

Primary: Programme of Study – 2018-2019

Year Groups	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6	Block 7	Block 8
	2 nd Sept – 30 th Sept 5 weeks	7 th Oct – 4 th Nov 5 weeks	11 th Nov – 9 th Dec 5 weeks	6 th Jan – 3 rd Feb 5 weeks	17 th Feb – 24 th March 6 weeks	14 th April – 5 th May 4 weeks	12 th May– 2 nd June 4 weeks	9 th June- 30 th June 4 weeks
Year 6 X Boys RB	Swim			Athletics	Gym/Dance (PE studio)	Striking & Fielding (F)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Fitness (FS)	Invasion (F)	Net & Wall (SH)				Adventurous Activities	
Year 6 Y Boys DG	Swim			Athletics	Gym/Dance (MH)	Striking & Fielding (F)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Invasion (SH)	Fitness (FS)	Net & Wall (SH)				Adventurous Activities	
Year 6 Z Boys MC	Invasion (SH)	Fitness (FS)	Net & Wall (SH)	Athletics	Striking & Fielding (F)	Gym/Dance (MH)	Adventurous Activities	AA/TT/BAD (MH)- Yoga (DS)
	Swim						Aquatics	
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Year 6 X Girls GL	Dance (PE studio)	Striking & Fielding (F)	Athletics	Swim		Swim	Gym (SH)- Yoga (Forum)	Aquatics
				Invasion (SH1)	Fitness (FS)	Net & Wall (SH)		Adventurous Activities
Year 6 Y Girls AC	Dance (MH)	Striking & Fielding (F)	Athletics	Swim		Swim	Gym (SH)- Yoga (Forum)	Aquatics
				Net & Wall (SH2)	Invasion (SH)	Fitness (FS)		Adventurous Activities
Year 6 Z Girls LG	Net & Wall (Cage)	Dance (PE studio)	Athletics	Invasion (SH1)	Striking & Fielding (F)	Fitness (FS)	Gym (SH)- Yoga (Forum)	Adventurous Activities
				Swim		Swim		Aquatics

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Year 5 X Boys MC	Fitness (FS)	Net & Wall (SH)	Invasion (SH)	Athletics	Gym/Dance (PE studio)	Striking & Fielding (F)	Adventurous Activities	AA/TT/BAD (MH)- Yoga (DS)
	Swim						Aquatics	
Year 5 X Boys DG	Swim			Athletics	Gym/Dance (MH)	Striking & Fielding (F)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Fitness (FS)	Net & Wall (SH)	Invasion (SH)				Adventurous Activities	
Year 5 W Boys PC	Swim			Athletics	Invasion (F)	Gym/Dance (MH)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Invasion (SH1)	Fitness (FS)	Net & Wall (SH)				Adventurous Activities	
Year 5 Y Boys RB	Invasion (SH1)	Fitness (FS)	Net & Wall (SH)	Athletics	Invasion (Cage)	Gym/Dance (PE studio)	Adventurous Activities	AA/TT/BAD (MH)- Yoga (DS)
	Swim						Aquatics	
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Year 5 X Girls LG	Invasion (SH2)	Dance (PE studio)	Athletics	Net & Wall (SH)	Fitness (FS)	Striking & Fielding (F)	Gym (SH)- Yoga (Forum)	Adventurous Activities
				Swim				Swim
Year 5 W Girls GL	Dance (PE studio)	Striking & Fielding (F)	Athletics	Swim		Swim	Gym (SH)- Yoga (Forum)	Aquatics
				Net & Wall (SH)	Invasion (SH)	Fitness (FS)		Adventurous Activities
Year 5 Y Girls KH	Dance (MH)	Striking & Fielding (F)	Athletics	Swim		Swim	Gym (SH)- Yoga (Forum)	Aquatics
				Net & Wall (SH)	Fitness (FS)	Striking & Fielding (F)		Adventurous Activities

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Year 4 X Boys PC	Swim			Athletics	Gym/Dance (PE Studio)	Striking & Fielding (F)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Invasion (SH1)	Net & Wall (SH)	Invasion (Cage)				Adventurous Activities	
Year 4 W Boys MC	Swim			Athletics	Gym/Dance (MH)	Striking & Fielding (F)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Invasion (Cage)	Invasion (F)	Net & Wall (SH)				Adventurous Activities	
Year 4 Y Boys RB	Invasion (Cage)	Invasion (F)	Net & Wall (SH)	Athletics	Striking & Fielding (F)	Gym/Dance (MH)	Adventurous Activities	AA/TT/BAD (MH)- Yoga (DS)
	Swim						Aquatics	
Year 4 Z Boys DG	Invasion (SH1)	Net & Wall (SH)	Invasion (Cage)	Athletics	Striking & Fielding (F)	Gym/Dance (PE studio)	Adventurous Activities	AA/TT/BAD (MH)- Yoga (DS)
	Swim						Aquatics	
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Year 4 X Girls AC	Net & Wall (SH2)	Dance (PE Studio)	Athletics)	Swim		Swim	Gym (SH)- Yoga (Forum)	Aquatics
				Invasion (SH)	Striking & Fielding (F)	Invasion (SH)		Adventurous Activities
Year 4 Y Girls LG	Dance (PE studio)	Striking & Fielding (F)	Athletics	Swim		Swim	Gym (SH)- Yoga (Forum)	Aquatics
				Net & Wall (SH)	Invasion (SH)	Invasion (F)		Adventurous Activities
Year 4 Z Girls KH	Dance (MH)	Striking & Fielding (F)	Athletics	Net & Wall (SH)	Invasion (SH)	Invasion (F)	Gym (SH)- Yoga (Forum)	Adventurous Activities
				Swim		Swim		Aquatics

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Year 3 X Boys DG	Swim			Athletics	Gym/Dance (PE studio)	Invasion (Cage)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Invasion (Cage)	Striking & Fielding (Cage)	Net & Wall (SH)				Adventurous Activities	
Year 3 W Boys PC	Swim			Athletics	Gym/Dance (MH)	Invasion (F)	Aquatics	AA/TT/BAD (MH)- Yoga (DS)
	Invasion (SH)	Striking & Fielding (F)	Net & Wall (SH)				Adventurous Activities	
Year 3 Y Boys RB	Invasion (SH)	Striking & Fielding (Cage)	Net & Wall (SH)	Athletics	Invasion (F)	Gym/Dance (MH)	Adventurous Activities	AA/TT/BAD (MH)- Yoga (DS)
	Swim						Aquatics	
Year 3 Z Boys MC	Invasion (Cage)	Striking & Fielding (F)	Net & Wall (SH)	Athletics	Invasion (F)	Gym/Dance (PE studio)	Adventurous Activities	AA/TT/BAD (MH)- Yoga (DS)
	Swim						Aquatics	

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Year 3 X Girls LG	Gymnastics (MH)	Dance (PE studio)	Athletics	Net & Wall (SH1)	Striking & Fielding (F)	Invasion (F)	Gym (SH)- Yoga (Forum)	Adventurous Activities (MH)
				Swim		Swim		Aquatics
Year 3 W Girls GL	Invasion (SH1)	Dance (MH/DS)	Athletics	Swim		Swim	Gym (SH)- Yoga (Forum)	Adventurous Activities (MH)
				Net & Wall (SH1)	Striking & Fielding (F)	Invasion (F)		Aquatics
Year 3 Y Girls AC	Dance (PE studio)	Striking & Fielding (F)	Athletics	Swim		Swim	Gym (SH)- Yoga (Forum)	Adventurous Activities (MH)
				Net & Wall (SH2)	Invasion (SH)	Invasion (F)		Aquatics
Year 3 Z Girls KH	Dance (DS)	Striking & Fielding (F)	Athletics	Net & Wall (SH2)	Invasion (SH)	Invasion (F)	Gym (SH)- Yoga (Forum)	Adventurous Activities(MH)
				Swim		Swim		Aquatics