

Dover Cafe



Hot Offer \$5.00

Pre-ordered from the Canteen Menu

SOUPS

Bowl + Roll \$4.00



Monday

Cream of Mushroom

olive oil, fresh mushroom, garlic, onion, mushroom broth, fresh thyme



Tuesday

Corn & Tomato Chowder

olive oil, onion, green capsicum, tomato, green chili, sweet corn, Italian basil

Wednesday

Chicken Noodle

olive oil, garlic, celery, carrot, chicken broth, fusilli pasta, chicken, bay leaf, thyme



Thursday

Roasted Pumpkin & Carrot

olive oil, butternut squash, carrot, onion, garlic, mustard seed, cumin, yoghurt

Friday

Garden Minestrone

olive oil, onion, zucchini, green beans, celery, garlic, kidney & white beans, tomato, carrot, Italian basil, oregano, vegetable broth





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Premium Hot Sandwich \$4.00

Choice of Bread: Croissant, Ciabatta, Wrap

Monday

Balsamic Roasted Vegetables (V)

eggplant, mixed capsicum, zucchini, tomato, garlic, Italian basil, balsamic vinegar

Chicken Nicoise

potato, green beans, carrots, pimento, red onion, capers, black olives, chicken breast



Tuesday

Tofu Parmigiana (V)

olive oil, parmesan, mozzarella, oregano, breadcrumbs, firm tofu, tomato salsa

Maple-Roasted Chicken

boneless chicken, maple syrup, light soy, garlic, ginger, cayenne pepper, frisee salad



Wednesday

Balsamic Roasted Vegetables (V)

eggplant, mixed capsicum, zucchini, tomato, garlic, Italian basil, balsamic vinegar

Turkey Ham & Brie

smoked turkey ham, brie cheese, Dijon mustard, honey, sour cream, frisee salad



Thursday

Broccoli & Mushroom Melt (V)

broccoli, mushroom, Dijon mustard, green onions, olives, cheddar cheese, tomato

French Onion Chicken

olive oil, boneless chicken, Worcester sauce, lemon juice, honey, red onion, salad mix



Friday

Avocado Caprese (V)

Avocado, tomato, mozzarella cheese, Italian basil, balsamic dressing, salad mix

Tuna Melt

tuna flakes, celery, dill pickles, Dijon mustard, balsamic vinegar, cheddar cheese, mayonnaise



Fruit cup \$2.00

Variety of cut fruits

Yogurt Parfait \$3.00

Yogurt, granola, cut fruits



Smoothie of the Day* \$3.00

Strawberry

Banana

Watermelon

Lychee Honey

Mango

Juice of the day \$2.50