



13 December 2019

Grade 10- Grade 11
Learning Enrichment Activity Program (LEAP)
- Registration Form

Dear Parents

Attached to this letter is an outline of the Semester 2 activities being offered **to you** and **your child** as part of our Learning Enrichment Activities Program (LEAP). LEAP is an after-school program that provides quality co-curricular activities in **Arts, Sports, Technology, Languages, Academic Learning** and **Service** to our **Primary** and **Secondary students, parents** and **other adults** from 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary). The purpose of LEAP is to enrich the lives of our students, parents and other adults with activities that broaden the child's educational experience, compliment their daily schooling and provide a healthy and active experience for parents and other adults. The aim of the program is to develop further interests and build foundations for learning through after-school activities that operate on a semester basis.

LEAP (Semester 2) will begin on 20 January 2020 and finish on 5 June 2020.

Sessions are **3:10 - 4:00 pm** for Primary and **3:40 - 4:30 pm** for Secondary (**unless stated otherwise**).

Objectives:

1. To complement students, parents and other adults' daily schooling
2. To expand and enrich student interests
3. To provide teacher and student mentorship
4. To create foundational skills for students
5. To build alternative learning communities
6. To develop creativity
7. To have fun

NEXT STEPS

1. *Please read over the activities being offered to you and your child's particular grade.*
2. *Discuss this with your child and make a plan for the week.*
3. **Complete the signup form.**
4. **Take your form and payment to the Finance Office. This constitutes your booking.**
5. Please note:
 - a. There is a minimum of 5 students per activity (unless specified).
 - b. There is a maximum number of students per activity to ensure quality and proper student and teacher/coach ratio (this may differ per activity).
 - c. The registration is **NOT** a guarantee that the student will participate in the chosen LEAP activity, nor that the activity will run. The LEAP Coordinator holds the right to cancel the activity if the registration is below the minimum number of students. If the LEAP activity is



oversubscribed, the LEAP Coordinator will, if possible offer a second class or provide an additional teacher/coach.

- d. Students **must** be **picked up promptly** after their LEAP classes. Students who are **NOT regularly** picked up may be removed from their LEAP classes.
- e. In case of emergency, illness, or injury to a child, the parent or guardian will be notified immediately. If the parents/guardians cannot be reached immediately, the emergency numbers on the registration form will be called.
- f. All students are expected to adhere to the school values and guidelines at all times and follow our behaviour expectations. Any consistent behavioural problems may lead to the child being removed from their LEAP classes.
- g. Bus riders need to go straight to the bus service as soon as the LEAP class is finished. This is **strictly only** for those who are already on the bus plan after school.

If you have any questions, please ask Ms Somnang at the Hub Reception or contact Ms Hannah at hannah.gaffney@nisc.edu.kh

Key information:

- **Registration:** Opens 7 - 17 January 2020
- **Location of registration:** Finance Office
- **LEAP Coordinator:** Ms Hannah
- **Start date:** 20 January 2020
- **End date:** 5 June 2020 (*may vary depending on the day of the particular activity*)
- **Time:** 3:10 - 4:00 pm (Primary) and 3:40 - 4:30 pm (Secondary)
- **Cost of each activity:** varies depending on the particular activity -- see list



Please complete the following information:

Student Name:	Grade:
Bus rider: Please encircle which applies	YES NO
Parent Name:	
Parent email:	Tel:
Name of activity : (Mon)	Cost : \$
Name of activity : (Tues)	Cost : \$
Name of activity : (Wed)	Cost : \$
Name of activity : (Thurs)	Cost : \$
Name of activity : (Fri)	Cost : \$
Total costs:	
Parent Signature:	



Grade 10- Grade 11

Activities available:

	Monday	Tuesday	Wednesday	Thursday	Friday
Category					
ARTS	Comedy Improvisation Scripts in Drama Ballet Basics	Devising and Physical Theatre		Dance Club School Band	
SPORTS	Frisbee Club		Yoga		Mixed Touch
TECHNOLOGY					
ACADEMIC	Debate Team				Basic First Aid- Level 1
LANGUAGES				Chinese Language	
PARENTS AND FAMILIES		Little Nagas		Little Nagas General English for Parents	Zumba



ACTIVITY DESCRIPTION

Comedy Improvisation

Students will learn the key principles of short form Improv like spontaneity, listening, commitment, confidence, character, games, story and most of all playing and having fun with improvisation. No scripts needed! Throughout the year students will be encouraged to create and perform on the spot comedy and drama through collaboration and audience participation.

(15 weeks)

Teacher: Ms. Kirsty	Day: Monday	Venue: Secondary Multi Purpose Room	No. of Students: Min. 5 Max. 10	Cost: \$172.5
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Scripts in Drama

Using a variety of script extracts, students will have the opportunity to explore different genres, characters, plot lines and styles of theatre.

(15 weeks)

Teacher: Mrs. Phillipa	Day: Monday	Venue: Drama Studio	No. of Students: Min. 5 Max. 15	Cost: FREE
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Ballet Basics

Ballet basics for developing strength, coordination and flexibility.

(15 weeks)

Teacher: Mr. Alan	Day: Monday	Venue: Dance Studio	No. of Students: Min. 5 Max 20	Cost: \$42
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Frisbee Club with Mr. Will

We will be meeting weekly after school for a leisurely frisbee toss. Students will learn a variety of frisbee throwing techniques over the course of the term. However, the main idea of the club is being outside, breathing in the fresh air and having fun tossing the disc around! Hope to see you there!

(15 weeks)

Teacher: Mr. Will	Day: Monday	Venue: Field behind Secondary	No. of Students: Min. 5 Max 10	Cost: FREE
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Debate Club Senior

This club is for training in debating, a key academic skill which can also be applied to home and public situations. The club focuses on; effective preparation and research strategies, selecting and dividing points to between group members, supporting speaking points with evidence and facts, rebuttal tactics and much more... We plan to enter all participants into next years' Scholars Cup



competition, where you'll be able to compete against schools across the country and maybe even the globe if successful.

There will also be opportunities to Train the primary debate team, which will also count for earning CAS contributions.

(15 weeks)

Teacher: Mr. Sam	Day: Monday	Venue: 2204	No. of Students: Min. 5 Max 30	Cost: FREE
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Devising and Physical Theatre

Using Drama games, physical theatre techniques and improvisation, students will learn a range of skills, leading to a short devised performance for a small invited audience.

(17 weeks)

Teacher: Mrs. Phillipa	Day: Tuesday	Venue: Drama Studio	No. of Students: Min. 5 Max. 15	Cost: \$60
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Little Nagas Playgroup

Little Nagas is a friendly place to meet other parents with young children. We provide an informal play environment that enables your child to have opportunities to interact with other children and flourish within our creative school setting. Sand and water play, painting, large play apparatus, story time and music sessions are just some of the fun activities on offer.

Tuesday 21 January 2020- Tuesday 2 June 2020

Requirements- Parents, guardians or nannies must attend and children must be signed up for Tuesday and Thursday.

Teacher: Ms. Kiri	Day: Tuesday, 8am-9.30am	Venue: Early Learning	No. of Students: Max 12	Cost: \$765
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Yoga

Teaching yoga to kids is a uniquely wonderful way to guide them into a healthy lifestyle. From a young age, they should be taught how to calm the mind and become more emotionally stable. Kids go through a lot of physical exertion; yoga helps them calm down and yet builds their strength. They love learning through fun and not through routine patterns, so yoga poses need to be specifically portrayed for kids to enjoy them. Yoga also increases their flexibility and reduces anxiety and stress among kids.

(17 weeks)

Teacher: Art of Living	Day: Wednesday	Venue: Secondary Cafeteria	No. of Students: Min. 5 Max. 15	Cost: \$200
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Secondary Dance Club

Open to secondary pupils only, we will work with a variety of genres including hip hop and basic ballet, there will be an emphasis on creating solos and group dances for performances.

(17 weeks)

Teacher: Mr. Alan	Day: Thursday	Venue: Dance Studio	No. of Students: Min. 5 Max 20	Cost: \$60
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School Band

An opportunity for students who play an instrument to get together and make music! New members are always welcome. This activity is particularly aimed at students who play wind, brass and percussion instruments and is also suitable for guitar, bass and piano players who are looking for more opportunities to perform.

Open to Grades 6 - 12.

(17 weeks)

Teacher: Mr. Adam	Day: Thursday	Venue: 3312	No. of Students: Max. 5	Cost: FREE
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Chinese Language

The secondary Beginners' Club is a supplementary after-school learning Program designed to further improve student's proficiency in Chinese language as well as introduce them to a diverse range of Chinese cultures, philosophies and traditions.

The club will operate every Thursday from 3:30-4:30 and is opened to all secondary students at NISC.

(17 weeks)

Teacher: Ms. Coco	Day: Thursday	Venue: 3204	No. of Students: Min. 5 Max 15	Cost: \$60
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Thursday 23 January 2020- Thursday 4 June 2020

Requirements- Parents, guardians or nannies must attend and children must be signed up for Tuesday and Thursday.

Teacher: Ms. Kiri	Day: Thursday, 8am-9.30am	Venue: Early Learning	No. of Students: Max 12	Cost: \$765
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General English for Parents

This club is for parents to develop their general English skills, no matter how basic or advanced parents are when joining, there is something for everyone at these classes. Most people think their English is too weak to join and are afraid of embarrassment or slowing others down, but if you have managed to read and understand this descriptor (translating some words, but not all), then your English is above average.

(17 weeks)

Teacher: Mr Sam	Day: Thursday	Venue: Room 2204	No. of Students: Min. 5 Max 12	Cost: \$60
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Mixed Touch- All Secondary

KAMPUCHEA BALOPP (KB) has been providing sports access to NGO's, organisations and international schools for over 6 years in Cambodia. KB uses sport as a tool of social inclusion and education for children. Through sport, children are able to build self-confidence, develop physical well-being, and are able to develop important human qualities that sport promotes. For Northbridge's LEAP component, KB provides a structured program for TOUCH, a fast-growing sport in Asia that is easy to pick up and allows girls and boys to play together due to its non-contact nature. A fast, fun and agile game, TOUCH is a great team sport and will provide many health benefits and important sporting synergy to the students under the program.

Requirements- Students need to wear sports clothes and trainers, and have water. Sunscreen and a hat (sports cap) are recommended.

(15 weeks)

Teacher: Kampuchea Baloop	Day: Friday	Venue: NISC Field	No. of Students: Min. 5 Max. 15	Cost: \$105
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Basic First Aid (Level 1)

Learning basic first aid techniques can help you cope with an emergency. The course will emphasise practical skills in a fun and interactive learning environment.

(15 weeks)

Teacher: Nurse Cherry	Day: Friday	Venue: School Clinic	No. of Students: Min. 5 Max 10	Cost: \$42
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Zumba for Parents and other Adults

An aerobic fitness dance party mixed with low-intensity and high-intensity moves for interval-style training. This program features movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. Crush calories to the rhythm with this super effective and fun workout in disguise.



Requirements: Comfortable active dance clothes.

(15 weeks)



Teacher: Advanced Learning Academy	Day: Friday 8:00-9:00	Venue: TBC	No. of Students: Min. <u>5</u>	Cost: \$8 per session
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LEAP Programme Calendar Semester 2

January					Week 18					Week 19					Week 20					Week 21					
					6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	31	
Feb	Week 22					Week 23					No School					Week 24									
	3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28					
March	Week 25					Week 26					Week 27					Week 28					Week 29				
	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30	31			
April	Week 29 con...					No School					No School					Week 30					Week 31				
			1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	
May	Week 31 con...					Week 32					Week 33					Week 34					Week 35				
					1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29
June	Week 36																								
	1	2	3	4	5																				

Gray - No School

PD Day (no students)- January 6

School Holiday- February 17-21

3 Way Conferences- March 16

Half day- April 3

Khmer New Year- April 6-17

PD Day (no students)- April 20

King's Birthday- May 15