



Lunch Menu, week beginning 20th August 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Asian	Cucumber Agaric Egg Soup Chinese Noodles Mixed Vegetables Pork Fried Sauce and Vegetable Sauce	Vegetable Beef Porridge Taiwanese Braised Chicken Light Stir-Fried Vegetables Rice	Chinese Style Mushroom Soup Cha Shao Pork Pok Choy Vegetable Fried Rice	Chinese Cabbage Tofu Soup Fried Pork with Cucumber Agaric Egg Fried Kai-Lan Rice	Spinach Egg Soup Sautéed Black Pepper Chicken Cover the Vegetables Rice
Western	Sweet-Corn Soup Indian Roasted Chicken Broccoli Roasted Potato	Mushroom Soup Beef Lasagna Cauliflower	Minestrone Pizza & Ham & Cheese Corn	Miso Soup Roasted Duck with Brown Sauce Carrot Cajun Potato	Tomato Soup Grilled Fish Green Beans Baked Potato & Cheese
Vegetarian	Couscous & Cheese	Vegetable Lasagna	Vegetable Pizza	Vegetable Roll & Cheese	Spinach Pancake
Sandwich	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar
Dessert		Carrot Cake		Orange Cake	Ice Lolly
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt