

Class	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6	Block 7	Block 8
	10th Sept – 8th Oct 5 weeks	15th Oct – 12th Nov 5 weeks	19th Nov – 10th Dec 4 weeks	7th Jan – 11th Feb 6 weeks	18th Feb – 18th March 5 weeks	8th April – 13th May 6 weeks	20th May- 10th June 4 weeks	17th June- 1st July 3 weeks
7 Boys X		Swim & Water Safety		Athletics	Gym/Dance	Striking & Fielding		
МС	Fitness & the body	Invasion Games	Net & Wall	Attiones	Cym, Banco			
7 Boys W		Swim & Water Safety		Athletics	Gym/Dance	Striking & Fielding	Ramadan option block	
PC	Fitness & the body	Net & Wall	Invasion Games	Airliefics	Gym/Dance 3iii			
7 Boys Y	Fitness & the body	Invasion Games	Net & Wall	Athletics	Striking & Fielding	Gym/Dance	Units may include the following:	
RB		Swim & Water Safety		Americs		Gymybunce	Swimming/Lifesaving Orienteering	Extended option
7 Boys Z	Fitness & the body	Net & Wall	Invasion Games	Athletics	Striking & Fielding	ling Gym/Dance	Yoga Short Tennis Sports Leadership Fitness	block
DG		Swim & Water Safety		7 11 11 0 10 0				
7 Girls X	Gym/Dance	Invasion Games	Striking & Fielding	Athletics	Fitness & the body	Net & Wall	Literacy & Numeracy through sport	
AC	Gym/Dunce	invasion Games	Sinking & Helding	Swim & Wo	er Safety Swim	Swim & Water Safety	sport	
7 Girls Y	Cym/Danas	Striking 9 Fielding	Invasion Games	Swim & Wa	ter Safety	Swim & Water Safety		
KH	Gym/Dance	Striking & Fielding	invasion Games	Athletics	Fitness & the body	Net & Wall		

Curriculum key concepts	Through activities such as:
Making informed choices about healthy, active lifestyles	Swimming, Water Safety & Health-related fitness
Develop technique to improve performance	Gymnastics, Dance, Athletics & Swimming
Tactics and Strategies to overcome an opponent	Striking & Fielding concepts: Cricket, Rounders & Softball.  Invasion Games concepts: Basketball, Netball, Ultimate Frisbee, Football & Rugby,  Net & Wall concepts: Volleyball, Short Tennis & Badminton



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8 Boys X		Swim & Water Safety		Albiation	Children O. Finlelin o	Course /D sup sign		
RB	Health & Fitness	Invasion Games	Net & Wall	Athletics	Striking & Fielding	Gym/Dance		
8 Boys Y	Swim & Water Safety			Athletics	Striking & Fielding	Course (Dougles	Ramadan option block	
DG	Health & Fitness	Invasion Games	Net & Wall	Amiencs		Gym/Dance	Units may include the following:	
8 Boys Z	Health & Fitness	Invasion Games	Net & Wall	Athletics	Gym/Dance	Striking & Fielding	Swimming/Lifesaving Orienteering	Extended option
MC		Swim & Water Safety		Afficies	Sinking & Helding		Yoga Short Tennis	<u>block</u>
8 Girls X	Gym/Dance	Striking & Fielding	Invasion Games	Athletics	Health & Fitness	Net & Wall	Sports Leadership Fitness	
KH	27.11,23.1133			Swim & Water Safety		Literacy & Numeracy through		
8 Girls Y	Invasion Games Gym/Dance		Striking & Fielding	Swim & Water Safety sport		sport		
LG	Cympanec		Sinking & Holding	Athletics	Health & Fitness	Net & Wall	]	

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	5 weeks	5 weeks	4 weeks	6 weeks	5 weeks	6 weeks	4 weeks	July
9 Boys X		Swim & Water Safety		Allalada	Laureita Carra			3 weeks
PC	Fitness for sport	Net & Wall	Sports Leadership	Athletics	Invasion Games	Striking & Fielding		
9 Boys Y		Swim & Water Safety			Striking & Fielding	Net & Wall	Ramadan option block Units may include	
RB	Fitness for sport	Invasion Games	Sports Leadership	Athletics			the following:	
9 Boys Z	Fitness for sport	Net & Wall	Sports Leadership	Athletics	Invasion Games	Striking & Fielding	Swimming/Lifesaving Orienteering	Extended option
DG		Swim & Water Safety			Afficies invasion dames		Yoga Short Tennis	block
9 Girls X	Fitness for sport	Invasion Games	Sports Leadership	Athletics	Net & Wall	Striking & Fielding	Sports Leadership Fitness	
LG	·			Swim & Water Safety			Literacy & Numeracy through	
9 Girls Y	Fitness for sport	or sport Striking & Fielding	Sports Leadership	Swim & Water Safety		sport		
GL	Siliking & Held			Athletics	Net & Wall	Invasion Games		

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Leadership development	Sports Leadership



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10 Girls KH/LG	Fitness Planning	Invasion Games	Developing Leadership through Sport	Athletics training	Striking & Fielding	Net & Wall	Ramadan option block Units may include the following:  Swimming/Lifesaving Orienteering Yoga Short Tennis Sports Leadership Fitness Literacy & Numeracy through sport	Extended option block
10 Boys MC/PC/DG	Fitness Planning	Invasion Games	Developing Leadership through Sport	Athletics training	Net & Wall	Striking & Fielding		
11 Girls GL/AC	Fitness Planning	Invasion Games	Developing Leadership through Sport	Athletics training	Striking & Fielding	Net & Wall		
11 Boys PC/DG	Fitness Planning	Invasion Games	Developing Leadership through Sport	Athletics training	Net & Wall	Striking & Fielding		

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