



13 December 2019

**KG - Grade 1**  
**Learning Enrichment Activity Program (LEAP)**  
**- Registration Form**

Dear Parents

Attached to this letter is an outline of the Semester 2 activities being offered **to you** and **your child** as part of our Learning Enrichment Activities Program (LEAP). LEAP is an after-school program that provides quality co-curricular activities in **Arts, Sports, Technology, Languages, Academic Learning** and **Service** to our **Primary** and **Secondary students, parents** and **other adults** from 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after-school activities that operate on a semester basis.

**LEAP (Semester 2) will begin on 20 January 2020 and finish on 5 June 2020.**

Sessions are **3:10 - 4:00 pm** for Primary and **3:40 - 4:30 pm** for Secondary (**unless stated otherwise**).

*Objectives:*

1. To complement students, parents and other adults' daily schooling
2. To expand and enrich student interests
3. To provide teacher and student mentorship
4. To create foundational skills for students
5. To build alternative learning communities
6. To develop creativity
7. To have fun

**NEXT STEPS**

1. *Please read over the activities being offered to you and your child's particular grade.*
2. *Discuss this with your child and make a plan for the week.*
3. **Complete the signup form.**
4. **Take your form and payment to the Finance Office. This constitutes your booking.**
5. Please note:
  - a. There is a minimum of 5 students per activity (unless specified).
  - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).
  - c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is



oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.

- d. Students **must** be **picked up promptly** after their LEAP classes. Students who are **NOT regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardians cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. All students are expected to adhere to the school values and guidelines at all times and follow our behaviour expectations. Any consistent behavioural problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.
- a. EL - Grade 1 children will be walked to LEAP by a NISC adult. Grade 2 - 5 children will walk to their activities independently. If your child has difficulty getting to LEAP classes after school, please ensure that there is an adult available who can walk your child to their activity.

*If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at [hannah.gaffney@nisc.edu.kh](mailto:hannah.gaffney@nisc.edu.kh)*

#### **Key information:**

- **Registration:** Opens 7 - 17 January 2020
- **Location of registration:** Finance Office
- **LEAP Coordinator:** Ms Hannah
- **Start date:** 20 January 2020
- **End date:** 5 June 2020 (*may vary depending on the day of the particular activity*)
- **Time:** 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary) (**unless stated otherwise**)
- **Cost of each activity:** varies depending on the particular activity -- [see list](#)



**Please complete the following information:**

Student Name:	Grade:
Bus rider: Please encircle which applies	YES      NO
Parent Name:	
Parent email:	Tel:
Name of activity : (Mon)	Cost : \$
Name of activity : (Tues)	Cost : \$
Name of activity : (Wed)	Cost : \$
Name of activity : (Thurs)	Cost : \$
Name of activity : (Fri)	Cost : \$
Total costs:	
Parent Signature:	



**KG - Grade 1- activities available:**

	Monday	Tuesday	Wednesday	Thursday	Friday
Category					
<b>ARTS</b>	Arts and Crafts with Ms. Mity (Grade 1 only)  Rainbow Clay Art  Arts and Crafts with Ms. Elizabeth (KG only)	Snack Art	Beginner Drama (KG only)  Jewellery Making  Rainbow Clay Art (Grade 1 only)	Tiny Tots  Hama Beads (KG only)	
<b>SPORTS</b>	Yoga for Kids	Beginner Swimming  Taekwondo  Beginner Soccer Skills (KG only)		Multi-Sports (Grade 1)  Karate (Grade 1 only)	Beginner Basketball (Grade 1 only)  Educational Soccer (Grade 1 only)  Beginner Swimming  Mixed Touch  Tennis
<b>TECHNOLOGY</b>		Discovery Play (KG only)		Robotics New Kicky (KG)  Robotics MRT (Grade 1)	
<b>LANGUAGES</b>				Creative Khmer Fun	
<b>PARENTS AND FAMILIES</b>		Little Nagas		Little Nagas  General English for Parents	Zumba



**ACTIVITY DESCRIPTION**

**Arts and Crafts with Ms. Mitty**

The art and craft-making session includes papercraft, mosaic art, henna art session, quilling papercraft, tissue paper roll craft, face painting, beaded jewellery making session, drawing and coloring, scrap art, paper plate crafts, creating models out of toothpick, create towers from tongue depressors.  
(15 weeks)

<b>Teacher:</b> Ms. Mitty	<b>Day:</b> Monday	<b>Venue:</b> 3115	<b>No. of Students:</b> Min. 5 Max 15	<b>Cost:</b> <b>FREE</b>
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**Rainbow Clay Art**

This activity specialises in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.  
(15 weeks)



<b>Teacher:</b> Ouk Daraphea	<b>Day:</b> Monday	<b>Venue:</b> Room 2202	<b>No. of Students:</b> Min. 3 Max. 10	<b>Cost:</b> <b>\$195</b>
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**Arts and Crafts with Ms. Elizabeth**

Learning the arts and crafts foster the creative development of a child and assists in advancing and boosting academic achievement as well. Having Arts and Crafts, early on, in a child, can give him or her several key advantages, such as improving coordination, enhanced focus, strengthening visual learning and advancing problem-solving.  
(15 weeks)

<b>Teacher:</b> Ms. Elizabeth	<b>Day:</b> Monday	<b>Venue:</b> 3115	<b>No. of Students:</b> Min. 5 Max 7	<b>Cost:</b> <b>FREE</b>
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**Yoga for Kids with Ms. Lisa**

A basic yoga for Kindergarten and Grade 1 students. Yoga helps children to develop both physical and mental health.  
(15 weeks)

<b>Teacher:</b> Ms. Lisa	<b>Day:</b> Monday	<b>Venue:</b> 2207	<b>No. of Students:</b> Min. 5 Max 10	<b>Cost:</b> <b>FREE</b>
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**Snack Art**

In this club, we will use and try different foods to create some works of art!  
(17 weeks)

<b>Teacher:</b> Ms. Sreymuch	<b>Day:</b> Tuesday	<b>Venue:</b> Early Learning	<b>No. of Students:</b> Min. 5 Max 5	<b>Cost:</b> \$60
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**Beginner Swimming**

**Strict ratio of 1 adult to 4 children**

This class is for students with basic swimming experience who want to improve. The skills worked on will be at an intermediate level, however, students need only to be willing to practice to get better.

**Requirements:** swimsuit, cap, goggles, a towel.

**Please be aware that lessons cancelled due to bad weather cannot be rescheduled or refunded.**

(17 weeks)

<b>Teacher:</b> Mr. Kosal	<b>Day:</b> Tuesday	<b>Venue:</b> School Pool	<b>No. of Students:</b> Max 4	<b>Cost:</b> \$60
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**Taekwondo- White Tip to Green Tip**

ALA has partnered with Induk, a premier Singapore-based Taekwondo school in offering classes to everyone from toddlers to adults. Known for its emphasis on kicking and self defense technique, Taekwondo physically helps develop strength, flexibility and stamina as well as encouraging positive mental attitude. We believe that Taekwondo is for everyone of all ages and genders, with training programs designed with the ultimate goal of enhancing spirit and life through training of the mind and body.

**Requirements:** Uniforms will need to be purchased separately from the provider.

- Grading will be done at the end of the semester by the Cambodian Taekwondo Federation. Grading fees are charged separately.

(17 weeks)

<b>Teacher:</b> Advanced Learning Academy	<b>Day:</b> Tuesday	<b>Venue:</b> Secondary Cafeteria	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> \$221
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**Beginner Soccer Skills**

All sessions are delivered in a fun, active, safe & engaging environment. The children will learn basic Soccer skills like control, dribbling, passing and striking. As well as develop key motor skills like balance, coordination, running and jumping. We'll help improve their confidence, teamwork & give love for Soccer through fun games and challenges.



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(17 weeks)

<b>Teacher:</b> Elite Soccer	<b>Day:</b> Tuesday	<b>Venue:</b> School Field	<b>No. of Students:</b> Min. 4 Max. 10	<b>Cost:</b> \$120
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**DoyDoy DISCOVERY PLAY Level 1 (Pre-school: 3-5 years old)**

**Discovery Play** is a 17-week-project based programme designed for children from 3 - 5 years old to discover and learn about the world around them with fun and interactive STEAM activities. The programme is specially designed to provide a child-friendly environment so that children can grow and develop their foundational skills (hand-eye coordination, motor skills, observation, sensory, grit, social and emotional development) through a PLAY & LEARN approach.

The course is designed by the founder of new modular building game, DoyDoy, having graduated with a bachelor degree in Education, critically involved with early childhood education and research (with UNICEF, Kulan Research Award 2018), and winning several accolades including Outstanding Young Startup Entrepreneur Award 2017, Social Impact Enterprise Award (Asean Rice Bowl Award 2017), and Social Educational Leader 2018 (Social Leader Prize 2018 Nepal).

(17 weeks)

<b>Teacher:</b> A. Lead teacher: Chanrithykol Em B. (3 teacher assistants)	<b>Day:</b> Tuesday	<b>Venue:</b> 2102	<b>No. of Students:</b> Min. 5 Max. 10	<b>Cost:</b> <b>\$238</b>
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**Beginner Drama**

Beginner Drama workshops are designed with the ESL emerging performer in mind, learning through play, imagination and storytelling. We introduce students to different forms of theatre including clowning, puppetry and improvisation. We introduce rhythm, timing and sound formation through fun songs and rhymes. Including games for group cohesion and fun; improving motor skills and coordination; working with basic scripts and character development.

(17 weeks)

<b>Teacher:</b> Ms. Kirsty	<b>Day:</b> Wednesday	<b>Venue:</b> Makerspace Studio	<b>No. of Students:</b> Min. 5 Max. 10	<b>Cost:</b> \$195.50
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**Jewelry Making**

Learn how to make different types of jewelry using a range of resources!

(17 weeks)

<b>Teacher:</b> Ms. Thika	<b>Day:</b> Wednesday	<b>Venue:</b> 2108	<b>No. of Students:</b> Min. 5 Max 5	<b>Cost:</b> <b>\$48</b>
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**Rainbow Clay Art**



This activity specialises in teaching students to express themselves through creating unique works of art using non-toxic air-dry clay. Learning clay art develops concentration







and fine motor skills. The materials are safe and environmentally friendly. Weekly, students will engage in fun art projects that they can bring home and be proud of. All materials and tools are included.

(17 weeks)

<b>Teacher:</b> Ouk Daraphea	<b>Day:</b> Wednesday	<b>Venue:</b> Room 2202	<b>No. of Students:</b> Min. 3 Max. 12	<b>Cost:</b> <b>\$234</b>
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### **Tiny Tots**

Tiny Tots Theatrical and Performing Arts syllabus is offered by The Commonwealth Society of Teachers of Dancing – Australia (CSTD). This provides creative movements with an introduction to dance techniques, rhythm, props and jazz fun dance.

(17 weeks)

<b>Teacher:</b> Advanced Learning Academy	<b>Day:</b> Thursday	<b>Venue:</b> Makerspace Studio	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> <b>\$187</b>
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### **HAMA Beads**

Create beautiful, colourful designs using hama beads. The children will be using their creativity, imagination and fine motor skills to place HAMA beads in a design and then this will be ironed for them, to give them something special to keep.

(17 weeks)

<b>Teacher:</b> Ms. Sokun	<b>Day:</b> Thursday	<b>Venue:</b> 2202	<b>No. of Students:</b> Min. 5 Max. 5	<b>Cost:</b> <b>\$48</b>
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### **Multi Sports**

Multi Sports is designed to provide the opportunity for children to learn & experience the rules, basic skills & techniques of a variety of different sports.

Over the course of the semester the children get an insight into new sports allowing them to become an all-round sports player with a love for physical exercise.

**Requirements:** Proper sports attire and running shoes.

(17 weeks)



<b>Teacher:</b> Elite Soccer	<b>Day:</b> Thursday	<b>Venue:</b> Gym	<b>No. of Students:</b> Min. 5 Max. 10	<b>Cost:</b> <b>\$120</b>
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### **Karate**

At ShimBuKai Karate Academy, we believe that the goal of Karate is to establish good manners and to development of character.

Students are taught to respect each other, honesty, humility and qualities like determination, self-control, and justice.

(17 weeks)





<b>Teacher:</b> Mr. Andy	<b>Day:</b> Thursday	<b>Venue:</b> Secondary Cafeteria	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> <b>\$120</b>
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**ROBOTICS MRT 3 New Kicky- KG only**

This is a special educational kit for kids that is designed by the educational brand My Robot Time. With asymmetric blocks and mainboard with different motions, it is a comprehensive and creative project for kids. Kids will improve their concentration, hands-on skills and expressive ability while learning how to use different sensors and building robot models.

(17 weeks)

<b>Teacher:</b> Advanced Learning Academy	<b>Day:</b> Thursday	<b>Venue:</b> 3201	<b>No. of Students:</b> Min. 5 Max. 10	<b>Cost:</b> <b>\$238</b>
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**ROBOTICS: MRT3 (Senior Robotics) - Grade 1 only**

MRT 3 curriculum is supporting students to learn essential STEM (Science, Technology, Engineering and Math) concepts. The curriculum includes the assembly process and its scientific principles help students to understand easily. It has hands-on activities that will help students to understand mechanical and structural principles.



(17 weeks)

<b>Teacher:</b> Advanced Learning Academy	<b>Day:</b> Thursday	<b>Venue:</b> 3201	<b>No. of Students:</b> Min. 5 Max. 10	<b>Cost:</b> <b>\$272</b>
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**Creative Khmer Fun**

In this club, children will learn how to read or/and write with games and some other activity with friends and technology.

(17 weeks)

<b>Teacher:</b> Mr. Savuth	<b>Day:</b> Thursday	<b>Venue:</b> 3203	<b>No. of Students:</b> Min. 5 Max 10	<b>Cost:</b> <b>\$60</b>
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**Little Nagas Playgroup**

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

**Tuesday 21 January 2020- Tuesday 2 June 2020**

**Requirements-** Parents, guardians or nannies must attend and children must be signed up for Tuesday and Thursday.



<b>Teacher:</b> Ms. Kiri	<b>Day:</b> Tuesday, 8am-9.30am	<b>Venue:</b> Early Learning	<b>No. of Students:</b> Max 12	<b>Cost:</b> <b>\$765</b>
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**General English for Parents**

This club is for parents to develop their general English skills, no matter how basic or advanced parents are when joining, there is something for everyone at these classes. Most people think their English is too weak to join and are afraid of embarrassment or slowing others down, but if you have managed to read and understand this descriptor (translating some words, but not all), then your English is above average. (17 weeks)

<b>Teacher:</b> Mr Sam	<b>Day:</b> Thursday	<b>Venue:</b> Room 2204	<b>No. of Students:</b> Min. 5 Max 12	<b>Cost:</b> <b>\$60</b>
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**Beginner Basketball**

All sessions are delivered in a fun, active, safe & engaging environment. The children will learn basic Basketball skills like dribbling, passing and shooting. As well as develop key motor skills like balance, coordination, running and jumping. We'll help improve their confidence, teamwork & give them a love for Basketball through fun games and challenges.



**Requirements:** Proper sports attire and running shoes. (15 weeks)

<b>Teacher:</b> Elite Soccer	<b>Day:</b> Friday	<b>Venue:</b> Gym	<b>No. of Students:</b> Min. 5 Max. 16	<b>Cost:</b> <b>\$106</b>
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**Educational Soccer**

Students will learn the basic skills needed to play soccer including, drills, skills and full games. (15 weeks)

<b>Teacher:</b> Soltilo	<b>Day:</b> Friday	<b>Venue:</b> NISC Field	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> <b>\$165</b>
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**Beginner Swimming**

**Strict ratio of 1 adult to 4 children**

This class is for students with basic swimming experience who want to improve. The skills worked on will be at an intermediate level, however, students need only to be willing to practice to get better.

**Requirements:** swimsuit, cap, goggles, a towel.

**Please be aware that lessons cancelled due to bad weather cannot be rescheduled or refunded.**

(15 weeks)

<b>Teacher:</b>	<b>Day:</b>	<b>Venue:</b>	<b>No. of Students:</b>	<b>Cost:</b>
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Mr. Kosal	Friday	School Pool	Max 4	\$53
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**Mixed Touch- All Primary**

KAMPUCHEA BALOPP (KB) has been providing sports access to NGO's, organisations and international schools for over 6 years in Cambodia. KB uses sport as a tool of social inclusion and education for children. Through sport, children are able to build self-confidence, develop physical well-being, and are able to develop important human qualities that sport promotes. For Northbridge's LEAP component, KB provides a structured program for TOUCH, a fast-growing sport in Asia that is easy to pick up and allows girls and boys to play together due to its non-contact nature. A fast, fun and agile game, TOUCH is a great team sport and will provide many health benefits and important sporting synergy to the students under the program.

**Requirements-** Students need to wear sports clothes and trainers, and have water. Sunscreen and a hat (sports cap) are recommended.

(15 weeks)

<b>Teacher:</b> Kampuchea Balopp	<b>Day:</b> Friday	<b>Venue:</b> NISC Field	<b>No. of Students:</b> Min. 5 Max. 15	<b>Cost:</b> \$105
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**Tennis**

This course is designed for beginners, new players to the game of tennis who want to learn the basics of the game. We will develop the ABC's of tennis: agility, balance, and hand-eye coordination of the students, while also covering basic racket handling skills. Tennis Cambodia's coaches are trained to make it both educational and fun for the children. All the equipment, including rackets and balls, will be provided by Tennis Cambodia.



**Requirements:** comfortable activewear and proper white sole running shoes.

(15 weeks)

<b>Teacher:</b> Mr. Neang Phearith	<b>Day:</b> Friday	<b>Venue:</b> NISC Tennis Court	<b>No. of Students:</b> Min. 4 Max. 8 per coach	<b>Cost:</b> \$124
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**Zumba for Parents and other Adults**

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise.



**Requirements:** Comfortable active dance clothes.

(15 weeks)

<b>Teacher:</b> Advanced Learning Academy	<b>Day:</b> Friday 8:00-9:00	<b>Venue:</b> TBC	<b>No. of Students:</b> Min. 5	<b>Cost:</b> \$8 per session
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**LEAP Programme Calendar Semester 2**

<b>January</b>						<b>Week 18</b>					<b>Week 19</b>					<b>Week 20</b>					<b>Week 21</b>				
						6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	31
<b>Feb</b>	<b>Week 22</b>					<b>Week 23</b>					<b>No School</b>					<b>Week 24</b>									
	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28					
<b>March</b>	<b>Week 25</b>					<b>Week 26</b>					<b>Week 27</b>					<b>Week 28</b>					<b>Week 29</b>				
	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30	31			
<b>April</b>	<b>Week 29 con...</b>					<b>No School</b>					<b>No School</b>					<b>Week 30</b>					<b>Week 31</b>				
			1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	
<b>May</b>	<b>Week 31 con...</b>					<b>Week 32</b>					<b>Week 33</b>					<b>Week 34</b>					<b>Week 35</b>				
					1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29
<b>June</b>	<b>Week 36</b>																								
	1	2	3	4	5																				

Gray - No School

**PD Day (no students)-** January 6

**School Holiday-** February 17-21

**3 Way Conferences-** March 16

**Half day-** April 3

**Khmer New Year-** April 6-17

**PD Day (no students)-** April 20

**King's Birthday-** May 15