



EARLY YEARS MENU FROM 04/06/18 TO 29/06/18

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	04/06/2018	05/06/2018	06/06/2018	07/06/2018	08/06/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Sweet & Sour Pork Grilled Corn Steamed Rice & Soup	Fried Fish with Tomato Sauce Stir Fried Sesame Vegetables Steamed Rice & Soup	Pasta with Ham & Mushroom Sauce Mixed Vegetables Steamed Rice & Soup	Korean Beef Stew Green Beans Steamed Rice & Soup	Baked Chicken with Pesto Sauce Baby Roasted Potatoes & Pumpkin Steamed Rice & Soup
AFTERNOON	Cheese & Tomato	Chicken Sandwich &	Carrot Cake & Juice	Tuna Mayo Sandwich &	Apple Cake & Juice
SNACK	Pizza & Juice	Juice		Juice	
DATE	MONDAY 11/06/2018	TUESDAY 12/06/2018	WEDNESDAY 13/06/2018	THURSDAY 14/06/2018	FRIDAY 15/06/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Roast Pork with Gravy Roast Potatoes & Vegetables Steamed Rice & Soup	Breaded Fish Hand Cut Chips & Sweet Corn Steamed Rice & Soup	Pasta Bolognese (chicken) Roasted Vegetables Steamed Rice & Soup	Chicken Sweet & Sour Green Beans Steamed Rice & Soup	Grilled Chicken with Five Spices Broccoli Steamed Rice & Soup
AFTERNOON SNACK	Cheese Sandwich & Fruit Juice	Banana Muffin & Fruit Juice	Ham Sandwich & Fruit Juice	Orange Muffin & Fruit Juice	Egg Sushi & Fruit Juice





EARLY YEARS MENU FROM 04/06/18 TO 29/06/18

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	18/06/2018	19/06/2018	20/06/2018	21/06/2018	22/06/2018
MORNING	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
SNACK					
LUNCH	Stir Fried Chicken with	Pasta Carbonara	Korean Grilled Chicken	Fried Chicken	Grilled Pork with BBQ
	Mushroom	Broccoli	Sautéed Vegetables	Grilled Vegetables	Sauce
	Green Beans &	Steamed Rice & Soup	Steamed Rice & Soup	Steamed Rice & Soup	Potato Wedges &
	Carrots				Sweet Corn
	Steamed Rice & Soup				Steamed Rice & Soup
AFTERNOON	Chicken Sandwich &	Carrot Cake & Juice	Tuna Mayo Sandwich &	Apple Cake & Juice	Cheese & Tomato
SNACK	Juice		Juice		Pizza & Juice
DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	25/06/2018	26/06/2018	27/06/2018	28/06/2018	29/06/2018
MORNING SNACK	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
LUNCH	Fresh Fruit & Milk	Stir Fried Pork &	Sausage & Tomato	Grilled Chinese Pork	BBQ Chicken
	Chicken Stroganoff	Vegetables	Pasta Bake	Braised Vegetables	Hand Cut Chips &
	Baby Roast Potatoes	Steamed Rice	Broccoli	Steamed Rice & Soup	Vegetables
	& Vegetables	Soup	Steamed Rice & Soup		Steamed Rice & Soup
	Steamed Rice & Soup				
AFTERNOON	Apple Cake & Juice	Tuna Mayo Sandwich	Chicken Sandwich &	Cheese & Tomato Pizza	Carrot Cake & Juice
SNACK		& Juice	Juice	& Juice	