

BIS Secondary Campus

Co-Curricular Activities Booklet

Term 1, 2021-2022

Co-Curricular Activities (CCAs) are an integral part of the education offered at BIS HCMC and provide our students with a broad range of learning opportunities which positively impact many facets of their development, including academic progress. The diverse co-curricular programme is designed to enhance the core curriculum and provide opportunities for students to broaden their interests and perspectives of the world as they develop a range of skills including social, emotional, leadership, independence, collaboration, moral reasoning, decision making, problem solving, and critical thinking.

Following review, we are delighted to be able to continue the Virtual CCA programme this term for a second block of five weeks and although again there are a reduced number of VCCAs to choose from each week, the range is still extensive with options available in each of the 5 categories of Creativity, Action, Service, Sustainability and Study Support. We would like to encourage each student to sign up for at least one club per week.

ONLINE INSTRUMENTAL LESSONS

The following teachers are also available to provide online instrumental lessons; kindly contact them directly as follows:

Instrumental teachers available for online lessons								
Instrument	Name	Phone number	Email address					
Cello	Mr Viet	N/A	thancuongviet2003@yahoo.com					
Cello / Double bass	Mr Minh	0904170885	ducminhcontrebasse@yahoo.com minhtran@auftdart.com					
Clarinet / Saxophone	Mr Dung	0903360362	dungsax@yahoo.com					
Drums / Guitar	Mr Davis	0773022262	zunkmusic@yahoo.com					
Flute	Ms Yen	0909307258	yenflute@gmail.com					
Flute	Ms Ha	0909021010	haflute@yahoo.com					
Guitar / Ukulele	Mr Aaka	0967898879	akaratcht@gmail.com akaratcht@auftdart.com					
Trumpet	Mr Sau	0937346204	nguyenvansau1960@gmail.com					
Violin	Mr Hoi	0903369405	hoi.hodang@yahoo.com hoihodang@gmail.com					
Violin / Viola	Ms Huong	0908852019	daohuonghbso@yahoo.com					
Voice	Ms Ly	0908057972	tuhuongly1984@gmail.com					

Activity dates for Block 2 Term 1 2021-22:

All clubs will again run for a 5 week block as follows:

Start: Monday 1st November 2021
End: Sunday 5th December 2021

CCAs will run during lunchtimes, however, the majority are scheduled after timetabled lessons. The Virtual CCA Programme makes provision for two sessions each afternoon from 2:50pm – 3:50pm and from 3:55pm - 4:55pm. If activities take place beyond these times information is detailed in the booklet.

The aims of our Co-Curricular activities (CCAs) at BIS, HCMC are:

- To provide a <u>wide range</u> of enjoyable and challenging experiences above and beyond the timetabled curriculum
- To allow competitive teams, drama companies and music ensembles to reach high standards of team/group and personal performance
- To provide <u>opportunities</u> for students to aspire to elements of the <u>school's mission statement</u>
- To continue to develop our <u>involvement in community work</u>
- To offer a <u>balance of endeavour</u> which provides the framework for the IBDP CAS Programme

CAS at BIS

Creativity, Activity and Service are woven throughout the Co-Curricular Activities. Originating from the International Baccalaureate Programme they set out to challenge our students to show initiative and perseverance as well as to develop skills such as collaboration, problem solving and decision making. For a balanced experience, we encourage students to take part in at least one of each of the three areas below:

Creativity: The arts, music, languages and other experiences that involve creative thinking.

• **Activity:** Physical exertion, contributing to a healthy lifestyle.

• Service: Any collaborative and reciprocal community engagement in response to an

authentic need.

On-line CCA Selection – using SchoolsBuddy

Activities need to be selected using the online SchoolsBuddy system. Please see the next page for further instructions.

You will be able to see updates and changes to your approved activities through your on-line SchoolsBuddy homepage. Both the student and their parents will also receive notification when accepted for participation in a CCA.

For the majority of CCAs, the online system (SchoolsBuddy) will randomly allocate students to each CCA. As it is not a first come first served system, you may not always get your first choice activity.

Paid Activities

There are a few paid activities that students can sign up for such as Football and Gymnastics Conditioning. These are provided by external individuals and organisations with all information about them detailed in this activities booklet. The external providers have collaborated with BIS and understand the importance of their role in supporting the wellbeing of our students by providing meaningful connections and support beyond the context of a virtual classroom. All costs have been limited to under VND 160,000 per session.

If a student has selected a paid activity, an email confirming their choice will be sent to both the student and their parents.

The payment deadline for all paid clubs is Wednesday 20th October 2021.

Due to the current situation in Ho Chi Minh City, payments for paid VCCA options that a student has been accepted into can only be made through online banking. If unable to fulfil these conditions, students should please not sign up for a paid VCCA as an option.

Payment amounts for those clubs which a student has been accepted into will be emailed to students and parents on Wednesday 13th October, with payment the payment deadline being the end Wednesday 20th October 2021.

All VCCAs will start on the week beginning the 1st November 2021. If payment has not been cleared by our accounts team by Monday 25th October, a place will not be available.

Banking Details HSBC:

HSBC BANK (Vietnam) Ltd.

The Metropolitan, 235 Dong Khoi street, District 1, HCMC

Account name: The British International School

Company Limited

Abbreviated name: BIS CO., LTD

Account No. VND: 001 - 375484 - 001 Account No. USD: 001 - 375484 - 101

SWIFT Code: HSBCVNVX

Eximbank:

VIETNAM EXPORT IMPORT COMMERCIAL JOINT-STOCK BANK (EXIMBANK) – Saigon Branch

136-138 Le Thi Hong Gam street, District 1, HCMC

Account name: The British International School

Company Limited

Abbreviated name: BIS CO., LTD

Account No. VND: 2212 - 1485 - 103 - 1199 Account No. USD: 2212 - 1485 - 103 - 1232

SWIFT Code: EBVIVNVXTTD

Recording Payment

When making payment for the chosen VCCA, please ensure that you include a payment reference as follows: CCA Name (e.g. TDT Hip-Hop CCA), students name (e.g. Toby Nguyen) and the class (e.g. 11B) Once payment has been processed, please take a screenshot of the transaction and forward it to our Secondary Campus cashier, Ms Linh Phan on L.Phan@bisvietnam.com. An example screenshot can be seen below. Please note the payment reference and the reference number is clearly seen.

To Currency
VND

Payment Amount Equivalent of
VND 1, 250,000.00

Debit Amount
VND 1,250,000.00

Exchange Rate
1.000000000

Payment Reference
TDT Hip-Hop CCA Toby Nguyen 11B

Payment Reference Number
20210258250014

Wishing you all a wonderful first term.

1--99

Ms Tracey Brownrigg

Co-Curricular Coordinator and Community Service Manager

Tracey.Brownrigg@bisvietnam.com

Guidelines for students using SCHOOLSBUDDY to select CCAs

On the Secondary Campus, there is the expectation that students independently manage their sign up and club selection themselves using SchoolsBuddy.

Wednesday 6th October at 8am Students will be able to sign up on SCHOOLSBUDDY

(for Term 1, Block 2 activities)

The activities booklet will be updated and available on the school

website (link below)

https://bishcmc.schoolsbuddy.net/

Monday 11th October at 5pm Selection on SCHOOLSBUDDY will close

Wednesday 13th October Students and parents to be notified of their chosen CCAs

Notifications for paid clubs will also be sent.

SCHOOLSBUDDY has been set up for you to use on a daily basis to select and track all your chosen activities.

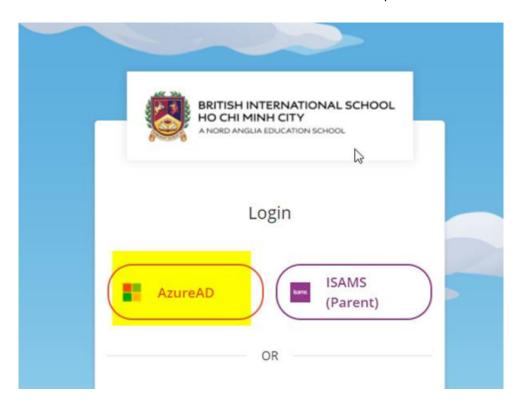
Students, please follow the instructions below to log on and select your desired activities/paid clubs:

To access the BIS SCHOOLSBUDDY portal please click on the following link:

https://bishcmc.schoolsbuddy.net/

You can also access SCHOOLSBUDDY from a link on the school website (www.bisvietnam.com). Scroll down to the end of the main page to the "Useful Links" section.

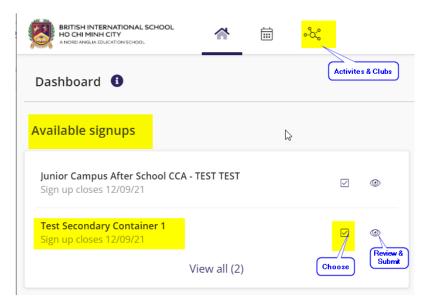
Click on "Azure AD" - there is no need to enter a username or password.



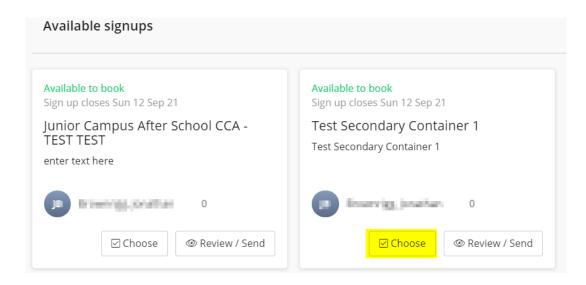
Should you have any issues please contact tracey.brownrigg@bisvietnam.com

Making After School Club Selections (CCAs)

1. Click the 'Activities & Clubs' tab, or click on an Available signups container.



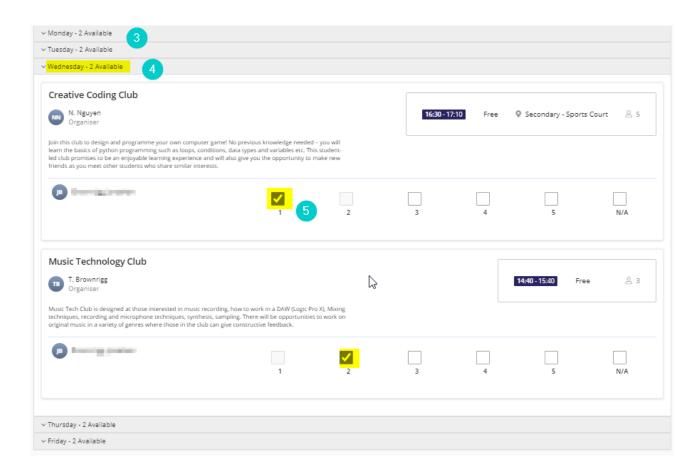
2. Depending on the activities, clubs and care your school provides, you may see just one or multiple boxes similar to the one below. They should be clearly labelled so you can see what is available to you. Click the 'choose' button.



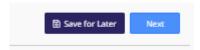
- 3. From there, the clubs that are available will be shown by day of the week.
- 4. Click the day of the week to expand the section.
- 5. Select your preferences for each club for the desired day of the week.

In the example below, Bobby Smith has selected Creative Coding Club on a Wednesday as their first choice, but, in case there are not enough spaces, Bobby has selected Music Technology Club as a second preference. Bobby is trying to ensure that they have a club on a Wednesday but show the school that they would prefer to do Creative Coding.

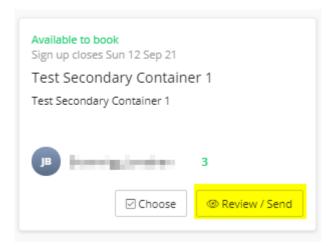
It is fine to leave some clubs without any preference selections, the tick will remain in the N/A box to show that you do not wish to select this club.



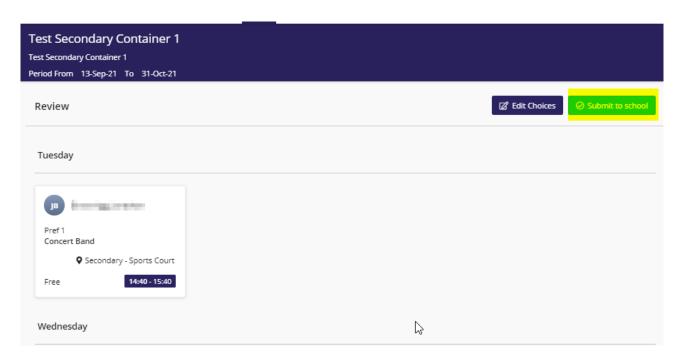
6. When you have made selections for each of the days you would like, click the blue 'Next' button which can be found at the top right of the screen. Alternatively, you can also click 'Save for Later' and complete it later.



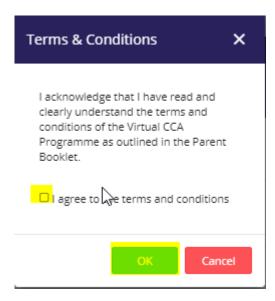
If you save for later, when you return to the Activities & Clubs tab, click the Review/Send button to complete your selections and send them to the school.



7. You can click 'Edit Choices' to make changes if needed. When you are happy with your choices click 'Submit to school'.



8. Agree to the terms and conditions of the after-school clubs and your preferences will be sent to your School.



9. You will receive an email communication confirming your selections. An example of this is shown below.



This is to confirm that your selections for Test Junior Test have been sent to the school.

Groups SELECTED:

Group	Pupil	Day o week	f Time	Location	Teacher	Cost	Pref
Homework Club	Student3, Test	Mon	14:40- 15:40	Junior - Gym	Nguyen	Free VND	1
Choir	Student3, Test	Wed	14:40- 15:40		Nguyen	Free VND	1
Homework club	Student3, Test	Thu	14:40- 15:40	Junior - Room 115	Curran	Free VND	2
Badminton	Student3, Test	Fri	14:40- 15:40		Khuong	Free VND	2

Log into your SchoolsBuddy account for further details.

Many thanks

British International School Ho Chi Minh City and the SchoolsBuddy team.

Go to the British International School Ho Chi Minh City SchoolsBuddy Portal

- 11. When your School has processed the after school club allocations, you will receive a further email communication showing which clubs you have been allocated or not allocated.
- 12. Your Diary will be automatically populated with the time and date of the events of the clubs/activities allocated to you.

Guidelines for Parents using SCHOOLSBUDDY to check student activities

Please note that information will only be available on SchoolsBuddy after the system goes live at 8.00am on Wednesday 6th October and before close at 5:00pm on Monday 11th October 2021.

<u>Only students may select CCAs</u> - parental access is available to track their child's activities. It can be found by going to the SchoolsBuddy website:

https://bishcmc.schoolsbuddy.net



^{**}If this email does not contain any selections then this will be because you have a sibling or another child at British International School Ho Chi Minh City and selections have only been submitted for them.

After clicking the link above, you will be directed to the login page. Do not add your email directly to this page, but instead, click on iSAMS (Parent) as seen to the left.

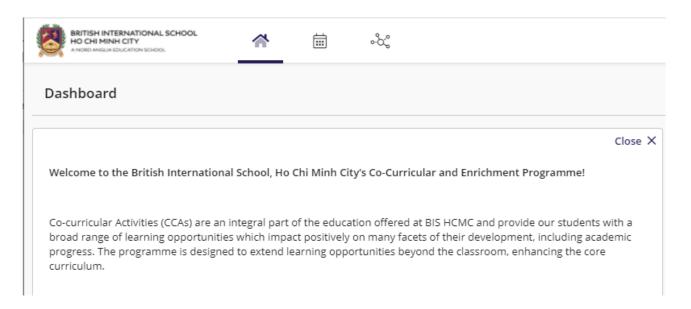
This will direct you to the iSAMS login page.

Please login using details supplied to you by school. If a new parent, you will have received an email from school on your registered email address with the words 'New iSAMS Parent Portal Sign in' within the subject line. Use those

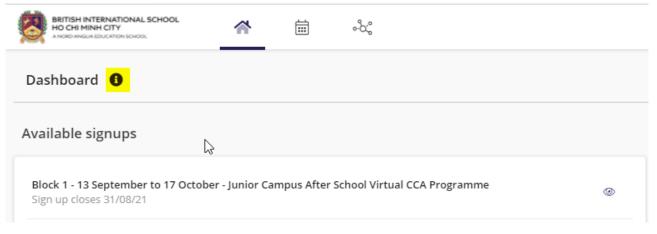
details to set up iSAMS. If you have forgotten login details, simply click the 'Forgotten your details?' option (see green arrow).



Once logged in correctly, you will land on your SchoolsBuddy Dashboard. It is on this page that you will again be able to see the VCCA Booklet and the welcome message from school.



If the welcome message has been closed on your dashboard, please click on the 10 icon to open it.



	MONDAY										
ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	DETAIL/NOTES					
Apply Python Programming	Year 9 and Year 10	14:50	15:50	20	Ms Elena Fuentes	This club will be teaching you how to utilize your Python programming knowledge in realistic exercises and how to be a better programmer. We will do things like: Breakdown problems, testing modules, etc. NOTE: This is club is for people with a sufficient level of programming.					
CLEANUPD2	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	No Maximum	Miss Lauren Binnington	Join this student-led club to plan and deliver activities that will make our environment greener! We will be planning virtual and face-to-face clean ups, the sorting and processing of plastic waste, raising awareness about recycling and littering, and engaging in other recycling activities					
Debate Club	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	16	Mrs Rachael Lowry, Mr Robert Higson, Mr Paul Rispin	The debate club will run 'live' and is led by Tyler and Nicole in Year 13. You don't need any special equipment, just an interest in developing your debating skills and exploring a wide range of topics. It allows you to develop your research, critical thinking and public speaking skills in a fun, friendly and low-stress environment. We'll tackle a wide range of topics from "Does pineapple belong on pizza?" to "Should the death penalty be abolished?" This term there could also be the					
Live Theatre Club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:00	N/A	No Maximum	Ms Cat Molloy	This is a chance to see a range of exciting live theatre from the comfort of your home. Each week 1 or 2 pieces of live theatre will be posted on classroom for you to enjoy. The performances will be posted on Monday but you can watch them whenever you wish. There is the option of discussing and commenting with others, or you can just sit back and enjoy the performance. This					
Maths Support Club	Year 7, Year 8, Year 9	14:50	15:50	20	Ms Sarah Griffin	This is an ideal opportunity for students from Years 7 to 9 who are currently needing help with mathematics to receive support. We also welcome students who are really into mathematics and would like some additional challenging questions to solve during club sessions. You are more than welcome to bring your homework or schoolwork to receive further support.					
Project Impact	Year 12	14:50	15:50	16	Mrs Daphnee Deleporte, William Vaganay, Robert Brownrigg	A non-profit student volunteer group where students are given an opportunity to get creative and support one of our Community Partners by raising awareness for their cause.					
Robotics and Coding Club	Year 9, Year 10, Year 11, Year 12, Year 13	12.40	13.20	No Maximum	Mr Colin Astbury	Join us and learn how to code in Robotics and Coding Club and then apply your new knowledge and skill to create a variety of different robots. This club will be run as a combination of Live and videos/presentations Resources Required: New members may choose to purchase an Arduino kit from Lazada. Any kit of your choice can be purchased however we recommend those that have the same equipment and components as the ones we use in the club. Kindly note that if participants are unable to purchase a kit they will be able to use an online Arduino emulator that will allow them have a similar experience to that of a physical kit as they will have the ability to code components and create complex circuits with various components.					
Singing for Wellbeing	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mrs Frances Amos	A weekly session for vocal enthusiasts to continue singing as part of a healthy lifestyle. Share tips on vocal health and share karaoke singing!					
U13 Football Squad (Boys and Girls)	Year 8, Year 9	14:50	15:50	48	Mr Alastair Thom	We may not be able to practice and play together, but we can still train our brain! For people wanting to be in the school teams, this is a chance to improve knowleldge and understanding of the BIS way of playing. Styles of play, formations, tactics, and position/match analysis. Get ahead of the game for when we can play the games once more!					

	TUESDAY										
ACTIVITY	Year	TIME START	TIME END	MAX No.	TEACHER	DETAIL/NOTES					
Chinese Oral Club	Year 11, Year 12, Year 13	12:40	13:20	No Maximum	Mrs Miaulin Chou	This club will provide extra help for students who are struggling with Chinese speaking activities. This is an opportunity for students in Year 11 and above to practice for their Chinese oral exams and to be more confident during their exams.					
Club CURE	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	No Maximum	Ms Lois Topping	Conservation of ocean reefs club aims to raise awareness around the destruction of coral reefs and take action in the local community. Suitable for anyone with an interest in helping the environment. The virtual club will be run as both "live" online sessions as well as with presentations which students can independently access. Students will work on various sustainability projects.					
Composition club	Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mr Alexander	For IB and IGCSE music students to get further support and feedback on their compositions.					
Countdown Club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No maximum	Mr Sillitoe	Come and test your vocab and numeracy skills by playing this popular gameshow against your friends! If you've never seen Countdown before, have a look here https://www.youtube.com/watch? v=Y6efMaapj94					
First Aid Club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	25	Ms Love Condes	Teaching first aid to empower young people with the skills to help in an emergency. And also to train young people to keep each other safe and to understand how to help if faced with a medical emergency					
RSFA U12-U14 Football (PAID SPORT CCA)	Year 7, Year 8, Year 9	14:50	15:50	24	RSFA	START TIME 3.55pm! RSFA VSE Paid Sporting CCA aimed at improving skills in football via live video conferencing calls. Starts: Tuesday 2 November. Ends: Tuesday 30 November. Tuition Cost: 515,000 VND. Payment Deadline: Wednesday 20 October					
STEAM club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mr Colin Astbury, Mr Hoa Thai	A 5 week course on broadening horizons in programming. Using Oracle Academy resources we will be looking at following a course that will be a self-paced introduction that teaches object orientated programming using Java. The introductions will be using Alice and then Greenfoot, school friendly languages written by the people who release Java. You will be working together at the same time to allow support of eachother, and also you can use the materials at any time to take your learning further should you choose to.					
U13-U19 Netball Squad (Boys and Girls)	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:20	48	Ms Kelly Mason	We may not be able to practice and play together, but we can still train our brain! For people wanting to be in the school teams, this is a chance to improve knowledge and understanding of the BIS way of playing. Styles of play, formations, tactics, and position/match analysis. Get ahead of the game for when we can play the games once more!					
U15 Football Squad (Boys and Girls)	Year 10	14:50	15:50	48	Mr Matthew O'Brien	We may not be able to practice and play together, but we can still train our brain! For people wanting to be in the school teams, this is a chance to improve knowledge and understanding of the BIS way of playing. Styles of play, formations, tactics, and position/match analysis. Get ahead of the game for when we can play the games once more!					
Uniform Upcycling	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mrs Katie Walsh	Join our online club to learn how we can use the BIS uniform more sustainably. Learn some of the basics of clothing sustainability and help us to make others more aware of how and why we should all be making good clothing choices. Later, you can learn more about some of the skills for designing and making items from uniform fabric.					

WEDNESDAY

ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	DETAIL/NOTES
Biology Society	Year 7, Year 8, Year 9,Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mr Jon Linklater	In depth talks and discussion around a topic of the presenters choosing, normally following extensive research and reading. Talks will largely be given by Year 12/13 students but the talks are open to for all to be inspired and engaged. Previous topics have included why we need to sleep, what is memory, why do whales wash up, how do birds navigate, theories on the origin of life on Earth. The first talk will be given by Dr Linklater and then by volunteers from students.
Book Club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Ms Anita Curley	For all you readers out there! We'll listen to some audio short stories, and maybe also delve into some flash fiction too - lots of opportunity to connect with other readers, chat and share your thoughts about the stories we'll read, your favourite books and your recommendations too.
Cardio and Abs Club	Year 9, year 10, Year 11, Year 12, Year 13	14:50	15:50	15	Ms Nadine Mneimne	Students will get to enjoy a fun workout that involves an exciting range of strengthening, fat burning, balance, and core exercises.
Dungeons and Dragons Club	Year 7, Year 8, Year 9, Year 10, Year 11	14:50	15:50	25	Mr Darryl Cullen, Mr Mark Jones	Dungeons & Dragons is a roleplaying game about storytelling in worlds of sword and sorcery. It shares elements with childhood games of make-believe. Like those games, D&D is driven by imagination. It's about picturing the towering castle beneath the stormy night sky and imagining how a fantasy adventurer might react to the challenges that scene presents. Unlike a game of make-believe, D&D gives structure to the stories, a way of determining the consequences of the adventure's action. Players roll dice to resolve whether their attacks hit or miss or whether their adventurers can scale a cliff, roll away from the strike of a magical lightning bolt, or pull off some other dangerous task. Anything is possible, but the dice make some outcomes more probable than others. In the Dungeons & Dragons game, each player creates an adventurer (also called a character) and teams up with other adventurers (played by friends). Working together, the group might explore a dark dungeon, a ruined city, a haunted castle, a lost temple deep in a jungle, or a lava-filled cavern beneath a mysterious mountain. The adventurers can solve puzzles, talk with other characters, battle fantastic monsters, and discover fabulous magic items and other treasure.
Economics Club	Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mr Andrew Bligh	This club will help students get a greater insight into the economic concepts they learning inside and out of school. Our club will be based on researching and sharing ideas of economic phenomenon and events. It will be a great chance to expand participants' economic skills and knowledge.
Global Goals Project	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Ms Lauren Binnington, Ms Rosemary Doyle, Ms Lois Topping	The Global Goals Project team is responsible for raising awareness of, and taking action towards, the Sustainable Development Goals which the UN hopes to meet by 2030. Develop your leadership and project management skills by planning events, running campaigns, and working together to develop our Global Challenge Action Plan. We will continue with the current Precious Plastic Project, Shoestring Education, and celebrate the UN Convention on the Rights of the Child in 2020. We believe in thinking Global and acting Local to make a difference in the BIS community.
History of Modern Music	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mr Owen McDevitt, Mr Gavin Donnelly, Mr Pete Cowen	How has music got to where it is now? Each week we'll listen to a seminal album from a different decade. There will be an opportunity for discussion.
IB/IGCSE Art Workshop	Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Ms Janet Williams	This is your weekly club to support and extend the development of your coursework or your IB Vis Arts portfolio. Come along to discuss ideas, work with new like minded creative types and develop your skills.
Identity Alliance	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Ms Bee Smith	This is a no-judgement safe space for anyone interested in exploring any issue to do with their identity. There will be fun activities and lots of opportunities to learn about different identities such as race, gender, or sexuality. Come along and have some fun or drop in once in a while to have a chat.
Monologue Club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Ms Cat Molloy	This group is dedicated to developing your acting and specifically monologue skills. We will work on a range of pieces and hopefully be able to enter some competitions. We have one already lined up with FOBISIA and I am hoping that there will be more to come. You can also be a part of the group and not enter competitions if you wish to and just develop your skills and work with others who love drama too. There will be tasks set each week and weekly checkin if you want to join them, these will be on Wednesdays at 3pm.
NEWTZ (News For Teenz)	Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	No Maximum	Mr Colin Astbury	As members of the global community, it is important that we are aware of what goes on in the world around us. Especially in these covid times, it is much harder to look outside and explore issues in regions other than Ho (hi Minh city. In our club, we aim to make news reports in card type format so that it is easily readable by students and others through social media. The news reports can focus on anything, from events going on around the world, to interesting and unique facts. You can write about anything you want!! We will also have small projects related to making videos as well. This will allow people interested in journalism, media and communications to be able to share events going on in the world in various mediums. This will be a great opportunity for anyone who wants to express their thoughts and interests, and to build a bond between students.
Song Writing Club	Year 7, Year 8, Year 9, year 10, Year 11, Year 12, Year 13	12:40	13:20	19	Mr Daniel Haynes	If you're thinking of writing a song out of interest or even for your music assignment at school:), and you don't know where or how to start this, then this club might be for you:) We will be enjoying new ideas, going through the very simplest process of writing a song and you're all welcome to come and jam with us. We might even be able to help and develop some of your ideas at home and answer other music-related questions that you may have since it is led by an IB HL Music student. If you enjoy playing music, writing music or just listening to music, either way come and play with us, we would be more than happy to have another friend joining us!!

WEDNESDAY											
ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	DETAIL/NOTES					
The Medicine Club	Year 11, Year 12	14:50	15:50	No Maximum	Mr Paul Rispin	The Medicine Society club aims to provide information and support to those interested in pursuing healthcare- related fields. A career in medicine is known for its ferocious competitiveness; merely being at the top of your class is not enough for you to be enrolled into medical school. This club will provide a sense of community amongst prospective medics as it offers the opportunity for the sharing of knowledge and resources for students aiming for a medical career. As well as this, the multifaceted nature of healthcare is explored, encompassing acts of community service, interpersonal skills, ethics, and many other qualities that define the					
U19 Badminton Squad (Boys and Girls)	Year 12, Year 13	14:50	15:50	48	Ms Maddison Carter	We may not be able to practice and play together, but we can still train our brain! For people wanting to be in the school teams, this is a chance to improve knowleldge and understanding of the BIS way of playing. Styles of play, formations, tactics, and position/match analysis. Get ahead of the game for when we can play the games once more!					
U13-U19 Secondary Swim Squad (Boys and Girls)	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	48	Sophie Roberts, Vinh Nguyen, Tuong Lam, Khoi Tran	We may not be able to dive into the pool and train together, but we can still train our brain and learn the technical side to swimming. For students wanting to be in the swim team, this is a chance to improve knowledge and understanding of swimming. In depth stroke technique, race analysis and psychological techniques are just some of the topics we will cover.					

	THURSDAY										
ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	DETAIL/NOTES					
Anime Club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:30	13:20	No Maximum	Mr David Pugh	Welcome to Anime Club! This is a place for anyone who enjoys anime in forms such as: manga, games, music, animation, etc. to gather together and share a common interest. In this club, we plan to do a multitude of activities such as anime quizzes, casual anime debates and we're open to your suggestions for activities too! The main aim of the club will be to create an environment where people can share their thoughts on anime/manga comfortably and learn more about it through discussion and activities with other members. Members do not need to be avid fans of anime, even having a general interest in them is enough to join the club and participate in the activities.					
Chess Masters	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	No Maximum	Mr David Vaughan, Mr Alex Essery	Students will meet in a Google Classroom to discuss and solve varying difficulties of chess problems in order to improve their game strategies and techniques. The focus will be on problem solving with the opportunity to challenge each other in an online tournament to decide who will be crowned the BIS Chess Master.					
Create and Care	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Ms Savannah Craig	Love Art and being creative? Use your skills to create sellable pieces and hand made products to raise funds for one of our community partners. Resources required: Students will need to have their own art materials to join this club. But they can be creative with the range of materials they have.					
GIN Club	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	No Maximum	Ms Lois Topping	Planning the global issues network - a weekend where students from all over Saigon come together to discuss global issues and take actions to change the world. Sessions will involve some live calls but there will also be tasks students can work on asynchronously once roles are established.					
Model United Nations	Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	No Maximum	Mr Daniel Gamwell, Mr Timothy English, Mr Stuart Elliott	The Model United Nations is a simulation of the real UN general assembly and other legislative councils. It involves debating wide ranging issues, and offers the opportunity to partake of academic conferences in Seoul, Hanoi and here in Ho Chi Minh City. Sharpen your diplomacy, debate, leadership, critical thinking and public speaking skills at MUN.					
Online Escape Rooms	Year 7, Year 8, Year 9	14:50	15:50	24	Mr Steve Whiteley, Mr John McCourt, Mr David Knaggs	Students solve online puzzles to complete a virtual escape room. Who can break out in the quickest time and give the best reasons for their solutions to the puzzles? Please do not choose this CCA if you took part before half term. We will be doing the same activities for a new group of students.					
RSFA U16-U19 Football Conditioning (PAID SPORT CCA)	Year 10, Year 11, Year 12, Year 13	15:55	16:55	No Maximum	RSFA	START TIME 3.55pm! RSFA VSE Paid Sporting CCA aimed at improving conditioning in football via live video conferencing calls. Starts: Thursday 4 November. Ends: Thursday 2 December. Tuition Cost: 515,000 VND. Payment Deadline: Wednesday 20 October					
U19 Basketball Squad (Boys)	Year 12, Year 13	14:50	15:50	48	Mr Jonathan McLoughlin	We may not be able to practice and play together, but we can still train our brain! For people wanting to be in the school teams, this is a chance to improve knowledge and understanding of the BIS way of playing. Styles of play, formations, tactics, and position/match analysis. Get ahead of the game for when we can play the games once more! Screen reader support enabled.					
U19 Basketball Squad (Girls)	Year 12, Year 13	14:50	15:50	48	Mr Philip Husband, Mr Josh Reid	We may not be able to practice and play together, but we can still train our brain! For people wanting to be in the school teams, this is a chance to improve knowledge and understanding of the BIS way of playing. Styles of play, formations, tactics, and position/match analysis. Get ahead of the game for when we can play the games once more! Screen reader support enabled.					
Urban Permaculture Club	Year 7, Year 8, Year 9, year 10, Year 11, Year 12, Year 13	14:50	15:50	24	Ms Sarin Leigh	Let's learn how to grow and care for plants in our urban environment. Together we will learn how to grow our own food to enjoy with our family. You have the opportunity to create a lush, green landscape in your home to help boost your mental health and well-being whilst learning about small-scale sustainable processes.					

	FRIDAY										
ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	DETAIL/NOTES					
Action for Animals	Year 9, Year 10, Year 11	14:50	15:50	No Maximum	Ms Robyn Edwards Mr Matthew Lambert	A.R.C (Animal Rescue and Care) rescues neglected, unwanted and abandoned animals. It is an organisation solely run by volunteers dedicated to rescuing cats and dogs in need. They provide necessary medical treatment, vaccinate and neuter all of our animals before rehoming them. This club will be ""Live"" with students interacting in real time online. During the club we will be splitting into individual group and focusing on tasks such as making posters, adoption booklets for next term, Donation box graphics and social media posts for Laws for Paws. We will be using google meets to communicate with the participants.					
DAY Saigon @ BIS	Year 9, Year 10, Year 11, Year 12, Year 13	14:50	15:50	20	Ms An Ho	Dear Asian Youth is a youth-led, global organization that promotes intersectional activism, solidarity with other marginalized communities, and equality and equity. This club is a chance for you to work with the Dear Asian Youth Saigon team, which is one of the 156 branches of the Dear Asian Youth. In this club, you will research ideas, write posts about what you feel passionate about and you feel is important and develop your communication skills. The posts you write in this club will be posted on the DAY Saigon @ BIS website which will be available for anyone to access and read.					
Fantasy Football	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:40	13:20	No Maximum	Mr Owen Lewis, Peter Oldfield	Pick a squad of players from the English Premier League and then select your best 11 players from your squad each week to score points for your team depending on how well they perform in real life. You will enter the BIS league and see how you do against your friends. This is a computer-based activity and each week we will talk about the players in our teams and see how well our teams aid and then we can each make one transfer per week so we can replace a player with another player for the next gameweek, or more if you want to gamble with penalty points					
Monthly Acoustic Lounge	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	12:30	13:15	No Maximum	Mr Ian Alexander, Ms Emma Husband	The first performance will be on 24th September at 12.35. Students will receive a link to the sign up sheet at the beginning of September. Performances will be live.					

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ACTIVITY	Year	START TIME	END TIME	MAX No.	TEACHER	DETAIL/NOTES
GymKraft Gymnastics (PAID SPORT CCA)	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	15:55	16:55	12	GymKraft	START TIME 3.55pm! GymKraft VSE Paid Sporting CCA aimed at improving conditioning in gymnastics via live video conferencing calls. Starts: Saturday 6 November. Ends: Saturday 5 December. Tuition Cost: 765,000 VND. Payment Deadline: Wednesday 20 October

PAID ACTIVITY NOTES - Administration

DAY	<u>ACTIVITY</u>	START TIME	END TIME	Administration Notes
Tuesday	RSFA U12-U14 Football (PAID SPORT CCA)	15:55	16:55	START TIME 3.55pm! RSFA VSE Paid Sporting CCA aimed at improving skills in football via live video conferencing calls. Starts: Tuesday 2 November. Ends: Tuesday 30 November. Tuition Cost: 515,000 VND. Payment Deadline: Wednesday 20 October
Thursday	RSFA U16-U19 Football (PAID SPORT CCA)	15:55	16:55	START TIME 3.55pm! RSFA VSE Paid Sporting CCA aimed at improving conditioning in football via live video conferencing calls. Starts: Thursday 4 November. Ends: Thursday 2 December. Tuition Cost: 515,000 VND. Payment Deadline: Wednesday 20 October
Saturday	GymKraft Gymnastics (PAID SPORT CCA)	15:55	16:55	START TIME 3.55pm! GymKraft VSE Paid Sporting CCA aimed at improving conditioning in gymnastics via live video conferencing calls. Starts: Saturday 6 November. Ends: Saturday 5 December. Tuition Cost: 765,000 VND. Payment Deadline: Wednesday 20 October