



NORD ANGLIA
INTERNATIONAL SCHOOL
DUBAI

Secondary Weekly Sporting Achievements

22.11.18



NAS SPORTS HOUSE POINTS

1 st = 20points
2 nd = 15 points
3 rd = 10 points
4 th = 5 points



Scorpions	Falcons	Leopards	Vipers

On Wednesday 21st our GCSE students in years 9-11 attended the 30x30 Fitness Village where they had the opportunity to try lots of exciting fitness challenges. They had the opportunity to test lots of different fitness components and compete against one another.

It was an amazing weekend of Netball for all students at NAS. The U15 BSME team attended the first ever Youth Sevens Netball Tournament in preparation for the BSME Netball in January. Congratulations to all the players.

The Cross-Country event at Rashid School for Boys took place on Monday 19th November. We had a great turn out entering teams in all age categories. It was a great event and divisions for the next race will be decided for the January competition.

Strength and conditioning, football and basketball league matches are still going strong with some amazing results.

Mrs. Chaters (Head of Secondary PE)

Secondary Cross Country – Rashid School for Boys

Congratulations to all secondary cross-country runners that took part in the Rashid Cross Country Event on Monday 19th November. There were over 22 schools across Dubai competing at every age category. NAS put up a great show and all runners performed well. A special mention to Arthur Bernard, Charlotte Rodsjo, Grace Rodsjo and Isabella Carmichael who placed well in their races. We are awaiting the team scores and divisions will be decided.... So watch this space.

Miss Chaters and Miss Britton (Secondary Cross Country Coaches)



Dubai Youth Sevens Netball Tournament

November the NAS Dubai U15 and U11 teams played at the Youth Sevens Netball Tournament on Saturday 17th November. This was a warm-up tournament for the BSME event in January. The girls played some great netball, playing 5 matches in the group's stages.

Well done to all the girls on representing NAS Dubai.

Player of the Tournament U15 – Sam Craig

Player of the Tournament U11 – Alexia Nash



Year 11 Boys Football vs Swiss International School @ Swiss

The Year 11 boy's football team travelled out to Swiss International School on Monday night in hope of a second victory of the season. Both teams threatened to score but eventually the game ended in a stalemate.

Final score NAS 0 - 0 SWISS

Mr. Smith (PE Teacher)



Year 11 Boys Football vs Jumeriah Bac School @ JBS

The Year 11 boy's football squad travelled over to Jumeirah Baccaalaureate School this afternoon hoping for a second win of the season. After a rather scrappy game, NAS were able to break through and claim a victory thanks to a first half strike from Fran. Well done to all the lads!

Final Score: NAS 1 - 0 JBS

Mr. Smith (PE Teacher)



Year 9 Boys Football vs Jumeriah College @ JC

All smiles this afternoon as the Year 9 boy's football team finally picked up a deserved victory over Jumeriah College. A brilliant performance which brings back the confidence going into our final league game next week. Final score NAS 2 - 0 JC

Mr. Smith (PE Teacher)



Year 7 Boys Football vs Jumeriah College @ NAS Dubai

It was a difficult afternoon for the Year 7 Football Team who played a tremendous game against Dubai College only to concede in last few moments of the game.

Final score 1-0 to DC.

Mr. Khadir (PE Teacher)



Year 8 Boys Football vs Kings Al Barsha @ NAS Dubai

Brilliant performance by the year 8 boy's football team beating Kings Al Barsha 4-1. Well done to Finn for getting his second hatrick of the season and to Maxine for adding another goal to his tally.

Final score 4-1 to NAS

Man of the Match:

Darius Cassia

Mr. Khadir (PE Teacher)



Year 10 Boys Football vs The English College

Tough day in the office for the year 10 boy's football team who faced Dubai College on Monday. They were trailing DC 3-0 but turned on the magic at the break to catch up with two successive goals from Joe Atsma and Alexander Hedes. The boys were threatening with several misses chances but just couldn't finish. Back luck but now onto the next game.

Final Score 3-2 to The English College

Man of Match- Abbas Mohammedi

Mr. Khadir (PE Teacher)



U19 Girls Basketball @ NAS Dubai

The U19 girls finished up their league play with two wins and two losses.

They've had two games in the playoffs, losing to IES Jumeirah - 52-35 and getting a win over Raffles World Academy – 41-20.

They have one more game against GEMS Wellington – Silicon Oasis on the 25th.

The girls have shown steady improvement over the course of the season and have represented the school well in all of their games.

Mr. Gilpin (PE Teacher)



GCSE Physical Education Trip to Kite Beach Fitness Village

The years 9, 10 and 11 GCSE groups went on a trip to the Fitness Challenge at Kite beach where they took part in a Zumba Class followed by a series of beach sports. The pupils enjoyed getting some inspirational quote tattoos and tried different taster drinks. Two of our pupils were also delighted to win a Huawei Band watches. Overall, a fantastic outing to learn about a national initiative to a living an active healthy lifestyle.

Mr. Khadir and Ms. Lea (PE Teachers)

