



Secondary Spotlight

Secondary Notices

Monday 1 st April	ECA Registration Opens for Term 3 ECAs
Tuesday 2 nd April	Autism Awareness Day – Dress in Blue Reports published on Parent Portal
Thursday 4 th April	Elevate Education Workshop for students (Y11- 8:30am-9:45am) (Y12/13 – 9:45am-11am)
Friday 5 th April	Last day of Term 2 – Non-Uniform Day
2 nd April – 6 th April	NAE Juilliard Festival
TTT Deadlines: w/c 1st April Year 7 – French and Mandarin Year 8 – Visual Arts & DT, Science and Geography Year 9 – Music & Computing and History	

Student Wellbeing

Anxiety is a very common issue amongst teenagers, and it appears in different forms. e.g. during tests/exams, doing presentations, after trauma, obsessive compulsive behaviours, being scared etc. Anxiety is a learned behaviour through repetition. It is an emotion based around fear and is the body's way of responding to perceived danger. You may have heard of a flee, fight or freeze response which describes how the body reacts to a perceived dangerous situation. I would also add fixate to this list as it can mean we constantly go over and over the situation and can't get out of the anxiety cycle. However, there is hope and it is in the form of a question. When our children are feeling anxious, ask the question "Are you in danger?" and on most occasions the answer is no. This is an important point to reflect on as it reassures the anxiety sufferer that they are ok and will be able to recover. With reassurance, knowledge about what is happening, a structure to get the brain active in a positive way and essential support and guidance will all help the person reduce their anxiety level back down to a manageable level.

Sports Report

It was a good week for basketball. Our U14 boys beat AIS 35-24 and our U14 girls beat UWCD 38-7.

Our subjects in the Spotlight this week are... Business Studies and ASDAN

KS3: In ASDAN the students have been visiting the local community and shopping to acquire ingredients for their cooking sessions in school. The students have also been finding different recipes and making pizzas of increasing complexity. We have been very proud of the students' work and independence and we are all looking forward to seeing what they will make next!

KS4: The ASDAN Year 10 Employability students recently had an interview with Mrs. Hyland and Mr. Townsend as part of their 'Applying for a Job' unit. All students involved had clearly prepared themselves well for the rigour of the task and gave some truly exceptional answers to a range of challenging questions. In the CoPE qualification students are continuing to undertake a variety of activities which have included; Working in a Wildlife Rehabilitation centre, learning how to become a Sound Engineer as well as raising money for charity.

In Year 11 the CoPE qualification students are continuing to undertake a variety of activities which have included; Working in a Wildlife Rehabilitation centre, learning how to become a Sound Engineer as well as raising money for charity.

Year 10 business studies students are learning about statements of comprehensive income and statements of financial position. They are rising to this challenging accounting material and even undertaking account construction, a skill not required until the IB Diploma Programme.

The Year 11 business studies students are consolidating their learning of the accounting and finance topics of the course, culminating with ratio analysis next week. They will then focus on revision and exam skills in the remaining weeks before their iGCSE Business Studies examinations.

Update from IB Coordinator: Year 13 will be receiving their mock exam transcripts this week with the real exams beginning in just 5 weeks. They also put on a wonderful CAS showcase for Year 12 and staff, talking through the range of incredible experiences they have had in the last 18 months.