

YEAR 1  
*Parent  
Handbook*  
2020 - 2021



NORD ANGLIA  
INTERNATIONAL SCHOOL  
DUBAI

*Be Ambitious*

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# Message from the Principal

Dear Parents and Students,

This Handbook serves as a reference point and guide for families who are new to NAS Dubai. It may not answer all of the questions you have so I encourage you to come forward and always ask when there is uncertainty.

First and foremost, if we have not already met, please do come forward and say hello as I strive to get to know as many students and families as I can. At NAS Dubai we maintain an 'open door' approach, trusting in high levels of transparency and clarity of communication throughout our diverse community.

We remain united in our mission:

*NAS Dubai champions an ambitious education believing that there are no limits to what we can achieve for ourselves and for others.*

Our partnerships with Juilliard and the Dubai Opera remind us of the importance of creativity and personal response; our partnership with M.I.T. and innovation in Dubai reinforces the importance of design thinking, entrepreneurship and the integration of learning through STEAM; and our close links with UNICEF, Dubai Cares as well as linkage with other schools in the Nord Anglia Education group fosters a genuine sense of interest in others and students commitment to making a better world.

We trust in common sense and a shared integrity of values that include:

- The clear commitment to making good effort to achieve high academic success and personal improvement through positive engagement in the life of the school;
- An understanding that we are all role models for others and that the universal human values of courtesy, kindness and open-mindedness can be applied throughout;
- A belief that we can always do better and maintain high levels of respect for our School where we come together with shared purpose.

On a practical level this means abiding by sensible shared procedures, understanding who is who and what goes on where. This booklet aims to provide that information.

I look forward to working together and trust that your experience of schooling at NAS Dubai will be positive, healthy, challenging and enriching throughout.

Yours sincerely,

Matthew Farthing  
Principal

## → Welcome from the Primary Team

Dear Parents,

I would like to extend a very warm welcome to you and your family from the Primary team here at Nord Anglia International School Dubai.

The first week of school is an exciting and busy time for the children, parents and teachers. There will be a lot of new experiences and a lot of questions that you will want to ask.

For children who are new to Nord Anglia Dubai the first day is a big day. Some children may find separating from parents and carers difficult. Preparing your child in advance by talking to them about their new school and having a visit can make things easier. On the day a big hug, a wave goodbye, a big smile and reassurance that they will be collected and when, will help your child adjust to their new environment more quickly. With time your child will become more familiar and settled with the school routines.

We believe that your child's time with us will be a happy and settled one and that they will enjoy attending each day. We look forward to getting to know you and your family and as the year goes on we can work together in the best interests of your child.

Please feel free to ask for information and advice to make your new child's transition into their new school/class go as smoothly as possible. We are always here to offer our support. If you have any concerns or questions about what to expect in the coming year please do not hesitate to ask. We will be more than happy to help.

Enjoy your child's experience with us.

**Christine Walker**  
Head of Primary



**Christine Walker**  
Head of Primary



**Tara Lambert**  
Deputy Head



**Michael Connor**  
Deputy Head



**Cheryl McSweeney**  
Deputy Head



**Shanna Curtis**  
Assistant Head

# School Year Calendar - Academic Year 2020 - 2021

## TERM DATES 2020 - 2021

| AUGUST 2020 |     |     |     |     |     |     | SEPTEMBER 2020 |     |     |     |     |     |     | OCTOBER 2020 |     |     |     |     |     |     | NOVEMBER 2020 |     |     |     |     |     |     |
|-------------|-----|-----|-----|-----|-----|-----|----------------|-----|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|-----|---------------|-----|-----|-----|-----|-----|-----|
| SUN         | MON | TUE | WED | THU | FRI | SAT | SUN            | MON | TUE | WED | THU | FRI | SAT | SUN          | MON | TUE | WED | THU | FRI | SAT | SUN           | MON | TUE | WED | THU | FRI | SAT |
| 26          | 27  | 28  | 29  | 30  | 31  | 1   | 30             | 31  | 1   | 2   | 3   | 4   | 5   | 27           | 28  | 29  | 30  | 1   | 2   | 3   | 25            | 26  | 27  | 28  | 29  | 30  | 31  |
| 2           | 3   | 4   | 5   | 6   | 7   | 8   | 6              | 7   | 8   | 9   | 10  | 11  | 12  | 4            | 5   | 6   | 7   | 8   | 9   | 10  | 1             | 2   | 3   | 4   | 5   | 6   | 7   |
| 9           | 10  | 11  | 12  | 13  | 14  | 15  | 13             | 14  | 15  | 16  | 17  | 18  | 19  | 11           | 12  | 13  | 14  | 15  | 16  | 17  | 8             | 9   | 10  | 11  | 12  | 13  | 14  |
| 16          | 17  | 18  | 19  | 20  | 21  | 22  | 20             | 21  | 22  | 23  | 24  | 25  | 26  | 18           | 19  | 20  | 21  | 22  | 23  | 24  | 15            | 16  | 17  | 18  | 19  | 20  | 21  |
| 23          | 24  | 25  | 26  | 27  | 28  | 29  | 27             | 28  | 29  | 30  | 1   | 2   | 3   | 25           | 26  | 27  | 28  | 29  | 30  | 31  | 22            | 23  | 24  | 25  | 26  | 27  | 28  |
| 30          | 31  | 1   | 2   | 3   | 4   | 5   | 4              | 5   | 6   | 7   | 8   | 9   | 10  | 1            | 2   | 3   | 4   | 5   | 6   | 7   | 29            | 30  | 1   | 2   | 3   | 4   | 5   |

| DECEMBER 2020 |     |     |     |     |     |     | JANUARY 2021 |     |     |     |     |     |     | FEBRUARY 2021 |     |     |     |     |     |     | MARCH 2021 |     |     |     |     |     |     |
|---------------|-----|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|-----|---------------|-----|-----|-----|-----|-----|-----|------------|-----|-----|-----|-----|-----|-----|
| SUN           | MON | TUE | WED | THU | FRI | SAT | SUN          | MON | TUE | WED | THU | FRI | SAT | SUN           | MON | TUE | WED | THU | FRI | SAT | SUN        | MON | TUE | WED | THU | FRI | SAT |
| 29            | 30  | 1   | 2   | 3   | 4   | 5   | 27           | 28  | 29  | 30  | 31  | 1   | 2   | 31            | 1   | 2   | 3   | 4   | 5   | 6   | 28         | 1   | 2   | 3   | 4   | 5   | 6   |
| 6             | 7   | 8   | 9   | 10  | 11  | 12  | 3            | 4   | 5   | 6   | 7   | 8   | 9   | 7             | 8   | 9   | 10  | 11  | 12  | 13  | 7          | 8   | 9   | 10  | 11  | 12  | 13  |
| 13            | 14  | 15  | 16  | 17  | 18  | 19  | 10           | 11  | 12  | 13  | 14  | 15  | 16  | 14            | 15  | 16  | 17  | 18  | 19  | 20  | 14         | 15  | 16  | 17  | 18  | 19  | 20  |
| 20            | 21  | 22  | 23  | 24  | 25  | 26  | 17           | 18  | 19  | 20  | 21  | 22  | 23  | 21            | 22  | 23  | 24  | 25  | 26  | 27  | 21         | 22  | 23  | 24  | 25  | 26  | 27  |
| 27            | 28  | 29  | 30  | 31  | 1   | 2   | 24           | 25  | 26  | 27  | 28  | 29  | 30  | 28            | 1   | 2   | 3   | 4   | 5   | 6   | 28         | 29  | 30  | 31  | 1   | 2   | 3   |
| 3             | 4   | 5   | 6   | 7   | 8   | 9   | 31           | 1   | 2   | 3   | 4   | 5   | 6   | 7             | 8   | 9   | 10  | 11  | 12  | 13  | 4          | 5   | 6   | 7   | 8   | 9   | 10  |

| APRIL 2021 |     |     |     |     |     |     | MAY 2021 |     |     |     |     |     |     | JUNE 2021 |     |     |     |     |     |     | JULY 2021 |     |     |     |     |     |     |
|------------|-----|-----|-----|-----|-----|-----|----------|-----|-----|-----|-----|-----|-----|-----------|-----|-----|-----|-----|-----|-----|-----------|-----|-----|-----|-----|-----|-----|
| SUN        | MON | TUE | WED | THU | FRI | SAT | SUN      | MON | TUE | WED | THU | FRI | SAT | SUN       | MON | TUE | WED | THU | FRI | SAT | SUN       | MON | TUE | WED | THU | FRI | SAT |
| 28         | 29  | 30  | 31  | 1   | 2   | 3   | 25       | 26  | 27  | 28  | 29  | 30  | 1   | 30        | 31  | 1   | 2   | 3   | 4   | 5   | 27        | 28  | 29  | 30  | 1   | 2   | 3   |
| 4          | 5   | 6   | 7   | 8   | 9   | 10  | 2        | 3   | 4   | 5   | 6   | 7   | 8   | 6         | 7   | 8   | 9   | 10  | 11  | 12  | 4         | 5   | 6   | 7   | 8   | 9   | 10  |
| 11         | 12  | 13  | 14  | 15  | 16  | 17  | 9        | 10  | 11  | 12  | 13  | 14  | 15  | 13        | 14  | 15  | 16  | 17  | 18  | 19  | 11        | 12  | 13  | 14  | 15  | 16  | 17  |
| 18         | 19  | 20  | 21  | 22  | 23  | 24  | 16       | 17  | 18  | 19  | 20  | 21  | 22  | 20        | 21  | 22  | 23  | 24  | 25  | 26  | 18        | 19  | 20  | 21  | 22  | 23  | 24  |
| 25         | 26  | 27  | 28  | 29  | 30  | 1   | 23       | 24  | 25  | 26  | 27  | 28  | 29  | 27        | 28  | 29  | 30  | 1   | 2   | 3   | 25        | 26  | 27  | 28  | 29  | 30  | 31  |
| 2          | 3   | 4   | 5   | 6   | 7   | 8   | 30       | 31  | 1   | 2   | 3   | 4   | 5   | 4         | 5   | 6   | 7   | 8   | 9   | 10  | 1         | 2   | 3   | 4   | 5   | 6   | 7   |

- Y7 and Y12 Student Induction: Thursday 27th August
- Start of Academic Year 2020/2021: Sunday 30th August
- Staff INSET - School Closed for students: Sunday 25th October
- Half Term: Sunday 18th October - Thursday 22nd October
- Prophet's Birthday: Thursday 29th October TBC
- Commemoration Day: Tuesday 1st December TBC
- National Day: Wednesday 2nd - Thursday 3rd December TBC
- End of Term 1: Thursday 10th December
- Winter Break: Sunday 13th December - Thursday 31st December
- Term 2 Starts: Sunday 3rd January
- Staff INSET - School Closed for students: Sunday 24th January
- Half Term: Sunday 14th - Thursday 18th February
- End of Term: Thursday 25th March
- Spring Break: Sunday 28th March - Thursday 8th April
- Term 3 Starts: Sunday 11th April
- Ramadan starts: Tuesday 13th April TBC
- Eid al-Fitr: Thursday 13th May - Saturday 15th May TBC
- Staff INSET - School Closed for students: Sunday 30th May
- End of Term: Thursday 1st July (Last day of academic year)

**Please note:**  
 Many public and religious holidays will remain unconfirmed by KHDA until nearer the time.  
 We therefore do not recommend that you book flights based on these provisional dates, which are intended as a guide only.

## → Welcome to Year 1

We have produced this booklet that is specifically for Year One parents/ carers, to help you to get to know us and our Year One routine. We aim to establish a strong partnership between home and school hopefully you will find this information useful.

### Settling in Process

Settling into Year 1 is an important time for your child and your family. This step is the beginning of their journey into 'big school'. It is an exciting time for the children but can be met with undue challenges if not carefully managed. At NAS we endeavour to make this process as smooth as possible. All children and families are unique and as such individual needs are taken into account throughout this process. Your child will be invited in for 1 Stay & Play sessions at the beginning of the academic year to spend time with their new teachers and environment.

These sessions will support the transition period and help to settle children more easily when they return after the summer break. Further details regarding Stay & Play sessions and first days of school will be sent to you by the class teacher.

### How to contact us

A close link between home and school ensures that children feel secure and valued. Therefore if you have any concerns or information about your child that you feel we should know please do not hesitate to email us. You could also make an appointment via email. We will endeavour to see you as soon as possible.

|               | Sunday        | Monday          | Tuesday           | Wednesday      | Thursday        |
|---------------|---------------|-----------------|-------------------|----------------|-----------------|
| 7:30 - 7:45   | REGISTRATION  |                 |                   |                |                 |
| 7:45 - 8:30   | Maths         | Maths           | PE                | Maths          | Guided Reading  |
| 8:30 - 9:20   | English       | English         | Maths             | English        |                 |
| 9:20 - 9:40   | Phonics       | Phonics         |                   |                | Phonics         |
| 9:40 - 10:00  | BREAK & SNACK | BREAK & SNACK   | BREAK & SNACK     | BREAK & SNACK  | BREAK & SNACK   |
| 10:00 - 10:40 | Islamic A & B | Islamic A & B   | World Languages A | PE             | Prep            |
| 10:40 - 11:20 | Music         | World Languages | Arabic A          | Science        | Arabic (10.20)  |
| 11:20 - 12:00 | Taught Time   | Arabic          | Islamic A         | Arabic A       | World Languages |
| 12:00 - 13:00 | LUNCH         | LUNCH           | LUNCH             | LUNCH          | LUNCH           |
| 13:00 - 14:00 | Taught Time   | Taught Time     | Arabic            | Taught Time    | Taught Time     |
| 14:00 - 15:00 | Assembly      | Taught Time     | Taught Time       | Social Studies | Taught Time     |
|               |               |                 |                   | Prep           |                 |
| 15:00 - 16:00 | CCA           | CCA             | CCA               | CCA            |                 |

## Year 1 Curriculum

At the end of the UK Early Years Foundation Stage (usually end of the Reception year) your child will move onto the UK National Curriculum. If your child is not quite ready to access the National Curriculum your child will still remain in Year 1 but will continue to work towards meeting the Early Learning Goals until December.

The National Curriculum is a set of subjects and standards used by primary and secondary schools so children learn the same things. It covers what subjects are taught and the standards children should reach in each subject.



Compulsory national curriculum subjects at primary school are:

- English
- Maths
- Science
- Design and Technology
- History
- Geography
- Art and Design
- Music
- Physical Education (PE), including swimming
- Computing

## Specialists

In Year 1 your child will access the following specialist sessions taught by specialist teachers:

- PE - 1 session per week
- Swimming - 1 session per week
- World Languages - 2 sessions per week plus one extra for native speakers
- Arabic - 3 lessons per week
- Music - 40 minutes per week
- Performing Arts - 1 session per week e.g. preparing for year group productions
- Islamic Education - for Muslim students only
- Arabic A - for Arabic home language learners

## How we learn in Year 1

Alongside adult-led inputs and adult-directed activities the children also engage in child-initiated learning. This type of play in Year 1 involves providing a wide variety of worthwhile experiences which will help to develop the children's knowledge, skills and understanding.

During play children will be given opportunities to:

- Manage Information
- Think, solve problems and make decisions
- Be creative
- Work with others
- Self-manage

Play in Year 1 builds on the active, hands-on learning that has taken place in the Early Years Foundation Stage. It is usually linked to the topic being explored and allows children to engage in a variety of focused play activities AND independent play based games/activities, for example, construction, role play, art/ design and table top games.

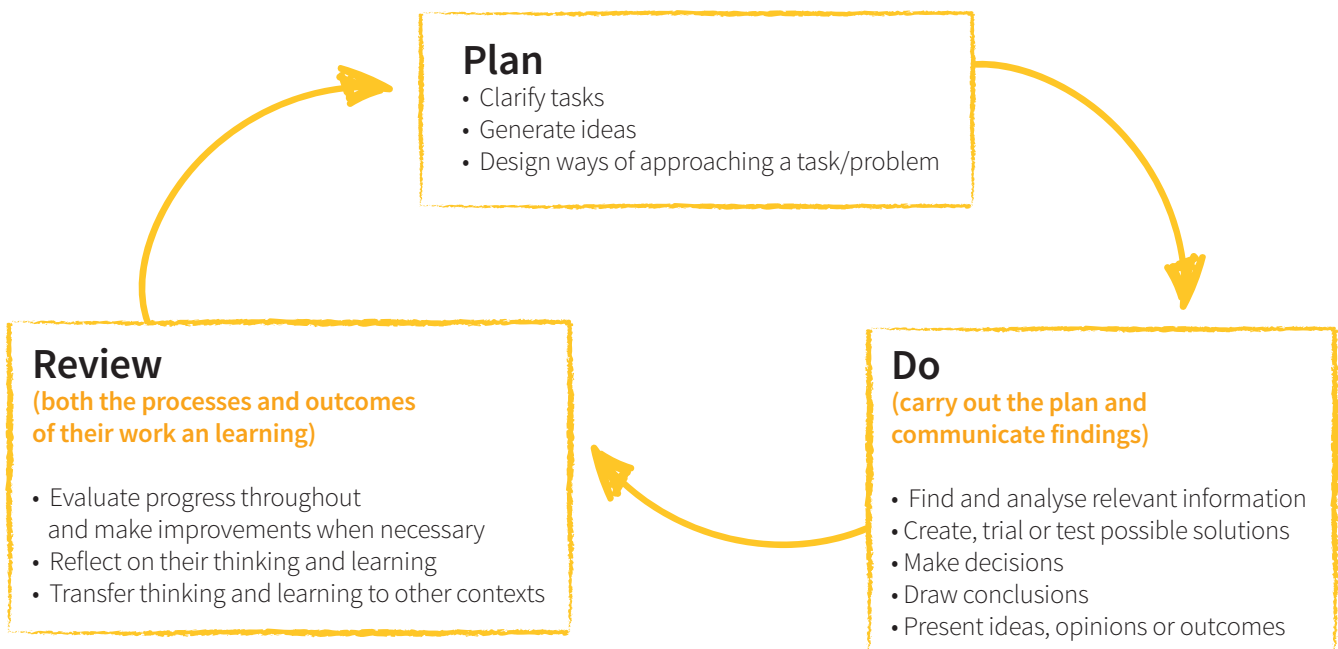
The children will have a record of learning kept in their school books:

English, maths and topic. These books will contain children's work, photos and observations of their learning throughout the year.

## Assessment

### Plan, Do, Review Cycle

In order to develop children's skills and capabilities across the whole curriculum, teachers will provide frequent opportunities for pupils to think and do for themselves. To help foster good thinking habits and develop more independent learners, teachers utilise a simple Plan, Do, Review process which integrates and fosters children's skills and capabilities.



Year 1 phonics screening check  
The check will take place in June when your child will read 40 words out loud to a teacher. You'll find out how your child did, and their teacher will assess whether he or she needs extra help with reading. If your child doesn't do well enough in the check they'll have to do it again in Year 2.

## **IB Learner Profiles**

What is 'International-Mindedness and the IB Learner Profile?

Two major elements of the IB are 'International Mindedness' and the Learner Profile. Each of these elements transmits a core set of values that are the basis for character development. International Mindedness is not about learning other cultures and languages. Rather, it is a way of thinking that allows people to understand and work with each other in a more humane way, without prejudice. It fosters growth of traits critical to working in a global community, or even in a local one such as: empathy, stewardship and genuine expressions of compassion of others. Children will learn beyond that we can still work together to resolve important issues in our community

and beyond, regardless of our cultural backgrounds and ways of life... while still honouring our shared humanity.

The Learner Profile is a collection of key traits that support intellectual and personal growth: empathy, open-mindedness, reflection and communication just to name a few. These traits support the growth of International-Mindedness and are actively cultivated in the curriculum and in the classroom.

We believe that combining the UK National Curriculum with the philosophy of the IB (as it directly affects the child) will strengthen our provision for the children. The philosophy of the IB is expressed in a series of desired attitudes and traits that characterise students with an international perspective. The attributes of the Learner Profile are deliberately taught throughout the year and reinforced throughout the curriculum.

## Primary

**Inquirers** - I am curious and enjoy learning. I try to find out new things.

**Communicators** - I can share my ideas with others in many ways. I am an active listener and I listen well to others.

**Reflective** - I know when I've done well and when I could have done better. I think about my own work.

**Risk-takers** - I like to try new things. I stand up for the things I believe in.

**Thinkers** - I think carefully and show initiative. I make good decisions. I can solve problems on my own.

**Knowledgeable** - I know about many things. I remember what I have learned.

**Caring** - I care about people, plants, animals and the earth. I help others and look after the environment.

**Open-minded** - I listen to other people and respect their ideas.

**Balanced** - I look after my mind and body. I try to stay healthy and happy.

**Principled** - I tell the truth and I am fair. I share and play well with others.

Year 1 will focus primarily on -  
**Inquirers, communicators,  
reflective, risk-takers**

## Outdoor Learning

The outdoor environment is a rich, dynamic and natural space for learning for children of all ages and abilities. It provides an essential learning resource with a diversity of resources and spaces, a special place where young children are able to experience freedom as well as challenge. Research has shown that learning outside the classroom contributes significantly to raising standard and improving pupils' personal, social and emotional development. When outside children have the freedom to explore and develop their physical boundaries, to take risks and discover the world around them using all of their senses which can have an enormous impact on their self-confidence and self-esteem.

The Year 1 environment is regularly risked assessed by all the staff in Year 1.

We adhere to a NO HAT NO PLAY policy. The children must have a hat in school every day so they can access the outdoor area.

### **Attendance**

At NAS we have a high standard of punctuality and attendance to ensure the children have a settled start to the school day. We discourage families from taking holidays during term time and this should be avoided.

If your child is absent from school due to illness please complete the illness form on the parent portal, which will then inform the school of your child's absence. If you need to collect your child during the school day for a special reason, e.g. an urgent or unavoidable medical appointment, you will need to go to the school reception desk so that you can sign your child out.

### **Registration**

The school day begins at 7:45am for the Year 1 children. Classroom doors are open from 7:30am to allow for a flexible drop-off period.

Children are to be collected at 3pm from the classroom unless they are attending a CCA which alternative provision are made. During the first 2 weeks the children may be collected at 2pm while they settle into the longer days in Primary.

### **Internal CCAs**

Children are collected at 3pm from the classrooms to attend their chosen CCA. Please ensure you find out where to collect your child from at the end of the CCA at 4pm.

### **External CCAs**

Children are collected from the classrooms by the external provider at 3pm. It is parents responsibility to ensure that the class teacher is informed by the parent which external CCAs their child is attending. Please ensure you know where to collect your child from at the end of the CCA.

## Parent / Teacher meeting

Individual parent meetings will be arranged during the first term of school. These meetings will last 10 minutes and are another opportunity to ask questions and find out more about how your child has settled into school.

## Reporting

All children will receive a settling in report within the first 6 weeks of school.

Parents and carers will receive a further 3 formal reports throughout the year.

## Snack / Lunch

Children bring in a small snack that will be eaten during an allocated time slot during the morning.

Children will also get a chance to eat any food they have left from morning snack in the afternoon just before home time. Lunch is at 12noon and the children eat their packed lunch or school dinner in the refectory.

There are members of staff on duty in the refectory to help encourage the children to eat all their lunch. Adults are also on duty in the outdoor playground.

Pirate ship - All the children must complete the Pirate Ship training before being allowed to use it during lunchtimes. Each year group has an allocated day per week where they are the only year group on the equipment. From term 2, after plenty of practise sessions the children will have access to the pirate ship equipment.



## Reading at Home and at School

In every year group the children are able to choose a new reading scheme book from the classroom when they have finished the book that they are reading and children in Year 1 will bring two books home over the week. The children will know which colour book they need to choose, and this will be written in their reading record. Before changing their book it is expected that their reading diary will have been signed by an adult to show that the child has read and discussed their book. The children will continue to have guided reading sessions in school where specific reading skills will be taught. It is during these 'guided sessions' where children will be heard read by a teacher and other members of school staff. They will only be heard read books from the reading scheme periodically in order to ensure that the level and content are appropriate.

The children also have an opportunity to visit the school library and choose a book which they then keep and return at the next class library session. When sharing a book talk to your child about what he or she thinks might happen next in a story, how the story might end and then ask them to retell the story themselves. Picture books are

very important to promote discussion, so look for books without any words to help your child practise this skill. Have fun acting out stories together. Your enthusiasm for a book will help your child to understand that books are exciting.

Make reading times fun and relaxed and you will see your child's confidence grow!

## Interventions in Year 1

In Year 1 intervention at NAS adopts a tiered-model approach for supporting struggling students and identifying possible learning and behaviour needs.

## Interventions in Year 1

In Year 1 intervention at NAS adopts a tiered-model approach for supporting struggling students and identifying possible learning and behaviour needs. Here are the three tiers:

- All children receive high-quality, instruction. This instruction is research-based and includes differentiation (tier one).
- Then, children who are not progressing adequately in the regular, high-quality classroom are provided with some type of intervention -- an additional, smaller math or reading class, for example (tier two).
- If a student is still struggling, then he receives one-on-one targeted intervention that speaks to his specific skill deficits (tier three).

Parents will be invited in for a meeting to discuss any areas that their child may be receiving additional support in.

## Home Learning

The Homework Policy was reviewed in the light of comments gathered from pupil interviews and parent interviews (September 2015). The policy sets out the clear purpose for homework across Primary.

At NAS we are very committed to building strong home/school links. We know that education is most effective where there is a positive partnership between home and school. We hope that homework will increase a child's enjoyment of learning and his/her understanding. We know that it is crucial that we offer support to parents/carers so that there is a better understanding of how learning can be further extended at home. In this policy the term homework refers to any work, task or activity which children are asked to do outside of lesson time, usually with parents or carers. Home Learning information will be provided by the class teachers and World Language teachers.

## Additional Information

- Water bottles must be brought in to school daily and these should be cleaned, re-filled and sent with fresh water each day.
- All items of clothing should be labelled with the child's name to make it easier for your child to organise their clothing.



# → Uniform

## Primary Boys

- Grey shorts
- White shirt
- Blazer
- Tie
- Grey socks
- Black shoes

## PE kits

- PE T-shirt
- Boys - PE shorts
- Girls – PE Skorts
- White trainers
- PE bag

## Swimming kits

- NAS swimming costume / shorts
- NAS swimming cap
- Goggles
- Towel
- Flip flops
- NAS swim bag

## Primary Girls

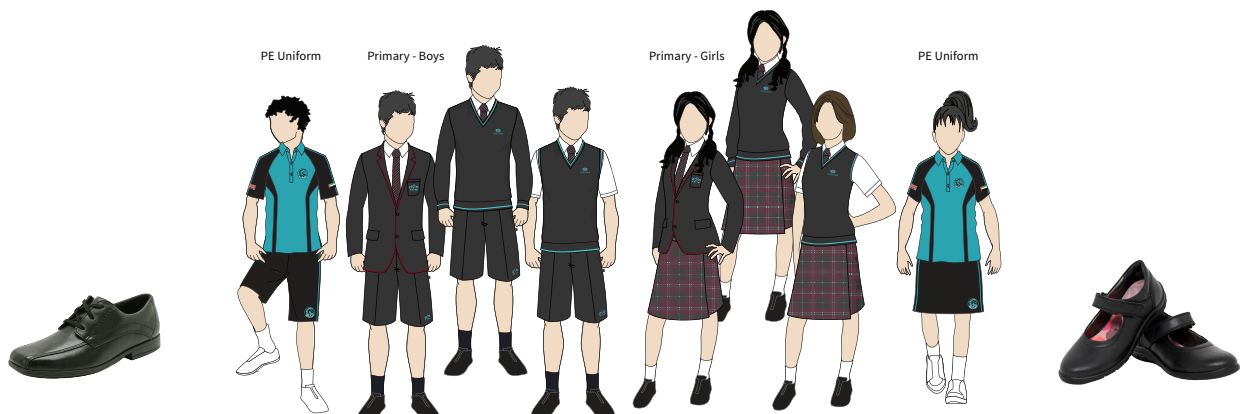
- Tartan skirt
- White shirt
- Blazer
- Tie
- White socks
- Black shoes
- Hair bands – school colours (no big bows)

## PE kits

- PE T-shirt
- Boys - PE shorts
- Girls – PE Skorts
- White trainers
- PE bag

## Swimming kits

- NAS swimming costume / shorts
- NAS swimming cap
- Goggles
- Towel
- Flip flops
- NAS swim bag



## → Communication

### Face to face

Communication with Parents and Carers is very important to us at Nord Anglia. Your main point of contact within the school will be your child's teacher. Please come in and talk to your child's teacher if you have any worries or concerns - sometimes a chat is all that is needed to set your mind at rest. Please be aware that teaching begins at, if you feel you need a set amount of time for discussion please arrange a meeting with your class teacher.

### Parent Workshops

Throughout the year you will be invited in for a selection of parent workshops. These will guide you through our ethos and vision in Year 1 at Nord Anglia.

### Communication books

Every day in your child's school bag you will find your child's blue communication book. This is a record for library books, reading books for Year 1 and any visits to the nurse.



## NAS Dubai Mobile App

The NAS Dubai Mobile App enables parents, students and staff to easily access school information and stay informed of what is happening in the school.







The App can be downloaded for free from the Apple Store for iOS (Nord Anglia International School Dubai) and for Android devices on Playstore (Nord Anglia Intl. School Dubai).

The NAS Dubai App features:

1. School calendar (syncs with personal calendar)
2. Push notifications
3. Parent teacher meeting sign-up  
Sports team match information and confirmation of attendance feature
4. CCA sign-up
5. Photo and video gallery
6. Information on school events  
Newsletters (weekly whole school and sports)
7. Staff directories
8. Curriculum Resources
9. Social media and on-line links  
Parents Association information and volunteer sign-up for events  
Parent Essentials including uniform information, bus service and daily lunch menus
10. Absence notification feature
11. Permission forms
12. About us/contact us

## Social Media

Stay connected with NAS Dubai no matter where you are. Follow us on social media to keep informed of all latest events with lots of photos and videos in and about school.

-  <https://www.facebook.com/nasdubai.ae>
-  nasdubaischool
-  nasdubaisports
-  nasdubaiperformingarts
-  NASDubaiSchool
-  NAS Dubai Media



## → Parents' Association

### Parents' Association

The Parents' Association hosts many events throughout the academic year aimed at building a strong school community. Coming together to help organize events such as the Autumn BBQ, Xmas Fayre and Family Fun Day allow parents to become a part of the social fabric of the school.

For more information please see calendars for meeting dates or contact: [naspadubai@gmail.com](mailto:naspadubai@gmail.com)

### Class Representatives

Each class has parent Class Representatives that voluntarily come forward at the start of year. The volunteer role of Class Rep is to help build the community outside of the classroom with responsibilities focusing on the non-academic, but highly integral social aspects of school life.

If you interested in becoming a Class Rep or for information, please contact: [nasclassreps@gmail.com](mailto:nasclassreps@gmail.com)



## → Daily Routine - Medical - School Nurse

### **School Nurse**

Please ensure your Medical and Immunisation Record and Consent Form is returned to Admissions prior to the start of school.

The school nurse is the first point of contact in terms of the physical wellbeing of the students within school.

This includes immunisations and other forms of preventative medicine (such as information on healthy eating).

The school nurse is responsible for coordinating between all government bodies (the Ministry of Health), visiting physicians, health care providers and parents.

Where children need off-site (doctor or hospital) medical care, parents will be contacted by the nurse to make the relevant arrangements.

When a student is taken ill in school, the nurse will assess them and decide on the best course of action. Students who are ill should not be sent to school.

Parents with children with special medical needs should meet with the nurse to discuss any special provision required. This includes chronic illness, congenital conditions or transient medical issues such as a broken leg.

The nurse can administer over the counter medication with consent from parents. Any, and all, medication to be administered during the school day has to be signed for by a parent at the clinic. No medication is to be self administered (in accordance with DHA regulations). This is done via the clinic.

Parents are responsible for maintaining their correct contact information via the Parent Portal as this will be used to contact them in the event of any medical matters.

### **Medical Examinations**

The Ministry of Health requires all new students arriving into Dubai and those in Years 1, 5 and 9 (and any others as stated by DHA) to undergo medical examinations. There may be a fee for this procedure.

## → Medical - Children Illnesses

Please inform us of the reason your child is absent from school and of any infectious illness so that we can inform parents/carers.

Guidance on exclusion from school or nursery the following apply:

| Diarrhoea & Vomiting Illness | Recommended period to be kept away from school  | Comments  |
|------------------------------|---|---|
| Diarrhoea and/or vomiting    | 48 hours from last episode of diarrhoea or vomiting.<br>48 hrs Free from Fever or Fever reducing Medication | Exclusion from swimming should be for 2 weeks following last episode of diarrhoea. Exclusion applies to both adults and children.   |
| Fever                        | Medication  |   |
| E. coli 0157<br>VTEC         | Exclusion is important for some children.   | Exclusion applies to young children and those who may find hygiene practices difficult to adhere to.<br>Exclusion from swimming should be for 2 weeks following last episode of diarrhoea.  |
| Typhoid*                     | Exclusion is important for some children.   | Exclusion applies to young children and those who may find hygiene practices difficult to adhere to.  |
| Shigella (Dysentery)         | Exclusion may be necessary. Doctor will advise.   | Exclusion from swimming should be for 2 weeks following last episode of diarrhoea. Exclusion (if required) applies to young children and those who may find hygiene practices difficult to adhere to.<br>Exclusion from swimming should be for 2 weeks following last episode of diarrhoea. |

| Respiratory Infections     | Recommended period to be kept away from school  | Comments   |
|----------------------------|---|--|
| 'Flu' (Influenza)          | Until recovered.  | See vulnerable children.   |
| Tuberculosis               | Always consult with Doctor and local health board   | Not usually spread from children. Requires prolonged, close contact for spread   |
| Whooping cough (Pertussis) | 5 days from commencing antibiotic treatment or 21 days from onset of illness if no antibiotic treatment | Preventable by vaccination. After treatment non-infectious coughing may continue for many weeks. Contact tracing may be necessary. |

| Rashes                                      | Recommended period to be kept away from school                               | Comments   |
|---|--|--|
| Athletes foot                               | None.  | Athletes' foot is not a serious condition. Treatment is recommended.   |
| Chickenpox                                  | 5 days from onset of rash and when all spots are crusted.                    | SEE: Vulnerable children and female staff - pregnancy  |
| Cold sores (herpes simplex)                 | None.  | Avoid kissing and contact with the sores.  |
| German measles (rubella)*                   | 6 days from onset of rash.   | Self-limiting disease<br>Preventable by immunization (MMR).<br>SEE: female staff - pregnancy   |
| Impetigo                                    | 48 hours after commencing antibiotic treatment or until lesions are crusted. | Open sores must be covered.  |
| Molluscum contagiosum                       | None.  | A self-limiting condition.   |
| Mumps                                       |  |  |
| Ringworm                                    | Not usually required.  | Treatment is important – see Doctor. Ensure pets are also examined.  |
| Roseola (infantum)                          | None.  | None.  |
| Scabies                                     | Return after 1st treatment.  | 2 treatments 1 week apart for cases. Contacts should have 1 treatment; include entire household and any other very close contacts.                     |
| Scarlet fever/Step throat*                  | 24 hours after commencing antibiotic treatment.                              |  |
| Slapped cheek/fifth disease. Parvovirus B19 | None.  | SEE: vulnerable children and female staff – pregnancy.   |
| Shingles                                    | Excluded only if rash is weeping and cannot be covered.                      | Can cause chickenpox in those who are not immune. It is spread by very close contact and touch. SEE: vulnerable children and female staff – pregnancy. |
| Warts and Verrucae                          | None.  | Verrucae should be covered in swimming pools, gymnasiums and changing rooms.   |

| Other Infections                     | Recommended period to be kept away from school   | Comments  |
|--------------------------------------|--|---|
| Head lice                            | None. Parent will be notified and asked to treat child (if live lice present) on the night of lice discovery. They may return to school after treatment. | Treatment is recommended only in cases where live lice have been seen. Close contacts should be checked and treated if live lice are found. If eggs present, parents should manually remove eggs daily. |
| Hepatitis A                          | Exclude until 7 days after onset of jaundice (or 7 days after symptom onset if no jaundice).   | Good personal and environmental hygiene will minimise any possible danger of spread of Hep A.   |
| Hepatitis B and C                    | None.  | Hep B and C are not infectious through casual contact. Good hygiene will minimise any possible danger of spread of both Hep B and C.  |
| HIV/AIDS                             | None.  | HIV is not infectious through casual contact. There have been no recorded cases of spread within a school or nursery. Good hygiene will minimise and possible danger of spread of HIV.                  |
| Meningococcal meningitis/septicaemia | Until recovered.   | Meningitis C is preventable by vaccination. There is no reason to exclude siblings and other close contacts of a case. Doctor and local authority will advise.  |
| Meningitis due to other bacteria     | Until recovered.   | Hib meningitis and pneumococcal meningitis are preventable by vaccination. There is no reason to exclude siblings and other close contacts of a case. Doctor and local authority will advise.           |
| Meningitis viral                     | None.  | Milder illness. There is no reason to exclude siblings and other close contacts of a case. Contact tracing is not required.   |
| MRSA                                 | None.  | Good hygiene, in particular hand washing and environmental cleaning, are important to minimise and danger of spread.  |
| Mumps                                | 5 days from onset of swollen glands.   | Preventable by vaccination (MMR).   |
| Threadworm                           | None.  | Treatment is recommended for the child and household contacts.  |
| Tonsillitis                          | None.  | There are many causes, but most cases are due to viruses and do not need an antibiotic.   |
| Conjunctivitis                       | Until discharge has ceased.  |   |



## → Music

During Music Year 1 will begin by exploring the keyboard where they will become familiar finding the notes with correct hand positions. As part of our Juilliard Curriculum, students will learn about a variety of different genres of music and composers including Stravinsky's 'The Rite of Spring', Mozart's 'The Magic Flute', a traditional Chinese work, 'Ambush from Ten Sides', Mendelssohn's 'Violin Concerto in E Minor' and Monk's 'Blue Monk'.

Through these five different pieces of music the children will learn new musical language, develop basic keyboard skills and an understanding of reading musical notation. They will listen to many different instruments in different orchestrations and explore composing their own motifs to suit characters and set moods.



## → Islamic Education

At NAS Dubai we value Islamic Education because:

- It promotes spiritual, moral, cultural, mental and physical development of Muslim children in the school.
- It lays the foundation for students to prepare for responsibilities and experiences in later life.

### Aims

Specifically, Islamic Education at NAS Dubai aims to offer the same high level of teaching as other subjects in order to enable Muslim students, regardless of ability and level of development, to:

- Acquire and develop knowledge and understanding of Islam in an interesting and informative manner.
- Understand that Islam is a complete way of life.
- Enhance their spiritual, moral, cultural and social development through knowledge of the Qur'an and Sunnah.
- Develop a positive and tolerant attitude towards other people, respecting their right to hold different beliefs from their own, and towards living in a society of diverse religions.
- Foster a sense of pride in being Muslim.

### Cross Curricular connections

Islamic Education at NAS Dubai aims to create cross curricular links with English (e.g. writing poetry), Maths (e.g. calculating Zakah), Geography (e.g. environmental awareness), History (e.g. the life of Prophet Muhammad (P.B.U.H) and other Prophets mentioned in the Qur'an), Art (e.g. making posters/cards) and ICT (e.g. use of I-pads).

### Teaching

Teaching topics will contribute to pupils' knowledge and understanding providing opportunities for reflection across six key areas/strands in accordance with the MOE National Document of the UAE and are as follows:

- 1) **Akhlaq** - Islamic values and morals
- 2) **Divine Revelation** - Qur'an/Hadeeth
- 3) **Fiqh** - Islamic laws
- 4) **Aqeedah** - Fiducial Mentality
- 5) **Seerah** - Life of Prophet Muhammed (P.B.U.H)
- 6) **Islamic Identity and Current Affairs**



## → World Languages

We believe that language learning is integral to the life of NAS Dubai and promoted as a key life skill for all. Learning a language broadens a child's understanding of other cultures, communities and countries. Therefore language acquisition and development is crucial for exploring and sustaining cultural identity, personal development, and intercultural understanding. As an IB school, such concepts are closely linked to our mission to provide an education for international understanding.

NAS Dubai champions an ambitious education, believing there are no limits to what a child can achieve and this philosophy lies at the heart of our World Language Programme. We have a very strong and rigorous World Languages programme, where we teach Arabic, French, German, Spanish and Mandarin from Early Year through to IB.

In Year 1, Arabic learning is compulsory for all children, where we offer the Arabic A and B curriculum. Arabic B learners receive 160 minutes of instruction per week and in Arabic A, which caters for those children who are native speakers or have an advanced level of the language, we

offer 240 minutes of instruction and in doing so, we adhere to the Ministry of Education curriculum guidelines.

They also continue with the language that they have chosen from Nursery or have the possibility to change to another one of our 4 languages on offer. We deliver two styles of programmes; one for our advanced learners, where they receive 120 minutes of instruction and one for second language learners, where they receive 80 minutes of instruction per week.

In all languages in Year 1, we follow a thematic approach to learning linked closely to the primary curriculum for their year group. There is also clear progression from Nursery to Year 1 to ensure children continue to develop competency in the four skills; listening, speaking, reading and writing in their chosen language. Here at NAS Dubai, specialist teachers teach interactively; through rhymes, songs, stories and games. We use a lot of movement so that children are not sitting for too long and we ensure that their learning is at all times both fun and enjoyable.

## → PE

The Physical Education provision your child will receive at NAS Dubai is truly exceptional. The curriculum has been carefully designed to enable all children to build a foundation of skills and confidence that will enhance their physical development and transition seamlessly to Key Stage 2. Lessons are delivered by Physical Education specialist teachers who are passionate and experienced in working with Key stage 1 and 2 of all ability levels.

Their PE teacher will build a very strong relationship with your child and is responsible for writing Physical Education report comments. This PE teacher is also the first point of contact should you have any questions or concerns regarding PE.



All classes will receive two PE lessons per week. Students will experience twelve different sports across a two year timetable to maximize opportunities and to encourage a love of sport. The curriculum is delivered in three week blocks (6 lessons) culminating in a house tournament at the end of the block.

PE land-based activities will take place outside during the cooler months, but will be brought inside during hotter months. Sports Days will take place outside just prior to Winter Break at the end of the athletics units of work. Parents are invited to come and watch their children at this event. Parents are also invited to watch demonstration swimming lessons. The dates of these will be communicated with parents via email as soon as they are confirmed.

Below is an example of the first year curriculum. This is subject to change due to whole school events.

## **Swimming**

We benefit from two swimming pools at NAS Dubai. The smaller pool has a consistent depth of 1.0m. The larger pool has a shallow end that is 1.0m deep and a gradual depth increase to 1.8m. There is always a lifeguard

present on poolside who is also responsible for cleaning the pool every morning. We take the health and safety of our children extremely seriously.

The swimming pool temperature is maintained above 30 degrees and water is checked for pH and chlorine levels throughout the day by both manual and automated testing systems. If the temperature, chlorine or pH fall outside of our parameters swimming lessons will be cancelled that day as we will not risk any children having a negative experience. Children will be grouped by ability and may be moved up or down ability groups throughout the year based on their rate of learning and progress. Only one year 1 class will be on poolside at a time. Each class will be taught by the class PE teacher, NAS Dubai Swimming Coach and the PE swimming intervention instructor (who specialises in working with children with very low water confidence and experience).

## Swimming attire

- NAS swimming costume / shorts
- Small towel or towel dressing gown
- Swimming cap
- Goggles
- Flip Flops

We are very excited about the year ahead and we have already seen a smooth transition from the early years programme.



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