

		Monday			Tuesday			Wednesday			Thursday			Friday
		5-Feb			6-Feb			7-Feb			8-Feb			9-Feb
	A	Sweet and Sour Pork with Rice		A	Eggplant with Beef with Wild Rice		A	Chicken Tandoori with Rice		A	Teriyaki Fish with Corn Rice		A	Beef in Cantonese Style with Rice
	B	Vegetable Lasagna		B	Fried Noodles with Shredded Pork		B	Vegetarian Fried Noodles		B	Bacardi Pork Loin with Spaghetti		B	Chicken Steak with Gravy with Penne
	C	Roasted Beef Salad		C	Egg Mayo Sandwich		C	Ham and Orange Salad		C	Avocado and Cheese Sandwich		C	Greek Salad
		Monday			Tuesday			Wednesday			Thursday			Friday
		12-Feb			13-Feb			14-Feb			15-Feb			16-Feb
	A	Chicken Curry (Not Spicy) with Rice		A	Meatballs with Tomato Sauce with Wild Rice		A	Beef Stroganoff with Rice	CPD Day		SCHOOL HOLIDAY			
	B	Spaghetti Bolognese		B	Chicken Carbonara with Penne		B	Sweetcorn Macaroni Cheese						
	C	Tomato and Cheese Sandwich		C	Potato Salad		C	Chicken Sandwich						
		Monday			Tuesday			Wednesday			Thursday			Friday
		19-Feb			20-Feb			21-Feb			22-Feb			23-Feb
SCHOOL HOLIDAY														
		Monday			Tuesday			Wednesday			Thursday			Friday
		26-Feb			27-Feb			28-Feb						
	A	Sauteed Beef with Tomato with Rice		A	Chicken A La King with Wild Rice		A	Potato and Vegetables Curry (Not Spicy) with Rice						
	B	Fried Ramen with Seafood		B	Vegetarian Singapore Noodles		B	Spaghetti Bolognese						
	C	Chef's Garden Salad		C	Ham and Cheese Sandwich		C	Turkey Salad						

Please note :

- 1 Please choose (tick) ONE lunch option "A", "B" or "C" for each day.
- 2 The price for each lunch option is **\$33 (Received payment on or before 26 January 2018) / \$35 (Received payment after 26 January 2018)**

Payment Details :

- 1 Please make a crossed cheque payable to : **Sodexo (HK) Ltd**
- 2 Please write your child's name, class and a contact phone number at the back of the cheque.

- Choose often - Contains low levels of fat
- Good Choice - Contains moderate amount of fat
- On Occasion - Contains high level of fat

*The above traffic information is provided by nutritionist from Sodexo (HK) Limited. All Information is for reference only.

*Should the school be closed due to a Typhoon or bad weather, that day's menu will be postponed and served the following day.
The scheduled menu will resume the day after that.

For all enquires, please email : unit.nais.hk@sodexo.com

Student Name : _____

Class : _____

Contact Number : _____

Contact Email : _____

Cheque Number : _____