

HELPING OTHERS TO BE THE BEST THEY CAN BE

## THE BRITISH INTERNATIONAL SCHOOL Puxi, Shanghai

7 January 2015

**RE: U13 FOBISIA GAMES MARCH 2015** 

Dear Parents/ Guardians,

Happy New Year. We are very much looking forward to the U13 FOBISIA Games in Brunei which are only ten weeks away. Training has begun in part this week but will start fully next week.

#### Payment

If you have not already paid the deposit of 4000RMB for the trip, please ensure you pay and return all required documentation (medical form and passport copy) before Friday 9 January. We are unable to guarantee your child's participation in the games should Friday's extended deadline be missed.

#### Team track suits

Once all athletes have paid their deposit we will be able to order the team track suits which are included as part of the team travel cost.

#### Dates

Our intended flights will depart on the morning of Friday 20 March with the return trip on Tuesday 24 March. These times or days are subject to change depending on flight availability and prices. I will update you as soon as these have been finalised.

#### **Parent Representative**

For those parents who are travelling to the games or who wish to keep in touch with the games organisation it is standard practice to have a parent representative who helps parents understand important details of the events happening in the lead up to and during the games. I am delighted to introduce Janice Yao as the parent representative for BISS Puxi U13 Team. She will be in touch with you all regarding various details of the games in the coming days and will be starting a 'we chat' group for parents to stay up to date with all developments.

Please contact me if you have any queries at t-hitchings@bisspuxi.com.

Yours faithfully,

Thomas Hitchings Director of Sport

# THE BRITISH INTERNATIONAL SCHOOL



Puxi, Shanghai

### BISS LIONS U13 FOBISIA TRAINING SCHEDULE

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Start Time	Monday	Tuesday	Wednesd	Thursday	Friday	Saturday	Sunday
			ay				9:30am-11:00
7:00-8:00					Fitness - All		Sunday
					should		Basketball
					attend		league
15:35-16:35		Swimming	Boys and	Boys			
	Girls	Secondary	Girls	Basketbal			
	Basketball	Swimming	Football –	l			
	Primary	pool	Primary	Primary			
	Sports		football	Sports			
	hall		Pitch	hall			
16:35-17:35	Swim	Athletics	Boys and				
	Team	Secondary	Girls				
	members	sports area	Football –				
	only		Primary				
			Football				
			Pitch				