



**THE BRITISH SCHOOL
OF BEIJING, SHUNYI**
A NORD ANGLIA EDUCATION SCHOOL



“Success is where preparation and opportunity meet”

“Happiness is Swimming Fast”

STUDENT & PARENT

Swimming Team Information

2021-2022

Aqua Bears Swim Team

The Aqua Bears is the competitive programme for BSB SY and BSBSan students who have a good basic stroke technique in all four main strokes, can demonstrate a racing start and have stroke appropriate turn skills. Swimming meets are held both locally in Beijing, around China and internationally (if Covid travel allows), for all ability ranges in the team. Some meets during the year have specific qualifying standards and are only appropriate for the higher-level squad swimmers. The BSB internal meets and other local school meets are great opportunities to gain multi stroke and distance times, as well as hone racing skills required to progress to the higher-level meets. BSB internal meets are free to enter but other swim meets will incur an entry fee surcharge, levied by the hosting school or club. All swim meets are added to the school calendar and are on SOCS.

At the start of the year all students in Year 3 to Year 9 complete a short swimming assessment in their PE lessons, and students are selected to join the Aquabear team. As a guide, approximately the top 12-15 students in each year group based on 25m swim times, from Yr5-Yr 9, are invited to the team. Returning students from the previous academic year are included in the team for the current academic year. A 100IM time trial will also be used for requested try-outs during the year.

Students will be assigned an Aquabears squad group. Year 3 and 4 students are MiniBears, with Year 5 – Year 13 assigned either a Bronze, Silver or Gold Squad status based on their 100IM performance. The number of recommended training session per week, per group can be found in the table below:

	Gold	Silver	Bronze	Mini Bears
100m IM	Under 1:30	Under 1:50	1:50 – 2.30	3 main strokes and developing butterfly
Recommended Training per Week.	4+	2 - 3	1 - 2	1 - 2

The Head of Aquatics will inform parents by Golden Week which squad their child has been allocated. Students can move through the squads during the year and the gifted and talented Mini Bears may be asked to train with the bronze group as appropriate.

The minimum number of sessions per week a student should attend at BSB is 1. Not all students will be able to complete the number of sessions as detailed in the table above due to other BSB school commitments. If a student is also a member of a local swimming club as well, parents should contact the Head of Aquatics to discuss the training plan during term time for their child.

All communication will be via the following platforms. Primary - Seesaw ABear year group pages and school post email. Secondary – TEAMS and school post email.

The Aqua Bears competitive programme is open throughout the academic year and parents should contact the Head of Aquatics Richard Thorp to arrange and discuss a trial if required. richard.thorp@britishschool.org.cn

Team Kit

The swim team kit is ordered through the BSB kit portal with Sporty Bay (Shanghai) and items are made and delivered straight to your home. There is approximately a 4-week turnaround between an order window closing and items delivery. Details of order window and how to order will be sent to parents at the start of the academic year and at appropriate times during the year.

Each swim team member should have their own BSB Swim Team t-shirt and swim cap for swim meets. Additional items (towels, parker jackets and swim string bag) can also be ordered. The swim cap can be ordered through school and details will be sent home to parents. At all swim meets only BSB sports kit can be worn.

Swim Meets

There are regular swim meets, both internally at BSB, and at other schools and clubs, that the team enter. There is an annual ISAC competition in Term 1 (which all Aquabears should be entering), ACAMIS in Term 2 (selected team) and other invitational events organized by local schools. BSB organizes a Nord Anglia Global Swim Meet that is swum virtually. Schools enter and swim in their own pool during an event window. All times are collated centrally, and rankings / results are created for the event and sent back to the competing schools.

For those new to swim meets there is an app you can download from the app store MEET MOBILE. Most schools and clubs run their swim meets using a computer program that links all the results to Meet mobile. Please search your app store and download. You can also pay a small yearly fee to get full results from swim meets your child competes in.

All details of swim meets are sent to parents either via SEESAW, TEAMS, or school post email. Most events will include a sign-up form to complete for the head of Aquatics and if you miss a deadline, we will not be able to add your child to that event. Please be aware of this as some swimmers have missed opportunities to swim in the past. Details of the events and results will also be added to SOCS during the year.

Some swim meets are selected team events (e.g., ACANIS) and details on selection are communicated to parents in advance. Season top times and rankings are commonly used for selection of relay teams at swim meets, from those students who enter the event.

After each swim meet, individual and whole event results will be added to SEESAW or sent home via school post.

School Records and Top Times

School records can be broken by any swimmer when competing for BSB at any swim meet. Swim PE times can also be used for the 25m events. During the year specific record-breaking opportunities are also offered, usually at the end of a school, year.

The Head of Aquatics will compare results from each of the swim meets and the record board will be amended accordingly.

All our students are added to a swimming database we use for all the entries for swim meets. Results from all swim meets are added back into the database and individual top time are kept on all students. If you wish for an update, please contact the Head of Aquatics.

End of Year Sports Awards

At the end of each year the Sports department hold an Annual Sports Award Evening. There are three main swim team awards – Swimmers of the Year Male and Female for MiniBears, Years 5 and 6, and Secondary.

These awards are predominantly based on performance-based points results from our team hytek-manager database. All performances swum over the year are allocated age group points and the top ranked swimmer, who has also shown commitment to training and competition attendance will win the award. All these awards are ratified by the Director of Sport and sports department.

There are also end of year MVP, Most improved and Coaches Choice awards for U8, U9, U10, U11, U14 and 15+ age groups. There are male and female awards for each age group.

Most Valuable Swimmer is awarded to a student who shows consistent commitment to training, competition, and positive attitude throughout the year for the team

Most Improved is awarded from all available data from swim meets over the year the child who has improved their overall performances (time improvement) will win the award.

Coaches Choice is awarded to a student who is committed, shows qualities of being a good teammate, is on time for training session and does their best throughout the year in the swimming journey.

The Head of Aquatics can also award a Service to BSB Aquatics Certificate to any leaving student who has swum / trained / competed for more than 4 years at BSB. This could be awarded to a Primary or Secondary student at the end of the year.

Aqua Bears Swimming Calendar 2021-2022

(Subject to change during the year - other dates will / may be added for Term 2 and 3)

Date	Event	Age groups (B + G)
Week 6 th September	ASA swimming starts on specific sessions as detailed by Head of Aquatics. There will be a late bus 5.30pm for Year 6 – Year 13 on Mon 6 th . Other session pick up only at 5.00pm.	
Fri 24 th & Sat 25 th September	BSB 4 Stroke Sprint Challenge (All Team) 0830 – 11.00am) / NA Global Campus 2K run event – PM (details to follow)	
18 th – 22 nd October	Aqua Bears Speed Award Week	All Students
23 rd October	ISAC 10&U @ISB	7-8yrs, 9-10yrs (invite)
6 th November	NA Global Campus Virtual Free Swim Event (0830-11.00)	All Students Yr. 3- Yr13
Fri 12 th –Sun 14 th Nov	ISB / SAS Invitational @ISB	Selected / Invited Yr. 3 – Yr13
Fri 26 th November	Secondary Medley 50m Sprints	11-12, 13-14, 15+
3 rd / 4 th December	ISAC 11+ @HBJ	11-12,13-14,15+ yrs.
6 th – 11 th December	Nord Anglia Virtual Global Swim Meet	All sessions inc Sat AM
15 th December	Primary Xmas Pool Party – 3.30 – 4.30pm	
16 th December	Secondary Xmas Pool Party – 3.30 – 4.30pm	
Provisional Dates for Term 2 2022		
15 th January	BSB Aqua Bears Internal Sprints (0830-1100)	All students
22 nd January	BSB 200m IM and Free Challenge (0800-1100)	9-10,11-12,13+
11 th – 12 th March	Junior ACAMIS Swim – ISB, Beijing	9-10, 11-12yrs (Selected)
19 th March	BSB 100IM / 25m Medley Challenge (0830-1100)	All students
24 th – 27 th March	Senior ACAMIS Swim SWIS, Shenzhen	13-14,15+ (Selected)
28 th – 30 th March	MiniBears Sprint Week	All MiniBears.
Provisional Dates for Term 3 2022		
16 th April	BSB Invitational Relays (0800-1200)	U11, U13, 14+
22 nd -24 th April	ISB All Stars Meet	7-8,9-10,11-12,13-14,15+ (Selected)
13 th May	BSB Internal Meet (China v Rest of the World)	All students
30 th May – 2 nd June	Last Chance Record Breakers	All Aqua Bears
8 th June	Aqua Bears End of Year Pool Party	All Aqua Bears
9 th June Time TBC	BSB Sports Awards	Invite to all A-Bears

Aqua Bears Primary Swim Team BSBSY 2020 - 2021



Aqua Bears Secondary Swim Team BSBSY 2020 – 2021



ACAMIS Swim Team BSBSY 2021



Sports Award Evening June 2021 - Swimmers of the Year 2021

Mini: Girls – Sophie Fahner; Boys- Yibo Sun

Primary: Girls – Irina Salazar-Hu; Boys- Aiden Li



Secondary: Girls-Emilia Thorp; Boys- James Thorp

