



NORD ANGLIA  
SCHOOL  
JAKARTA

# *ECA's* *y3-6*

**2019 – 2020: Term 2/3**





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SCHOOL  
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# ECA Schedule

## 2019 – 2020: Term 2 - 3

### Y3 –6

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NASJ Teacher Led ECA (Free)	Piano Keyboard (Y3 & Y4)	Choir	Piano Keyboard (Y5 & Y6)		Drumming Group (Y4-Y6)	11:45 - 12:15
	Football	Performing Arts (Y4-Y6)	Seals Swim Team	Graphic Design	Dutch Culture Club	14:10 - 14:55
	Fine Arts	Performing Arts (Y3)	Creative Indonesia	Dance	Origami	
	Violin (Y3 & Y4)	Basketball	Library & Boardgames	Guitar (Y5 & Y6)	Wushu Academy	
	Library & Boardgames	Library & Boardgames		Library & Boardgames	Library & Boardgames	
Private Teacher Led ECA (Fee Charged)	Engineering for Older Kids	Swimming – Level 5 & 6	Bricks 4 Older Kidz	Taekwondo	Swimming – Level 3 & 4	15:00 - 15:45
	Swimming – Level 3 & 4			Swimming – Level 4 & 5		
	Swimming – Level 6 & 7	Swimming – Level 3 & 4	Gymnastics	Swimming – Level 6 & 7	Swimming – Level 5 & 6	

### F2 – Y2

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NASJ Teacher Led ECA (Free)	Piano Keyboard (Y2)	Choir (Y1 & Y2)		Ukele: Intro Guitar (Y2)		11:45 - 12:15
	Football (Y1 & Y2)	Performing Arts (Y2)	Paper Creations (Y1 & 2)	Arts & Crafts (Y1 & Y2)	Dutch Culture Club	14:10 - 14:55
	Time to Dance	Drama Games (FS2 & Y1)	Indonesian Dance & Games	Field Hockey	Fun Fitness (Y1 & Y2)	
	Library & Boardgames	Library & Boardgames	Library & Boardgames	Library & Boardgames	Library & Boardgames	
Private Teacher Led ECA (Fee Charged)	Engineering for Kids	Little Kickers	Gymnastics	Bricks 4 Kidz	Ballet	14:10 - 14:55
	Swimming – Level 1 & 2	Swimming – Level 5 & 6		Taekwondo (Y2)	Swimming – Level 1 & 2	
	Swimming – Level – 3 & 4			Swimming – Level 4 & 5	Swimming – Level 3 & 4	
	Swimming – Level 5 & 6	Swimming – Level 3 & 4		Swimming – Level 6 & 7	Swimming – Level 5 & 6	15:00 - 15:45

### Nursery & F1

Details	Monday	Tuesday	Wednesday	Thursday	Friday	Time
NASJ Led ECA (Free)	Library with Parents				Library with Parents	12:15 – 13:00
Private Teacher Led ECA (Fee Charged)	Swimming – Level 1 (12:15-12:45)	Little Kickers	Gymnastics	Bricks 4 Kidz	Swimming – Level 1 (12:15-12:45)	12:15 – 13:00
	Swimming – Level 2 (12:45 - 13:15)			Ballet	Swimming – Level 2 (12:45 - 13:15)	
	Swimming – Level 3 & 4 (13:15-13:45)				Swimming – Level 3 & 4 (13:15-13:45)	

## Keyboard Piano: New ECA

This class is geared at all skill levels. Students from Year 3-6 will cover the basics of how to understand the notes on the piano keyboard in relation to written notation and music theory. They will be encouraged to play with two hands and if they have material from previous or current learning they are expected to engage with the same pieces or other pieces at a similar level. Students will also learn how to play chords to accompany themselves while singing. Limited spaces available.



Time	Teacher	Place	Classes
Y3-4 Monday (11:45 – 12:15) Y5-6 Wednesday (11:45 – 12:15)	Mr Brentan	Music Room	Year 3-6

## Football



Open to children of all levels, this is a chance for children to develop their football skills. Each week we will practise key skills and game tactics through drills, mini-games and full games. Those selected for the school teams will have the chance to compete in friendly and competitive matches with other schools and take part in the Coca-Cola League later in the year.

Time	Teachers	Place	Classes
Monday (14:10 – 14:55)	Mr Septiana	Sports Hall/ Football Field	Year 3-6

## Fine Arts

Every week we will look at a different artist or style of art. Artists studied will include: Vincent van Gogh, Claude Monet, Mondrian and Kandinsky. We will look at what elements are important for their work, and then the children will create their own masterpieces. Whilst the results are sure to be wonderful, we know that the process is as important as the product.

Time	Teacher	Place	Classes
Monday (14:10 – 14:55)	Ms Esther	Art Room	Year 3-6





Violin

The violin ECA is aimed at beginners in Year 3 & 4 students, however, those with existing violin skills are also welcome. Students will learn how to play short solo songs which they will be asked to sing before they play. Ensemble playing will also be developed as learners practice how to listen in a group. Violins available for term-long loan.

Time	Teachers	Place	Classes
Monday (14:10 – 14:55)	Mr Brentan	Music Room	Year 3 & 4

Library & Boardgames

Come and lose yourself in a good book or game in our wonderful library. Children can explore the fiction and non-fiction books, read a story with a group of friends, or challenge a peer to a boardgame. The teacher will introduce them to new authors, teach them library skills and play boardgames that will extend thinking and collaborative skills.



Time	Teachers	Place	Classes
Monday, Tuesday, Wednesday, Thursday, Friday (14:10 – 14:55)	Ms Louise, Ms Gina, Ms Dewi, Ms Dhea & Ms Stephanie	Library	Year 3-6



Choir

This club is an introduction to choral singing. Children will learn to sing in a group with different harmonic voices. Progressively children will be introduced to a range of singing techniques with exciting simple songs to practise and a chance to perform to parent and peers.

Time	Teacher	Place	Classes
Tuesday (11:45 – 12:15)	Mr Brentan	Music Room	Year 3-6

### Performing Arts

In this ECA we will use drama games, role-play, story-telling, singing and music to explore and develop performing arts skills. Children will work collaboratively, developing communication and performance skills, exploring their creativity, and also gaining in self-confidence. Children will have the opportunity to perform to other children and parents in a musical theatre production.



Time	Teachers	Place	Classes
Tuesday (14:10 – 14:55)	Ms Lou Mr Alf	Stage 1 TBA	Year 3 Year 4-6



### Basketball: New ECA

Basketball is a fast paced game of skill, athleticism and endurance. Come and join this fun ECA and learn how to play this great team sport. Students will learn how to chest, shoulder and bounce pass the ball, dribble the ball and shoot a basket from around the key and in lay-up style.

Time	Teacher	Place	Classes
Tuesday (14:10 – 14:55)	Mr Septiana	Basketball Court	Year 3–6

### Creative Indonesia

Children will have the opportunity to learn more about this beautiful country in which we live through traditional games and arts. They will explore the diversity of Indonesia through batik patterns and Wayang puppets, as well as learn well known childhood games such as Congklak, Cublak Cublak Suweng and Bola Bekel.

Time	Teacher	Place	Classes
Wednesday (14:10 – 14:55)	Ms Febriana	Bahasa Room	Year 3-6







### Swim Team Training (by invitation only)

Children who have been selected for the NASJ swim team will have the chance to train as a group and practise their swimming skills. There will be opportunities to compete in inter-school swim meets and swimming galas throughout the year. Ms Peppy will inform parents if their child has been selected for this squad.

Time	Teacher	Place	Classes
Wednesday (14:10 – 14:55) Friday (6:30 – 7:00)	Ms Peppy	Swimming Pool	Year 3–6

### Graphic Design

Explore your creativity and design skills. In this ECA children will have the chance to select and work on design projects using different materials and techniques. They will create visual concepts using computer software and by hand to communicate ideas, whilst developing an understanding of graphic design applications.

Time	Teacher	Place	Classes
Thursday (14:10 – 14:55)	Ms Sophie	Maker Space & Library	Year 3-6



### Dance

This club is an introduction to various genres of dance. From Hip Hop, to Modern, to Salsa, children will explore movement and rhythm and learn routines. There will be an opportunity later in the term for them to showcase their new dance skills for parents and peers.

Time	Teacher	Place	Classes
Thursday (11:40-14:55)	Ms Hayley	Stage 1	Year 3–6

## Guitar: New ECA

The guitar offering is designed for students with no previous guitar experience, however experienced players are welcome. Students will receive guidance and direction related to playing the guitar concerning correct posture, note reading, tuning, picking, singing songs, rhythmic patterns, chord study, improvisation and performing. School guitars can be used during the lessons, or students can bring their own. It is advised that participants purchase their own guitar to practice on at home.



Time	Teacher	Place	Classes
Thursday (11:45 – 12:15)	Mr Brentan	Music Room	Year 4-6



## Drumming Group: New ECA

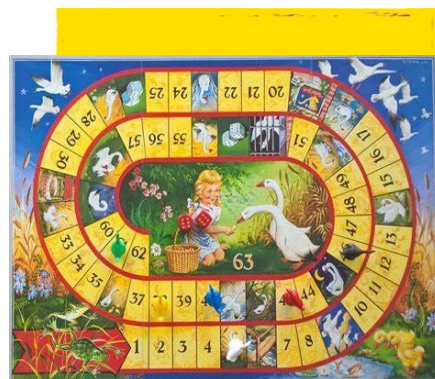
Year 4-6 Students will have access to the drumkit and will learn how to perform a basic rock beat. They will explore unison and group drumming in different contexts. Participants will be encouraged to sing with drum patterns and will have the option to use other instruments in conjunction with the drums. Limited spaces available.

Time	Teacher	Place	Classes
Friday (11:45 – 12:15)	Mr Brentan	Sports Hall	Year 4 - 6

## Dutch Culture Club

Do you know the board game 'Oud Hollands Ganzenbord'? In the Dutch Culture Club we will make this board game as we explore the theme of the four Dutch seasons. What questions and rules of this board game are you going to think of? Join us for a creative, interesting and fun time!

Time	Teacher	Place	Classes
Friday (14:10 – 14:55)	Ms Monique	Dutch Room	Year 3-6 (Dutch speaking students only)



### Wushu Academy

Wushu is an ancient Chinese martial art – a kind of Chinese Kungfu. Our Wushu Academy is run by two Wushu Masters, who are highly experienced at teaching children this martial art. In this activity you will be training your body and mind, whilst developing strength, flexibility, balance, perseverance and resilience. Later in the term, you may have the opportunity to take part in a Jakarta-wide Wushu tournament.

Time	Place	Classes
Friday (14:10 – 14:55)	Sports Hall	Year 3-6



### Origami

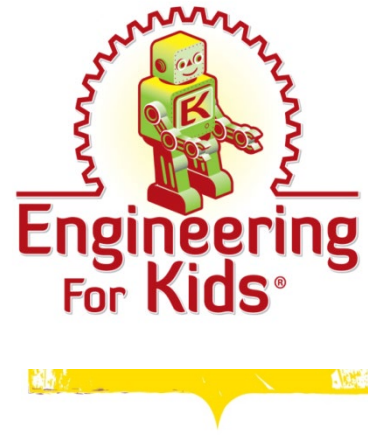
Come along and learn the amazing Japanese paper folding art form. Paper-folding is a wonderful hobby and group activity. Children will be surprised at how they can transform simple squares of paper into three dimensional art forms. From simple to complex designs, children will love this fantastic craft club.

Time	Teacher	Place	Classes
Friday (14:10 – 14:55)	Ms Febriana & Ms Brenda	Art Room	Year 3-6



## Engineering for Older Kids

Engineering for Kids® is an engineering programme from the USA targeted at kids aged 4 to 14 years old. Our Engineering for Older Kids program at NASJ is aimed at children between 8 – 12 years of age. Through a hands on, inquiry approach the children will learn scientific and engineering skills, such as robotics, bridge building and using solar and wind energy.



Time	Place	Classes
Monday (14:10 – 14:55)	Y3 Classroom	Year 3-6



## Gymnastics

Gymnastics Jak'05 provides gymnastics classes at NASJ based on an Australian gymnastics programme. It seeks to enhance total body strength, flexibility, coordination, balance, self-discipline and self-confidence in a safe environment. Participants will work on some basic gymnastics moves. The content of the class changes each week to ensure variety and fun. Children may have the opportunity to take in competitions against other gymnasts in Jakarta.

Time	Place	Classes
Wednesday (15:00 – 15:45)	Sports Hall	Year 3-6

## Bricks 4 Kidz: Master Builders

In this advanced Bricks 4 Kidz class, students will be introduced to innovative Lego concepts. Our classes will explore architecture, engineering and technology concepts using LEGO® bricks. Children will have the opportunity to Improve logic, critical thinking, and problem solving skills as they have fun together working with these multi-use bricks.

Time	Place	Classes
Wednesday (14:10 – 14:55)	Y4 Classroom	Year 3-6



## Taekwondo

Taekwondo is an excellent choice for children who are keen on physical activity and want to learn self-protection skills. Classes will be divided into age groups. The team from the MATRA Taekwondo will teach your child(ren) basic taekwondo skills with an emphasis on practical self-defense skills (Hosinsul), sparring (Olympic style kyorugi) and forms (series of movement or Poomsae).

Time	Place	Classes
Thursday (14:10 – 14:55)	Sports Hall	Year 3-6



## Swimming - Level 3 & 4: Flying Fish & Barracudas

The children in these levels will swim in both the shallow & deep ends of the pool. They will develop their water survival skills further and will learn and develop freestyle and backstroke. They will be introduced to breaststroke, underwater swimming and diving from the blocks.

Time	Teacher	Place	Classes
Monday, Thursday & Friday (14:10 – 14:55) Tuesday (15:00 – 15:45)	Coach Felipe Ms Peppy	Swimming Pool	Y 3-6



## Swimming - Level 5 & 6: Manta Rays & Dolphins

The children in these levels will swim the length of the pool. They will develop the three main stroke techniques (freestyle, backstroke, and breaststroke) and further develop their diving from the start blocks. For these levels, the children are expected to be able to swim 50m (2 lengths of the pool) in freestyle and backstroke.

Time	Teacher	Place	Classes
Tuesday & Thursday (14:10 – 14:55) Thursday & Friday (15:00 – 15:45)	Coach Felipe	Swimming Pool	Y 3-6





## Swimming - Level 7: Sharks

The children in this level will swim laps of the pool. They will develop race efficiency in the three main stroke techniques (freestyle, backstroke, and breaststroke) and produce an efficient butterfly swim. For this level, the children are expected to be able to swim 200m (8 lengths of the pool) effectively with elementary tumble turns at each end.

Time	Teacher	Place	Classes
Thursday (15:00 - 15:45)	Coach Felipe	Swimming Pool	Y 3-6



# ECA 2019-2020

## Price List: Y 3-6

Day	Activity	Lessons	Price	
			Per Block	(Per lessons)
<b>Monday</b> *24 Feb / 25 May / 1 Jun	Swimming : All times & levels	15	IDR 2.400.000	IDR 160.000
<b>Tuesday</b> *25 Feb / 26 May	Swimming : All times & levels	16	IDR 2.400.000	IDR 160.000
<b>Wednesday</b> *27 May	Gymnastics	17	IDR 2.550.000	IDR 150.000
	Bricks for Older Kidz	17	IDR 2.550.000	IDR 150.000
<b>Thursday</b> *7 May / 21 May	Taekwondo	16	IDR 2.400.000	IDR 150.000
	Swimming : All times & levels	16	IDR 2.560.000	IDR 160.000
<b>Friday</b> *21 Feb / 10 Apr / 1 May / 22 May	Swimming : All times & levels	14	IDR 2.240.000	IDR 160,000

\* Denotes dates of no ECA due to: public holidays, holidays or NASJ student free days.

All fees must be paid prior to the start of the activity.

Fees must be paid in total for the Term 2-3 Block of Lessons.



# ECA Swimming Programme

NASJ uses an international swim programme based on the Australian and American Learn to Swim guidelines. Our levels, 1-7, take logical steps through water safety, water survival, stroke development and finally stroke efficiency. By completion of this program students will be able to swim all four strokes confidently and consistently for multiple laps of the pool.

Our ECA swim programme and class swim programme use the same levels and indicators. Our ECA coaches work closely with our school coaches to assess your child regularly and make sure each child is placed in the correct swim level for them. Progress and stroke development are documented on your child's personalised progress log and sent home to you at the end of each term.

**Dutch Exam** – Dutch families who wish their child to be externally assessed by a Dutch Swim Examiner, to attain the Dutch Swim Certificate, will be able to do so at fixed dates in December and June.

**Swim Team** – Students selected for the NASJ Seal Swim Team will train twice a week and have the opportunity to take part in inter-school competitions and galas. NASJ swim coaches will explain expectations to selected students prior to the start of the training programme. Students may be invited to join the Seal Swim Squad during the school year.

Level 1 – Clownfish	Level 2 – Swordfish	Level 3 – Flying Fish	Level 4 – Barracudas	Level 5 – Manta Rays	Level 6 – Dolphins	Level 7 – Sharks
Small Pool / Big Pool	Small Pool / Big Pool	Water survival	Water survival	Water survival	Water survival	Water survival
Kickboard	Treads water	Free Style	Free Style	Free Style	Free Style	Free Style
Blow bubbles	Arm movement	Backstroke	Backstroke	Backstroke	Backstroke	Backstroke
Submerges	Takes a breath independently	Swim 1 width	Breaststroke Kick	Breaststroke	Breaststroke	Breaststroke
		Shallow water	Swim 2 width	Swim 2 lengths	Swim 3 lengths	Butterfly
			Deep water	Deep water	Deep water	Swim 4 lengths
				Block dive	Block dive	Deep water
						Block race dive



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# **Terms & Conditions for ECAs School Year 2019 – 2020**

## **Registration**

- Complete an online ECA Registration Form, sent via email and available on the NASJ website.
- Complete Registration Form for each child selecting up to 4 teacher-led (free) ECAs for your child, and unlimited paid activities.
- Registration opens 10am 6 December 2019 and closes 5pm Monday 8 December 2019.
- Confirmation of ECA places will be given by Wednesday 18 December 2019.
- Payments, where applicable, should be paid in full by Friday 17 January 2020, in advanced of the ECA programme beginning on: Monday, 20 January.
- The last day of ECAs will be Friday 5 June.

## **Payment**

- Following ECA confirmations, invoices will be issued. Payment details will be included on the invoice.
- Payments must be made before Friday 17 January 2020 to secure your child's ECA placement/s.

## **Please note:**

- Fees for ALL paid activities must be paid in FULL. It will not possible to pay in installments.
- Payments can ONLY be done through bank transfers. An exception will be made for families new to Jakarta, who do not have an Indonesian bank account yet. These families are allowed to pay in cash IDR.
- It is not possible to swap activities once the participant has paid, unless the school has cancelled the activity.

## **General Comments**

- Enrolments must be made using the online ECA Registration Form 2019-2020. One enrolment submission per child.
- Changes after submissions have been made will need to be requested via email and will only be applied after ECA placements have been completed, provided there is still space available.
- ECA places will be allocated on a fair basis, ensuring as many children as possible get their ECA choices.
- All activities will specify which year group the ECA is open to. This allows you to match your child's participation to their age group.
- The school reserves the right to cancel scheduled activities or change the location if circumstances so dictate. e.g. in case of insufficient participants or due to other extenuating circumstances.
- Children can select up to 4 teacher-led (free) ECAs per week, dependent on availability, and unlimited paid ECAs
- After registration, children will not be allowed to swap activities.
- There are no ECA activities scheduled on pre-scheduled/announced Staff Only days, national holidays and on Parent-Teacher Conference Days.
- The school reserves the right to change/swap NASJ teachers for activities as required.



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## **Terms & Conditions for ECAs School Year 2019 – 2020**

### **Student**

- Children will transfer directly from class to their ECA. This transfer will be overseen by NASJ staff and parents are not required to support. The exception to this is Nursery and Foundation 1 swimming and library ECAs.
- Parents/guardians are expected to collect their child promptly at the end of the ECA. Persistent failure to do so may result in the place being withdrawn from the child.
- Children are expected to behave appropriately during the ECA and listen carefully to their teachers and instructors. Unacceptable behavior will be addressed with the parents and may result in termination of a child's participation in an ECA. In such cases, no refunds will be made.
- The parent/guardian of the student understands that all reasonable care will be taken by the ECA teacher/instructor to ensure the safety of the children during the activities.
- The parent/guardian of the student confirms that in the unlikely event of mishap or accident he/she shall not in any way hold the ECA coordinator or the instructor responsible for any injuries or damages that may result as direct or indirect consequence thereof.
- The parent/guardian of the student understands that in case of incident the school shall always try to contact the parents.
- If a doctor is urgently needed and the instructor and NASJ staff cannot contact the parents of the child concerned, the student shall be taken to SOS Medika on Jl. Puri Sakti 10, Jakarta. This is standard procedure at NASJ. The costs of treatment will be met in full by the parents under all circumstances.
- The parent/guardian of the student confirms that his/her child is properly insured (health) prior to participating in the ECA courses and for their duration.
- Swimming: Allocation to our swimming program or swim team are based on the swim assessment held at the beginning/end of each term. The coaches have the final decision of the child's group level.
- For safety reasons and so as not to disturb group activities, accompanying adults (parents or nanny), siblings and or/friends are not allowed inside the ECA activities. The exceptions to this is swimming ECA and library for Nursery and Foundation 1.

### **Refund Terms**

- NASJ reserves the right to cancel all programs due to insufficient enrolment or staffing.
- NASJ reserves the right to change or alter dates and times.
- If a program is cancelled by NASJ before or during a running ECA term for whatever reason, there will be 100% refund (for the remaining lessons).
- In the situation that an ECA instructor is ill or absent, and if no other teacher/instructor is available; the lesson will be postponed. In the case that a date is set for a postponed lesson and the attendee is not able to join, a refund will not be issued.
- There will be no refund for a student who is asked to leave the program for inappropriate behavior, or non-notification of a serious medical condition, or whose conduct is detrimental to the program. Also no refund will be made for a student's late arrival, early vacation, family vacation or unscheduled governmental holidays.
- Due to the weather, outdoor activities might sometimes (partly) be cancelled. Where possible, NASJ will try to provide an alternative activity but where cancellation is unavoidable, a refund for these cancelled lessons is also not applicable.
- All other refund decisions or requests are at the sole discretion of NASJ management.