



WEEKLY PARENT INFORMATION NEWSLETTER – NURSERY 13 April 2015

MESSAGES

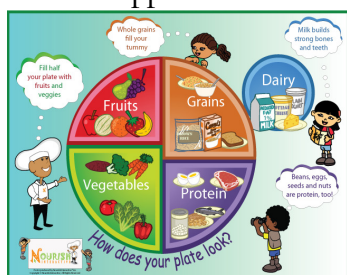
- If you have any extra vegetables plants at home to share, please could we ask you to send one in with your child for a planting activity this week? Carrots, celery, onions, chives and bok choy work well. We will be looking at replanting these vegetables and watching them grow. Thank you!

Learning Theme – Growth

Spring has definitely arrived! The children have been busy planting sunflower seeds, learning about the needs of a plant in order to grow, practising how to care for them properly and taste testing. This week we will be turning the focus onto ourselves. We will be asking and answering questions such as: What do we need to grow up



healthy and strong? Why are healthy food choices and exercise important for our bodies? What happens to our bodies after exercise? The children will practise planning and



creating their own balanced meals from the 5 food groups and using proper nutrition vocabulary such as grains and proteins. The Nursery teachers will transform into Nursery students for some interactive role play fun to reinforce proper eating etiquette. Some of us making healthy food choices and using proper manners in the canteen and others who need helpful and encouraging tips from the children!

Key Vocabulary: nutrition, grains, calcium, dairy, protein

Understanding the World: From farm to our fork

We will help the children understand where food comes from in order to help them appreciate fresh healthy foods. The students will become farmers themselves, talking about what tools and activities are done on a farm to raise food and animals. They will



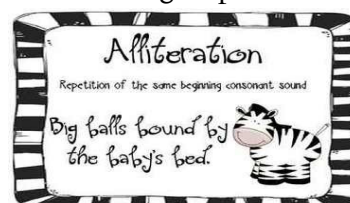
replant vegetables looking closely at what happens to them. What similarities are there between growing sunflower seeds and vegetables? Do they need soil, water and sun? Do they have roots and a stem? What differences are there? When their vegetables are ready, our farmers will deliver and sell their produce at our very own role play Farmer's market, and enjoy their healthy food choices at the role play picnic table!

Key Vocabulary: plant, harvest, produce, market, picnic



Phonics

Our phonics sessions will continue to be differentiated in small groups. We will be involved in various engaging activities encouraging the children to join in alliteration tongue twisters, play with instruments indoors/outdoors and use sound toys to listen for the initial sound in a word.



Mandarin

We are going to talk about vegetables this week. We will do some activities related to the theme.

Craft Making : Draw and decorate a carrot, Tomato paper craft

Story: *Vegetable Kingdom*

Song : *Pull the Turnip* (ba luo bo) 拔萝卜 *Vegetable Song* (shu cai ge) 蔬菜歌

Key words: potato(tu dou) 土豆 tomato (xi hong shi) 西红柿 cucumber(huang gua) 黄瓜 carrot(hu ruo bo) 胡萝卜 broccoli(xi lan hua) 西兰花 pumpkin(nan gua) 南瓜

Many thanks for your continued support,

The Nursery Team