



**EARLY YEARS MENU FROM 05/11/2018 TO 30/11/2018**

DATE	MONDAY 05/11/2018	TUESDAY 06/11/2018	WEDNESDAY 07/11/2018	THURSDAY 08/11/2018	FRIDAY 09/11/2018
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Grilled Chicken with Gravy Baby Roast Potatoes Carrots & Green Beans	Stir Fried Beef with Hoisin Sautéed Vegetables Steamed Rice & Soup	Sausage & Tomato Pasta Bake Broccoli Soup	Char Siu Pork & Vegetables Steamed Rice Soup	Crispy Crumbed Fish Hand Cut Chips Mixed Vegetables
<b>AFTERNOON SNACK (F1 &amp; F2 ONLY)</b>	Cheesy Potato Croquettes & Juice	Carrot Cake & Fruit Juice	Yoghurt & Fruit Juice	Pineapple Pancake & Fruit Juice	Vegetable & Egg Sushi & Juice
DATE	MONDAY 12/11/2018	TUESDAY 13/11/2018	WEDNESDAY 14/11/2018	THURSDAY 15/11/2018	FRIDAY 16/11/2018
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Grilled Fish Hanoi Style Sautéed Vegetables Steamed Rice & Soup	Chicken Kung Pao (no nuts) Steamed Rice Soup	Stir Fried Beef & Vegetables with Fried Noodles Soup	Grilled Chicken Pasta with Creamy Tomato Sauce Broccoli	Grilled Pork with BBQ Sauce Potato Wedges Sweet Corn
<b>AFTERNOON SNACK (F1 &amp; F2 ONLY)</b>	Egg Sandwich & Fruit Juice	Banana Muffin & Fruit Juice	Yoghurt & Fruit Juice	Egg Caramel & Fruit Juice	Cheese & Ham Pizza & Fruit Juice



**BRITISH INTERNATIONAL SCHOOL  
HANOI**  
A NORD ANGLIA EDUCATION SCHOOL



**EARLY YEARS MENU FROM 05/11/2018 TO 30/11/2018**

DATE	MONDAY 19/11/2018	TUESDAY 20/11/2018	WEDNESDAY 21/11/2018	THURSDAY 22/11/2018	FRIDAY 23/11/2018
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Roast Pork with Gravy Baby Roast Potatoes Carrots & Green Beans	Grilled Chicken Teriyaki Steamed Rice Soup	Korean Beef Stew Stir Fried Noodles with Vegetables Soup	Pork Sweet & Sour Steamed Rice Soup	Crispy Crumbed Fish Hand Cut Chips Grilled Corn
<b>AFTERNOON SNACK (F1 &amp; F2 ONLY)</b>	Ham Sandwich & Fruit Juice	Banana Crepe & Fruit Juice	Yoghurt & Fruit Juice	Egg Caramel & Fruit Juice	Cheese & Tomato Pizza & Juice
DATE	MONDAY 26/11/2018	TUESDAY 27/11/2018	WEDNESDAY 28/11/2018	THURSDAY 29/11/2018	FRIDAY 30/11/2018
<b>MORNING SNACK</b>	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
<b>LUNCH</b>	Stir Fried Beef & Broccoli Steamed Rice Soup	Pork Schnitzel & Gravy Mashed Potato Glazed Carrots	Fried Fish with Sweet Chilli Sauce Steamed Rice Soup	Shepherd's Pie (Beef) Sautéed Vegetables Soup	Grilled Chicken BBQ Sauce Potato Wedges Grilled Corn
<b>AFTERNOON SNACK (F1 &amp; F2 ONLY)</b>	Sausage Roll & Fruit Juice	Apple Cake & Fruit Juice	Yoghurt & Fruit Juice	Banana Pancake & Fruit Juice	Tuna Sushi & Fruit Juice