



NIS

A NORD ANGLIA
EDUCATION SCHOOL



NORD
ANGLIA
EDUCATION

Extracurricular Activities

2018 - 2019



Extra Curricular Activities Schedule

2018 - 2019

Year 3 - Year 7

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NIS Teacher Led ECA (Free)	Choir				School Band	11:40 - 12:10
	Football	Drama	Swim Team	Coding	Dutch Culture Club	14:10 - 14:55
	Painting	Construction		Art and Design	Board & Puzzle Games	
	Library	Origami		Library	Wushu	
		Library			Library	
Private Teacher Led ECA (Fee Charged)	Guitar - Beginner	Guitar - Intermediate	Keyboard - Beginner	Keyboard - Intermediate	Drums - Individual Lessons	15:00 - 15:45
	Engineering For Kids	Little Kickers	Gymnastics	Taekwondo	Swimming - Beginner 2	
	Swimming - Beginner 2	Swimming - Intermediate 1		Yoga for Children		
				Swimming - Intermediate 1		
	Swimming - Advanced	Swimming - Intermediate 2		Swimming - Intermediate 2	Swimming - Advanced	

Foundation 2 - Year 2

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NIS Teacher Led ECA (Free)	Choir					11:40 - 12:10
	Football	Messy Play		Painting	Dutch Culture Club	14:10 - 14:55
	Construction	Drama		Active Fun	Board & Puzzle Games	
	Library	Library		Library	Wushu	
					Fun Fitness	
				Library		
Private Teacher Led ECA (Fee Charged)	Engineering for Kids	Little Kickers	Gymnastics	Yoga for Children	Swimming - Beginner 2	15:00 - 15:45
	Swimming - Beginner 2	Swimming - Intermediate 1		Swimming - Intermediate 1		
	Swimming - Advanced	Swimming - Intermediate 2		Swimming - Intermediate 2	Swimming - Advanced	

Nursery - Foundation 1

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NIS Teacher Led ECA (Free)	Library with Parents			Active Fun	Messy Play	12:10 - 12:40
Private Teacher Led ECA (Fee Charged)	Water Confidence 1	Little Kickers	Gymnastics			12:15 - 13:00
	Water Confidence 2					

Year 3 - Year 7

Year 3 - Year 7

NIS Teacher Led ECA
(Free of Charge)

Choir

This club is an introduction to choral singing. Children will learn to sing in a group with different harmonic voices. Progressively children will be introduced to a range of singing techniques with exciting simple songs to practise.



Time	Teacher	Place	Classes
Monday (11:40 – 12:10)	Mr Oscar & Ms Kerry	Music Room	Year 1-7

Football

Open to boys and girls of all levels, this is a chance to develop your football skills. Each week we will practise key skills and game tactics through drills, min-games and full games. Those selected for the school teams will have the chance to compete in friendly and competitive matches with other schools and take part in the Coca-Cola League later in the year.



Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Mr Shaun & Mr Septiana	Sports Hall/ Football Field	Year 3-7

Painting

Every week we will look at a different artist or style of art. Artists studied will include Vincent van Gogh, Claude Monet, Mondrian and Kandinsky. We will look at what elements are important for their work, and then the children will have a go at making their own creations. We will use water paint, acrylic paint, paper and canvas. The results will be wonderful! However, we believe that the process is as important as the product.



Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Ms Esther	Art Room	Year 3-7

Year 3 - Year 7

NIS Teacher Led ECA
(Free of Charge)

Library

Come and lose yourself in a good book in our wonderful new library. You can explore the fiction and non-fiction books, or research on line at our new iMac station. The teacher will introduce you to new authors, teach you library and research skills, help you write book reviews to share with others.

Time	Teacher	Place	Classes
Monday, Tuesday, Thursday, Friday (14:10 – 14:55)	Ms Sushila, Ms Febriana & Ms Kristin	Library	Year 3-7



Drama

In this club we will use drama games, role-play and story-telling to explore and develop drama and skills. Children will work collaboratively, developing communication and performance skills, exploring their creativity, and also gaining in self-confidence. Children will have the opportunity to perform to other children and parents.

Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Ms Kerry	Stage 1	Year 3-7

Construction

Come along and have some building fun. Using wooden blocks, lego, knex and junk modelling materials, you can use your imagination, creativity, problem solving and engineering skills to build all sorts of wonderful structures – and you get to deconstruct (knock them down) too!

Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Ms Sushila	Art Room	Year 3-7



Origami

Come along and learn the amazing Japanese paper folding art form. Paper-folding is a wonderful hobby and group activity. You will be amazed at how you can transform simple squares of paper into three dimensional forms – from simple to complex designs, you will love this fantastic craft club.



Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Ms Febriana & Ms Brenda	Year 3 Classroom	Year 3-7



Swim Team Training (by invitation only)

Children who have been selected for the NIS swim team will have the chance to train and practise their swimming skills (as well as on a Friday morning before school). There will be opportunities to compete in a regular schedule of inter-school swim meets and swimming galas throughout the year.

Time	Teacher	Place	Classes
Wednesday (14:10 – 14:55)	Ms Peppy & Mr Septiana	Swimming Pool	Year 3-7

Coding

The children will have the opportunity to 'code' by creating games using the language of computer programming. We will follow the tuition of interactive software to design our own games. Come and have some coding fun.

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Kristin	Maker Space	Year 3-7



Art and Design

Explore your creativity and design skills. You will have the chance to select and work on different “making” projects using different materials and techniques – model making, decorating plant pots, making desks tidies or room decorations – lots of possibilities, lots of creativity to explore!

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Juliet	Art Room	Year 3-7



School Band

This club is an introduction to playing instruments as a group. Children will learn how to play their favourite instruments in a band. Please note that basic instrument playing skills are required.

Time	Teacher	Place	Classes
Friday (11:40 – 12:10)	Mr Oscar	Music Room	Year 3-7



Dutch Culture Club

Through the stories of ‘Arend van Dam & Alex de Wolf’ (Lang geleden, Overal en ergens, Stad en land) we will be exploring the way of life in the Netherlands and Belgium (now and before). This will happen through a wide range of activities like games, singing and art and will cover topics such as history, biology and geography. Besides the learning part it will be most of all very ‘gezellig’!

Time	Teacher	Place	Classes
Friday (14:10 – 14:55)	Ms Rianna	Dutch Room	Year 3-7



Board and Puzzle Games

Once you get absorbed in a puzzle, it is hard to stop! We will use a variety of different puzzles from the traditional wooden ones to the Chinese tangram styled puzzles. We will also play different board games from around the world such as scrabble, monopoly, chess, checkers, draughts and lots more.



Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Ms Dewi	Year 2 Classroom	Year 3-7



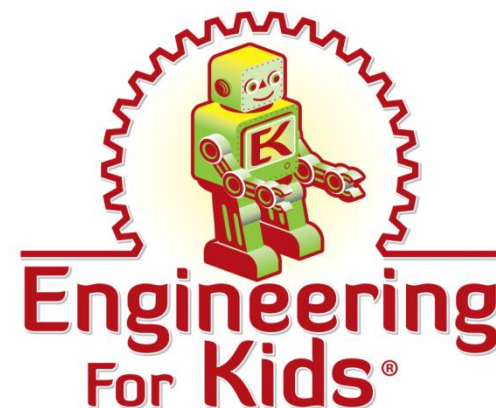
Wushu

Wushu is an ancient Chinese martial art – a kind of Chinese Kungfu. Mr Septiana is a Wushu master and experienced teacher who will introduce children to this martial art – training their bodies and minds, helping them to develop strength, flexibility, balance, perseverance and resilience.

Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Mr Septiana	Sports Hall	Year 3-7

Engineering for Kids

Engineering for Kids® is a pre-engineering programme from USA targeted at kids aged 4 to 14 years old available in over 20 countries worldwide and now it is proud to serve Indonesia. Children learn through A World of Fun Experiments such as learning the Newton's Third Law of Motion through building & constructing a rocket that could fly up to 45 meters to the sky, assembling flashlights, turning bananas into piano tuts, mixing chemicals for colourful fun reactions in a safe environment and much more.



Time	Place	Classes
Monday (14:10 - 14:55)	TBC	Year 3-7



Little Kickers

Little Kickers football programme strives to provide children with an introduction to sport that can be fun and wholesome. Rarely, are there programs for children of this age group that allow the child to play independently, while they learn to work as part of a team, to share, and to sharpen their cognitive ability and gross motor skills.

Time	Place	Classes
Tuesday (14:10 - 14:55)	Sports Hall	Year 3-7

Gymnastics

Gymnastics Jak'05 provides gymnastics classes at NIS based on an Australian gymnastic programme. It seeks to enhance total body strength, flexibility, coordination, balance, self-discipline and self-confidence in a safe environment. Participants will work on some basic gymnastics moves. The content of the class changes each week to ensure variety and fun.

Time	Place	Classes
Wednesday (14:10 - 14:55)	Sports Hall	Year 3-7



Yoga for Children

The impact that yoga has on concentration, behaviour, flexibility, fitness and overall self-esteem of young children is important. In every lesson the main objectives are to contribute to the overall sense of a child's self-worth. This is by improving children's confidence, concentration, coordination, flexibility and fitness. Yoga helps to teach children how to be calm, and how to relax. This can all be achieved in a fun, happy, and safe environment. Come, stretch, flex and relax in our Yoga sessions.



Time	Place	Classes
Thursday (14:10 - 14:55)	TBC	Year 3-7



Guitar - Beginner & Intermediate

Interested in learning how to play the guitar? Mr Oscar will teach you the basic theory and practical skills to get you started playing guitar. Students will be taught in a small group and need to bring their own acoustic guitar. Children need to be willing to practise between lessons to keep up with the class!

Time	Teacher	Place	Classes
Monday - Beg Tuesday - Int (14:10 - 14:55)	Mr Oscar	Music Room	Year 3-7 (Max. 5 children)

Keyboard - Beginner & Intermediate

Interested in learning how to play the keyboard? Mr Oscar will teach you the basic theory and practical skills to get you started playing. Students will be taught in a small group. Keyboards are provided at school but children need to have access to a keyboard/piano at home and be willing to practise between lessons to keep up with the class!

Time	Teacher	Place	Classes
Wednesday - Beg Thursday - Int (14:10 - 14:55)	Mr Oscar	Music Room	Year 3-7 (Max. 5 children)



Drums (individual lessons)

Interested in learning how to play the drums? Mr Oscar will teach you the basic theory and practical skills to get you started playing the drums. Children need to be willing to practise between lessons to keep up with the class!



Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Mr Oscar	Music Room	Year 3-7



Swimming - Beginner 2

The children in this level will swim in the deeper side of the big pool. They will further develop their water survival skills, freestyle and backstroke swim techniques. In this level, the children will be introduced to the breaststroke kick technique.

Time	Teacher	Place	Classes
Monday & Friday (14:10 - 14:55)	Coach Felipe	Swimming Pool	Year 3-7

Swimming - Intermediate 1

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (Freestyle, backstroke, and breaststroke) and practise diving from the start blocks. For this level, the children are expected to be able to swim 100m (2 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday & Thursday (14:10 - 14:55)	Coach Felipe	Swimming Pool	Year 3-7



Swimming - Intermediate 2

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (freestyle, backstroke, and breaststroke) and diving from the start blocks. For this level, the children are expected to be able to swim 150m (3 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday & Thursday (15:00 - 15:45)	Coach Felipe	Swimming Pool	Year 3-7



Swimming - Advanced

The children in this level will swim across the length of the pool. They will develop the three main strokes technique (freestyle, backstroke, and breaststroke), and be able to dive from the start blocks. Children will also be introduced to the butterfly technique. For this level, the children are expected to be able to swim 200m (4 lengths of the pool).

Time	Teacher	Place	Classes
Monday & Friday (15:00 - 15:45)	Coach Felipe	Swimming Pool	Year 3-7

Taekwondo

Taekwondo is an excellent choice for children who are keen on physical activity and want to learn self-protection skills. Classes will be divided into age groups. The team from the MATRA Taekwondo will teach your child(ren) basic taekwondo skills with an emphasis on practical self-defense skills (Hosinsul), sparring (Olympic style kyorugi) and forms (series of movement or Poomsae).

Time	Place	Classes
Thursday (14:10 - 14:55)	Sports Hall	Year 3-7



Foundation 2 - Year 2

Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Choir

This club is an introduction to choral singing. Children will learn to sing in a group with different harmonic voices. Progressively children will be introduced to a range of singing techniques with exciting simple songs to practise. Let us start making beautiful music with our voices. The pure joy of singing.

Time	Teacher	Place	Classes
Monday (11:40 – 12:10)	Mr Oscar	Music Room	Year 1-2



Football

Open to boys and girls of all levels, this is a chance to develop your football skills. Each week we will practise key skills and game tactics through drills, min-games and full games. Those selected for the school teams will have the chance to compete in friendly and competitive matches with other schools and take part in the Coca-Cola League later in the year.

Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Mr Shaun & Mr Septiana	Football Field/ Sports Hall	Year 1-2

Construction

Come along and have some building fun. Using wooden blocks, lego, knex and junk modelling materials, you can use your imagination, creativity, problem solving and engineering skills to build all sorts of wonderful structures – and you get to deconstruct (knock them down too!).

Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Ms Tara	Chameleons Classroom	FS2 – Y2



Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Library

Come and lose yourself in a good book in our wonderful new library. You can explore the fiction and non-fiction books, or research on line at our new iMac station. The teacher will introduce you to new authors, teach you library and research skills, help you write book reviews to share with others.

Time	Teacher	Place	Classes
Monday, Tuesday, Thursday, Friday (14:10 - 14:55)	Ms Sushila Ms Kristin Ms Dewi	Library	FS2 - Y2



Messy Play

Come along and explore your creativity with lots of messy activities. We will use a variety of different materials such as sand, water, chalk, paint, playdough and paste in a free and unrestricted way to explore color, texture, patterns, shapes and just have fun messy fun.

Time	Teacher	Place	Classes
Tuesday (14:10 - 14:55)	Ms Maudy	Komodos' Classroom	FS2 - Y2



Drama

In this club we will use drama games, role-play and story telling to explore and develop drama and skills. Children will work collaboratively, developing communication and performance skills, exploring their creativity while also gaining in self-confidence. Children will have the opportunity to perform to other children and parents.

Time	Teacher	Place	Classes
Tuesday (14:10 - 14:55)	Ms Melissa	Stage 1	FS2 - Y2



Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Fun Fitness

Moving to music, music for fun, music for exercise. Fun Fitness classes help students develop confidence, coordination and social skills whilst they learn to express themselves in a warm and relaxed environment. Our M&M classes will be active, lively and fun. Join us each week for singing, dancing and exercising. Foster your child's natural love of music as they participate in these activities.

Time	Teacher	Place	Classes
Friday (14:10 – 14:55)	Ms Marushka	Stage 1	FS2 – Y2



Painting

Every week we will look at a different artist or style of art. Artists studied will include Vincent van Gogh, Claude Monet, Mondrian and Kandinsky. We will look at what elements are important for their work, and then the children will have a go at making their own creations. We will use water paint, acrylic paint, paper and canvas. The results will be wonderful!

However, we believe that the process is as important as the product.

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Esther	Art Room	FS2 – Y2



Active Fun

Jumping. Running, balancing, climbing, rolling...come along and join the active fun as we play games to keep fit and learn how to use our bodies.

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Dom	Rumble Room/ Playground	FS2 – Y2



Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Dutch Culture Club

Through the stories of 'Arend van Dam & Alex de Wolf' (Lang geleden, Overal en ergens, Stad en land) we will be exploring the way of life in the Netherlands and Belgium (now and before). This will happen through a wide range of activities like games, singing and art and will cover topics such as history, biology and geography. Besides the learning part it will be most of all very 'gezellig'!

Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Ms Rianna	Dutch Room	FS2 - Y2



Board and Puzzle Games

Once you get absorbed in a puzzle, it is hard to stop! We will use a variety of different puzzles from the traditional wooden ones to the Chinese tangram styled puzzles. We will also play different board games from around the world such as scrabble, monopoly, chess, checkers, draughts and lots more.

Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Ms Dewi	Year 2 Classroom	FS2 - Y2

Wushu

Wushu is an ancient Chinese martial art - a kind of Chinese Kungfu. Mr Septiana is a Wushu master and experienced teacher who will introduce children to this martial art - training their bodies and minds, helping them to develop strength, flexibility, balance, perseverance and resilience.

Time	Teacher	Place	Classes
14:10 - 14:55	Mr Septiana	Sports Hallm	Y1 - Y2

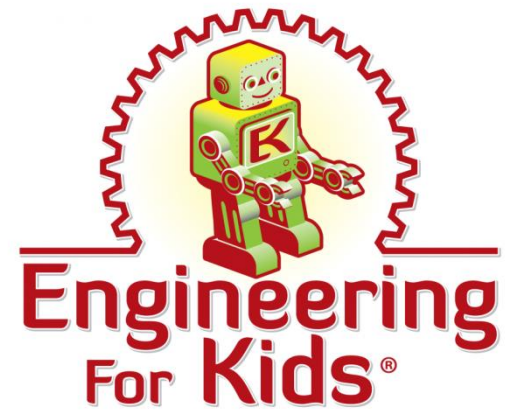


Foundation 2 - Year 2

Private Teacher Led ECA
(Fee Charged)

Engineering for Kids

Engineering for Kids® is a pre-engineering programme from USA targeted at kids aged 4 to 14 years old available in over 20 countries worldwide and now it is proud to serve Indonesia. Children learn through A World of Fun Experiments such as learning the Newton's Third Law of Motion through building & constructing a rocket that could fly up to 45 meters to the sky, assembling flashlights, turning bananas into piano tuts, mixing chemicals for colourful fun reactions in a safe environment and much more.



Time	Place	Classes
Monday (14:10 - 14:55)	TBC	F2 - Y2



Little Kickers

Little Kickers football programme strives to provide young children an early introduction to sport that can be fun and wholesome. Rarely, are there programs for children of this age group that allow the child to play independently, while they learn to work as part of a team, to share, and to sharpen their cognitive ability and gross motor skills.

Time	Place	Classes
Tuesday (14:10 - 14:55)	Sports Hall	F2 - Y2

Gymnastics

Gymnastics Jak'05 provides gymnastics classes at NIS based on an Australian gymnastic programme. It seeks to enhance total body strength, flexibility, coordination, balance, self-discipline and self-confidence in a safe environment. Participants will work on some basic gymnastics moves including forward and backward rolls. The content of the class changes each week to ensure variety and fun.

Time	Place	Classes
Wednesday (14:10 - 14:55)	Sports Hall	F2 - Y2



Foundation 2 - Year 2

Private Teacher Led ECA
(Fee Charged)

Yoga for Children

The impact that yoga has on concentration, behaviour, flexibility, fitness and overall self-esteem of young children is important. In every lesson the main objectives are to contribute to the overall sense of a child's self-worth. This is by improving children's confidence, concentration, coordination, flexibility and fitness. Yoga helps to teach children how to be calm, and how to relax. This can all be achieved in a fun, happy, and safe environment. Come, stretch, flex and relax in our Yoga sessions.



Time	Place	Classes
Thursday (14:10 - 14:55)	TBC	F2 - Y2



Swimming - Beginner 2

The children in this level will swim in the deeper side of the big pool. They will further develop their water survival skills, freestyle and backstroke swim techniques. In this level, the children will be introduced to the breaststroke kick technique.

Time	Teacher	Place	Classes
Monday & Friday (14:10 - 14:55)	Coach Felipe	Swimming Pool	F2 - Y2

Swimming - Intermediate 1

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (Freestyle, backstroke, and breaststroke) and practise diving from the start blocks. For this level, the children are expected to be able to swim 100m (2 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday & Thursday (14:10 - 14:55)	Coach Felipe	Swimming Pool	F2 - Y2



Foundation 2 - Year 2

Private Teacher Led ECA
(Fee Charged)

Swimming - Intermediate 2

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (freestyle, backstroke, and breaststroke) and diving from the start blocks. For this level, the children are expected to be able to swim 150m (3 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday & Thursday (15:00 – 15:45)	Coach Felipe	Swimming Pool	F2 – Y2



Swimming - Advance

The children in this level will swim across the length of the pool. They will develop the three main strokes technique (freestyle, backstroke, and breaststroke), and be able to dive from the start blocks. Children will also be introduced to the butterfly technique. For this level, the children are expected to be able to swim 200m (4 lengths of the pool).

Time	Teacher	Place	Classes
Monday & Friday (15:00 – 15:45)	Coach Felipe	Swimming Pool	F2 – Y2

Nursery - Foundation 1

Nursery - Foundation 1

NIS Teacher Led ECA
(Free of Charge)

Library with Parents

Parents are invited to spend some time with their child in the Library. This is a great chance to explore books together – reading stories, looking at pictures and developing an early love of reading. Parents/guardians must stay with their child at all times.

Time	Place	Classes
Monday (12:10 – 12:40)	Library	Nursery – Foundation 1



Active Fun

Jumping, running, balancing, climbing, rolling...come along and join the active fun as we play games to keep fit and learn how to use our bodies.

Time	Teacher	Place	Classes
Thursday (12:10 – 12:40)	Ms Maudy	Rumble Room	Nursery – Foundation 1



Messy Play

Messy play gives children the opportunity to explore objects and materials such as sand, water, chalk, paint, playdough and paste in a free and unrestricted way. The children can use the basic materials without being constrained by the one right way to use them. The sensory experience enables them to understand how things feel, smell and sound and it supports their physical development. Messy play fosters your child's curiosity, imagination and experimentation; it also helps to develop concentration skills

Time	Teacher	Place	Classes
Friday (12:10 – 12:40)	Ms Alin	Pandas' Class (Ms Alin)	Nursery – Foundation 1



Nursery - Foundation 1

Private Teacher Led ECA
(Fee Charged)

Water Confidence 1 & 2

Children are allocated into their groups following the results of their assessment. The coach has the final decision of the child's group level. The levels are Water Confidence 1 and Water Confidence 2.

Time	Place	Classes
Monday WC 1 - (12:10 – 12:40) WC 2 - (12:40 – 13:10)	Swimming Pool	Nursery – Foundation 1



Little Kickers

Little Kickers football program strives to provide young children an early introduction to sport that can be fun and wholesome. Rarely, are there programs for children of this age group that allows the child to play independently, while they learn to work as part of a team, to share, and to sharpen their cognitive ability and gross motor skills. All this in the name of good fun!

Time	Place	Classes
Tuesday (12:15 – 13:00)	Sports Hall	Nursery – Foundation 1



Gymnastics

Gymnastics Jak'05 provides gymnastics classes at NIS based on an Australian gymnastic program. It seeks to enhance total body strength, flexibility, coordination, balance, self-discipline and self-confidence in a safe environment. Participants will work on some basic gymnastics moves including forward and backward rolls. The content of the class changes each week to ensure variety and fun.

Time	Place	Classes
Wednesday (12:15 – 13:00)	Sports Hall	Nursery – Foundation 1



ECA Swimming Programme 2018-2019

We will now be adopting an International Swimming Programme for our ECA swim sessions. Sessions are organized into different progressive levels from Water Confidence Beginner through to Advanced. Descriptions of each level are included in the ECA programme and the skills development table below.

Please note that for students previously enrolled in the ECA Swimming Programme, we are no longer adopting the Dutch Swim Programme. There is a reclassification of levels to align with the criteria and focus for the new International Programme. The International Programme introduces a wider range of strokes alongside survival skills – so children are not going ‘back’ but will be adding new strokes to their skill set. Teaching within sessions will be differentiated according to student needs and abilities.

Progress and stroke development will be monitored and assessed at regular intervals. Each child will have a personalized swim progress log and certificates will be issued at the end of each term or when children have met key milestones.

Dutch Exams – Students who wish to be externally assessed by the Dutch Swim Examiner, to attain the Dutch Swimming Certification, will be able to do so at fixed points in December and June.

Swim Team Training – Students selected for the NIS swim squad will train several times a week and have the opportunity to take part in inter-school competitions and swimming galas. NIS swim coaches will explain expectations with the selected students prior to the start of the training programme. Students may be invited to join the swim squad during the course of the year.

Water Confidence 1	Water Confidence 2	Beginner 1	Beginner 2	Intermediate 1	Intermediate 2	Advanced
Small Pool	Small Pool / Big Pool	Water survival	survival	Water survival	Water survival	Water survival
Parents support	Parents support	Free Style	Free Style	Free Style	Free Style	Free Style
Water Games	Water Games	Backstroke	Backstroke	Backstroke	Backstroke	Backstroke
	Small Pool/ Big Pool	Swim 1 width	Breaststroke Kick	Breaststroke	Breaststroke	Breaststroke
		Shallow water	Swim 2 width	Swim 2 lengths	Swim 3 lengths	Butterfly
			Deep water	Deep water	Deep water	Swim 4 lengths
				Dive	Dive	Deep water
						Dive

ECA 2018-2019

Price List

Day	Activity	Lessons	Price	
			Per Block	(Per lessons)
Monday	Music Groups - Guitar Beginner	13	IDR 1,300,000	IDR 100,000
	Engineering for Kids	13	IDR 1,950,000	IDR 150,000
	Swimming Beginner 1/2	13	IDR 1,820,000	IDR 140,000
	Swimming Advanced	13	IDR 1,820,000	IDR 140,000
	Water Confidence 1	13	IDR 1,820,000	IDR 140,000
	Water Confidence 2	13	IDR 1,820,000	IDR 140,000
Tuesday	Music Groups - Guitar Intermediate	11	IDR 1,100,000	IDR 100,000
	*Holiday Little Kickers	11	IDR 1,760,000	IDR 160,000
	11-Sep Swimming Intermediate 1	11	IDR 1,540,000	IDR 140,000
	20-Nov Swimming Intermediate 2	11	IDR 1,540,000	IDR 140,000
Wednesday	Music Groups - Keyboard Beginner	13	IDR 1,300,000	IDR 100,000
	Gymnastics	13	IDR 1,755,000	IDR 135,000
Thursday	Music Groups - Keyboard Intermediate	13	IDR 1,300,000	IDR 100,000
	Taekwondo	13	IDR 1,755,000	IDR 135,000
	Yoga for Children	13	IDR 2,080,000	IDR 160,000
	Swimming Intermediate 1	13	IDR 1,820,000	IDR 140,000
	Swimming Intermediate 2	13	IDR 1,820,000	IDR 140,000
Friday	Music Private - Drums	13	IDR 1,820,000	IDR 140,000
	Swimming Beginner 1/2	13	IDR 1,820,000	IDR 140,000
	Swimming Advance	13	IDR 1,820,000	IDR 140,000

All fees must be paid prior to the start of the activity.
Fees must be paid in total for the Term 1 Block of Lessons.

