relaxing environment. They will improve fundamental movements, specifically flexibility, and develop focus. Pease note: Minimum number of children =4/The cost per student in Term 3 = 1,238,000 VND (Approx.)

WEDNESDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Recreational Football	Years 6 - 9	15:05 - 16:05	14	45	Mrs Wild	Secondary Field	Sports	Both	Recreational football league - game play only. This ECA is suitable to those who have played for the school this year and want to continue playing during 'off' season and for those who haven't played before but are interested in doing so next year.
Primary Football	Years 4-6	15:05 - 16:05	10	45	Mr Atkinson	Secondary Field	Sports	Both	A recreational and/or competitive football league. An opportunity for students to play with friends in a recreational or competitive environment.
Conversation Club (Sign up by emailing to Primary/Secondary Office)	Not Defined	15:05 - 16:05	4	25	Ms Willson	Library	Leadership and Service	Both	A conversation club for parents to come and practise English at school with a teacher and other members of the school community. We will discuss a range of topics including those related to school and education, and, other areas of interest (current affairs, culture, travel).
Brass Band	Invite Only	15:05 - 16:05	4	Un-limited	Mr Scott	C323	Performing Arts	Both	"The showcase group for the new BIS Brass Project, where all BIS Brass Musicians get together to work as an ensemble on music arranged especially for this group."
Girls Tech Club	Years 4-8	15:05 - 16:05	4	20	Mr Allison & Ms Hendry	C123	STEAM	Girls	We will be using 3D Printing, robots and other tech tools to create and make things. Girls Only!
Playdough club	Year 1	14:55 - 15:55	6	12	Ms Bea	E106	STEAM	Both	Get messy and learn how to make different kinds of non-cook playdough. Use your imagination and exercise those fingers by squishing, squashing, rolling and flattening playdough to create models.
Global Challenge	Years 3 to 6	15:05 - 16:05	6	16	Ms Tong	P116	Leadership and Service	Both	Students can explore and develop ideas for their global campus competitions. They will be able to plan creative and unique projects, using teamwork or independently.
Tennis Club (Paid activity)	Years 2-6	15:05 - 16:05	4	4	Mr Thuong	Hardcourt	Sports	Both	Students will discover and develop basic tennis strokes such as forehand and backhand ground strokes, volleys and serves. This activity will take place at the Vinhome Riverside Tennis Courts. Please note: Minimum number of children =4/ The cost per student in Term 3 = 786,000VND (Approx.)
Japanese Calligraphy Art	Years 2-13	15:05 - 16:05	3	15	Mrs. Miki Funayama	P121 - Primary Meeting Room	STEAM	Both	Calligraphy art is one of traditional art originally from China. Generally, we use brush and ink to write characters. Japanese learn basic calligraphy at elementary school. Students must have their own syodou kits to take part in this activity.
Paper Mache club	Years 4-6	15:05 - 16:05	6	12	Mrs Lee	Primary Art Room	STEAM	Both	Join this special art club to try some paper mache art. We will learn how to mix paste and create paper mache bowls. Once you have all the skills, you can try making animals, masks or even jewellery. Come along and create some art projects of your own.
Code Club	Years 4-6	15:05 - 16:05	8	12	Mr. Driver	P208	STEAM	Both	Code Club introduces and develops key programming skills. We will be using Scratch software to solve problems, investigate how computer games are made and develop our very own designs to play and use. Children who have taken the club previously cannot do so again!
Primary Drama Club	Years 3 - 6	15:05 - 16:05	6	20	Miss Loveday	P303	Performing Arts	Both	This term we will be working towards a final performance on the evening of Wednesday 20th June at 6 pm. All Participants in drama club this term must be available for the performance date.
Computing club	Year 1	14:55 - 15:55	1	12	Miss Natalie	Year 1 shared area	STEAM	Both	Computer programming games and activities
Robotics Club	Years 4-10	15:05 - 16:05	8	12	Mr Toner	C123	STEAM	Both	Robotics with Mr Toner. Come and build and programme drones, raspberry pis, lego mindstorms and pi3 robots

WEDNESDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Board & Card Games	Years 6 - 13	15:05 - 16:05	4	16	Mr Agass	S318	Academic	Both	Learn new board games and make new friends
Golf <i>(Paid activity)</i>	Years 3-13	15:05 - 16:05	8	15	Mr Bradley	Long Bien Golf Course	Sports	Both	Receive top tuition from a PGA professional, including skills for all abilities, ranging from grip to club swing, or putting to driving. Please note: Minimum number of students =8. The cost per student in Term 3 = 2,436,000VND
Garden Club	Years 5-8	15:05-16:05	10	20	Mr. Kev & Mr. Labelle	P224/ Garden	STEAM	Both	Do you enjoy Nature? Curious about how plants grow? Want to learn more about the meaning of 'organic' and 'sustainability'? Join us in our green garden! The more you KNOW, the more you GROW!
Primary Table Tennis	Years 4-6	15:05-16:05	6	20	Mr Vu	Sports Hall Gallery	Sports	Both	Primary Table Tennis will offer a range of fundamental Table Tennis skills, from push shots to drives!

THURSDAY

ACTIVITY	YEAR	TIME	MIN No.	MAX No.	TEACHER	VENUE	ACTIVITY GROUPING	GENDER SPECIFIC	ACTIVITY DESCRIPTION
Global Games T-Ball	Years 4-6	15:05 - 16:05	6	24	Mr Atkinson	Secondary Field	Sports	Both	Preparation for the Under 11 Nord Anglia Global Games. This activity will specialise in T-Ball fundamentals, building up to competitive game play.
Intermediate Swimming	Years 3-8	15:05 - 16:05	4	20	Ms Willson	Swimming Pool	Sports	Both	Students will refine the technical and physical aspects of multiple strokes. This activity is recommended for competent swimmers who would like to develop into competitive swimmers.
Primary Orchestra	Years 3-6	15:05 - 16:05	10	N/A	Mr Scott	Band Room	Performing Arts	Both	This will give our Primary students a fantastic opportunity to experience performing as an ensemble and working together towards performing at some of the upcoming school events and concerts. We will play music arranged especially for the group, which will provide students with an experience that engages and challenges them, whilst continually developing their skills as a musician. Students of all abilities from year 3 to year 6 are welcome to join
Parent and Admin Staff Choir	All parents	15:05 - 16:05	8	N/A	Miss Rea	C321	Performing Arts	Both	Our first BIS parent & staff community choir! All parents, male and female, are welcome (and encouraged!) to join. We will learn some singing techniques, a range of songs, but most importantly - share the joy of singing! All abilities welcome, no experience is just as valuable as lots of experience!
Film Club	Years 3-6	15:05 - 16:05	10	24	Mr Callan	P220	STEAM	Both	Watching a range of English/American films, making predictions and discussing events and characters.
Netball	Years 6-8	15:05 - 16:05	10	15	Ms Crombie	Netball court	Sports	Both	An opportunity to learn the skills of netball and play fun, social games.
Word Games Club	Years 5-13	15:05 - 16:05	4	20	Mr Minchin	S319	STEAM	Both	Word Games are fun, relaxing and they build your vocabulary and confidence. If you'd like to learn how to play some traditional English word games such as Scrabble, Bananagrams, Tell Me and Boggle (as well as make some new friends) then come along. This activity is designed to be both highly educational and, of course, highly addictive!
Gymnastic club <i>(Paid activity)</i>	Year 1	14:55 - 15:55	10	16	GymKraft	EYC Softplay Room	Sports	Both	This year we'll be working with GymKraft, a gymnastics company from Singapore. Students will develop a range of technical skills including rolling and rotating, balancing and travelling in a challenging and safe environment. Please note: Minimum number of children =10/ The cost per student in Term 3 = 1,980,000 VND
Beginners Golf <i>(Paid activity)</i>	Years 2-6	15:05 - 16:05	8	15	Mr Bradley	Hardcourt	Sports	Both	An introduction to the fundamentals of Golf using the new SNAG programme (Starting New At Golf). Learn how to grip a club, how to swing effectively and have fun chipping and putting at a range of engaging targets. Please note: Minimum number of children =8/ The cost per student in Term 3 = 1,626,000 VND

