



8 <sup>th</sup> –11 <sup>th</sup> October	Monday Holiday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day		Pumpkin Soup	Tomato& egg soup	Cream broccoli Soup	Spinach Soup
Asian Influences		Wok fried squid w/ leek &pepper Wok fried cabbage Steam Rice	Kung Pao Chicken dice Wok fired leaf lettuce Steam Rice	Sautéed rice cake w/ bacon& kimchi Steamed egg w/ Japanese tofu Steam Rice	Wok beef with celery Wok fried bean sprout w/red pepper Steam Rice
Vegetarian		Japanese soba noodles	Braised citrus lentil	Home-style bean curd	Margarita pizza
Western Influences		Duck breast with olive sauce Wok Fried Spinach Roasted Potato	Pan Fried Fish With Lemon Sauce Roasted tomato with cheese Roasted baby Potato	Chicken nugget w/ tartar sauce Sautéed celery w/carrot Roasted sweet Potato	Salami pizza Honey carrot William potato stick
Non- Pork Options		Stuff chicken breast with olive& tomato	Kung Pao Chicken dice	Chicken nugget	Mediterranean spiced chicken patty
Sandwich Bar					
Homemade Juice		Dark Plum, Mint with Sour Plum Juice	Honey Pear Juice	Mixed Berry Water	Fresh Lemonade
Salad & Fruit Bar & Dessert	Seasonal Greens and Fruits, Plain or Fruit Yoghurt / Pudding				

Provided by Aramark

