



NIS

A NORD ANGLIA
EDUCATION SCHOOL



NORD
ANGLIA
EDUCATION

Extracurricular Activities

2018 - 2019



Extra Curricular Activities Schedule

2018 - 2019

Year 3 – Year 7

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NIS Teacher Led ECA (Free)	Choir				School Band	11:40 - 12:10
	Football	Drama	Swim Team	Coding	Dutch Culture Club	14:10 - 14:55
	Painting	Construction		Art and Design	Board & Puzzle Games	
	Library	Origami		Library	Wushu	
		Skipping			Library	
		Library				
Private Teacher Led ECA (Fee Charged)	Guitar - Beginner	Guitar - Intermediate	Keyboard - Beginner	Keyboard - Intermediate	Drums - Individual Lessons	15:00 - 15:45
	Engineering For Kids	Swimming – Level 5	Gymnastics	Taekwondo	Swimming – Level 4	
	Swimming – Level 4	Swimming – Level 6		Yoga for Children		
				Swimming – Level 5		
	Swimming – Level 7			Swimming – Level 6 & 7	Swimming – Level 5 & 6	

Foundation 2 – Year 2

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NIS Teacher Led ECA (Free)	Choir					11:40 - 12:10
	Football (Y1 & 2)	Messy Play		Painting (Y1 & 2)	Dutch Culture Club	14:10 - 14:55
	Construction	Drama (Y1 & 2)		Active Fun	Board & Puzzle Games	
	Library	Skipping (Y2)		Library	Wushu (Y2)	
		Library			Fun Fitness	
					Library	
Private Teacher Led ECA (Fee Charged)	Engineering For Kids	Little Kickers	Gymnastics	Yoga for Children	Swimming – Level 3 & 4	15:00 - 15:45
	Swimming – Level 2, 3 & 4	Swimming – Level 5 & 6		Swimming – Level 5		
				Swimming – Level 6	Swimming – Level 5 & 6	

Nursery – Foundation 1

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NIS Teacher Led ECA (Free)	Library with Parents			Active Fun	Messy Play	12:10 - 12:40
Private Teacher Led ECA (Fee Charged)	Swimming – Level 1 (12:10-12:40)	Little Kickers	Gymnastics			12:15 – 13:00
	Swimming – Level 2 (12:40-13:10)					
	Swimming – Level 3 (13:10-13:40)					
	Swimming – Level 4 (13:40-14:10)					

Year 3 - Year 7

Year 3 - Year 7

NIS Teacher Led ECA
(Free of Charge)

Choir

This club is an introduction to choral singing. Children will learn to sing in a group with different harmonic voices. Progressively children will be introduced to a range of singing techniques with exciting simple songs to practise.



Time	Teacher	Place	Classes
Monday (11:40 – 12:10)	Mr Oscar	Music Room	Year 1-7

Football

Open to boys and girls of all levels, this is a chance to develop your football skills. Each week we will practise key skills and game tactics through drills, min-games and full games. Those selected for the school teams will have the chance to compete in friendly and competitive matches with other schools and take part in the Coca-Cola League later in the year.



Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Mr Shaun & Mr Septiana	Sports Hall/ Football Field	Year 3-7

Painting

Every week we will look at a different artist or style of art. Artists studied will include Vincent van Gogh, Claude Monet, Mondrian and Kandinsky. We will look at what elements are important for their work, and then the children will have a go at making their own creations. We will use water paint, acrylic paint, paper and canvas. The results will be wonderful! However, we believe that the process is as important as the product.



Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Ms Esther	Art Room	Year 3-7

Year 3 - Year 7

NIS Teacher Led ECA
(Free of Charge)

Library

Come and lose yourself in a good book in our wonderful new library. You can explore the fiction and non-fiction books, or research on line at our new iMac station. The teacher will introduce you to new authors, teach you library and research skills, help you write book reviews to share with others.

Time	Teacher	Place	Classes
Monday, Tuesday, Thursday, Friday (14:10 – 14:55)	Ms Sushila, Ms Febriana & Ms Kristin	Library	Year 3-7



Drama

In this club we will use drama games, role-play and story-telling to explore and develop drama and skills. Children will work collaboratively, developing communication and performance skills, exploring their creativity, and also gaining in self-confidence. Children will have the opportunity to perform to other children and parents.

Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Ms Kerry	Stage 1	Year 3-7

Construction

Come along and have some building fun. Using wooden blocks, lego, knex and junk modelling materials, you can use your imagination, creativity, problem solving and engineering skills to build all sorts of wonderful structures – and you get to deconstruct (knock them down) too!

Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Ms Sushila	Art Room	Year 3-7



Origami

Come along and learn the amazing Japanese paper folding art form. Paper-folding is a wonderful hobby and group activity. You will be amazed at how you can transform simple squares of paper into three dimensional forms – from simple to complex designs, you will love this fantastic craft club.



Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Ms Febriana & Ms Brenda	Year 3 Classroom	Year 3-7



Swim Team Training (by invitation only)

Children who have been selected for the NIS swim team will have the chance to train and practise their swimming skills (as well as on a Friday morning before school). There will be opportunities to compete in a regular schedule of inter-school swim meets and swimming galas throughout the year.

Time	Teacher	Place	Classes
Wednesday (14:10 – 14:55)	Ms Peppy & Mr Septiana	Swimming Pool	Year 3-7

Coding

The children will have the opportunity to 'code' by creating games using the language of computer programming. We will follow the tuition of interactive software to design our own games. Come and have some coding fun.

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Kristin	Maker Space	Year 3-7



Art and Design

Explore your creativity and design skills. You will have the chance to select and work on different “making” projects using different materials and techniques – model making, decorating plant pots, making desks tidies or room decorations – lots of possibilities, lots of creativity to explore!

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Juliet	Art Room	Year 3-7



School Band

This club is an introduction to playing instruments as a group. Children will learn how to play their favourite instruments in a band. Please note that basic instrument playing skills are required.

Time	Teacher	Place	Classes
Friday (11:40 – 12:10)	Mr Oscar	Music Room	Year 3-7



Dutch Culture Club

Through the stories of ‘Arend van Dam & Alex de Wolf’ (Lang geleden, Overal en ergens, Stad en land) we will be exploring the way of life in the Netherlands and Belgium (now and before). This will happen through a wide range of activities like games, singing and art and will cover topics such as history, biology and geography. Besides the learning part it will be most of all very ‘gezellig’!

Time	Teacher	Place	Classes
Friday (14:10 – 14:55)	Ms Rianna	Dutch Room	Year 3-7



Board and Puzzle Games

Once you get absorbed in a puzzle, it is hard to stop! We will use a variety of different puzzles from the traditional wooden ones to the Chinese tangram styled puzzles. We will also play different board games from around the world such as scrabble, monopoly, chess, checkers, draughts and lots more.



Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Ms Dewi	Year 2 Classroom	Year 3-7



Wushu

Wushu is an ancient Chinese martial art – a kind of Chinese Kungfu. Mr Septiana is a Wushu master and experienced teacher who will introduce children to this martial art – training their bodies and minds, helping them to develop strength, flexibility, balance, perseverance and resilience.

Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Mr Septiana	Sports Hall	Year 3-7

Skipping

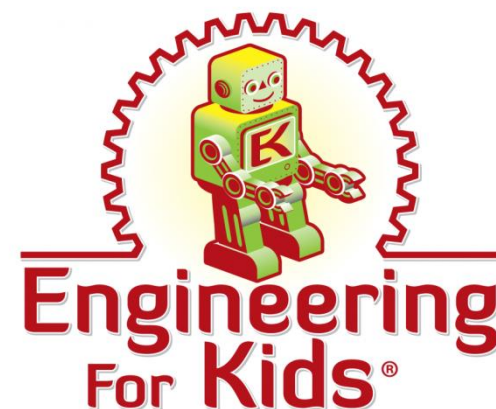
Everyone loves to jump rope! It's a great way for developing hearts, creating healthy bones, improving muscle fitness and it requires brain training as well. Each week the children will learn individual skipping techniques and traditional games.

Time	Teacher	Place	Classes
Tuesday (14:10 - 14:55)	Ms Melissa	Basketball Court	Year 2-7



Engineering for Kids

Engineering for Kids® is a pre-engineering programme from USA targeted at kids aged 4 to 14 years old available in over 20 countries worldwide and now it is proud to serve Indonesia. Children learn through A World of Fun Experiments such as learning the Newton's Third Law of Motion through building & constructing a rocket that could fly up to 45 meters to the sky, assembling flashlights, turning bananas into piano tuts, mixing chemicals for colourful fun reactions in a safe environment and much more.



Time	Place	Classes
Monday (14:10 - 14:55)	Maker Space	Year 3-7

Gymnastics

Gymnastics Jak'05 provides gymnastics classes at NIS based on an Australian gymnastic programme. It seeks to enhance total body strength, flexibility, coordination, balance, self-discipline and self-confidence in a safe environment. Participants will work on some basic gymnastics moves. The content of the class changes each week to ensure variety and fun.



Time	Place	Classes
Wednesday (14:10 - 14:55)	Sports Hall	Year 3-7

Taekwondo

Taekwondo is an excellent choice for children who are keen on physical activity and want to learn self-protection skills. Classes will be divided into age groups. The team from the MATRA Taekwondo will teach your child(ren) basic taekwondo skills with an emphasis on practical self-defense skills (Hosinsul), sparring (Olympic style kyorugi) and forms (series of movement or Poomsae).

Time	Place	Classes
Thursday (14:10 - 14:55)	Sports Hall	Year 3-7



Yoga for Children

The impact that yoga has on concentration, behaviour, flexibility, fitness and overall self-esteem of young children is important. In every lesson the main objectives are to contribute to the overall sense of a child's self-worth. This is by improving children's confidence, concentration, coordination, flexibility and fitness. Yoga helps to teach children how to be calm, and how to relax. This can all be achieved in a fun, happy, and safe environment. Come, stretch, flex and relax in our Yoga sessions.



Time	Place	Classes
Thursday (14:10 - 14:55)	Stage 1	Year 3-7



Guitar - Beginner & Intermediate

Interested in learning how to play the guitar? Mr Oscar will teach you the basic theory and practical skills to get you started playing guitar. Students will be taught in a small group and need to bring their own acoustic guitar. Children need to be willing to practise between lessons to keep up with the class!

Time	Teacher	Place	Classes
Monday - Beg Tuesday - Int (14:10 - 14:55)	Mr Oscar	Music Room	Year 3-7 (Max. 5 children)

Keyboard - Beginner & Intermediate

Interested in learning how to play the keyboard? Mr Oscar will teach you the basic theory and practical skills to get you started playing. Students will be taught in a small group. Keyboards are provided at school but children need to have access to a keyboard/piano at home and be willing to practise between lessons to keep up with the class!

Time	Teacher	Place	Classes
Wednesday - Beg Thursday - Int (14:10 - 14:55)	Mr Oscar	Music Room	Year 3-7 (Max. 5 children)



Drums (individual lessons)

Interested in learning how to play the drums? Mr Oscar will teach you the basic theory and practical skills to get you started playing the drums. Children need to be willing to practise between lessons to keep up with the class!



Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Mr Oscar	Music Room	Year 3-7



Swimming - Level 4: Barracudas

The children in this level will swim in the deeper side of the big pool. They will further develop their water survival skills, freestyle and backstroke swim techniques. In this level, the children will be introduced to the breaststroke kick technique.

Time	Teacher	Place	Classes
Monday & Friday (14:10 - 14:55)	Coach Felipe	Swimming Pool	Year 3-7

Swimming - Level 5: Manta Rays

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (Freestyle, backstroke, and breaststroke) and practise diving from the start blocks. For this level, the children are expected to be able to swim 100m (2 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday & Thursday (14:10 - 14:55) Friday (15:00 - 15:45)	Coach Felipe	Swimming Pool	Year 3-7



Swimming - Level 6: Dolphins

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (freestyle, backstroke, and breaststroke) and diving from the start blocks. For this level, the children are expected to be able to swim 150m (3 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday (14:10 - 14:55) Thursday & Friday (15:00 - 15:45)	Coach Felipe	Swimming Pool	Year 3-7



Swimming - Level 7: Sharks

The children in this level will swim across the length of the pool. They will develop the three main strokes technique (freestyle, backstroke, and breaststroke), and be able to dive from the start blocks. Children will also be introduced to the butterfly technique. For this level, the children are expected to be able to swim 200m (4 lengths of the pool).

Time	Teacher	Place	Classes
Monday & Thursday (15:00 - 15:45)	Coach Felipe	Swimming Pool	Year 3-7

Foundation 2 - Year 2

Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Choir

This club is an introduction to choral singing. Children will learn to sing in a group with different harmonic voices. Progressively children will be introduced to a range of singing techniques with exciting simple songs to practise. Let us start making beautiful music with our voices. The pure joy of singing.

Time	Teacher	Place	Classes
Monday (11:40 – 12:10)	Mr Oscar	Music Room	Year 1-2 (not open to F2)



Football

Open to boys and girls of all levels, this is a chance to develop your football skills. Each week we will practise key skills and game tactics through drills, min-games and full games. Those selected for the school teams will have the chance to compete in friendly and competitive matches with other schools and take part in the Coca-Cola League later in the year.

Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Mr Shaun & Mr Septiana	Football Field/ Sports Hall	Year 1-2 (not open to F2)

Construction

Come along and have some building fun. Using wooden blocks, lego, knex and junk modelling materials, you can use your imagination, creativity, problem solving and engineering skills to build all sorts of wonderful structures – and you get to deconstruct (knock them down too!).

Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Ms Tara	Chameleons Classroom	FS2 – Y2



Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Library

Come and lose yourself in a good book in our wonderful new library. You can explore the fiction and non-fiction books, or research on line at our new iMac station. The teacher will introduce you to new authors, teach you library and research skills, help you write book reviews to share with others.

Time	Teacher	Place	Classes
Monday, Tuesday, Thursday, Friday (14:10 - 14:55)	Ms Sushila Ms Kristin Ms Dewi	Library	FS2 - Y2



Messy Play

Come along and explore your creativity with lots of messy activities. We will use a variety of different materials such as sand, water, chalk, paint, playdough and paste in a free and unrestricted way to explore color, texture, patterns, shapes and just have fun messy fun.

Time	Teacher	Place	Classes
Tuesday (14:10 - 14:55)	Ms Putri	Komodos' Classroom	FS2 - Y2



Drama

In this club we will use drama games, role-play and story telling to explore and develop drama and skills. Children will work collaboratively, developing communication and performance skills, exploring their creativity while also gaining in self-confidence. Children will have the opportunity to perform to other children and parents.

Time	Teacher	Place	Classes
Tuesday (14:10 - 14:55)	Ms Kerry	Stage 1	Y1 - Y2 (not open to F2)



Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Fun Fitness

Moving to music, music for fun, music for exercise. Fun Fitness classes help students develop confidence, coordination and social skills whilst they learn to express themselves in a warm and relaxed environment. Our M&M classes will be active, lively and fun. Join us each week for singing, dancing and exercising. Foster your child's natural love of music as they participate in these activities.

Time	Teacher	Place	Classes
Friday (14:10 – 14:55)	Ms Marushka	Stage 1	FS2 – Y2



Painting

Every week we will look at a different artist or style of art. Artists studied will include Vincent van Gogh, Claude Monet, Mondrian and Kandinsky. We will look at what elements are important for their work, and then the children will have a go at making their own creations. We will use water paint, acrylic paint, paper and canvas. The results will be wonderful!

However, we believe that the process is as important as the product.

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Esther	Art Room	FS2 – Y2



Active Fun

Jumping. Running, balancing, climbing, rolling...come along and join the active fun as we play games to keep fit and learn how to use our bodies.

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Dom	Rumble Room/ Playground	FS2 – Y2



Dutch Culture Club

Through the stories of 'Arend van Dam & Alex de Wolf' (Lang geleden, Overal en ergens, Stad en land) we will be exploring the way of life in the Netherlands and Belgium (now and before). This will happen through a wide range of activities like games, singing and art and will cover topics such as history, biology and geography. Besides the learning part it will be most of all very 'gezellig'!

Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Ms Rianna	Dutch Room	FS2 - Y2



Board and Puzzle Games

Once you get absorbed in a puzzle, it is hard to stop! We will use a variety of different puzzles from the traditional wooden ones to the Chinese tangram styled puzzles. We will also play different board games from around the world such as scrabble, monopoly, chess, checkers, draughts and lots more.

Time	Teacher	Place	Classes
Friday (14:10 - 14:55)	Ms Dewi	Year 2 Classroom	Y1- Y2 (not open to F2)



Foundation 2 - Year 2

NIS Teacher Led ECA
(Free of Charge)

Wushu

Wushu is an ancient Chinese martial art – a kind of Chinese Kungfu. Mr Septiana is a Wushu master and experienced teacher who will introduce children to this martial art – training their bodies and minds, helping them to develop strength, flexibility, balance, perseverance and resilience.

Time	Teacher	Place	Classes
14:10 – 14:55	Mr Septiana	Sports Hall	Y2 (not open to F2 & Y1)



Skipping

Everyone loves to jump rope! It's a great way for developing hearts, creating healthy bones, improving muscle fitness and it requires brain training as well. Each week the children will learn individual skipping techniques and traditional games.

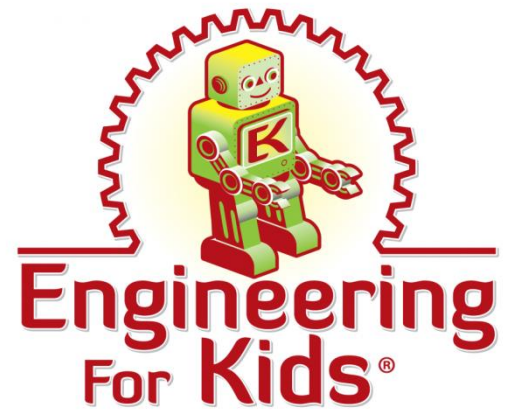
Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Ms Melissa	EY Playground	Y2 (not open to F2 & Y1)

Foundation 2 - Year 2

Private Teacher Led ECA
(Fee Charged)

Engineering for Kids

Engineering for Kids® is a pre-engineering programme from USA targeted at kids aged 4 to 14 years old available in over 20 countries worldwide and now it is proud to serve Indonesia. Children learn through A World of Fun Experiments such as learning the Newton's Third Law of Motion through building & constructing a rocket that could fly up to 45 meters to the sky, assembling flashlights, turning bananas into piano tuts, mixing chemicals for colourful fun reactions in a safe environment and much more.



Time	Place	Classes
Monday (14:10 - 14:55)	TBC	F2 - Y2



Little Kickers

Little Kickers football programme strives to provide young children an early introduction to sport that can be fun and wholesome. Rarely, are there programs for children of this age group that allow the child to play independently, while they learn to work as part of a team, to share, and to sharpen their cognitive ability and gross motor skills.

Time	Place	Classes
Tuesday (14:10 - 14:55)	Sports Hall	F2 - Y2

Gymnastics

Gymnastics Jak'05 provides gymnastics classes at NIS based on an Australian gymnastic programme. It seeks to enhance total body strength, flexibility, coordination, balance, self-discipline and self-confidence in a safe environment. Participants will work on some basic gymnastics moves including forward and backward rolls. The content of the class changes each week to ensure variety and fun.

Time	Place	Classes
Wednesday (14:10 - 14:55)	Sports Hall	F2 - Y2



Foundation 2 - Year 2

Private Teacher Led ECA
(Fee Charged)

Yoga for Children

The impact that yoga has on concentration, behaviour, flexibility, fitness and overall self-esteem of young children is important. In every lesson the main objectives are to contribute to the overall sense of a child's self-worth. This is by improving children's confidence, concentration, coordination, flexibility and fitness. Yoga helps to teach children how to be calm, and how to relax. This can all be achieved in a fun, happy, and safe environment. Come, stretch, flex and relax in our Yoga sessions.



Time	Place	Classes
Thursday (14:10 - 14:55)	Stage 1	F2 - Y2



Swimming - Level 2: Swordfish

The children in this level will be in both the small pool and the shallow end of the big pool. They will develop their water survival skills, including: reading water, taking a 'pop up' breath and using big arm movement.

Time	Teacher	Place	Classes
Monday (14:10 - 14:55)	Coach Felipe Ms Peppy	Swimming Pool	F2 - Y2

Swimming - Level 3: Flying Fish

The children in this level will swim in the shallow end of the big pool. They will develop their water survival skills further and will be introduced to freestyle and backstroke. On completion of this level the children will be able to swim one pool width independently.

Time	Teacher	Place	Classes
Monday & Friday (14:10 - 14:55)	Coach Felipe Ms Peppy	Swimming Pool	F2 - Y2



Foundation 2 - Year 2

Private Teacher Led ECA
(Fee Charged)



Swimming - Level 4: Barracudas

The children in this level will swim in the deeper side of the big pool. They will further develop their water survival skills, freestyle and backstroke swim techniques. In this level, the children will be introduced to the breaststroke kick technique.

Time	Teacher	Place	Classes
Monday & Friday (14:10 - 14:55)	Coach Felipe Ms Peppy	Swimming Pool	F2 - Y2

Swimming - Level 5: Manta Rays

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (Freestyle, backstroke, and breaststroke) and practise diving from the start blocks. For this level, the children are expected to be able to swim 100m (2 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday & Thursday (14:10 - 14:55) Friday (15:00 - 15:45)	Coach Felipe	Swimming Pool	F2 - Y2



Swimming - Level 6: Dolphins

The children in this level will swim across the length of the pool. They will develop the three main strokes techniques (freestyle, backstroke, and breaststroke) and diving from the start blocks. For this level, the children are expected to be able to swim 150m (3 lengths of the pool).

Time	Teacher	Place	Classes
Tuesday (14:10 - 14:55) Thursday & Friday (15:00 - 15:45)	Coach Felipe	Swimming Pool	Y1 - Y2 (not open to F2)

Nursery - Foundation 1

Nursery - Foundation 1

NIS Teacher Led ECA
(Free of Charge)

Library with Parents

Parents are invited to spend some time with their child in the Library. This is a great chance to explore books together – reading stories, looking at pictures and developing an early love of reading. Parents/guardians must stay with their child at all times.

Time	Place	Classes
Monday (12:10 – 12:40)	Library	N – F1



Active Fun

Jumping, running, balancing, climbing, rolling...come along and join the active fun as we play games to keep fit and learn how to use our bodies.

Time	Teacher	Place	Classes
Thursday (12:10 – 12:40)	Ms Putri	Rumble Room	N – F1



Messy Play

Messy play gives children the opportunity to explore objects and materials such as sand, water, chalk, paint, playdough and paste in a free and unrestricted way. The children can use the basic materials without being constrained by the one right way to use them. The sensory experience enables them to understand how things feel, smell and sound and it supports their physical development. Messy play fosters your child's curiosity, imagination and experimentation; it also helps to develop concentration skills

Time	Teacher	Place	Classes
Friday (12:10 – 12:40)	Ms Alin	Pandas' Class (Ms Alin)	N – F1



Nursery - Foundation 1

Private Teacher Led ECA
(Fee Charged)

Swimming - Level 1, 2, 3 & 4

Children are allocated into their groups following the results of their assessment. The coach has the final decision of the child's group level.

Time	Place	Classes
Monday Level 1- 12:10 – 12:40 Level 2 - 12:40 – 13:10 Level 3 – 13:10 – 13:40 Level 4 – 13:40 – 14:10	Swimming Pool	N – F1



Little Kickers

Little Kickers football program strives to provide young children an early introduction to sport that can be fun and wholesome. Rarely, are there programs for children of this age group that allows the child to play independently, while they learn to work as part of a team, to share, and to sharpen their cognitive ability and gross motor skills. All this in the name of good fun!

Time	Place	Classes
Tuesday (12:15 – 13:00)	Sports Hall	N – F1

Gymnastics

Gymnastics Jak'05 provides gymnastics classes at NIS based on an Australian gymnastic program. It seeks to enhance total body strength, flexibility, coordination, balance, self-discipline and self-confidence in a safe environment. Participants will work on some basic gymnastics moves including forward and backward rolls. The content of the class changes each week to ensure variety and fun.

Time	Place	Classes
Wednesday (12:15 – 13:00)	Sports Hall	N – F1



ECA Swimming Programme

NIS uses an international swim programme based on the Australian and American Learn to Swim guidelines. Our levels, 1-7, take logical steps through water safety, water survival, stroke development and finally stroke efficiency. By completion of this program students will be able to swim all four strokes confidently and consistently for multiple laps of the pool.

Our ECA swim program and class swim program use the same levels and indicators. Our ECA coaches work closely with our school coaches to assess your child regularly and make sure each child is placed in the correct swim level for them. Progress and stroke development are documented on your child's personalised progress log and sent home to you at the end of each term.

Dutch Exam – Dutch families who wish their child to be externally assessed by Dutch Swim Examiner, to attain the Dutch Swim Certificate, will be able to do so at fixed dates in December and June.

Swim Team – Students selected for the NIS Seal Swim Team will train twice a week and have the opportunity to take part in inter-school competitions and galas. NIS swim coaches will explain expectations to selected students prior to the start of the training programme. Students may be invited to join the Seal Swim Squad during the school year.

Level 1 – Clownfish	Level 2 - Swordfish	Level 3 – Flying Fish	Level 4 - Barracudas	Level 5 – Manta Rays	Level 6 - Dolphins	Level 7 - Sharks
Small Pool / Big Pool	Small Pool / Big Pool	Water survival	Water survival	Water survival	Water survival	Water survival
Kickboard	Treads water	Free Style	Free Style	Free Style	Free Style	Free Style
Blow bubbles	Arm movement	Backstroke	Backstroke	Backstroke	Backstroke	Backstroke
Submerges	Takes a breath independently	Swim 1 width	Breaststroke Kick	Breaststroke	Breaststroke	Breaststroke
		Shallow water	Swim 2 width	Swim 2 lengths	Swim 3 lengths	Butterfly
			Deep water	Deep water	Deep water	Swim 4 lengths
				Block dive	Block dive	Deep water
						Block race dive

ECA 2018-2019

Price List

Day	Activity	Lessons	Price	
			Per Block	(Per lessons)
Monday	Music Groups - Guitar Beginner	18	1,800,000	IDR 100,000
* Holiday	Engineering for Kids	18	2,700,000	IDR 150,000
4-Feb	Swimming Levels 1, 2, 3, 4 (Nursery & F1)	18	2,520,000	IDR 140,000
	Swimming Levels 2, 3, 4, 7 (F2 & PY)	18	2,520,000	IDR 140,000
Tuesday	Music Groups - Guitar Intermediate	18	1,800,000	IDR 100,000
*Holiday	Little Kickers	18	2,880,000	IDR 160,000
5-Feb	Swimming Level 5 & 6 (F2 & PY)	18	2,520,000	IDR 140,000
Wednesday	Music Groups - Keyboard Beginner	17	1,700,000	IDR 100,000
*Holiday 3-Apr & 17-Apr	Gymnastics	17	2,295,000	IDR 135,000
Thursday	Music Groups - Keyboard Intermediate	18	1,800,000	IDR 100,000
* Holiday	Taekwondo	18	2,430,000	IDR 135,000
30-May	Yoga for Children	18	2,880,000	IDR 160,000
	Swimming Level 5,6,7 (F2 & PY)	18	2,520,000	IDR 140,000
Friday	Music Private - Drums	17	2,380,000	IDR 140,000
*Holiday 19-Apr & 31-May	Level 4,5,6 (F2 & PY)	17	2,380,000	IDR 140,000

All fees must be paid prior to the start of the activity.
Fees must be paid in total for the term block of lessons.



Terms & Conditions Extra-Curricular Activities (ECA) School year 2018 – 2019

Registration

Please note that for this round of ECA's there is no on-line registration.

ECA registration should be completed as outlined below:

- Complete an ECA Registration Form and return in hard copy to the office. Please note: reservation by phone, email or at the Front Office is not possible.
- Complete a Registration Form for each child selecting up to 4 ECA's for your child.
- Registration opens on 26 November and closes 5pm Friday 30 November 2018.
- Confirmation of ECA places will be given by 12 December.
- Payments, where applicable, should be paid in full by Friday 11 January 2019, in advance of the ECA programme beginning on: Monday 14 January, 2019.

Payment

- Following ECA confirmations, invoices will be issued. Payment details will be included on the invoice.
- Payments must be made before Friday 11 January 2019 to secure your child's ECA placement/s.
- Please note:
- Fees for ALL paid activities must be paid IN FULL. It will not be possible to pay in installments.
- Payments can ONLY be done through bank transfers. An exception will be made for families new to Jakarta, who do not have an Indonesian bank account yet. These families are allowed to pay in cash IDR.
- It is not possible to swap activities once the participant has paid, unless the school has cancelled the activity.

General Comments

- Enrollments must be made using the ECA Registration Form 2018-19.
- The Registration form can be returned by email to Ms. Lia at info@nis.or.id with the heading ECA Registration or in hard copy to the Reception.
- ECA places will be allocated on a fair basis, ensuring as many children as possible get their ECA choices.
- All activities will specify which year group the ECA is open to. This allows you to match your child's participation to their age group.
- The school reserves the right to cancel scheduled activities or change the location if circumstances so dictate. e.g. in case of insufficient participants or due to other extenuating circumstances.
- Children can select up to 4 ECA's per week, dependent on availability.
- After registration, children will not be allowed to swap activities.
- There are no ECA activities scheduled on pre-scheduled/announced Staff Only days, national holidays and on Parent-Teacher Conference Days.
- The school reserves the right to change/swap NIS teachers for activities as required.

Student

1. Children will transfer directly from class to their ECA. This transfer will be overseen by NIS staff and parents are not required to support. The exception to this is Nursery and FS 1 swimming and library ECA's.
2. Parents / guardians are expected to collect their child promptly at the end of the ECA. Persistent failure to do so may result in the place being withdrawn from the child.
3. Children are expected to behave appropriately during their ECA and listen carefully to their teachers and instructors. Unacceptable behavior will be addressed with the parents and may result in termination of a child's participation in an ECA. In such cases, no refunds will be made.
4. The parent/guardian of the student understands that all reasonable care will be taken by the ECA teacher / instructor to ensure the safety of the children during the activities.
5. The parent/guardian of the student confirms that in the unlikely event of a mishap or accident he / she shall not in any way hold the ECA coordinator or the instructor responsible for any injuries or damages that may result as a direct or indirect consequence thereof.
6. The parent/guardian of the student understands that in case of an incident the school shall always try to contact the parents.
7. If a doctor is urgently needed and the instructor and NIS staff cannot contact the parents of the child concerned, the student shall be taken to SOS Medika on Jl. Puri Sakti 10, Jakarta. This is standard procedure at NIS. The costs of treatment will be met in full by the parents under all circumstances.
8. The parent/guardian of the student confirms that his / her child is properly insured (health) prior to participating in the ECA courses and for their duration.
9. Swimming: Allocation of to our swimming program or swim team are based on the Swim Assessment, held at the beginning / end of each term. The coaches have the final decision of the child's group level.
10. For safety reasons and so as not to disturb group activities, accompanying adults (parents or nanny), siblings and/or friends are not allowed inside the ECA activities. The exceptions to this is swimming ECA and library for Nursery and FS1.
11. Siblings that are waiting must be actively supervised at all times by an adult (parent or nanny).

Refund Terms

- NIS reserves the right to cancel all programs due to insufficient enrolment or staffing.
- NIS reserves the right to change or alter dates and times.
- If a program is cancelled by NIS before or during a running ECA term for whatever reason, there will be 100% refund (for the remaining lessons).
- In the situation that an ECA instructor is ill or absent, and if no other teacher / instructor is available; the lesson will be postponed. In the case that a date is set for a postponed lesson and the attendee is not able to join, a refund will not be issued.
- There will be no refund for a student who is asked to leave the program for inappropriate behaviour, or non-notification of a serious medical condition, or whose conduct is detrimental to the program. Also, no refund will be made for a student's late arrival, early vacation, family vacation or unscheduled governmental holidays.
- Due to the weather, outdoor activities might sometimes (partly) be cancelled. Where possible, NIS will try to provide an alternative activity but where cancellation is unavoidable, a refund for these cancelled lessons is also not applicable.
- All other refund decisions or requests are at the sole discretion of NIS management.